

# **Aetna Student Health**



# Plan Design and Benefits Summary

**Preferred Provider Organization (PPO)** 

# Ramapo College of New Jersey

Policy Year: 2022 - 2023 Policy Number: 686211

www.aetnastudenthealth.com

(800) 481-8814



This is a brief description of the Student Health Plan. The Plan is available for Ramapo College students. The Plan is underwritten by Aetna Health and Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate of Coverage issued to you and may be viewed online at <a href="https://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a>. If there is a difference between this Benefit Summary and the Certificate of Coverage, the Certificate will control.

# **Center for Health and Counseling Services (CHCS)**

CHCS provides all currently enrolled Ramapo students with access to both medical and mental health services. Health Services offers diagnosis, treatment and management of acute common illnesses and injuries, as well as services like pregnancy testing, testing of STIs, well-woman clinics, etc. Counseling Services offers individual and group therapy, psychiatric services, drop-in hours and 24/7 emergency coverage. For more information, please visit our website at <a href="https://www.ramapo.edu/chcs/">https://www.ramapo.edu/chcs/</a>. For an appointment, please contact Health Services at 201-684-7536 or Counseling Services at 201-684-7522

In the event of an emergency, please call 911 or Public Safety at 201-684-6666 for immediate response

# **Coverage Periods**

**Students:** Coverage for all insured students enrolled for coverage in the Plan for the following Coverage Periods. Coverage will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
Annual	08/01/2022	07/31/2023	09/16/2022
Spring/Summer	01/15/2023	07/31/2023	02/04/2023

#### **Rates**

The rates below include both premiums for the Plan underwritten by Aetna Life Insurance Company (Aetna), as well as a Ramapo College administrative fee.

	Annual	Spring/Summer Semester
Undergraduates	\$2,450	\$1,329
Graduates	\$2,450	\$1,329

# **Student Coverage**

# Who is eligible?

All full-time undergraduate students taking twelve (12) or more credit hours are automatically enrolled in this insurance plan after the waiver deadline unless they furnish proof of alternative coverage by submitting and being approved for the online waiver.

All full-time graduate students taking nine (9) or more credit hours are automatically enrolled in this insurance plan after the waiver deadline unless they furnish proof of alternative coverage by submitting and being approved for the online waiver.

You must actively attend classes for at least the first 31 days after the date your coverage becomes effective. Eligibility includes remote learning associated with the COVID-19 pandemic. You cannot meet this eligibility requirement if you take courses through:

- Home study
- Correspondence
- The internet
- Television (TV)

If it is found out that you do not meet the eligibility requirement, Aetna Student Health is only required to refund the premium contribution minus any claims that were paid.

# **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

#### **Termination and Refunds**

<u>Withdrawal from Classes – Leave of Absence:</u> If you withdraw from classes under a school-approved leave of absence, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded.

<u>Withdrawal from Classes – Other than Leave of Absence:</u> If you withdraw from classes other than under a school-approved leave of absence within 31 days after the policy effective date, you will be considered ineligible for coverage, your coverage will be terminated retroactively and any premiums collected will be refunded. If the withdrawal is more than 31 days after the policy effective date, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded. If you withdraw from classes to enter the armed forces of any country, coverage will terminate as of the effective date of such entry and a pro rata refund of premiums will be made if you submit a written request within 90 days of withdrawal from classes.

#### **In-network Provider Network**

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

#### Precertification

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not precertify when required, there is a \$500 penalty for each type of eligible health service that was not precertified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to <a href="https://www.aetna.com">www.aetna.com</a>. Precertification is not required for substance use disorders treatments for the first 180 days of treatment.

#### **Precertification Call**

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician, or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician, or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician, or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

# **Coordination of Benefits (COB)**

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

# **Description of Benefits**

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable New Jersey Insurance Law(s).

Policy year deductible	In-network coverage	Out-of-network coverage	
You have to meet your policy year deductible before this plan pays for benefits.			
Student	\$350 per Policy Year	\$700 per Policy Year	

This is the amount you owe for in-network and out-of-network eligible health services each policy year before the plan begins to pay for eligible health services. After the amount you pay for eligible health services reaches the policy year deductible, this plan will begin to pay for eligible health services for the rest of the policy year.

Eligible health services applied to the out-of-network policy year deductibles will not be applied to satisfy the in-network policy year deductibles. Eligible health services applied to the in-network policy year deductibles will not be applied to satisfy the out-of-network policy year deductibles.

# Policy year deductible waiver

The policy year deductible is waived for all of the following eligible health services:

- In-network care for Preventive care and wellness, Pediatric Dental and Vision Care Services,
- In-network care and out-of-network care for Immunizations for Children, Lead Poisoning Screening for Children, Well newborn nursery care, and outpatient prescription drugs

# Maximum out-of-pocket limits

	67.000 P.II. V	64.4.000 P. II. V
Student	\$7,000 per Policy Year	\$14,000 per Policy Year

Eligible health services	In-network coverage	Out-of-network coverage
Preventive care and wellness		
Routine physical exams		
Performed at a physician's office	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Covered persons through age 21: Maximum age and visit limits per policy year	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.  For details, contact your physician or Member Services by logging onto your Aetna website at <a href="https://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	
Covered persons age 22 and over:	1 visits	
Maximum visits per policy year		
Preventive care immunizations		
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit  No copayment or policy year deductible	50% (of the recognized charge) per visit
Includes childhood immunizations	applies	
Any immunization that is not considered to be preventive care or recommended as preventive care, such as those required due to employment or travel will not be covered under this benefit.		
Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	
	For details, contact your physician or Member Services by logging in to your Aetna website at <a href="https://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	
Well woman preventive visits		
Routine gynecological exams (including Pa	p smears)	
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.	
Maximum visits per policy year	1 v	isit
Preventive screening and counseling service	ces	
Child lead poisoning screenings	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Obesity and/or healthy diet counseling Maximum visits		er: 26 visits per 12 months, of which up to <sup>-</sup> healthy diet counseling.
Use of tobacco products counseling Maximum visits per policy year	8 visits	
Depression screening counseling Maximum visits per policy year	1 v	risit
Sexually transmitted infection counseling Maximum visits per policy year	ansmitted infection counseling 2 visits	
Genetic risk counseling for breast and ovarian cancer limitations	Not subject to any age or frequency limitations	
Maximum visits per policy year	1 v	risit
Substance use counseling office visits  Maximum visits per policy year	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies  5 vi	50% (of the recognized charge) per visit
Routine cancer screenings	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Noutine cancer serverings	No copayment or policy year deductible applies	30% (of the recognized charge) per visit
One baseline mammogram for females age 35 but less than age 40 age 40 and older  One routine mammogram annually for females age 40 and older.	Subject to any age; family history; and frequency guidelines as set forth in the most current:  • Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and  • The comprehensive guidelines supported by the Health Resources and Services Administration.  For details, contact your physician or Member Services by logging in to your Aetna website at <a href="www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	

Eligible health services	In-network coverage	Out-of-network coverage
Lung cancer screening maximums	1 screenings every 12 months**	out of network coverage
**Important note:	1 3 of certifigation of the first of the fir	
Any lung cancer screenings that exceed the	lung cancer screening maximum above are	covered under the Outpatient diagnostic
testing section.		
Prenatal care -Preventive care services only	100% (of the negotiated charge) per visit	100% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Important note:		
You should review the <i>Maternity care and V</i> levels for maternity care under this plan.	<i>Well newborn nursery care</i> sections. They wi	Il give you more information on coverage
Lactation counseling services - facility or office visits	100% (of the negotiated charge) per visit	100% (of the actual amount) per visit
	No copayment or policy year deductible applies	
Lactation counseling services maximum 6 visits**		its**
visits per policy year either in a group or individual setting		
**Important note:	I.	
•	ing services maximum are covered under the	e Physicians and other health
Breast pump supplies and accessories	100% (of the negotiated charge) per item	100% (of the actual amount) per item
	No copayment or policy year deductible applies	
Important note:	ipment section of the certificate of coverage	ofor limitations on breast nump and
supplies.	princing section of the certificate of coverage	and initiations on breast parity and
Important note:		
You are limited to 2 breast pump kits pe	er birth	
·	ual breast pump, including supplies and acce	
	er breast pump, including supplies and acce	
Contraceptive counseling services office visit	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Contraceptive counseling services	2 visits**	
maximum visits per policy year either in a group or individual setting		
**Important note:		
•	unseling services maximum are covered und	er <i>Physician services</i> office visits.
Contraceptive prescription drugs and devices provided, administered, or	100% (of the negotiated charge) per item	50% (of the recognized charge) per
removed, by a provider during an office visit	No copayment or policy year deductible applies	item

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#### Eligible health services In-network coverage Out-of-network coverage The following are not covered under this benefit: The services of any other physician who helps the operating physician A stay in a hospital (Hospital stays are covered in the Eligible health services and exclusions – Hospital and other facility care section) A separate facility charge for surgery performed in a physician's office Services of another physician for the administration of a local anesthetic In-hospital non-surgical physician services 80% (of the negotiated charge) per visit 50% (of the recognized charge) per visit Consultant office visits \$30 copayment per visit 50% (of the recognized charge) per visit includes telemedicine and/or telehealth consultations) Includes treatment for child lead poisoning Second or third surgical opinion Covered according to the type of Covered according to the type of benefit and the place where the service benefit and the place where the service is received. is received. Hospital care (facility charges) Inpatient hospital 80% (of the negotiated charge) per 50% (of the recognized charge) per (room and board) and other miscellaneous admission admission services and supplies) Subject to semi-private room rate unless int care unit required Room and board includes intensive care Includes birthing center facility charges **Preadmission testing** Covered according to the type of Covered according to the type of benefit and the place where the service benefit and the place where the service is received. is received. Anesthesia and related facility charges for 80% (of the negotiated charge) 50% (of the recognized charge) a dental procedure Alternatives to hospital stays Outpatient surgery (facility charges) 80% (of the negotiated charge) 50% (of the recognized charge) Facility charges for surgery performed in the outpatient department of a hospital or surgery center The following are not covered under this benefit: The services of any other physician who helps the operating physician A stay in a hospital (See the *Hospital care – facility charges* benefit in this section) A separate facility charge for surgery performed in a physician's office Services of another physician for the administration of a local anesthetic Home health care 80% (of the negotiated charge) per visit 50% (of the recognized charge) per visit No additional expense, such as

Maximum visits per policy year

home visit services

coinsurance, copayments, or deductible amounts, will be imposed for newborn

Unlimited

- Services for infusion therapy
- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present
- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

Eligible health services	In-network coverage	Out-of-network coverage
Hospice care -Inpatient	80% (of the negotiated charge) per	50% (of the recognized charge) per
	admission	admission
Maximum days per confinement per policy	Unlimited	
year		
Hospice care -Outpatient	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Maximum visits per policy year**	Unlir	nited

# The following are not covered under this benefit:

- Funeral arrangements
- Pastoral counseling
- Respite care
- Bereavement counseling
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
  - Sitter or companion services for either you or other family members
  - Transportation
  - Maintenance of the house

Outpatient private duty nursing	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Skilled nursing facility -Inpatient facility)	80% (of the negotiated charge) per admission	50% (of the recognized charge) per admission
(room and board and miscellaneous inpatient care services and supplies)		
Subject to semi-private room rate unless intensive care unit is required		
Room and board includes intensive care		
Hospital emergency room	80% (of the negotiated charge) per visit	Paid the same as in-network coverage

# Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment and coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on your ID card, or call Member Services for an address at 1-877-480-4161 and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment will be waived and

- your inpatient copayment will apply.
- Covered benefits that are applied to the hospital emergency room copayment cannot be applied to any other copayment under the plan. Likewise, a copayment that applies to other covered benefits under the plan cannot be applied to the hospital emergency room copayment.
- Separate copayment amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment amounts may be different from the hospital emergency room copayment. They are based on the specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment amounts that are different from the hospital emergency room copayment amounts.

In-network coverage	Out-of-network coverage		
Not covered	Not covered		
Non-emergency services in a hospital emergency room facility, is not covered under this benefit.			
\$40 copayment per visit	50% (of the recognized charge) per visit		
Not covered	Not covered		
Non-urgent care in an urgent care facility (at a non-hospital freestanding facility), is not covered under this benefit.			
	Not covered  ency room facility, is not covered under this \$40 copayment per visit  Not covered		

#### Pediatric dental care

**Limited to covered persons through the end of the month in which the person turns age 19**. Refer to the certificate of coverage for detailed description of covered services

·		
Type A services:  Preventive and diagnostic services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
The venture and diagnostic services	VISIC	
	No copayment or deductible applies	
Type B services:	70% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Restorative services		
	No copayment or deductible applies	
Type C services:	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Endodontic, periodontal, prosthodontic		
and oral and maxillofacial surgical	No copayment or deductible applies	
services		
Orthodontic services	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or deductible applies	
Adjunctive general services (includes	Covered according to the type of benefit	Covered according to the type of benefit
dental emergency services	and the place where the service is	and the place where the service is
	received.	received.

Dental benefits are subject to the medical plan's policy year deductibles and maximum out-of-pocket limits as explained on the schedule of benefits.

# **Important Notes:**

- (1) Dental services are available from birth with an age one dental visit encouraged.
- (2) A second opinion is allowed.
- (3) Emergency treatment is available without prior authorization. Emergency treatment includes, but may not be limited to treatment for: pain, acute or chronic infection, facial, oral or head and neck injury, laceration or trauma, facial, oral or head and neck swelling, extensive, abnormal bleeding, fractures of facial bones or dislocation of the mandible.

- (4) Diagnostic and preventive services are linked to the dental provider, thus allowing you and your dependents to transfer to a different dental provider/practice and receive these services. The new dental provider is encouraged to request copies of diagnostic radiographs if recently provided. If they are not available radiographs needed to diagnose and treat will be allowed.
- (5) Denials of services to the dentist shall include an explanation and identify the reviewer including their contact information.
- (6) Services with a dental laboratory component that cannot be completed can be considered for prorated payment based on stage of completion
- (7) Unspecified services for which a specific procedure code does not exist can be considered with detailed documentation and diagnostic materials as needed by report.

#### Pediatric dental care exclusions

Any dental services and supplies that are not covered under the New Jersey Child Health Insurance Plan. See the *Pediatric dental care* section in the Schedule of benefits for a description of eligible dental services and supplies.

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies (including	Covered according to the type of benefit	Covered according to the type of
equipment and training)	and the place where the service is	benefit and the place where the service
	received.	is received.
Voluntary sterilization for males Inpatient	Covered according to the type of benefit	Covered according to the type of
surgical services	and the place where the service is	benefit and the place where the
	received.	service is received.
Voluntary sterilization for males Outpatient	Covered according to the type of benefit	Covered according to the type of
surgical services	and the place where the service is	benefit and the place where the service
	received.	is received.
Abortion Inpatient physician or specialist su	80% (of the negotiated charge)	50% (of the recognized charge)
services		
Abortion Outpatient physician or	80% (of the negotiated charge)	50% (of the recognized charge)
specialist surgical services	-	-

#### The following are not covered under this benefit:

- Reversal of voluntary sterilization procedures, including related follow-up care
- Services provided as a result of complications resulting from a male voluntary sterilization procedure and related follow-up care

up care		
Temporomandibular joint dysfunction	Covered according to the type of benefit	Covered according to the type of
(TMJ) and craniomandibular joint	and the place where the service is	benefit and the place where the
dysfunction (CMJ) treatment	received.	service is received.
Dental implants, are not covered under this benefit.		
Impacted wisdom teeth	80% (of the negotiated charge)	80% (of the recognized charge)
Accidental injury to sound	80% (of the negotiated charge)	80% (of the recognized charge)
naturalteeth		

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy

- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

Eligible health services	In-network coverage	Out-of-network coverage
Dermatological treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
The following are not covered under this b		
<ul> <li>Cosmetic treatment and procedures</li> </ul>		
Maternity care (includes delivery and postpartum care services in a hospital or birthing center)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Any services and supplies related to births that take place in the home or in any other place not licensed to perform deliveries, are not covered under this benefit.		
Well newborn nursery care in a hospital or birthing center	80% (of the negotiated charge)  No policy year deductible applies	50% (of the recognized charge)  No policy year deductible applies
Gender affirming treatment Surgical, hormone replacement therapy, and counseling treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
birthing center)  Any services and supplies related to births to deliveries, are not covered under this beneform well newborn nursery care in a hospital or birthing center  Gender affirming treatment Surgical, hormone replacement therapy, and	received.  hat take place in the home or in any other plit.  80% (of the negotiated charge)  No policy year deductible applies  Covered according to the type of benefit and the place where the service is	is received.  ace not licensed to perform  50% (of the recognized charge)  No policy year deductible applies  Covered according to the type of benefit and the place where the

All other cosmetic services and supplies not listed under eligible health services above are not covered under this benefit. This includes, but is not limited to the following:

- Rhinoplasty
- Face-lifting
- Lip enhancement
- Facial bone reduction
- Blepharoplasty
- Liposuction of the waist (body contouring)
- Reduction thyroid chondroplasty (tracheal shave)
- Hair removal (including electrolysis of face and neck)
- Voice modification surgery (laryngoplasty or shortening of the vocal cords), and skin resurfacing, which are used in feminization

• Chin implants, nose implants, and lip reduction, which are used to assist masculinization, are considered cosmetic			
Mental health conditions			
Coverage provided under the same terms a	Coverage provided under the same terms and conditions as for any other condition.		
Mental health -Inpatient hospital (room and board and other miscellaneous hospital services & supplies)	80% (of the negotiated charge) per admission	50% (of the recognized charge) per admission	
Outpatient mental health conditions treatment office visits to a physician or behavioral health provider (includes telemedicine and/or telehealth cognitive behavioral therapy	\$30 copayment per visit	50% (of the recognized charge) per visit	

Eligible health services	In-network coverage	Out-of-network coverage
Other outpatient services including:  • Behavioral health services in the home  • Partial hospitalization treatment  • Intensive outpatient program	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Autism spectrum disorder diagnosis and testing (includes physician and specialist office visits)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Autism spectrum disorder treatment (includes physician and specialist office visits)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Physical, occupational, and speech therapy associated with diagnosis of autism spectrum disorder	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Applied behavior analysis	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Substance use disorders treatment		
Inpatient hospital substance use disorders detoxification (room and board and other miscellaneous hospital services & supplies)  Inpatient hospital substance use disorders rehabilitation (room and board and other miscellaneous hospital services and supplies)	80% of the negotiated charge per admission	50% of the recognized charge per admission
Inpatient residential treatment facility substance use disorders (room and board and other miscellaneous residential treatment facility services and supplies)		
Subject to semi-private room rate unless intensive care unit is required		
Substance use disorders room and board intensive care		

Outpatient substance use disorders office visits to a physician or behavioral health provider (includes telemedicine and/or telehealth cognitive behavioral therapy consultations)	\$30 copayment per visit	50% (of the recognized charge) per visit
Other outpatient services including:  Behavioral health services in the home  Partial hospitalization treatment  Intensive outpatient program	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Reconstructive surgery and supplies (includes reconstructive breast surgery)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage* (Includes providers who are otherwise part of Aetna's network but are non-IOE providers)
Transplant services		
Inpatient and outpatient transplant facility services Includes transplants for treatment of Wilm's tumor	Covered according to the type of benefit and the place where the service is received.	
Inpatient and outpatient transplant physician and specialist services Includes transplants for treatment of Wilm's tumor	Covered according to the type of benefit and the place where the service is received.	
<ul> <li>Harvesting and storage of organs, w</li> </ul>	enefit:  donor when the recipient is not a covered p vithout intending to use them for immediate	transplantation for your existing illness

In-network coverage

Out-of-network coverage

• Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

# Comprehensive infertility services (includes basic and advanced reproductive technology (ART) servicesInpatient and outpatient care - comprehensive infertility servicesCovered according to the type of benefit and the place where the service is received.Covered according to the type of benefit and the place where the service is received.(Includes basic and advanced reproductive technology (ART) servicesIncludes basic and advanced reproductive technology (ART) servicesIncludes basic and advanced reproductive technology (ART) services

#### The following are not eligible health services

Eligible health services

- Cryopreservation (freezing), storage or of eggs, embryos, sperm or reproductive tissue, unless due to iatrogenic infertility.
- All charges associated with or in support of surrogacy arrangements for you or the surrogate where the surrogate is not covered under this plan. A surrogate is a female carrying her own genetically related child with the intention of the child being raised by someone else, including the biological father.
- Home ovulation prediction kits or home pregnancy tests.
- The purchase of donor embryos, donor oocytes or donor sperm.

- Reversal of voluntary sterilizations, including follow-up care.
- More than four completed egg retrievals while you are covered under this plan or any other plan with this contract holder.
- Egg retrievals if you are over 45 years of age.

Eligible health services	In-network coverage	Out-of-network coverage
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge)	50% (of the recognized charge)
Diagnostic lab work services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge)	50% (of the recognized charge)
Radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge)	50% (of the recognized charge)
Chemotherapy	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Outpatient infusion therapy	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan
- Enteral nutrition
- Blood transfusions

Outpatient radiation therapy	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Specialty prescription drugs purchased	Covered according to the type of benefit	Covered according to the type of
and injected or infused by your provider in	and the place where the service is	benefit and the place where the
an outpatient setting	received.	service is received.
Outpatient Respiratory therapy	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Transfusion or kidney dialysis of blood	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Cardiac rehabilitation	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Pulmonary rehabilitation	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient physical, occupational, speech, and cognitive therapies	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Combined for short-term rehabilitation services and habilitation therapy services		
Therapeutic manipulation services	\$25 copayment per visit	50% (of the recognized charge) per visit
Diagnostic testing for learning disabilities	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Acupuncture in lieu of anesthesia	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Emergency ground, air, and water ambulance	80% (of the negotiated charge) per trip	Paid the same as in-network coverage
(includes non-emergency ambulance)	6	

- Non-emergency fixed wing air ambulance from an out-of-network provider
- Ambulance services for routine transportation to receive outpatient or inpatient care

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Clinical trial therapies	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Clinical trial (routine patient costs)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Durable medical equipment	80% (of the negotiated charge) per item	50% (of the recognized charge) per item

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

Nutritional support	80% (of the negotiated charge) per item	50% (of the recognized charge) per item
Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, other nutritional items except as described above, are not covered under this benefit.		
Cochlear implants limited to covered persons age 18 and older	80% (of the negotiated charge) per item	50% (of the recognized charge) per item

Eligible health services	In-network coverage	Out-of-network coverage
Orthotic and prosthetic devices	80% (of the negotiated charge) per item	50% (of the recognized charge) per item

- Services covered under any other benefit
- Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace
- Trusses, corsets, and other support items
- Repair and replacement due to loss, misuse, abuse or theft
- Communication aids

Hearing aids	80% (of the negotiated charge) per item	50% (of the recognized charge) per item
Hearing aids maximum per ear	One hearing aid per ear every policy year	

# The following are not covered under this benefit:

- Replacement parts or repairs for a hearing aid
- Batteries or cords
- Cochlear implants
- A hearing aid that does not meet the specifications prescribed for correction of hearing loss
- Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist

Hearing aid exams	\$30 copayment per visit	50% (of the recognized charge) per visit
Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital		
stay, are not covered under this benefit.		
Physician and specialist non-routine foot	Covered according to the type of benefit	Covered according to the type of
care treatment	and the place where the service is	benefit and the place where the service
	received.	is received.

- Services and supplies for:
  - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
  - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
  - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
  - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

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Sickle cell anemia treatment	Covered according to the type of benefit	Covered according to the type of
	and the place where the service is	benefit and the place where the service
	received.	is received.
Home hemophilia treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Wilm's tumor treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

Pediatric vision care Limited to covered persons through the end of the month in which the person turns age 19			
Eligible health services	In-network coverage	Out-of-network coverage	
Pediatric routine vision exams (including refraction) Performed by a legally qualified ophthalmologist or optometrist, includes contact fitting exam	100% (of the negotiated charge) per visit  No policy year deductible applies	50% (of the recognized charge) per visit	
Maximum visits per policy year	1 vi:	sit	
Pediatric comprehensive low vision evaluations Performed by a legally qualified ophthalmologist or optometrist	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	
Maximum	One comprehensive low vision evaluation every policy year		
Eyeglass frames, prescription lenses or prescription contact lenses	100% (of the negotiated charge) per item  No policy year deductible applies	50% (of the recognized charge) per item	
Maximum number of eyeglass frames per policy year	One set of eyeglass frames		
Maximum number of prescription lenses per policy year	One pair of prescription lenses		
Maximum number of prescription contact lenses per policy year (includes non-	Daily disposables: up to 3 month supply		
conventional prescription contact lenses and aphakic lenses prescribed after	Extended wear disposable: up to 6 month supply		
cataract surgery)	Non-disposable lenses: one set		
Optical devices	Covered according to the type of benefit and the place where the service is received.  No policy year deductible applies	Covered according to the type of benefit and the place where the service is received.  No policy year deductible applies	
Maximum number of optical devices per policy year	One optical device		

# **Outpatient prescription drugs**

# Policy year deductible and copayment/coinsurance waiver for risk reducing breast cancer

The policy year deductible and the per prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

# Policy year deductible and copayment/coinsurance waiver for to bacco cessation prescription and over-the-counter drugs

The policy year deductible and the per prescription copayment/coinsurance will not apply to the first two 90-day treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a retail in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Your policy year deductible and any prescription copayment/coinsurance will apply after those two regimens per policy year have been exhausted.

# Policy year deductible and copayment/coinsurance waiver for contraceptives

The policy year deductible and the per prescription copayment/coinsurance will not apply to female contraceptive methods when obtained at an in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- Certain over-the-counter (OTC) and generic contraceptive prescription drugs and devices for each of the methods identified by the FDA. Related services and supplies needed to administer covered devices will also be paid at 100%.
- If a generic prescription drug or device is not available for a certain method, you may obtain certain brand-name prescription drug or device for that method paid at 100%.

The policy year deductible prescription drug policy year deductible and the per prescription copayment/coinsurance continue to apply to prescription drugs that have a generic equivalent, biosimilar or generic alternative available within the same therapeutic drug class obtained at an in-network pharmacy unless you are granted a medical exception. The certificate of coverage explains how to get a medical exception.

Preferred generic prescription drugs		
Per prescription copayment/coinsurance		
For each fill up to a 30 day supply filled at a retail pharmacy	\$15 copayment per supply then the plan pays 100% (of the negotiated charge)	\$15 copayment per supply then the plan pays 50% (of the recognized charge)
	No policy year deductible applies	No policy year deductible applies
More than a 30 day supply but less than a 60 day supply filled at a mail order pharmacy	\$37.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not covered
	No policy year deductible applies	
More than a 60 day supply but less than a 91 day supply filled at a mail order pharmacy	\$37.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not covered
	No policy year deductible applies	
Preferred brand-name prescription d	rugs	
Per prescription copayment/coinsura	nce	
For each fill up to a 30 day supply filled at a retail pharmacy	\$45 copayment per supply then the plan pays 100% (of the negotiated charge)	\$45 copayment per supply then the plan pays 50% (of the recognized charge)
	No policy year deductible applies	No policy year deductible applies
More than a 30 day supply but less than a 60 day supply filled at a mail order pharmacy	\$112.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not covered
	No policy year deductible applies	
More than a 60 day supply but less than a 91 day supply filled at a mail order pharmacy	\$112.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not covered
	No policy year deductible applies	

Non-preferred generic prescription drugs			
Per prescription copayment/coinsura			
For each fill up to a 30 day supply filled at a retail pharmacy	\$75 copayment per supply then the plan pays 100% (of the negotiated charge)  No policy year deductible applies	\$75 copayment per supply then the plan pays 50% (of the recognized charge) No policy year deductible applies	
More than a 30 day supply but less than a 60 day supply filled at a mail order pharmacy	\$187.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge) No policy year deductible applies	Not covered	
More than a 60 day supply but less than a 91 day supply filled at a mail order pharmacy	\$187.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered	
	No policy year deductible applies		
Non-preferred brand-name prescript			
Per prescription copayment/coinsura	T. Comments of the Comment of the Co	A	
For each fill up to a 30 day supply filled at a retail pharmacy	\$75 copayment per supply then the plan pays 100% (of the negotiated	\$75 copayment per supply then the plan pays 50% (of the recognized charge)	
	charge)  No policy year deductible applies	No policy year deductible applies	
More than a 30 day supply but less than a 60 day supply filled at a mail order pharmacy	\$187.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not covered	
	No policy year deductible applies		
More than a 60 day supply but less than a 91 day supply filled at a mail order pharmacy	\$187.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered	
	No policy year deductible applies		
Specialty prescription drugs			
For each fill up to a 30 day supply filled at a retail pharmacy	\$100 copayment per supply then the plan pays 100% (of the negotiated charge)	\$100 copayment per supply then the plan pays 50% (of the recognized charge)	
	No policy year deductible applies	No policy year deductible applies	
Infertility treatment prescription drugs			
For each fill up to a 30 day supply filled at a retail pharmacy	Paid according to the type of drug per the schedule of benefits above. For example, if you have a generic prescription drug, refer to the generic prescription drug section of the schedule of benefits.	Paid according to the type of drug per the schedule of benefits. For example, if you have a generic prescription drug, refer to the generic prescription drug section of the schedule of benefits.	

Orally administered anti-cancer prescription drugs			
Per prescription copayment/coinsurance			
For each fill up to a 30-day supply	100% (of the negotiated charge)	100% (of the recognized charge)	
filled at a retail pharmacy			
	No policy year deductible applies	No policy year deductible applies	
Contraceptives (birth control)			
For each fill up to a 12 month supply	100% (of the negotiated charge)	100% (of the recognized charge)	
of generic and OTC drugs and devices			
filled at a retail or mail order	No policy year deductible applies	No policy year deductible applies	
pharmacy			
For each fill up to a 12 month supply	Paid according to the type of drug per	Paid according to the type of drug per the	
of brand name prescription drugs and	the schedule of benefits, above	schedule of benefits, above	
devices filled at a retail or mail order			
pharmacy			
Preventive care drugs and supplemen			
Preventive care drugs and	100% (of the negotiated charge per	100% (of the recognized charge)	
supplements filled at a retail	prescription or refill	No policy year doductible applies	
pharmacy	No copayment or policy year	No policy year deductible applies	
For each 30-day supply	deductible applies		
Maximums	Coverage will be subject to any sex, age, medical condition, family history, and frequency		
	guidelines in the recommendations of t	he United States Preventive Services Task Force.	
	<u> </u>	rrent list of covered preventive care drugs and	
		s by logging onto your Aetna website at	
	card.	g the toll-free number on the back of your ID	
Risk reducing breast cancer prescription			
Risk reducing breast cancer	100% (of the negotiated charge) per	Paid according to the type of drug per the	
prescription drugs filled at a	prescription or refill	schedule of benefits, above. For example, if you	
pharmacy		have a generic prescription drug, refer to the	
	No copayment or policy year	generic prescription drug section of the	
For each 30-day supply	deductible applies	schedule of benefits.	
Maximums:	Coverage will be subject to any sex age	e, medical condition, family history, and frequency	
		the United States Preventive Services Task Force.	
	For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your Aetna website at		
	www.aetnastudenthealth.com or calling the toll-free number on the back of your ID		
	card.		

Tobacco cessation prescription and over-the-counter drugs		
Tobacco cessation prescription drugs and OTC drugs filled at a pharmacy	100% (of the negotiated charge per prescription or refill	Paid according to the type of drug per the schedule of benefits, above. For example, if you have a generic prescription drug, refer to the
For each 30-day supply	No copayment or policy year	generic prescription drug section of the
	deductible applies	schedule of benefits.
Maximums:	Coverage is permitted for two 90-day treatment regimens only.  Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.  For details on the guidelines and the current list of covered tobacco cessation prescription drugs and OTC drugs, contact Member Services by logging onto your Aetna website at <a href="https://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the toll-free number on the back of your ID card.	

The following are not covered under the outpatient prescription drugs benefit:

- Any services related to the dispensing, injecting or application of a drug
- Biological sera unless specified on the preferred drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements including medical foods
- Drugs or medications
- Administered or entirely consumed at the time and place it is prescribed or provided
- Which do not, by federal or state law, require a prescription order i.e. over-the-counter (OTC) drugs), even if a prescription is written except as specifically provided above
- That are therapeutically equivalent or therapeutically alternative to a covered prescription drug (unless a medical exception is approved)
- Not approved by the FDA or not proven safe or effective
- Provided under your medical plan while an inpatient of a healthcare facility
- Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee
- That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
- For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
- That are used to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
- That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
- That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our precertification and clinical policies
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Genetic care
- Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects
- Immunizations related to travel or work
- Immunization or immunological agents except as specifically stated in the schedule of benefits or the certificate

- Implantable drugs and associated devices [except as specifically provided above
- Infertility
- Injectable prescription drugs used primarily for the treatment of infertility
- Injectables
- Needles and syringes, except for those used for insulin administration.
- Any drug which, due to its characteristics as determined by us, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
- That are ordered by a dentist or prescribed by an oral surgeon in relation to the removal of teeth, or prescription drugs for the treatment of a dental condition.
- That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the preferred drug guide.
- That are being used or abused in a manner that is determined to be furthering an addiction to a habit-forming substance, or drugs obtained for use by anyone other than the person identified on the ID card.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug.

The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Precertification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081 We already told you about the many health care services and supplies that are eligible for coverage under your plan in the *Eligible health services under your plan* section. In that section we also told you that some health care services and supplies have exceptions, and some are not covered at all which are called "exclusions".

In this section we tell you about the exceptions and exclusions that apply to your plan.

And just a reminder, you'll find coverage limitations in the schedule of benefits.

#### **General exclusions**

The following are not **eligible health services** under your plan except as described in:

- The Eligible health services and exclusions section of this certificate of coverage or
- A rider or amendment issued to you for use with this certificate of coverage

#### Acupuncture

- Acupuncture
- Acupressure

# Air or space travel

• Traveling in, on or descending from any aircraft, including a hang glider, while the aircraft is in flight. This includes descending by a parachute, wingsuit or any other similar device.

This exclusion does not apply if:

- You are traveling solely as a fare-paying passenger
- You are traveling on a licensed, commercial, regularly scheduled non-military aircraft
- You are traveling solely in a civil aircraft with a current valid "Standard Federal Aviation Agency Airworthiness Certificate" and:
  - The civil aircraft is piloted by a person with a current valid pilot's certificate with proper ratings for the type of flight and aircraft involved
  - You are as a passenger with no duties at all on an aircraft used only to carry passengers or you are a
    pilot or a part of the flight crew on an aircraft owned or leased by the policyholder performing duties for
    the policyholder
- You are enrolled in the policyholder's "Bachelor of Science in Aviation" program

# Alternative health care

Services and supplies given by a provider for alternative health care. This includes but is not limited to
aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

#### **Armed forces**

• Services and supplies received from a **provider** as a result of an **injury** sustained, or **illness** contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata **premium** to the **policyholder**.

#### Beyond legal authority

 Services and supplies provided by a health professional or other provider that is acting beyond the scope of its legal authority

# Blood, blood plasma, synthetic blood, blood derivatives or substitutes

Examples of these are:

- The provision of blood to the **hospital**, other than blood derived clotting factors
- Any related services including processing, storage or replacement expenses
- The services of blood donors, apheresis or plasmapheresis
- For autologous blood donations, only administration and processing expenses are covered

This exception does not apply to services described in the *Home hemophilia treatment* section.

# Clinical trial therapies (experimental and investigational)

• Your plan does not cover clinical trial therapies (**experimental** and **investigational**), except as described in the *Eligible health services and exclusions - Clinical trial therapies* (**experimental** and **investigational**) section

#### Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

#### Cosmetic services and plastic surgery

 Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body, whether or not for psychological or emotional reasons.

This exclusion does not apply to:

- **Surgery** after an accidental **injury** when performed as soon as medically feasible. (**Injuries** that occur during medical treatments are not considered accidental **injuries** even if unplanned or unexpected.)
- Coverage that may be provided under the Eligible health services and exclusions Gender affirming treatment section

#### **Court-ordered testing**

Court-ordered testing or care unless medically necessary

#### **Custodial care**

Examples are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care. adult (or child) day care or convalescent care
- Institutional care. This includes **room and board** for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training

#### Dental care for adults

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease
  - False teeth
  - Prosthetic restoration of dental implants
  - Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

#### **Educational services**

Examples of these services are:

- Any service or supply for education, training or retraining services or testing, except where described in the Eligible health services and exclusions – Diabetic services and supplies (including equipment and training) section. This includes:
  - Special education
  - Remedial education
  - Wilderness treatment program (whether or not the program is part of a **residential treatment facility** or otherwise licensed institution)
  - Job training
  - Job hardening programs
- Educational services, schooling or any such related or similar program, including therapeutic programs within a school setting.

# Elective treatment or elective surgery

 Elective treatment or elective surgery except as specifically covered under the student policy and provided while the student policy is in effect

#### **Examinations**

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

#### **Experimental and investigational**

• Experimental and investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental and investigational) or covered under clinical trials (routine patient costs). See the Eligible health services and exclusions – Other services section.

# **Facility charges**

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

#### **Felony**

Services and supplies that you receive as a result of an injury due to your commission of a felony

#### Genetic care

• Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects

# Growth/Height care

- A treatment, device, drug, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures, devices and growth hormones to stimulate growth

# **Incidental surgeries**

• Charges made by a **physician** for incidental surgeries. These are non-**medically necessary** surgeries performed during the same procedure as a **medically necessary** surgery.

# Jaw joint disorder

- Surgical treatment of jaw joint disorders
- Non-surgical treatment of jaw joint disorders
- Jaw joint disorder treatment performed by prosthesis placed directly on the teeth, surgical and nonsurgical medical and dental services, and diagnostic or therapeutics services related to jaw joint disorders including associated myofascial pain

This exclusion does not apply to **covered benefits** for treatment of **TMJ** and **CMJ** as described in the *Eligible health services and exclusions* – *Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment* section.

#### Maintenance care

 Care made up of services and supplies that maintain, rather than improve, a level of physical or mental function, except for habilitation therapy services. See the *Eligible health services and exclusions* – *Habilitation therapy services* section

# Medical supplies – outpatient disposable

- Any outpatient disposable supply or device except as described in the Diabetic services and supplies (including equipment and training) section. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans

- Syringes
- Blood or urine testing supplies
- Other home test kits
- Splints
- Neck braces
- Compresses
- Other devices not intended for reuse by another patient

#### Mental health conditions and substance use disorders conditions treatment

The following are not covered by the behavioral health plan.

• School and/or education service, including special education, remedial education, wilderness treatment programs, or any such related or similar programs

# Non-medically necessary services and supplies

Services and supplies which are not medically necessary for the diagnosis, care, or treatment of an illness or injury or the restoration of physiological functions. This includes behavioral health services that are not primarily aimed at the treatment of illness, injury, restoration of physiological functions or that do not have a physiological or organic basis. This applies even if they are prescribed, recommended, or approved by your physician, dental provider, or vision care provider. This exception does not apply to Preventive care and wellness benefits.

#### Non-U.S.citizen

• Services and supplies received by a **covered person** (who is not a United States citizen) within the **covered person's** home country but only if the home country has a socialized medicine program

# Obesity surgery and services

- Weight management treatment or drugs intended to decrease or increase body weight, control weight
  or treat obesity, including morbid obesity except as described in the *Eligible health services and*exclusions Preventive care and wellness section, including preventive services for obesity screening
  and weight management interventions. This is regardless of the existence of other medical conditions.
  Examples of these are:
  - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
  - Hypnosis or other forms of therapy
  - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

# Outpatient prescription or non-prescription drugs and medicines

- Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder
- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan

#### **Outpatient surgery**

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the Eligible health services under your plan Hospital and other facility care section)
- A separate facility charge for **surgery** performed in a **physician's** office

• Services of another **physician** for the administration of a local anesthetic

#### Pediatric dental care

Any dental services and supplies that are not covered under the New Jersey Child Health Insurance Plan. See the *Pediatric dental care* section in the Schedule of benefits for a description of eligible dental services and supplies. **Personal care, comfort or convenience items** 

Any service or supply primarily for your convenience and personal comfort or that of a third party

#### Riot

Services and supplies that you receive from providers as a result of an injury from your "participation in
a riot". This means when you take part in a riot in any way such as inciting, or conspiring to incite, the
riot. It does not include actions that you take in self-defense as long as they are not against people who
are trying to restore law and order.

#### Routine exams

Routine physical exams, routine eye exams, routine dental exams, routine hearing exams and other
preventive services and supplies, except as specifically provided in the Eligible health services and
exclusions section

#### School health services

- Services and supplies normally provided by the **policyholder's**:
  - School health services
  - Infirmary
  - Hospital
  - Pharmacy or

# by health professionals who:

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

#### the policyholder.

#### Services provided by a family member

 Services provided by a spouse, domestic partner, parent, child, step-child, brother, sister, in-law or any household member

# Sexual dysfunction/enhancement

**Eligible health services** include **prescription drugs** for the treatment of sexual dysfunction/enhancement. For the most up-to-date information on dosing, call Member Services at the toll-free number on your ID card in the *How to contact us for help* section.

#### Sinus surgery

Any services or supplies given by providers for sinus surgery except for acute purulent sinusitis

# Sleep apnea

 Any services or supplies given by providers for the treatment of obstructive sleep apnea and sleep disorders

# **Specialty prescription drugs**

 Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug benefit

#### **Sports**

 Any services or supplies given by **providers** as a result from play or practice of collegiate or intercollegiate sports, not including intercollegiate club sports and intramurals

#### Strength and performance

- Services, devices and supplies such as drugs or preparations designed primarily for enhancing your:
  - Strength
  - Physical condition
  - Endurance
  - Physical performance

#### Students in mental health field

• Any services and supplies provided to a **covered student** who is specializing in the mental health care field and who receives treatment from a **provider** as part of their training in that field

#### Telemedicine and/or telehealth

- Services given when you are not present at the same time as the provider
- Services including:
  - Telephone calls
  - Telemedicine and/or telehealth kiosks
  - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)
- The use, in isolation, of:
  - Audio-only telephone conversation
  - Electronic mail
  - Instant messaging
  - Phone text
  - Facsimile transmission

#### Therapies and tests

- Full body CT scans
- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy
- BEAM neurological testing

#### Treatment in a federal, state, or governmental entity

• Any care in a **hospital** or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

#### Vision care for adults

- Routine vision exam provided by an ophthalmologist or optometrist, including refraction and glaucoma testing
- Vision care services and supplies

# **Wilderness Treatment Programs**

See Educational services within this section

#### Work related illness or injuries

- Coverage available to you under worker's compensation or under a similar program under local, state or federal law for any illness or injury related to employment or self-employment.
- A source of coverage or reimbursement will be considered available to you even if you waived your right to payment from that source. You may also be covered under a workers' compensation law or similar law. If you submit proof that you are not covered for a particular **illness** or **injury** under such law, then that **illness** or **injury** will be considered "non-occupational" regardless of cause.

The Ramapo College Student Health Insurance Plan is underwritten by Aetna Health and Life Insurance Company. Aetna Student Health is the brand name for products and services provided by Aetna Health and Life Insurance Company and its applicable affiliated companies (Aetna).

# NJ Transplant Donation Disclosure

For information on how to make an anatomical gift, including information on the registration of a gift in the Donate Life New Jersey registry, please use the following contact information, depending on where you live:

If you live in northern or central New Jersey, contact: 691 Central Avenue, New Providence, NJ 07974

Phone: (800) 742-7365

Email: <u>info@NJSharingNetwork.org</u> www.NJSharingNetwork.org

If you live in southern New Jersey, contact: 401 N. 3rd Street, Philadelphia, PA 19123

Phone: (800) DONORS-1

(800) 366-6771

Email: info@donors1.org

www.donors1.org

If you have any questions, please contact our customer service department at the number on the back of your ID card.

#### **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit <a href="http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx">http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx</a>.

# **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

#### Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

# **Non-Discrimination**

Aetna is committed to being an inclusive health care company. Aetna does not discriminate on the basis of ancestry, race, ethnicity, color, religion, sex/gender (including pregnancy), national origin, sexual orientation, gender identity or expression, physical or mental disability, medical condition, age, veteran status, military status, marital status, genetic information, citizenship status, unemployment status, political affiliation, or on any other basis or characteristic prohibited by applicable federal, state or local law.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you have questions about our nondiscrimination policy or have a discrimination-related concern that you would like to discuss, please call us at 1-877-480-4161.

Please note, Aetna covers health services in compliance with applicable federal and state laws. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations, and conditions of coverage.

# Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

# Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

#### አማርኛ/Amharic

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናገሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማገልገል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (*መ*ስማት ለተሳናቸው: **711**).

# Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-480-877-1 (رقم الهاتف النصى: 711).

#### Ɓàsɔʻò Wùdù/Bassa

Dè dε nìà kε dyéde gbo: Ͻ jǔ ke m̀ dyi Ɓàsɔʻɔ-wùdù-po-nyò jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaʿa. Đaʿ **1-877-480-4161** (TTY: **711**).

#### 中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电1-877-480-4161(TTY:711)。

# Farsi/فارسی

توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره 4161-480-487 (TTY: 711) تماس بگیرند.

# Français/French

Attention: Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

# ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહ્યયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે. કૉલ કરો 1-877-480-4161 (TTY: 711).

# Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-480-4161 (TTY: 711).

# Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, dijri gi. Kpoo 1-877-480-4161 (TTY: 711).

# 한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161**(TTY: **711**)번으로 전화해 주십시오.

# Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

# Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

# **Tagalog**

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

Urdu/اردو

توجه دیں: اگر آب اردو بولتے ہیں، تو آب کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) 1-877-480-4161 پر کال کریں.

# Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

#### Yorùbá/Yoruba

Àkíyèsí: Bío bá nsọ èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún o. Pe 1-877-480-4161 (TTY: 711).

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