

# Aetna Navigator<sup>®</sup> Member Website



**Instant personalized  
claims and health  
information available  
online.**

## Your Secure Member Website

As a Student Health Insurance member, you have access to Aetna Navigator<sup>1</sup>, your secure member website, complete with personalized claims and health information.

You can take full advantage of our website to complete a variety of self-service transactions online.

*Want to change a primary care physician and/or dentist?*

*Need to check the status of a claim?*

You can do it all online — 24 hours a day, 7 days a week — from wherever you have Internet access.

Aetna Navigator helps you make the most of your health benefits plan. You can:

- Review who is covered under your plan.
- Request, view and print member ID cards.
- View Claim Explanation of Benefits.
- Look up costs and other health-related information before you seek care and to better plan your expenses.
- Research the price of a brand name drug and learn if there are generic alternatives.
- Find health care professionals and facilities that participate in your plan.
- Send an e-mail to Customer Service.
- View the latest health information, news, and more!

## Discount Programs Available

**As an Aetna Navigator member, you have access to these programs:**

**Aetna Vision<sup>SM</sup> Discount Program<sup>2</sup>** – a discount program on eyewear and savings on routine vision exams.

**Aetna Fitness<sup>SM</sup> Discount Program<sup>2</sup>** – access to preferred rates on fitness club memberships in the GlobalFit<sup>TM</sup> network as well as access to discounts on home fitness equipment, exercise videos and more!

**Aetna Weight Management<sup>SM</sup> Discount Program<sup>2</sup>** – access to discounts on Jenny Craig<sup>®</sup> weight loss programs and products.

**eDiets<sup>®2</sup>** – 25% discount on weekly dues for an eDiet membership.

**Zagat Survey<sup>®</sup> Healthy Dining<sup>2</sup>** – 30% discounts on online subscriptions to restaurant and lifestyle guides.

**SpaWish<sup>®</sup> Gift Certificate<sup>2</sup>** – Spa gift certificates redeemable at a national network of 1,300 day spas.

**Mayo Clinic Bookstore.com<sup>2</sup>** – Discounts for books on health and wellness.

**Informed Health<sup>®</sup> Line<sup>1</sup>** – talk to a registered nurse about health issues, toll free, any time.

**Aetna Natural Products and Services<sup>SM</sup> Discount Program<sup>1,2,3</sup>** – access to reduced rates from natural therapy professionals, including acupuncturists, chiropractors, massage therapists and diet counselors, and access to discounts on health-related products, such as over-the-counter vitamins, supplements and more!

## Register Today!

Registering for Aetna Navigator is quick and easy. Here's how:

- Go to [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com)
- Click on "Students."
- Click on "Find Your School" and enter your school name.
- Click on "Member Web: Aetna Navigator" and then on the "Access Navigator" link.
- Follow the instructions for "First Time User" by clicking on the "Register Now" link.
- Select a user name, password and security phrase.

Once your registration is complete, your user name and password will give you access to all the features of Aetna Navigator. You will receive a confirmation postcard via the U.S. Postal Service at the address we have on file. You can find help with questions about registration, security and software by clicking on "About Registration" at the top of the online registration form. Personal registration assistance is available toll free, Monday through Friday, from 7 a.m. to 9 p.m. Eastern Time at 1-800-225-3375.

**Student Health Insurance Plans are underwritten by Aetna Life Insurance Company (ALIC) and administered by Chickering Claims Administrators, Inc.** Aetna Student Health is the brand name for products and services provided by these companies. <sup>1</sup>Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professionals. <sup>2</sup>Discount programs provide access to discounted prices and are NOT insured benefits. <sup>3</sup>These services, programs or benefits are offered by vendors who are independent contractors and not employees or agents of Aetna. Material subject to change.

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We want you to know<sup>®</sup>

