# Health Care begins at the R.I.T. Student Health Center.

# 2008 - 2009

## Student Accident and Sickness Insurance Program For Students of R.I.T.

Rochester Institute of Technology Rochester, New York 14623

#### **Aetna Student Health**

**Underwritten by:** 

Aetna Life Insurance Company (ALIC)

Policy Numbers: 812809A

812809S

(Excess Acc. **Policy Number:** 812809-50-555)

#### TABLE OF CONTENTS

Where to Find Help	5
PART I - Services Available at the RIT	
Student Health Center	7
PART II - Student Insurance Plan Basic Student Accident & Sickness	
Eligibility	
Master Policy	
Definition of Terms	
Annual Insurance Costs	
Premium Refund Policy	
International Student Waiver Process.	
Policy Period	
Addition of Dependents	
Description of Basic Benefits.	20
PART III - Optional Benefits	
Optional Enhanced Supplemental Benefit	29
PART IV - Terms & Conditions – RIT Insurance Plans	
Pre-Existing Conditions	
Subrogation	
Exclusions	
Extension of Benefits	
Termination of Student Coverage	
Claim Information.	
Insurance After Policy Termination	
Certificate of Creditable Coverage	44
PART V	
Excess Accident Plan	17
EACESS ACCIDENT I IIII	4/
PART VI - Other Plan Benefits	
Vision Benefits	48
World Wide Emergency Travel Assistance Services	49

Dear Students, Parents and/or Guardians:

RIT is concerned about the health, safety and general physical and mental well-being of its students. We recognize, however, that students may encounter accidents and sickness while enrolled at RIT. The RIT Student Health Center, as a primary ambulatory care facility, is available to all students when medical attention is needed. To supplement this, a direct enrollment student insurance program is available through the university. **RIT requires all students to have adequate medical insurance coverage.** 

Domestic students must enroll themselves directly in the Student Accident and Sickness Insurance Plan. Enrollment must be completed by **September 30, 2008** (for students first registered in fall quarter). International students should refer to the International Student Enrollment Process.

**Part I** of this Brochure provides information about the health care services and programs offered by the RIT Student Health Center. These services are funded through quarterly health fees, which are separate from the charges for insurance coverage, the payment of which is required and billed automatically for all full-time undergraduate students. The health fee is also used to support other health related services and health education on campus. Part-time and graduate matriculated students may use the Student Health Center by paying the quarterly fee, or by paying a per visit fee.

**Parts II-V** of this Brochure outline the benefits offered in the RIT Student Insurance Plans underwritten by Aetna Life Insurance Company. Part VI describes an Eye Care Discount Plan that is available to RIT students enrolled in the basic medical insurance plan.

The 2008-2009 Plans provide substantial benefits for covered medical expenses at a reasonable cost. Coverage includes the "Basic Student Accident & Sickness Plan", the optional "Enhanced Supplemental Medical Plan" and the "Excess Accident Plan". Coverage is also available for a student's spouse and/or dependent children at an additional charge. At no charge to students, RIT maintains the Excess Accident Plan available to all RIT students for accidents occurring on campus or off-campus during an RIT sponsored activity.

#### **Enrollment Process**

RIT requires all students to have adequate medical insurance.

If a student does not have coverage, this requirement may be satisfied by enrolling for Basic Accident & Sickness coverage **BEFORE THE ENROLLMENT DEADLINE DATE OF SEPTEMBER 30, 2008,** or later date if appropriate. Students can enroll in this Plan by either:

- Sending the Enrollment Form on the last page of this Brochure with their payment to the Plan Coordinator: University Health Plans, One Batterymarch Park, Quincy, MA 02169.
- Going Online at *www.universityhealthplans.com*: Students have the option to either put the charge on their RIT student account or payment can be made online with a credit card. Students first registering at RIT in the winter, spring or summer quarters must enroll within 30 days from the start of the quarter.

*Note:* Graduate and part-time students may enroll voluntarily in the "Basic Student Accident & Sickness Plan.

#### **International Student Enrollment Process**

**ALL** international undergraduate and graduate students (full and part-time) on A, B, E, F, G, I, J, K, O, Q, R and V visa's will be automatically enrolled in the Basic Accident and Sickness policy on a semi-annual basis, based on registration status. Certain foreign scholars will be eligible for exemption from the RIT required insurance enrollment and will not be billed for this coverage.

For parents of entering students, we urge you to evaluate and consider purchasing the RIT Student Accident and Sickness Insurance Plan for your student, not only based upon the absence of insurance coverage, but as an important supplement to your existing coverage as well as enhanced ease of access to services which may be needed within the larger Rochester medical community.

For Student Health Center information please contact the Student Health Center at (585) 475-2255 V or (585) 475-5515 TTY. For Student Accident & Sickness Insurance information contact University Health Plans at (800) 437-6448, info@univhealthplans.com.

Sincerely,

E. Cassandra Jordan
Director,
RIT Student Health Center

#### Where to Find Help

#### Got Questions? Get Answers with Aetna Navigator®

As an Aetna Student Health insurance member, you have access to Aetna Navigator®, your secure member website, packed with personalized claims and health information. You can take full advantage of our interactive website to complete a variety of self-service transactions online.

#### By logging into Aetna Navigator, you can:

- Review who is covered under your plan.
- Request member ID cards.
- View Claim Explanation of Benefits (EOB) statements.
- Estimate the cost of common health care services and procedures to better plan your expenses.
- Research the price of a drug and learn if there are alternatives.
- Find health care professionals and facilities that participate in your plan.
- Send an e-mail to Aetna Student Health Customer Service at your convenience.
- View the latest health information and news, and more!

#### How do I register?

- Go to www.aetnastudenthealth.com
- Click on "Find Your School."
- Enter your school name and then click on "Search."
- Click on Aetna Navigator and then the "Access Navigator" link.
- Follow the instructions for First Time User by clicking on the "Register Now" link.
- Select a user name, password and security phrase.

Your registration is now complete, and you can begin accessing your personalized information!

#### Need help with registering onto Aetna Navigator?

Registration assistance is available toll free, Monday through Friday, from 7 a.m. to 9 p.m. Eastern Time at **1-800-225-3375**.

#### For questions about:

- Insurance Benefits
- Claims Processing
- Claims Disputes

#### Please contact:

Aetna Student Health P.O. Box 15708 Boston, MA 02215-0014 Telephone Number: (800) 466-3185 www.aetnastudenthealth.com

#### For questions about:

- Enrollment/Eligibility
- International Student Waiver Process

#### Please contact:

University Health Plans, Inc. (800) 437-6448 www.universityhealthplans.com

#### **For Provider Listings:**

A complete list of providers can be found by accessing Aetna's DocFind® Service at: **www.aetnastudenthealth.com**, click on "Find Your School" enter Policy Number **812809**.

#### For questions about:

On Call International 24/7 Emergency Travel Assistance Services

#### Please contact:

On Call International at (866) 525-1956 (within U.S.).

If outside the U.S., call collect by dialing the U.S. access code plus (603) 328-1956. Please also visit www.aetnastudenthealth.com and visit your school-specific site for further information.

## PART I - SERVICES AVAILABLE AT THE RIT STUDENT HEALTH CENTER

Access to the RIT Student Health Center is available to all students and does not require (or accept) the use of insurance. The SHC quarterly fee and the fee paid for the Student Accident and Sickness Insurance Plan are separate and independent of each other. While the SHC does not bill or accept payment from any insurance company, staff will provide information,and/or receipts as it is capable, to assist students in submitting claims for services rendered by other providers. RIT requires all students to have insurance coverage through either their own personal insurance carrier or through this Student Accident and Sickness Program which is made available through the university.

#### **CONFIDENTIALITY**

The Student Health Center is committed to the maintenance of confidentiality in the provider-patient relationship. The release of health care information to anyone, including parents, requires specific written authorization by the student, except as required by law or for insurance reimbursement.

#### WHAT IS THE STUDENT HEALTH CENTER?

The Student Health Center (SHC) provides a full range of primary care, treatment and referral services, as well as related health education programs. The goal of all programs and services is to take care of students when they are ill, and assist them in learning how **TO STAY WELL**.

As a free-standing ambulatory care facility, the SHC is located in the August Center which is located between the residential and academic sides of campus. This well equipped facility provides comprehensive primary care which includes a variety of outpatient services, as well as an observation unit with three beds for use during Center hours.

#### HOW IS THE STUDENT HEALTH CENTER STAFFED?

The SHC is staffed by physicians, nurse practitioners, nurses, health educators, administrative and support staff. The SHC providers are licensed/certified (as appropriate) in specialty areas that include Adult Medicine, Family Practice, Psychiatry, Gynecology, Health Education, Sign Language Interpreting for the Deaf, Alcohol and Other Drug Counseling. The Center also serves as a teaching site for a variety of RIT academic programs including its Physician Assistant and Nutrition Programs; clinical practicum experiences are provided for students of other colleges as well.

#### WHEN IS THE STUDENT HEALTH CENTER OPEN?

During the fall, winter and spring quarters, the SHC is open Monday-Thursday, 8:30 a.m. - 7:00 p.m.; Friday, 8:30 a.m. - 4:30 p.m. Hours of operation during academic breaks and the summer quarter are 8:30 a.m. - 4:30 p.m. Monday through Friday. The Center is closed during weekends and university holidays.

When the SHC is closed, campus coverage is provided through the RIT Ambulance, which is dispatched by calling Public Safety (475-3333 V or 475-6654 TTY). This New York State certified ambulance service is staffed by well trained student volunteer emergency medical technicians who may assess medical conditions, treat and/or transport to a local hospital emergency department as the situation requires.

#### WHO CAN USE THE STUDENT HEALTH CENTER?

The services and programs provided by the SHC are available to **all** students. Full-time undergraduate students are required to pay the quarterly health fee and are billed automatically. Part-time, graduate and co-op students may choose to pay the quarterly health fee or use the SHC on a fee-for-service basis.

#### STUDENT HEALTH FEE COVERAGE AND FINANCIAL RESPONSIBILITY

Most of the clinical and health education services provided by the SHC are paid for by the quarterly health fee with no additional charge to the student user of the service. This includes office visits, some routine laboratory work, immunization services, minor surgery, bed observation, on-site specialty services, substance abuse counseling, HIV antibody counseling and health education programs. Diagnostic x-ray and an array of laboratory services are provided in cooperation with community based providers, many of which may be billed by the provider to the student's health insurance carrier. Charges for pharmaceuticals purchased at the SHC or off-campus, procedures referred to off campus providers through the medical or gynecologic clinics, lab work processed at outside laboratories, tuberculin PPD tests, some serum injections, and certain specialty procedures are the responsibility of the student or parent/guardian. In addition, the cost of receiving medical care or psychiatric counseling beyond that provided by the SHC or other on-campus services including referrals to specialists, use of hospital emergency departments or hospitalization, is the responsibility of the student or parent.

#### HEALTH SERVICES AND HOW TO USE THEM

The SHC offers five types of services: General medicine; Allergy/Immunization; Women's Health Care. Psychiatric Evaluation (on going mental health counseling is provided by the RIT Counseling Center in consultation and/or collaboration with the SHC psychiatrist as needed) and Health Education which's includes alcohol and other drug counseling. All services are provided by appointment. Emergency appointments are accommodated as necessary.

The SHC clinical staff includes physicians, nurses and nurse practitioners who provide medical assessment, diagnosis and treatment. Referrals are made as necessary, to outside providers/facilities to ensure more comprehensive care.

#### **ALLERGY/IMMUNIZATION CLINIC**

Allergy injections are administered by appointment only on a regular basis in the Allergy Clinic at no additional charge to full-time undergraduate students. Students must provide their serum, instructions and schedule from their allergist.

#### WOMEN'S HEALTH CARE CLINIC

The Clinic is staffed by a full-time nurse practitioner with training and experience in gynecology. Comprehensive services are provided by appointment and include complete pelvic examinations, pap smears, contraceptive services, pregnancy testing and counseling, and treatment or referral as appropriate, for other gynecological problems.

#### PHYSICAL EXAMINATIONS

Routine physical examinations are not provided by the SHC. Arrangements may be made, for physical exams, at additional cost to the student, which may be needed for coop, internships or jobs.

#### FORMULARY SERVICES

For the convenience of RIT students, a limited scope of prescriptive and non-prescriptive pharmaceuticals, crutches, canes and other non-returnable orthopedic soft goods may be purchased at the SHC. Only prescriptions written by a SHC physician will be accepted. Payment by Tiger Bucks, check or cash must be made at the time of service. The student may choose to use a community-based pharmacy for medication purchases.

#### LABORATORY SERVICES

Diagnostic laboratory testing is provided as needed in support of general medical and specialty services. Most of the lab work ordered by SHC providers, including complete blood counts, mono testing, strep throat and urine cultures, cholesterol testing and glucose testing is sent to a community-based lab. The patient (or the indicated insurance company) is billed directly for this service by the laboratory.

#### RADIOLOGY

Diagnostic x-ray services are provided by a community based radiology group. The patient is either billed directly by the radiology group for these services or provides insurance information to the provider for direct billing to the carrier. Some HMO (Health Maintenance Organization) and PPG (Preferred Provider Group) based insurance plans exclude coverage for x-rays not authorized or taken in conjunction with that HMO/PPG. While every effort will be made by SHC staff to coordinate your level of coverage with the need for diagnostic x-ray services, you should be aware of your insurance coverage requirements and limitations at the time of your visit.

#### **EKG**

Electrocardiograph (EKG) diagnostic procedures are performed by staff physicians as needed. There will be an additional charge for this service if there is need to have it reviewed/read by a specialist.

#### MINOR SURGERY

Certain minor surgical procedures are performed by SHC staff physicians. Depending upon the level of severity as determined by the provider, procedures may include suturing of lacerations, incision and drainage of abscesses, removal of small growths, and splinting or casting for minor fractures. There is no additional charge for this service for students who have paid the quarterly health fee.

#### BED OBSERVATION

Clinical providers may house patients for illnesses requiring observation, special treatment procedures, isolation of infectious disease, and/or for injury requiring in-bed care for the duration of hours of operation. This allows students to be observed and assisted until stable or until it is determined if another source for continuing care is needed. **There is no overnight service.** 

#### MEDICAL TRANSPORT SERVICES

The SHC may assist students in arranging medical transport services when there is an acute/emergency medical need. The campus transportation department will assist patients in getting to consulting physicians or other referral locations by taxi, for which students must pay. Short-term on-campus transportation to and from class for disabling injuries may be authorized by staff providers for transport by the campus mobility van. In addition to the above, 24 hour ambulance service is available seven days a week through the RIT Ambulance Corps. The service is of no cost to students and is dispatched through Public Safety (475-3333 V or 475-6654 TTY). The ambulance provides one-way transport to the emergency/urgent care facilities only. Should the RIT Ambulance not be available, another ambulance will be dispatched for which there may be a charge.

#### HOW STUDENTS ARE ACTIVE IN THE STUDENT HEALTH CENTER

The SHC welcomes and encourages student participation in the on-going process of enhancing and maintaining the needs of students. Feedback from individual health care consumers is strongly encouraged and may be provided in whatever way is most comfortable to the consumer.

The Student Health Advisory Council (SHAC) represents all university students and exists to provide input and assistance in the planning and evaluation of services, the preparation and review of the budget and special projects of the SHC. The group is made up of representatives from various student organizations and elected bodies, as well as interested students. The SHC places great value on the work of the Council and encourages your active participation. Interested students should contact the SHC at (585) 475-2255 V or 475-5155 TTY or 475-5850 TTY. Peer Educators are students trained to help students by sharing information on sexuality issues, drugs, including alcohol, and sexual assault. They identify appropriate resources for health education and care, and make referrals.

#### SIGN LANGUAGE INTERPRETER

A full-time certified interpreter is on the staff to assist with clinical interactions between the provider and deaf/hearing impaired patient as needed.

#### MEDICAL EXCUSES FOR CLASS ABSENTEEISM

The SHC does not issue written medical excuses. Verbal information will be made available to faculty only with the written permission of the student.

#### HEALTH EDUCATION

Education is an integral part of the Student Health Center. Ask about formal and informal classes, counseling for personal assistance, special presentations for academic classes or campus residences, our roll as an assisting resource for class assignments.

THE RIT STUDENT HEALTH CENTER IS ACCREDITED BY THE ACCREDITATION ASSOCIATION FOR AMBULARY HEALTH CARE, INC. (AAAHC)

#### PART II - STUDENT INSURANCE PLAN BASIC ACCIDENT & SICKNESS

The Rochester Institute of Technology (RIT) Accident and Sickness Plan has been developed especially for RIT students. The Plan provides coverage for illnesses and injuries that occur on and off campus, and includes special cost-saving features to keep the coverage as affordable as possible. RIT is pleased to offer the Plans as described in this Brochure.

Please keep this Brochure, as it provides a general summary of your coverage. A complete description of the benefits and full terms and conditions may be found in the Master Policy. If any discrepancy exists between this Brochure and the Policy, the Master Policy will govern and control the payment of benefits.

#### **ELIGIBILITY**

#### 1. UNDERGRADUATE STUDENTS – as noted below.

(except international students) RIT requires all students to have adequate medical insurance.

If a student does not have coverage, this requirement may be satisfied by enrolling for Basic Accident & Sickness coverage **BEFORE THE ENROLLMENT DEADLINE DATE OF SEPTEMBER 30, 2008**, or later date if appropriate. Students can enroll in this Plan by either:

- Sending the Enrollment Form on the last page of this Brochure with their payment to the Plan Coordinator: University Health Plans, One Batterymarch Park, Quincy, MA 02169.
- Going Online at **www.universityhealthplans.com**: Students have the option to either put the charge on their RIT student account or payment can be made online with a credit card.

Students first registering at RIT in the Winter, Spring or Summer quarters must enroll within 30 days from the start of the quarter.

#### **Other comments:**

1. Refer to Part III for enrollment method for adding Optional Supplemental Coverage.

#### 2. GRADUATE AND FULL TIME MATRICULATED EVENING DIVISION

**STUDENTS** - Students may voluntarily enroll in this plan by sending the Enrollment Form on the last page of this Brochure with their payment to the Plan Coordinator: University Health Plans, One Batterymarch Park, Quincy, MA 02169 or enrolling online at **www.universityhealthplans.com** and students have the option to either put the charge on their RIT student account or pay online with a credit card.

#### 3. INTERNATIONAL STUDENTS

All matriculated, RIT international students on A, B, E, F, G, I, J, K, O, Q, R and V visa's will be automatically enrolled in RIT's Basic Accident and Sickness policy.

These international students will be billed semi-annually based on their active registration status for the period (Fall/Winter and/or Spring/Summer). Coverage will terminate on **March 9, 2009** if the student is not registered during the Spring/Summer period. Students first attaining active registration status in the Winter or Summer quarters will be billed 50% of the semi-annual premium and coverage will be provided until the next semi-annual billing cycle. All other international students wishing to enroll should download and fill out the Insurance Application found at **www.universityhealthplans.com.** 

#### 4. OTHER STUDENTS

ELI, SVP and foreign scholars may enroll through referral from their departments. Contact the Global Risk Management Services Office at (585) 475-4903 for enrollment information.

#### 5. DEPENDENT COVERAGE

Insured students may also enroll their dependents (spouse and unmarried children under age 19 residing with and supported by the Insured) in this Student Insurance Plan. To enroll your dependents, complete the Enrollment Form on the last page of this Brochure and mail with your payment to the Plan Coordinator: University Health Plans, One Batterymarch Park, Quincy, MA 02169. (Refer to "Addition of Dependents" section located on page 17). You can also enroll your dependents online at **www.universityhealthplans.com**. Payment must be made with a credit card for this option.

Students must be registered and enrolled in the Basic Plan in order for dependents to be eligible for insurance coverage.

#### MASTER POLICY

The Master Policy (referred to below as "this Policy" or "the Policy") issued to Rochester Institute of Technology (the Policyholder) contains the complete details of coverage and is the governing document. It may be inspected during normal business hours at the Global Risk Management Services Office. The Master Policy shall prevail in the event of any conflict between this Brochure and the Policy.

#### **DEFINITION OF TERMS**

**Accident:** An occurrence, which (a) is unforeseen, (b) is not due to or contributed to by Sickness or disease of any kind, and (c) causes Injury.

**Actual Charge:** The Actual Charge made for a covered service by the provider that furnishes it.

**Aggregate Maximum:** The maximum benefit that will be paid under the Policy for all Covered Medical Expenses incurred by a Covered Person from one Policy Year to the next.

**Coinsurance:** The percentage of Covered Medical Expenses payable by Aetna under this Accident and Sickness Insurance Plan.

**Covered Medical Expenses:** Those charges for any treatment, service or supplies covered by the Policy which are (a) not in excess of the Reasonable Charges, or (b) not in excess of the charges that would have been made in the absence of this coverage, and (c) incurred while the Policy is in force as to the Covered Person except with respect to any expenses payable under the Extension of Benefit Provisions.

**Covered Person:** A covered student whose coverage is in effect under the Policy. See the Eligibility sections of this Brochure for additional information.

**Creditable Coverage:** Creditable Coverage means a person's prior medical coverage as defined in the Federal Health Insurance Portability and Accountability Act (HIPAA) of 1996. Such coverage includes the following: coverage issued on a group or individual basis, Medicare, Medicaid, military-sponsored health care, a program of the Indian Health Service, a state health benefits risk pool, the Federal Employees' Health Benefit Plan (FEHBP), a public health plan as defined in the regulations, and any health benefit plan under Section 5(e) of the Peace Corps Act.

**Deductible:** A specific amount of Covered Medical Expenses that must be incurred by, and paid for by the Covered Person before benefits are payable under the Plan. Deductible amounts are the responsibility of the Covered Person.

**Elective Treatment:** Medical treatment that is not necessitated by a pathological change in the function or structure in any part of the body occurring after the Covered Person's effective date of coverage. Elective treatment includes, but is not limited to: tubal ligation; vasectomy; breast reduction; sexual reassignment surgery; submucous resection and/or other surgical correction for deviated nasal septum, other than necessary treatment of covered acute purulent sinusitis; treatment for weight reduction; learning disabilities (unless otherwise provided in the Policy); immunization; vaccines; treatment of infertility; and routine physical examinations.

Emergency Medical Condition: A medical or behavioral condition, the onset of which is sudden, and manifests itself by symptoms of sufficient severity, including severe pain, that a prudent layperson, possessing an average knowledge of medicine and health, could reasonably expect the absence of immediate, medical attention to result in (a) placing the health of the person afflicted with such condition in severe jeopardy, or, in the case of a behavioral condition placing the health of such person or others in serious jeopardy, (b) serious impairment to such person's bodily functions, (c) serious dysfunction of any bodily organ or part of such person, or (d) serious disfigurement of such person. It does not include elective care, routine care, or care for non-emergency Sickness.

**Injury:** Bodily Injury caused by an accident; this includes related conditions and recurrent symptoms of such Injury.

**Medically Necessary:** A service or supply that is necessary and appropriate; for the diagnosis or treatment of a Sickness; or Injury; based on generally accepted current medical practice.

In order for a treatment, service, or supply to be considered Medically Necessary, the service or supply must:

- Be care or treatment which is likely to produce as significant positive outcome as any alternative service or supply; both as to the Sickness or Injury involved and the person's overall health condition. It must be no more likely to produce a negative outcome than any alternative service or supply; both as to the Sickness or Injury involved and the person's overall health condition;
- Be a diagnostic procedure which is indicated by the health status of the person. It must be as likely to result in information that could affect the course of treatment as any alternative service or supply; both as to the Sickness or Injury involved and the person's overall health condition. It must be no more likely to produce a negative outcome than any alternative service or supply; both as to the Sickness or Injury involved and the person's overall health condition; and
- As to diagnosis, care, and treatment be no more costly (taking into account all health expenses incurred in connection with the treatment, service, or supply) than any alternative service or supply to meet the above tests.

In determining if a service or supply is appropriate under the circumstances; Aetna will take into consideration:

- Information relating to the affected person's health status;
- Reports in peer reviewed medical literature;
- Reports and guidelines published by nationally recognized health care organizations that include supporting scientific data;
- Generally recognized professional standards of safety and effectiveness in the United States for diagnosis, care, or treatment;
- The opinion of health professionals in the generally recognized health specialty involved; and
- Any other relevant information brought to Aetna's attention.

In no event will the following services or supplies be considered to be Medically Necessary:

- Those that do not require the technical skills of a medical, mental health, or dental professional; or
- Those furnished mainly for the personal comfort or convenience; of the person; any person who cares for him or her; or any person who is part of his or her family; any health care provider; or health care facility; or
- Those furnished solely because the person is an inpatient on any day on which the person's Sickness or Injury could safely and adequately be diagnosed or treated while not confined; or
- Those furnished solely because of the setting if the service or supply could safely and adequately be furnished; in a Physician's or a dentist's office; or other less costly setting.

**Non-Preferred Provider:** A health care provider that has not contracted to furnish services or supplies at a Negotiated Charge.

**Pharmacy:** An establishment where Prescription Drugs are legally dispensed.

**Preferred Provider:** A health care provider that has contracted to furnish services or supplies for a Negotiated Charge; but only if the provider is, with Aetna's consent, included in the Directory as a Preferred Care Provider for the service or supply involved, and the class of which the Covered Person is a member.

**Physician:** A legally qualified physician licensed by the state in which they practice, and any other practitioner that must by law be recognized as a doctor legally qualified to render treatment.

**Prescription:** An order of a prescriber for a Prescription Drug. If it is an oral order, it must be promptly put in writing by the Pharmacy.

**Reasonable Charge:** Only that part of a charge which is reasonable is covered. The reasonable charge for a service or supply is the lowest of:

- The provider's usual charge for furnishing it; and
- The charge Aetna determines to be appropriate; based on factors such as the cost of providing the same or a similar service or supply and the manner in which charges for the service or supply are made; and
- The charge Aetna determines to be the prevailing charge level made for it in the geographic area where it is furnished.

In some circumstances; Aetna may have an agreement; either directly or indirectly through a third party; with a provider which sets the rate that Aetna will pay for a service or supply. In these instances; in spite of the methodology described above; the Reasonable Charge is the rate established in such agreement.

In determining the Reasonable Charge for a service or supply that is:

- Unusual; or
- Not often provided in the area; or
- Provided by only a small number of providers in the area.

Aetna may take into account factors, such as:

- The complexity
- The degree of skill needed
- The type of specialty of the provider
- The range of services or supplies provided by a facility; and
- The prevailing charge in other areas.

**Sickness:** A disease or illness including related conditions and recurrent symptoms of the Sickness. Sickness also includes pregnancy and complications of pregnancy.

#### ANNUAL INSURANCE COSTS

BASIC BENEFITS	
Student Only	\$720
Spouse (Additional)	\$1,424
Child(ren) (Additional)	\$1,072
OPTIONAL ENHANCED SUPPLEMENTAL	
Each Insured	\$448

*NOTE:* This optional coverage is per insured and is not pro-ratable.

#### PREMIUM REFUND POLICY

Except for medical withdrawal due to a covered Accident or Sickness, any student who has not incurred any claims and who withdraws from school within the first 31 days for which coverage is purchased shall not be covered under the Plan and a full refund of premium will be made. Students withdrawing after such time will remain covered under this Plan for the full period for which premium has been paid. No refund will be allowed.

A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro-rata refund of premium will be made for such person upon written request received by University Health Plans within 90 days of withdrawal from school.

#### WAIVER PROCESS

#### For International Students only:

Refer to RIT Center for Student Transition & Support website for special conditions and instructions: http://www.rit.edu/internationalservices

#### **CONTINUOUSLY INSURED**

Continuously Insured is defined as: A person who was insured under prior Creditable Coverage, including Student Health Insurance policies issued to RIT, and is now insured under this Plan. Persons who have remained continuously insured will be covered for conditions first manifesting themselves while continuously insured except as specified in the Pre-Existing Conditions provision.

Previously insured students and dependents must re-enroll for coverage by **September 30, 2008** for the Fall quarter and by **March 9, 2009**, for the 3rd quarter if paying on a semi-annual basis in order to avoid a break in coverage for conditions which existed in prior Policy Years. Once a break in continuous coverage occurs, the definition of a Pre-Existing Condition will apply in determining coverage of any condition which existed during the break. Students re-enrolled through RIT will be considered to have continuous coverage.

#### LATE ENROLLMENT

Under certain circumstances, coverage for late enrollees may be possible. Any enrollment occurring 30 days after the first day of the quarter is considered a late enrollment. Refer to the Master Policy for details. Please refer to the General Provisions section of this Brochure for the definition of a Pre-Existing Condition, which applies to all late enrollees under this Plan.

#### POLICY PERIOD

All students and dependents enrolled in the Plan will be insured for the period for which premium has been paid, including interim vacations. Coverage begins at 12:01 A.M., on **August 15, 2008** or the date premium is paid, if later, and ends at 12:01 A.M. on **August 15, 2009** except as noted below in Termination of Student Coverage section on page 38.

#### **International Students**

All students and their dependents will be insured for the period for which premium has been paid, including interim vacations.

Coverage begins at 12:01 am on **August 15, 2008** or the date premium is paid, if later, and ends at 12:00 am on **March 9, 2009**. If the second semi-annual premium is paid, coverage will extend to 12:01 am on **August 15, 2009**.

#### ADDITION OF DEPENDENTS

If an Insured adds a new dependent after the effective date of coverage, coverage will become effective for such dependent on the date the application and premium is received. An Enrollment Card and premium must be submitted within the thirty (30) day enrollment period for which the student is first enrolled. If the dependent is a newborn child and no other children are covered under the plan, notification of the birth along with the appropriate premium must be submitted within 30 days of such birth. (Addition of a spouse must be within 30 days of marital status change.)

An Enrollment Card and premium need not be submitted if the newly added dependent is a child and the Insured already has one or more covered children. However, written notice of the new child must be submitted within the 30-day period.

Benefits for covered newborn children are payable for medically diagnosed congenital defects, birth abnormalities or premature birth. Benefits are not payable for routine nursing care of a newborn well baby following full-term or premature birth, except as required under the Maternity portion of the Plan.

#### **Newborn Infant Coverage and Adopted Child Coverage**

A newborn child shall be insured for Injury, Sickness, premature birth, and medically diagnosed congenital defects and birth abnormalities for 31 days from the date of birth. At the end of this 31-day period, coverage will cease under the RIT Student Health Insurance Plan. To extend coverage for a newborn past the 31 days, the Covered Person must (1) enroll the child within 31 days of birth and (2) pay the additional premium starting from the date of birth.

Coverage is provided for a child legally placed for adoption with a covered student for 31 days from the moment of placement, provided the child lives in the household of the covered student and is dependent upon the covered student for support. To extend coverage for an adopted child past the 31 days, the Covered Person must (1) enroll the child within 31 days of placement of such child and (2) pay any additional premium, if necessary, starting from the date of placement.

For further assistance and premium information, please contact University Health Plans.

#### PREFERRED PROVIDER NETWORK

Aetna Student Health has arranged for you to access a Preferred Provider Network in your local community. Acute care facilities and mental health networks are available nationally if you require hospitalization outside the immediate area of the RIT campus. To maximize your savings and reduce your out-of-pocket expenses, select a Preferred Provider. It is to your advantage to use a Preferred Provider because significant savings may be achieved from the substantially lower rates these providers have agreed to accept as payment for their services. Preferred Providers are independent contractors and are neither employees nor agents of RIT, Aetna Student Health, or Aetna Life Insurance Company (Aetna). A complete list of providers can be found by accessing Aetna's DocFind® Service at: www.aetnastudenthealth.com, click on "Find Your School" enter Policy Number 812809.

Pre-admission certification is designed to help you receive quality, cost-effective medical care.

- All inpatient admissions, including length of stay, should be certified by contacting Aetna Student Health Your service provider may be able to assist you.
- Pre-Certification does not guarantee the payment of benefits for your inpatient admission. Each claim is subject to medical policy review in accordance with the exclusions and limitations contained in the Policy as well as a review of eligibility, adherence to notification guidelines, and benefit coverage.

#### **Pre-Certification of Non-Emergency Inpatient Admissions:**

The patient, Physician or hospital should telephone at least three business days prior to the planned admission.

#### **Notification of Emergency Admissions:**

The patient, patient's representative, Physician, or hospital should telephone within one business day following admission.

Aetna Student Health Attention: Managed Care Dept. P.O. Box 15708 Boston, MA 02215-0014 (800) 466-3185

Hours: Monday through Friday, 8:30 a.m. to 5:30 p.m. (ET)

In addition to the Plan's Aggregate Maximum the Policy may contain benefit level maximums. Please review the Summary of Benefits section of this brochure for any additional benefit level maximums.

#### **DESCRIPTION OF BASIC BENEFITS**

Summary of Benefits

The following benefits are subject to the Policy limits and exclusions. All coverage is based on the Reasonable Charge allowance unless otherwise specified and is payable per condition.

BASIC ACCIDENT (812809A)	Lifetime Maximum - \$103,000 per condition
Coinsurance Level	Covered Medical Expenses are payable as follows: 100% of the Negotiated Charge or the Reasonable Charge allowance (Preferred and Non-Preferred Providers respectively) for the first \$3,000 of Covered Medical Expenses; 80% thereafter. Covered Medical Expenses include (a) hospital room and board, (b) miscellaneous hospital expenses, (c) inpatient and outpatient surgery, (d) inpatient and outpatient anasthetist, (e) inpatient and outpatient Doctor visits, (f) consultant, (g) licensed nurse, (h) hospital outpatient department, (I) emergency room, (j) diagnostic x-ray and lab tests, (k) outpatient prescription drug, (l) ambulance, (m) durable medical equipment, and (n) other expenses incurred for the treatment of an Injury.
BASIC SICKNESS (812809S)	Lifetime Maximum - \$52,000 per condition
Coinsurance Level	Covered Medical Expenses are payable as follows: 80% of the Negotiated Charge or the Reasonable Charge allowance (Preferred and Non-Preferred Providers respectively).
Hospital Room and Board Expense	Covered Medical Expenses are payable for the daily semi-private room rate and general nursing care by the hospital as follows:  80% of the Negotiated Charge or the Reasonable Charge allowance (Preferred and Non-Preferred Providers respectively).
Miscellaneous Hospital Expense	Covered Medical Expenses for hospital miscellaneous expenses, operating room, lab tests, X-rays, anesthesia, drugs and medicines (excluding take home drugs), therapeutic services, and supplies are payable at 80% of the Negotiated Charge or the Reasonable Charge allowance (Preferred and Non-Preferred Providers respectively).

In-Hospital Doctor's Fee Expense Benefits	When you or your covered dependent require a doctor's services due to reasons of sickness for which benefits are payable under Miscellaneous Hospital Expenses Benefits provision, benefits will be payable at 80% of the Negotiated Charge or the Reasonable Charge allowance (Preferred and Non-Preferred Providers respectively).
Nurse Expense	Covered Medical Expenses are payable at 80% of the Negotiated Charge or the Reasonable Charge allowance (Preferred and Non-Preferred Providers respectively).
Surgical Expense	Covered Medical Expenses for charges for surgical services, including anesthesia, performed by a Physician are payable at 80% of the Negotiated Charge or the Reasonable Charge allowance (Preferred and Non-Preferred Providers respectively).
Physician's Office Visits	Covered Medical Expenses are payable up to a maximum of \$65 per visit and up to a maximum of 10 visits per Policy Year. An additional maximum of \$125 will be paid for the services of a consultant to confirm or determine a diagnosis. (Preferred and Non-Preferred Providers respectively).
	Benefits (may be subject to reduction, limitations or denial) for the first visit unless at the time treatment is received: (a) the Student Health Center is open and care was first initiated at the Student Health Center, (b) the Student Health Center is closed, (c) the student is 50 miles or more from campus, (d) the student is an active participant in a Co-op program or (e) the student or dependent is not eligible to be seen at the Student Health Center.
Out-Patient Expense Benefits	Covered Medical Expenses for Out-Patient Expenses such as Out-Patient Services, Diagnostic X-Ray and Laboratory, MRI, and CAT Scans are payable as follows: 100% of the Negotiated Charge or the Reasonable Charge allowance (Preferred and Non-Preferred Providers respectively) for the first \$2,000 of Covered Medical Expenses; 80% thereafter.
Sickness Dental Benefit	Removal of Impacted wisdom teeth is payable up to a maximum of \$100 per tooth.

#### Other than Biologically based Mental Illness and Children with Serious Emotional Disturbances Covered Medical Expenses include expenses incurred Inpatient Expense by a **covered person** while confined as a full-time inpatient in a hospital or residential treatment facility for the treatment of Mental Illness other than Biologically based Mental Illness or Children with Serious Emotional Disturbances. Benefits are payable on the same basis as for any other Sickness up to a maximum of 30 days. Includes the charges made for treatment received during partial hospitalization or intensive outpatient in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis. When approved, benefits will be payable in place of an inpatient admission, whereby 2 days of partial hospitalization or intensive outpatient treatment may be exchanged for 1 day of full hospitalization Outpatient Expense Covered Medical Expenses include expenses while a covered person is not confined as a full-time inpatient in a **hospital**, for the treatment of Mental Illness other than Biologically based Mental Illness or Children with Serious Emotional Disturbances. Benefits will be paid as any other outpatient specialist office visit benefit. Outpatient treatment is covered up to a maximum of 20 visits per Policy Year.

### Biologically based Mental Illness and for Children with Serious Emotional Disturbances

"Biologically Based Mental Illness" means a mental, nervous or emotional condition that is caused by a biological disorder of the brain and results in a clinically significant, psychological syndrome or pattern that substantially limits the functioning of the person with the illness. Such biologically based mental illnesses are defined as schizophrenia/psychotic disorders, major depression, bipolar disorder, delusional disorders, panic disorder, obsessive-compulsive disorder, bulimia and anorexia.

"Children with Serious Emotional Disturbances" means: persons under the age of eighteen years who have diagnoses of attention deficit disorders, disruptive behavior disorders, or pervasive development disorders, and where there are one or more of the following:

• Serious suicidal symptoms or other life-threatening self-destructive

	ychotic symptoms (hallucinations, delusion, bizarre	
	behaviors);	
<ul> <li>Behavior caused by emotional disturbances that placed the child at risk of causing personal injury or significant property damage; or</li> </ul>		
<ul> <li>Behavior caused by emotional disturbances that placed the child at</li> </ul>		
substantial risk of removal from the household		
Inpatient Expense Covered Medical Expenses include expenses incurred		
	by a <b>covered person</b> while confined as a full-time inpatient in a <b>hospital</b> or <b>residential treatment facility</b> for the treatment of Biologically based Mental Illness or Children with Serious Emotional Disturbances. These expenses are covered on the same basis as inpatient treatment for any <b>sickness</b> .  Includes the charges made for treatment received during partial hospitalization or intensive outpatient in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis. When approved, benefits will be	
	payable in place of an inpatient admission, whereby 2 days of partial hospitalization or intensive outpatient treatment may	
	be exchanged for 1 day of full hospitalization	
Outpatient Expense	<b>Covered Medical Expenses</b> include expenses while a <b>covered person</b> is not confined as a full-time inpatient in a <b>hospital</b> , for the treatment of Biologically based Mental Illness or Children with Serious Emotional Disturbances. These expenses are covered on the same basis as outpatient treatment for any <b>sickness</b> .	
	<ul> <li>Not Covered are Charges for Services:</li> <li>While incarcerated, confined or committed to a local correctional facility or a prison, or a custodial facility for youth.</li> <li>Provided solely because such services are ordered by a court.</li> <li>Deemed to be cosmetic in nature.</li> </ul>	
Inpatient Expense — Chemical Abuse	Covered Medical Expenses for the treatment of chemical abuse while confined as an inpatient in a hospital or facility licensed for such treatment are payable on the same basis as for any other Sickness.	
	Covered Medical Expenses include charges incurred for detoxification up to a maximum of 7 days per Policy Year.	

behaviors;

Outpatient Expense — Chemical Abuse	Covered Medical Expenses for the care or treatment of chemical abuse by a licensed or accredited health service organization or hospital or by a fully licensed practitioner are payable up to a maximum of 60 visits per Policy Year for outpatient treatment, including 20 visits per Policy Year for family counseling.
Maternity Expense (No Referral Required)	Covered Medical Expenses for pregnancy, childbirth, and complications of pregnancy are payable on the same basis as any other Sickness. In the event of an inpatient confinement, such benefits are payable for inpatient care of the Covered Person, and any newborn child, for a minimum of 48 hours after a vaginal delivery and for a minimum of 96 hours after a cesarean delivery. In the event of an early discharge, coverage is available for at least one home care visit; this visit will be payable at 100% and will not be subject to any Plan Copays or Deductibles, if applicable.  Coverage also includes parent education, assistance and training in breast or bottle feeding, and the performance of any necessary maternal and newborn clinical assessments.
Voluntary Termination of Pregnancy Expense	Expenses for voluntary termination of pregnancy are payable on the same basis as any other Sickness up to a maximum of \$250 per Policy Year.
Women's Health Benefit (No Referral Required)	The Plan will pay for one baseline mammogram for women between the ages of 35 and 40. Women age 40 and over have coverage for one annual mammogram per Policy Year, thereafter. Coverage will be provided more frequently if recommended by a Physician for Covered Persons who have a prior history of breast cancer or who have a first degree relative with a prior history of breast cancer. Covered Medical Expenses are payable on the same basis as any X-ray expense.  The Plan will pay for two routine annual Pap smear screenings, including the related office visit. Covered Medical Expenses are payable on the same basis as any other expense.
Ambulance Expense	Covered Medical Expenses are payable up to a per trip maximum of \$200 for the services of a professional ambulance to or from a hospital when required due to the emergency nature of a covered Accident or Sickness.

Diabetic Treatment Expense	Covered Medical Expenses are payable at 100% of the Negotiated Charge or Reasonable Charge (Preferred and Non-Preferred Providers respectively).
Prostate Cancer Screening Expenses	Covered Medical Expenses include one annual (or more frequently if recommended by a Physician) Digital Rectal exam and Prostate Antigen Specific (PSA) test. Covered Medical Expenses are payable on the same basis as any other expense.
Prescription Contraceptive Medical Expenses	Covered Medical Expenses are payable on the same basis as any expense. Covered Medical Expenses also include any expenses incurred for office visits in conjunction with the administration of a covered prescription contraceptive.
	Coverage of oral contraceptives, Lunelle, Depo-Provera, Patch or Ring is provided under the separate Prescription Drug portion of the Plan.
Prescription Drug Benefit	Covered Medical Expenses for outpatient Prescription Drugs associated with a covered Sickness occurring during the Policy Year, are payable up to a maximum of \$500 per Policy Year after a \$1 per Prescription Drug Deductible.
	Covered medications include oral contraceptives, Lunelle, Depo-Provera, Patch and Ring. Expenses incurred for office visits in conjunction with the administration of a covered prescription contraceptive is provided under the Medical portion of the Plan.
Hospice (End of Life Care)	Covered Medical Expenses include care provided at acute care facilities which specialize in the treatment of terminally ill patients diagnosed with advanced cancer. Reimbursement for services is provided at 100% of the Negotiated Charge. In the absence of a Negotiated Charge, reimbursement is provided at 100% of the acute care facility's reimbursement rate under the Medicare program, after any applicable Deductible.
Home Health Care Expense	Covered Medical Expenses are payable if incurred within 12 months from the date of the first home health care visit. The maximum number of covered visits is limited to 40. Four hours of home health aide service shall be considered as one home care visit.

A 11'4' 1 C' 1 D'-	
Additional Services and Disc	
	can also take advantage of the following services, discounts, and
	rwritten by Aetna. To learn more about these additional services
*	www.aetnastudenthealth.com.
Aetna Vision <sup>SM</sup> Discount	The Aetna Vision discount program helps you save on many eye
Program <sup>1</sup>	care products, including sunglasses, contact lenses, non-
	prescription sunglasses, contact lens solutions and other eye care
	accessories. Plus, you can receive up to a 15% discount on
	LASIK surgery (the laser vision correction procedure).
Aetna Fitness <sup>SM</sup> Discount	Aetna's Fitness Program provides members with access to
Program <sup>1</sup>	services provided by GlobalFit™, the nation's most
	comprehensive provider of fitness clubs and programs
	supporting members' healthy lifestyles. Members can access
	GlobalFit's national network of nearly 10,000 fitness clubs at
	preferred rates* or GlobalFit's other programs and services, such
	as at-home weight loss programs, home fitness options and even
	one-on-one health coaching services.
	*At some clubs, participation may be restricted to new club members.
Aetna's Informed Health®	Get credible health information 24 hours a day from Informed
Line <sup>2</sup>	Health Line. Call us toll-free, anytime day or night, 365 days a
	year.
	You never know when a health question might come up.
	Informed Health Line connects you to a team of registered
	nurses experienced in providing information on a variety of
	health topics – 24 hours a day, 7 days a week.
	You also have access to our Audio Health Library, a recorded
	collection of thousands of health topics that's available in
	English or Spanish. Transfer easily to an Informed Health Line
	registered nurse at any time during your call.
	Or, to get credible health information online, register for Aetna
	Navigator <sup>®</sup> (visit <i>www.aetnastudenthealth.com</i> to register), our
	password-protected member website. After logging in, click on
	Take Action on Your Health, Treating Illness and then Health A-
	Z.
	To reach an Informed Health Line Nurse, please call
	(800) 556-1555.
	For TDD (hearing and speech impaired only), please call
	(800) 270-2386.
	*Health information programs provide general health information and are not a
	substitute for diagnosis or treatment by a physician or other health care professional.  Also, the topics discussed by the nurses, on the audio tapes or online may not
	necessarily be covered by your health Plan.

Beginning Right <sup>SM</sup>	Offers members the resources and tools to help give babies a
Maternity Program <sup>2</sup>	healthy start. You will have a one-on-one relationship with an
., ., .,	obstetrics-trained nurse and a physician – in person or by phone
	- throughout your pregnancy and up to four months after
	delivery. Support will be available for depression, pre-term
	labor, and healthy initiatives, such as dental screening.
Aetna Weight	Helps you achieve your weight loss goals and develop a
Management <sup>SM</sup> Discount	balanced approach to your active lifestyle. This program
Program <sup>1</sup>	provides members and their eligible family members access to
	discounts on Jenny Craig <sup>®</sup> weight loss programs and products.
	Start with a FREE 30-day trial membership* then choose either
	a 6* -or 12* -month program** that's right for you. You also
	receive individual weight loss consultations, personalized menu
	planning, tailored activity planning, motivational materials and
	much more.
	*Offers good at participating centers in the United States, Canada and Puerto
	Rico and through Jenny Direct at-home. Additional cost for all food purchases and shipping were applicable.
	**Additional weekly food discounts will grow throughout the year, based on active
A stree Notional Due do stee and	participation.
Aetna Natural Products and Services <sup>SM</sup> Discount	Save on acupuncture, chiropractic care, massage therapy and
Program <sup>1,2,3</sup>	dietetic counseling. Also, save on over-the-counter vitamins,
Flogram	herbal and nutritional supplements and other health-related products. All products and services are delivered through
	American Specialty Health Networks, Inc. and Healthyroads,
	Inc.
II 141 137 II D 4 12	
Health and Wellness Portal <sup>2</sup>	This dynamic, interactive website will give you health care and
	assessment tools to calculate body mass index, financial health,
	risk activities and health and wellness indicators. The site
eDiets <sup>®1</sup>	provides resources for wellness programs and activities.
Zagat Survey® Healthy	<ul><li>25% discount on weekly dues for an eDiet membership.</li><li>30% discounts on online subscriptions to restaurant and lifestyle</li></ul>
Dining <sup>1</sup>	guides.
SpaWish® Gift Certificate <sup>1</sup>	Spa gift certificates redeemable at a national network of 1,300
Spa wish Ont Certificate	day spas.
Mayo Clinic	Discounts for books on health and wellness.
Bookstore.com <sup>1</sup>	Discounts for books on nearth and wenness.
Quit & Fit <sup>TM</sup> Tobacco	This tobacco cessation program provides support and
Cessation Program <sup>2,3</sup>	collaboration as you quit smoking. A coaching program can be
223000000000000000000000000000000000000	combined with counseling, interactive web tools and education.
	You will also be eligible for awards and rewards.

- 1. Discount programs provide access to discounted prices and are NOT insured benefits.
- 2. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professionals.
- 3. These services, programs or benefits are offered by vendors who are independent contractors and not employees or agents of Aetna.

**Vital Savings**<sup>SM</sup> **on Pharmacy** is a discount program helping you and your dependents lower your prescription drug costs. Present your card to participating pharmacies and receive a discount at the time of purchase, no claims to file. Enroll online at **www.aetnastudenthealth.com** 

Vital Savings Total Savings on Pharmacy

2008/2009	Annual- Pharmacy 9/1/08 – 8/31/09
Student Only	\$29
Student and One Dependent	\$51
Student and Two or more Dependents	\$73

The Vital Savings by Aetna® program (the "Program") is not insurance. The Program provides Members with access to discounted fees pursuant to schedules negotiated by Aetna Life Insurance Company for the Vital Savings by Aetna® discount program. The Program does not make payments directly to the providers participating in the Program. Each Member is obligated to pay for all services or products but will receive a discount from the providers who have contracted with the Discount Medical Plan Organization to participate in the Program. Aetna Life Insurance Company, 151 Farmington Avenue, Hartford, CT 06156, 1-877-698-4825, is the Discount Medical Plan Organization.

#### **General Provisions**

#### **State Mandated Benefits**

The Plan will always pay benefits in accordance with any applicable New York State Insurance Law(s).

#### PART III

#### OPTIONAL ENHANCED SUPPLEMENTAL BENEFIT

An Enhanced Supplemental Plan is available for an additional cost, subject to the following enrollment conditions. Please note that mental health services are not eligible for coverage under this Supplemental Plan. When this optional Supplemental Plan is purchased, Covered Medical Expenses incurred for an Injury or Sickness while insured and in excess of the \$103,000 for any one Accident and in excess of \$52,000 for any one Sickness, will be payable at 100% up to a maximum lifetime benefit of \$250,000 for any one covered Accident or any one covered Sickness.

Covered Medical Expenses include (a) hospital room and board, (b) miscellaneous hospital expenses, (c) inpatient and outpatient surgery, (d) inpatient and outpatient anesthetist, (e) inpatient and outpatient Doctor visits, (f) consultant, (g) licensed nurse, (h) hospital outpatient department, (I) emergency room, (j) diagnostic x-ray and lab tests, (k) outpatient prescription drug, (l) ambulance, (m) durable medical equipment, and (n) other expenses incurred for the care and treatment of an Injury or Sickness, subject to the exclusions and limitations of the Plan.

Only students and dependents insured for the Basic Accident and Sickness Plan may purchase this Enhanced Supplemental Plan. The Supplemental Plan must be purchased by **September 30, 2008** for the Fall Quarter, or within 30 days after the start of the quarter in which the student is first enrolled in the Basic Plan for the academic year. Students and Dependents must enroll in the Basic Accident and Sickness Plan in order to be eligible for the Optional Supplemental Plan. The Optional Supplemental Plan must be purchased at the same time as enrollment under the Basic Plan.

**Note:** To purchase this optional coverage, students will need to download and submit an Enrollment Form, found at www.universityhealthplans.com, and include premium payment. Students who purchase the Enhanced Supplemental Plan must also enroll any eligible dependents who are insured under the Basic Plan. Dependents may not be enrolled for this Enhanced Supplemental Plan without the student being enrolled or without being insured under the Basic Plan.

#### PART IV - TERMS & CONDITIONS - RIT INSURANCE PLANS

#### **Pre-Existing Conditions**

Expenses incurred by a Covered Person as a result of a Pre-Existing Condition will not be considered covered expenses unless no charges are incurred or treatment rendered for the condition for a period of 6 months while covered under this Program, or the Covered Person has been covered under the Program for 12 consecutive months, whichever happens first.

#### **Special Rules As to A Pre-Existing Condition**

If a person has Creditable Coverage and such coverage terminated within 63 days prior to the date he or she enrolled (or was enrolled) in this Program, then any limitation as to a Pre-Existing Condition under this Program will apply for that person only to the extent that such limitation would have applied if he or she had remained covered under the prior Creditable Coverage. Also, if a person enrolls (or is enrolled) in this Program immediately after any applicable probationary period has been served, and that person had Creditable Coverage which terminated within 63 days prior to the first day of such probationary period, then any limitation as to a Pre-Existing Condition will apply for that person only to the extent that such limitation would have applied if he or she had remained covered under the prior Creditable Coverage. Pre-Existing Conditions will apply to students and their covered dependents who elect coverage more than 30 days after the date such person becomes eligible for coverage under the Program.

#### Subrogation/Reimbursement Right of Recovery Provision

Immediately upon paying or providing any benefit under this Plan; Aetna shall be subrogated to all rights of recovery a Covered Person has against any party potentially responsible for making any payment to a Covered Person; due to a Covered Person's Injuries or illness; to the full extent of benefits provided; or to be provided by Aetna. In addition; if a Covered Person receives any payment from any potentially responsible party; as a result of an Injury or illness; Aetna has the right to recover from; and be reimbursed by; the Covered Person for all amounts this Plan has paid; and will pay as a result of that Injury or illness; up to and including the full amount the Covered Person receives; from all potentially responsible parties. A "Covered Person" includes; for the purposes of this provision; anyone on whose behalf this Plan pays or provides any benefit; including but not limited to the minor child or Dependent of any Covered Person; entitled to receive any benefits from this Plan.

As used in this provision, the term "responsible party" means any party possibly responsible for making any payment to a Covered Person or on a Covered Person's behalf due to a Covered Person's Injuries or illness or any insurance coverage responsible making such payment; including but not limited to:

- Uninsured motorist coverage;
- Underinsured motorist coverage;
- Personal umbrella coverage;
- Med-pay coverage;

- Workers compensation coverage;
- No-fault automobile insurance coverage; or
- Any other first party insurance coverage.

The Covered Person shall do nothing to prejudice Aetna's subrogation and reimbursement rights. The Covered Person shall; when requested; fully cooperate with Aetna's efforts to recover its benefits paid. It is the duty of the Covered Person to notify Aetna within 45 days of the date when any notice is given to any party; including an attorney; of the intention to pursue or investigate a claim; to recover damages; due to Injuries sustained by the Covered Person.

The Covered Person acknowledges that this Plan's subrogation and reimbursement rights are a first priority claim against all potential responsible parties; and are to be paid to Aetna before any other claim for the Covered Person's damages. This Plan shall be entitled to full reimbursement first from any potential responsible party payments; even if such payment to the Plan will result in a recovery to the Covered Person; which is insufficient to make the Covered Person whole; or to compensate the Covered Person in part or in whole for the damages sustained. This Plan is not required to participate in or pay attorney fees to the attorney hired by the Covered Person to pursue the Covered Person's damage claim. In addition, this Plan shall be responsible for the payment of attorney fees for any attorney hired or retained by this Plan. The Covered Person shall be responsible for the payment of all attorney fees for any attorney hired or retained by the Covered Person or for the benefit of the Covered Person.

The terms of this entire subrogation and reimbursement provision shall apply. This Plan is entitled to full recovery regardless of whether any liability for payment is admitted by any potentially responsible party; and regardless of whether the settlement or judgment received by the Covered Person identifies the medical benefits this Plan provided. This Plan is entitled to recover from any and all settlements or judgments; even those designated as "pain and suffering" or "non-economic damages" only.

In the event any claim is made that any part of this subrogation and reimbursement provision is ambiguous or questions arise concerning the meaning or intent of any of its terms; the Covered Person and this Plan agree that Aetna shall have the sole authority and discretion to resolve all disputes regarding the interpretation of this provision.

#### **Coordination of Benefits**

If the Covered Person is insured under more than one group health plan, the benefits of the plan that covers the insured student will be used before those of a plan that provides coverage as a dependent. When both parents have group health plans that provide coverage as a dependent, the benefits of the plan of the parent whose birth date falls earlier in the year will be used as the first secondary coverage. The benefits available under this Plan may be coordinated with other benefits available to the Covered Person under any auto insurance, Workers' Compensation, Medicare, or other coverage. The Plan pays in accordance with the rules set forth in the Policy.

#### **Exclusions**

This list is only a partial list. Please refer to the School's Master Policy on file at the school for a complete list of exclusions. The Plan neither covers nor provides benefits for the following:

- 1. Services normally provided without charge by the Student Health Services or by health care providers employed by the school.
- 2. Expenses incurred as a result of an Accident occurring in consequence of riding as a passenger or otherwise in any vehicle or device for aerial navigation, except as a fare-paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route.
- 3. Expenses incurred for eye refractions, vision therapy, eyeglasses, contact lenses (except when required after cataract surgery), or other vision or hearing aids, or Prescriptions or examinations except as required for repair caused by a covered Injury.
- 4. Expenses incurred as a result of Injury due to participation in a riot. "Participation in a riot" means taking part in a riot in any way, including inciting the riot or conspiring to incite it. It does not include actions taken in self-defense, so long as they are not taken against persons who are trying to restore law and order.
- 5. Expenses incurred for treatment provided in a governmental hospital unless there is legal obligation to pay such charges in the absence of insurance.
- 6. Expenses incurred as a result of an Injury or Sickness due to working for wage or profit or for which benefits are provided under any Worker's Compensation or Occupational Disease Law.
- 7. Expense for injuries sustained as the result of a motor vehicle accident; to the extent that benefits are payable under other valid and collectible insurance; whether or not claim is made for such benefits. The Policy will only pay for those losses; which are not payable under the automobile medical payment insurance Policy.
- 8. Expense incurred for dental treatment, except as provided for Injury to sound, natural teeth or removal of impacted wisdom teeth as provided elsewhere in the Policy.
- 9. Expense incurred for cosmetic surgery; reconstructive surgery; or other services and supplies which improve; alter; or enhance appearance; whether or not for psychological or emotional reasons.
  - This exclusion does not apply to reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or other diseases

of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered dependent child which has resulted in a functional defect.

- 10. Expenses incurred as a result of an Injury sustained or Sickness contracted while in the service of the armed forces of any county. Upon the Covered Person entering the armed forces of any country, the unearned pro-rata premium will be refunded to the Policyholder.
- 11. Expense incurred for a treatment, service, or supply, which is not Medically Necessary; as determined by Aetna; for the diagnosis, care, or treatment of the Sickness or Injury involved. This applies even if they are prescribed, recommended, or approved by the person's attending Physician or dentist.

In order for a treatment; service; or supply; to be considered Medically Necessary; the service or supply must:

- Be care; or treatment; which is likely to produce a significant positive outcome as; and no more likely to produce a negative outcome than; any alternative service or supply; both as to the Sickness or Injury involved; and the person's overall health condition;
- Be a diagnostic procedure which is indicated by the health status of the person; and be as likely to result in information that could affect the course of treatment as; and no more likely to produce a negative outcome than, any alternative service or supply; both as to the Sickness or Injury involved; and the person's overall health condition; and
- As to diagnosis, care, and treatment be no more costly (taking into account all health expenses incurred in connection with the treatment, service, or supply) than any alternative service or supply to meet the above tests.

In determining if a service or supply is appropriate under the circumstances; Aetna will take into consideration:

- Information relating to the affected person's health status;
- Reports in peer reviewed medical literature;
- Reports and guidelines published by nationally recognized health care organizations that include supporting scientific data;
- Generally recognized professional standards of safety and effectiveness in the United States for diagnosis, care, or treatment;
- The opinion of health professionals in the generally recognized health specialty involved; and
- Any other relevant information brought to Aetna's attention.

In no event will the following services or supplies be considered to be Medically Necessary:

- Those that do not require the technical skills of a medical, mental health, or dental professional; or
- Those furnished mainly for the personal comfort or convenience of the person; any person who cares for him or her; or any persons who is part of his or her family; any health care provider; or health care facility; or
- Those furnished solely because the person is an inpatient on any day on which the person's Sickness or Injury could safely and adequately; be diagnosed; or treated; while not confined; or
- Those furnished solely because of the setting; if the service or supply could safely and adequately be furnished in a Physician's or a dentist's office; or other less costly setting.
- 12. Expenses incurred after the date insurance terminates for a Covered Person except as may be specifically provided in the Extension of Benefits Provision.
- 13. Expenses incurred for any services rendered by a member of the Covered Person's immediate family.
- 14. Expenses incurred for Injury resulting from the play or practice of intercollegiate sports (this coverage is available under the Excess Accident Plan). Intramural and club sports covered as any other illness or injury.
- 15. Expenses for contraceptive methods, devices or aids, and charges for or related to artificial insemination, in-vitro fertilization, or embryo transfer procedures, elective sterilization or its reversal, or elective abortion unless otherwise provided in the Policy.
- 16. Expenses for treatment of Injury or Sickness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the Injury or Sickness (or his/her insurers).
- 17. Expenses incurred for or in connection with: procedures; services; or supplies that are; as determined by Aetna; to be experimental or investigational. A drug; a device; a procedure; or treatment will be determined to be experimental or investigational if:

There are insufficient outcomes data available from controlled clinical trials published in the peer reviewed literature; to substantiate its safety and effectiveness; for the disease or injury involved; or

If required by the FDA; approval has not been granted for marketing; or

A recognized national medical or dental society or regulatory agency has determined; in writing; that it is experimental; investigational; or for research purposes; or

The written protocol or protocols used by the treating facility; or the protocol or protocols of any other facility studying substantially the same drug; device; procedure; or treatment; or the written informed consent used by the treating

facility; or by another facility studying the same drug; device; procedure; or treatment; states that it is experimental; investigational; or for research purposes.

However; this exclusion will not apply with respect to services or supplies (other than drugs) received in connection with a disease; if Aetna determines that:

The disease can be expected to cause death within one year; in the absence of effective treatment; and

The care or treatment is effective for that disease; or shows promise of being effective for that disease; as demonstrated by scientific data. In making this determination; Aetna will take into account the results of a review by a panel of independent medical professionals. They will be selected by Aetna. This panel will include professionals who treat the type of disease involved.

Also; this exclusion will not apply with respect to drugs that:

Have been granted treatment investigational new drug (IND); or Group c/treatment IND status; or

Are being studied at the Phase III level in a national clinical trial; sponsored by the National Cancer Institute; or

Are recognized for treatment of the specific type of cancer for which the drug has been prescribed in one of the following reference compendia:

- The American Medical Association Drug Evaluations;
- The American Hospital Formulary Service Drug Information; or
- The United States Pharmacopeia Drug Information; or
- Recommended by review article or editorial comment in a major peer reviewed professional journal; or

If Aetna determines that available; scientific evidence demonstrates that the drug is effective; or shows promise of being effective; for the disease.

Expenses incurred for or in connection with: procedures; services; or supplies that are; as determined by Aetna; to be experimental or investigational. A drug; a device; a procedure; or treatment will be determined to be experimental or investigational if:

There are insufficient outcomes data available from controlled clinical trials published in the peer reviewed literature; to substantiate its safety and effectiveness; for the disease or injury involved; or

If required by the FDA; approval has not been granted for marketing; or

A recognized national medical or dental society or regulatory agency has determined; in writing; that it is experimental; investigational; or for research purposes; or

The written protocol or protocols used by the treating facility; or the protocol or protocols of any other facility studying substantially the same drug; device; procedure; or treatment; or the written informed consent used by the treating facility; or by another facility studying the same drug; device; procedure; or treatment; states that it is experimental; investigational; or for research purposes.

However, this exclusion will not apply with respect to services or supplies (other than drugs) received in connection with a disease; if Aetna determines that:

The disease can be expected to cause death within one year; in the absence of effective treatment; and

The care or treatment is effective for that disease; or shows promise of being effective for that disease; as demonstrated by scientific data. In making this determination; Aetna will take into account the results of a review by a panel of independent medical professionals. They will be selected by Aetna. This panel will include professionals who treat the type of disease involved.

Also, this exclusion will not apply with respect to drugs that:

Have been granted treatment investigational new drug (IND); or Group c/treatment IND status; or

Are being studied at the Phase III level in a national clinical trial; sponsored by the National Cancer Institute;

If Aetna determines that available; scientific evidence demonstrates that the drug is effective; or shows promise of being effective; for the disease.

- 18. Expenses incurred for custodial care. Custodial care means services and supplies furnished to a person mainly to help him or her in the activities of daily life. This includes room and board and other institutional care. The person does not have to be disabled. Such services and supplies are custodial care without regard to:
  - by whom they are prescribed; or
  - by whom they are recommended; or
  - by whom or by which they are performed.
- 19. Expenses incurred for the removal of an organ from a Covered Person for the purpose of donating or selling the organ to any person or organization. This limitation does not apply to a donation by a Covered Person to a spouse, child, brother, sister, or parent.
- 20. Expenses incurred for, or related to, sex change surgery or to any treatment of gender identity disorders.

- 21. Those for routine physical exams, routine vision exams, routine dental exams, routine hearing exams, immunizations, or other preventive services and supplies, except to the extent coverage for such exams, immunizations, services, or supplies is specifically provided in the Policy.
- 22. Expenses incurred as a result of commission of a felony.
- 23. Expense for services or supplies provided for the treatment of obesity and/or weight control.
- 24. Expenses for charges that are not reasonable charges, as determined by Aetna.
- 25. Expenses for treatment of covered students who specialize in the mental health care field, and who receive treatment as part of their training in that field.
- 26. Expense for: (a) care of flat feet; (b) supportive devices for the foot; (c) care of corns, bunions, or calluses; (d) care of toenails; and (e) care of fallen arches; weak feet; or chronic foot strain; except that (c) and (d) are not excluded when medically necessary; because the Covered Person is diabetic; or suffers from circulatory problems.
- 27. Expenses arising from a pre-existing condition 12 months or less from the Covered Persons enrollment date (applies to Late Enrollees only).

Any exclusion above will not apply to the extent that coverage of the charges is required under any law that applies to the coverage.

#### **Extension of Benefits**

If a Covered Person is confined to a hospital on the date his or her insurance terminates, expenses incurred after the termination date and during the continuance of that hospital confinement shall be payable in accordance with the Policy, but only while they are incurred during the 90-day period following such termination of insurance.

Benefits will continue to be available for a Covered Person who incurs medical expenses directly relating to a pregnancy that began before coverage under the Policy ceased. This benefit will be covered only for the period of the pregnancy.

# **Termination of Student Coverage**

Insurance for a covered student will end on the first of these to occur:

- (a) The date the Policy terminates;
- (b) the last day for which any required premium has been paid;
- (c) the date on which the covered student withdraws from the school because of entering the armed forces of any country.

Premiums will be refunded on a pro rata basis when application is made within 90 days from withdrawal; if withdrawal from school is for other than entering the armed forces, no premium refund will be made. Students will be covered for the policy term for which they are enrolled and for which premium has been paid.

#### CLAIM INFORMATION

In the event of injury or sickness, the Insured should:

Report to the RIT Student Health Center to obtain appropriate medical treatment during its hours of operation.

When away from the Institute, or when the Student Health Center is not available, secure treatment from a physician, out-patient facility or hospital.

Preferred Providers will send medical bills directly to Aetna Student Health for payment. For services received from a non-Preferred Provider, notify Aetna Student Health within thirty (30) days.

Claim forms may be obtained from the RIT Student Health Center, University Health Plans website (**www.universityhealthplans.com**) and Aetna Student Health Only one claim form is required for each accident or sickness.

Please note that a fully completed form must be submitted by the student before claims related to a medical condition can be paid.

Medical care providers are reimbursed directly unless a receipted bill is presented. If a bill has been paid, reimbursement will be made to the Insured Student.

## **Complaint and Appeals Procedures**

New York State mandates that the following information be provided to all insureds: The complaints and appeals process is designed to address coverage issues, complaints and problems. If you have a coverage issue or other problem, call Aetna Student Health Customer Services at (877) 409-7356. A representative will address your concern. If you are dissatisfied with the outcome of the initial contact, the decision may be appealed.

You may also submit a request, in writing, along with all pertinent correspondence, to:
Aetna Student Health
P.O. Box 15708
Boston, MA 02215-0014

For purposes of the following section, the term "you" pertains to you or your covered dependent.

### INTERNAL APPEALS PROCEDURE

Aetna has established a procedure for resolving appeals. If you have an appeal; please follow this procedure:

• An Appeal is defined as a written request for review of a decision that has been denied in whole or in part; after consideration of any relevant information; a request for: claim payment; certification; eligibility; referral; etc.

### FIRST LEVEL APPEALS PROCEDURE

- An Appeal must be submitted to Aetna within 180 days of the date Aetna provides notice of denial. The address is on your ID card. The Appeal may be submitted by you, or by a representative; designated by you.
- You may submit an oral grievance in connection with:
- A denial of; or failure to pay for; a referral; or
- A determination as to whether a benefit is covered under this Plan; by calling Customer Services.

The Customer Services telephone number is on your ID card. If you are required to leave a recorded message; your message will be acknowledged within one business day after the call was recorded.

Aetna will summarize the nature of the grievance in writing. You will be required to sign a written acknowledgement of the grievance. Such acknowledgement will be mailed promptly to you. You must sign and return the acknowledgement; with any amendments; in order to initiate the grievance. Upon receipt of the signed acknowledgement, the process below will be followed.

• An acknowledgment letter will be sent to you within 1 day of Aetna's receipt of an oral Appeal; and within 5 days of Aetna's receipt of a written Appeal. This letter may request additional information. If so; the additional information must be submitted to Aetna within 15 days of the date of the letter.

- You will be sent a response within 30 days of Aetna's receipt of the Appeal. The response will be based on the information provided with; or subsequent to; the Appeal.
- If the Appeal concerns an eligibility issue; and if additional information is not submitted to Aetna after receipt of Aetna's response; the decision is considered Aetna's final response 45 days after receipt of the Appeal. For all other Appeals; if additional information is to be submitted to Aetna after receipt of Aetna's response; it must be submitted within 15 days of the date of Aetna's response letter.
- Aetna's response will be sent within 30 days from the date of Aetna's first response letter.

In any urgent or emergency situation; the Expedited Appeal procedure may be initiated by a telephone call to Customer Services. The Customer Services telephone number is on your ID card. A verbal response to the Appeal will be given to you and to your provider within 2 days provided that all necessary information is available. Written notice of the decision will be sent within 2 business days of Aetna's verbal response.

### **Second Level Appeals Procedure**

If you are dissatisfied with Aetna's grievance determination; you or a representative designated by you, may submit a written appeal within 60 business days after receipt of such determination.

- An acknowledgement letter will be sent to you within 15 days of Aetna's receipt of the written appeal. This letter may request additional information. If so; the additional information must be submitted to Aetna within 15 days of the date of the letter.
- Aetna's final response for an urgent or emergency situation will be sent within 2 business days.

For all other situations; a response will be sent within 30 business days from the date of Aetna's receipt of all necessary information.

If additional time is needed to resolve an Appeal; except in an urgent or emergency situation; Aetna will provide a written notification; indicating that additional time is needed; explaining why such time is needed; and setting a new date for a response. The additional time will not be extended beyond another 30 days.

You must exhaust the Internal Appeals Procedure before requesting an External Appeal. However; you are not required to exhaust the Internal Appeals Procedure prior to requesting an External Appeal, if you and Aetna have agreed that the matter may proceed directly to an External Appeal.

Aetna will keep the records of your complaint for 3 years.

# EXTERNAL APPEAL RIGHT TO AN EXTERNAL APPEAL

Under certain circumstances; you have a right to an external appeal of a denial of coverage. Specifically; if Aetna has denied coverage on the basis that the service is not necessary; or is an experimental or investigational treatment; you may appeal that decision to an External Appeal Agent, an independent entity certified by the State, to conduct such appeals.

# RIGHT TO APPEAL A DETERMINATION THAT A SERVICE IS NOT NECESSARY

If Aetna has denied coverage on the basis that the service is not necessary; you may appeal to an External Appeal Agent; if you satisfy the criteria listed below:

- The service; procedure; or treatment; must otherwise be a Covered Medical Expense under this Plan; and
- You must have received a final adverse determination through the first level of the internal review process; and Aetna must have upheld the denial; or you and Aetna must agree in writing; to waive any internal appeal.

# RIGHT TO APPEAL A DETERMINATION THAT A SERVICE IS EXPERIMENTAL OR INVESTIGATIONAL

If you have been denied coverage on the basis that the service is an experimental or investigational treatment; you must satisfy the following criteria:

- The service must otherwise be a Covered Medical Expense under this Plan; and
- You must have received a final adverse determination through the first level of the internal appeal process; and Aetna must have upheld the denial; or you and Aetna must agree in writing to waive any internal appeal.

In addition; your attending physician must certify that you have a life-threatening or disabling condition or disease. A "life threatening condition or disease" is one which; according to the current diagnosis of the attending physician; has a high probability of death. A "disabling condition or disease" is any medically determinable physical or medical impairment that can be expected to result in death; or that has lasted; or can be expected to last; for a continuous period of not less than 12 months; which renders you unable to engage in any substantial gainful activities. In the case of a dependent child under the age of 18; a "disabling condition or disease" is any medically determinable physical or mental impairment of comparable severity.

Your attending physician must also certify that the life-threatening or disabling condition or disease is one for which standard health services are ineffective; or medically inappropriate; or one for which there does not exist a more beneficial standard service or procedure covered under this Plan; or one for which there exists a clinical trial (as defined by law).

In addition; your attending physician must have recommended at least one of the following:

- A service; procedure or treatment that two documents from available medical and scientific evidence indicate is likely to be more beneficial to you than any standard Covered Medical Expense (only certain documents will be considered in support of this recommendation –your attending physician should contact the State in order to obtain current information as to what documents will be considered acceptable); or
- A clinical trial for which you are eligible (only certain clinical trials can be considered).

For the purposes of this section; your attending physician must be a licensed; board certified; or board eligible physician; qualified to practice in the area appropriate to treat your life-threatening or disabling condition or disease.

#### THE EXTERNAL APPEAL PROCESS

If; through Aetna's internal appeal process; you have received a final adverse determination upholding a denial of coverage on the basis that the service is not necessary; or is an experimental or investigational treatment; you have 45 days from receipt of such notice to file a written request for an external appeal. If you and Aetna have agreed to waive any internal appeal; you have 45 days from the receipt of such waiver to file a written request for an external appeal. Aetna will provide an external appeal application with the final adverse determination issued through Aetna's internal appeal process or its written waiver of an internal appeal.

You may also request an external appeal application from the New York State Department of Insurance at **1-800-400-8882**.

The completed application must be submitted to the New York State Department of Insurance at the address listed in the application. If you satisfy the criteria for an external appeal; the State will forward the request to a certified External Appeal Agent.

You will have the opportunity to submit additional documentation with the request. If the External Appeal Agent determines that the information you submit represents a material change from the information on which Aetna based its denial; the External Appeal Agent will share this information with Aetna in order for it to exercise its right to reconsider its decision. If Aetna chooses to exercise this right; Aetna will have 3 business days to amend or confirm its decision.

Please note that in the case of an expedited appeal (described below); Aetna does not have a right to reconsider its decision.

In general; the External Appeal Agent must make a decision within 30 days of receipt of the completed application. The External Appeal Agent may request additional information from you; your physician or Aetna. If the External Appeal Agent requests additional information; it will have 5 additional business days to make its decision. The External Appeal Agent must notify you in writing of its decision within 2 business days.

If your attending physician certifies that a delay in providing the service that has been denied poses an imminent or serious threat to your health; you may request an expedited external appeal. In that case, the External Appeal Agent must make a decision within 3 days of receipt of the completed application. Immediately after reaching a decision, the External Appeal Agent must try to notify you and Aetna by telephone or facsimile of that decision. The External Appeal Agent must also notify you in writing of its decision.

If the External Appeal Agent overturns Aetna's decision that a service is not necessary; or approves coverage of an experimental or investigational treatment; Aetna will provide coverage subject to the other terms and conditions of this Plan.

If the External Appeal Agent approves coverage of an experimental or investigational treatment that is part of a clinical trial; Aetna will only cover the costs of services required to provide treatment to you according to the design of the trial. Aetna shall not be responsible for the costs of investigational drugs or devices; the costs of non-health care services; the costs of managing research; or costs which would not be covered under this Plan for non-experimental or non-investigational treatments provided in such clinical trial.

The External Appeal Agent's decision is binding on both you and Aetna. The External Appeal Agent's decision is admissible in any court proceeding. You will be charged a fee of \$50 for an external appeal. The external appeal application will instruct you on the manner in which you must submit the fee. Aetna will also waive the fee if Aetna determines that paying the fee would pose a hardship to you. If the External Appeal Agent overturns the denial of coverage; the fee shall be refunded to you.

### RESPONSIBILITIES

It is your responsibility to initiate the external appeals process. You may initiate the external appeal process by filing a completed application with the New York State Department of Insurance. If the requested service has already been provided to you; your attending physician may file an expedited appeal application on your behalf; but only if you have consented to this in writing.

Under New York State law; your completed request for appeal must be filed within 45 days of either the date upon which you receive written notification from Aetna that it has upheld a denial of coverage; or the date upon which you receive a written waiver of any internal appeal. Aetna has no authority to grant an extension of this deadline.

### COVERED SERVICES AND EXCLUSIONS

In general, this Plan does not cover experimental or investigational treatments. However; this Plan shall cover an experimental or investigational treatment approved by an External Appeal Agent in accordance with this section. If the External Appeal Agent approves coverage of an experimental or investigational treatment that is part of a clinical trial; Aetna will only cover the costs of services required to provide treatment to you; according to the design of the trial. Aetna shall not be responsible for the costs of investigational drugs or devices; the costs of non-health care services; the costs

of managing research; or costs which would not be covered under this Plan for non-experimental or non-investigational treatments provided in such clinical trial.

### INSURANCE AFTER POLICY TERMINATION

Students insured under this Accident and Sickness Insurance plan whose eligibility ends may purchase continuation coverage by calling University Health Plans at (800) 437-6448 PRIOR TO August 15, 2009 or before your policy termination date if earlier.

### CERTIFICATE OF CREDITABLE COVERAGE

Your coverage under this health plan is "creditable coverage" under Federal law. When your coverage terminates, you can request a Certificate of Creditable Coverage, which is evidence of your coverage under this health plan. You may need such a certificate if you become covered under a group health plan or other health plan within 63 days after your coverage under this health plan terminates.

If the subsequent health plan excludes or limits coverage for medical conditions you have before you enroll, this Certificate may be used to reduce or eliminate those exclusion or limitations.

In order to obtain a Certificate of Creditable Coverage, please contact:

Aetna Student Health, PO Box 15708 Boston, MA 02215-0014

## **Important Note**

Please keep this Brochure as it provides a general summary of your coverage. A complete description of the benefits and full terms and conditions may be found in the Master Policy. If any discrepancy exists between this Brochure and the Policy, the Master Policy will govern and control the payment of benefits. This insurance Policy provides limited benefits for health insurance ONLY. It does NOT provide basic hospital, basic medical, major medical insurance, Medicare Supplement, long-term care insurance, nursing home insurance only, home health care insurance only, a nursing home and home health care insurance as defined by the New York State Insurance Department. This insurance coverage is being offered on a primary basis. The insurance Policy itself sets forth the rights and obligations of you and the insurance company. It is therefore important to read this Brochure carefully. This student plan fulfills the definition of creditable coverage explained in the Health Insurance Portability and Accountability Act (HIPAA) of 1996. At any time should you wish to receive a certification of coverage, please call the Customer Service number on your ID card. Additional disclosure information about your Plan can be found by accessing Aetna Student Health's Student Connection Link at www.aetnastudenthealth.com.

#### **Administered by:**

Aetna Student Health P.O. Box 15708 Boston, MA 02215-0014 (800) 466-3185 (toll-free) www.aetnastudenthealth.com

### **Underwritten by:**

Aetna Life Insurance Company (ALIC) 151 Farmington Avenue Hartford, CT 06156 (860) 273-0123



Policy Numbers: 812809A

812809S

The Rochester Institute of Technology Accident and Sickness Plan (the "Plan") is underwritten by Aetna Life Insurance Company (ALIC). The Plan is administered by Chickering Claims Administrators, Inc. Aetna Student Health is the brand name for products and services provided by these companies.

## **NOTICE**

Aetna considers nonpublic personal member information confidential and has policies and procedures in place to protect the information against unlawful use and disclosure. When necessary for your care or treatment, the operation of your health plan, or other related activities, we use personal information internally, share it with our affiliates, and disclose it to health care providers (doctors, dentists, pharmacies, hospitals and other caregivers), vendors, consultants, government authorities, and their respective agents. These parties are required to keep personal information confidential as provided by applicable law. Participating network/preferred providers are also required to give you access to your medical records within a reasonable amount of time after you make a request. By enrolling in the plan, you permit us to use and disclose this information as described above on behalf of yourself and your dependents. To obtain a copy of our Notice of Privacy Practices describing in greater detail our practices concerning use and disclosure of personal information, please call the toll-free Customer Services number on your ID card or visit Aetna Student Health Student Connection Link on the internet at www.aetnastudenthealth.com

### PART V - EXCESS ACCIDENT PLAN

RIT maintains an Excess Accident Plan, at no charge, for all RIT students. This Excess Accident Plan provides up to \$10,000 of coverage in full at the Negotiated Charge or Reasonable Charge (Preferred and Non-Preferred Providers respectively) for accidents occurring on campus or occurring off-campus at an RIT sponsored activity. (Accidental Death and Dismemberment Benefit provided by underwritten by United States Fire Insurance Company, USFIC.)

Expenses incurred for injuries resulting from the play or practice of intercollegiate sports is limited to \$1,000. (This does not include Intramural or Club Sports.) All other primary medical insurance benefits must be first paid prior to this Excess Accident Plan's benefits being paid. If the student is enrolled under the RIT Basic Student Accident and Sickness Insurance Plan, that Plan is considered primary coverage. Any accident claims submitted under the Basic Plan will automatically be submitted to the Excess Accident Plan if all accident expenses have not been covered under the Basic Plan and the accident meets the definition of a covered accident under this Plan. Claim Forms for students not enrolled in the RIT Basic Plan can be obtained by calling the Risk Management and Safety Services Office at (585) 475-4903.

## **PART VI - OTHER PLAN BENEFITS**

# **VISION BENEFITS**

**Aetna Vision Discount Program:** The Aetna Vision discount program helps you save on many eye care products, including sunglasses, contact lenses, non- prescription sunglasses, contact lens solutions and other eye care accessories. Plus, you can receive up to a 15% discount on LASIK surgery (the laser vision correction procedure). Discount programs provide access to discounted prices and are NOT insured benefits.

**Please note** that these discounts are subject to change at anytime.

40% off retail prices
Single vision
Polycarbonate
For eyeglasses
Refer to your health benefits plan documents.
Visit any Vision One location and receive a 15% discount off retail prices. (5% on disposables)  Call <b>1-800-391-LENS</b> ( <b>5367</b> ) to order replacement contact lenses for additional

## MAIL-ORDER CONTACT LENS REPLACEMENT PROGRAM

Call 1-800-391-LENS (5367) to order replacement contact lenses. (Mail-order contact pricing is not subject to the discounts received at participating locations.)

### ADDITIONAL VISION-RELARE ITEMS

Visit any participating location to receive a 20% discount off retail prices.

#### LASIK PROCEDURE

You and your family members can receive up to a 15% discount off the surgeon's fee through the U.S. Laser Network. This discount program is not underwritten by Aetna.

### WORLDWIDE EMERGENCY TRAVEL ASSISTANCE SERVICES

#### On Call International\*

Aetna Student Health has contracted with On Call International (On Call) to provide Covered Persons with access to certain accidental death and dismemberment benefits, worldwide emergency travel assistance services and other benefits.

A brief description of these benefits is outlined below.

Accidental Death and Dismemberment (ADD) Benefits. These benefits are underwritten by United States Fire Insurance Company (USFIC) and include the following:

Benefits are payable for the Accidental Death and Dismemberment of Covered Persons, up to a maximum of \$10,000.

**Medical Evacuation and Repatriation (MER) Benefits**. The following benefits are underwritten by Virginia Surety Company (VSC), with medical and travel assistance services provided by On Call. These benefits are designed to assist Covered Persons when traveling more than 100 miles from home, anywhere in the world.

- Unlimited Emergency Medical Evacuation
- Unlimited Medically Supervised Repatriation (while traveling or on campus)
- Unlimited Return of Mortal Remains (while traveling or on campus)
- \$2,500 Joining of Ill Family Member Accommodations
- Return of Traveling Companion

**Worldwide Emergency Travel Assistance (WETA) Services.** On Call provides the following travel assistance services:

- 24/7 Emergency Travel Arrangements
- Translation Assistance
- Emergency Travel Funds Assistance
- Lost Luggage and Travel Documents Assistance
- Assistance with Replacement of Credit Card/Travelers Checks
- 24/7 U.S. Nurse Help Line
- Medical/Dental/Pharmacy Referral Service
- Hospital Deposit Arrangements
- Dispatch of Physician
- Emergency Medical Record Assistance

The On Call International Operations Center can be reached 24 hours a day, 365 days a year.

The information contained above is a just summary of the ADD, MER and WETA benefits and services available through On Call, USFIC and VSC. For a copy of the plan documents applicable to the ADD, MER and WETA coverage, including a full description of coverage, exclusions and limitations, please contact Aetna Student Health at www.aetnastudenthealth.com or 800-966-7772.

NOTE: In order to obtain coverage, all MER and WETA services must be provided and arranged through On Call. Reimbursement will not be provided for any services not provided and arranged through On Call. Although certain emergency medical services may be covered under the terms of the Covered Person's student health insurance plan (the "Plan"), neither On Call, USFIC nor WETA provides coverage for emergency medical treatment rendered by doctors, hospitals, pharmacies or other health care providers. Coverage for such services will be provided in accordance with the terms of the Plan and exclusions and limitations may apply.

To file a claim for ADD benefits, or to obtain MER and WETA benefits/services, or for any questions related to those benefits/services, please call On Call International at the following numbers listed on the On Call ID card provided to Covered Persons when they enroll in the Plan: Toll Free 1-866-525-1956 or collect 1-603-328-1956. All Covered Persons should carry their On Call ID card when traveling.

Aetna Student Health and On Call are independent contractors and not employees or agents of the other. Aetna Student Health provides access to ADD, MER and WETA benefits/services through a contractual arrangement with On Call. However, neither Aetna Student Health nor any of its affiliates provides or administers ADD, MER or WETA benefits/services and neither Aetna Student Health nor any of its affiliates is responsible in any way for the benefits/services provided by or through On Call, USFIC or VSC. Premiums/fees for benefits/services provided through On Call, USFIC and VSC are included in the Rates outlined in this brochure.

<sup>\*</sup>These services, programs or benefits are offered by vendors who are independent contractors and not employees or agents of Aetna.