



# BENEFITS AT A GLANCE

STUDENT HEALTH INSURANCE PLAN | PLAN YEAR 2025/2026

DESIGNED EXCLUSIVELY FOR THE STUDENTS OF:

**AMERICAN COLLEGIATE,  
LOS ANGELES**

Los Angeles, CA  
("the Policyholder")

Group Number: ST1464SH

**UNDERWRITTEN BY:**

Wellfleet Insurance Company | Fort Wayne, IN  
("the Company")

Fall Policy Number: WI2526CASHIP166-00

Fall Effective: 9/5/2025 – 9/4/2026

Winter Policy Number: WI2526CASHIP166-01

Winter Effective: 12/27/2025-12/26/2026

Spring Policy Number: WI2526CASHIP166-02

Spring Effective: 3/20/2026 – 3/19/2027

Summer Policy Number: WI2526CASHIP166-03

Summer Effective: 6/12/2026 – 6/11/2027

**ADMINISTERED BY:**

Wellfleet Group, LLC dba Wellfleet Administrators, LLC



**WELLFLEET**  
STUDENT

## Welcome Students...

We are pleased to provide you with this summary of the 2025 – 2026 Student Health Insurance Plan (“Plan”), which is fully compliant with the Affordable Care Act. This is only a brief description of the coverage(s) available under Certificate form CA SHIP Cert (2025). The Certificate will contain reductions, limitations, exclusions, and termination provisions. Full details of coverage are contained in the Certificate. If there are any conflicts between this document and the Certificate, the Certificate shall govern in all cases.

“Benefits at a Glance” includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at [www.wellfleetstudent.com](http://www.wellfleetstudent.com).

This is not an insurance Policy and your receipt of this document does not constitute the insurance or delivery of a policy of insurance. Any provisions of the Policy, as described in this Summary, that may be in conflict with the laws of the state where the school is located will be administered to conform with the requirements of that state’s laws, including those relating to mandated benefits.

The information contained in this Summary is accurate at the time of publication, but may change in accordance with state and federal insurance regulations during the course of the Policy year. The most current version of this document will be posted online. In the case of a discrepancy between two versions of the Summary, the most recent will apply.

### **PENDING STATE APPROVAL**

**The Plan described in “Benefits at a Glance” is awaiting approval by the CA Department of Insurance. If the Plan is changed during the approval process, a revision of this document will be provided. This is not an insurance policy and your receipt of this document does not constitute the issuance or delivery of a policy of insurance.**

## Important Contact Information & Resources



### Contact Us

Wellfleet Group, LLC  
dba Wellfleet Administrators, LLC  
PO Box 15369  
Springfield, Massachusetts 01115-5369  
(877) 657-5030, TTY 711

### Plan Administration

#### Enrollment, Eligibility, & Waivers

#### Servicing Agent

Risk Strategies Education-University Health Plans

PO Box 818078

Cleveland, OH 44181

<http://www.universityhealthplans.com/acla>

(800) 437-6448

#### Benefits, Claim Status, & ID Cards

Wellfleet Group, LLC

dba Wellfleet Administrators, LLC

PO Box 15369

Springfield, Massachusetts 01115-5369

**(877) 657-5030, TTY 711**

[www.wellfleetstudent.com](http://www.wellfleetstudent.com)

Monday–Thursday, 8:30 a.m. to 7:00 p.m.

Eastern Time

Friday, 9:00 a.m. to 5:00 p.m.

Eastern Time

#### Claims

Cigna

PO Box 188061

Chattanooga, Tennessee 37422-8061

Electronic Payor ID: 62308



### PPO Network



Cigna

[www.mycigna.com](http://www.mycigna.com)



### Pharmacy Benefits Manager

For information about the Wellfleet Rx/ESI Prescription Drug Program, please visit [www.wellfleetrx/students](http://www.wellfleetrx/students).

Your plan includes Wellfleet Rx – offering over 40 generics at a \$0 copay. Please ask your health care provider to review our formulary to see if these medications are right for you. Click here <http://www.wellfleetrx.com/students/formularies/> for more information.

#### Member Pharmacy Help

**(877) 640-7940**



### Telehealth Service

Your plan includes access to virtual healthcare advice by phone, video, or app.

- Scheduled mental health services – 7 days a week

Register at

<https://www.teladoc.com/wellfleetstudent/>

- In addition, your plan includes virtual physical therapy and other musculoskeletal services from Hinge Health
- Register at <https://hinge.health/wellfleet>



**For further information about your plan please use the QR code below.**



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# General Information

## Am I Eligible?

### International Students

All eligible International Students taking 1 or more credit hours are required to have health insurance coverage and will be automatically enrolled in this Student Health Insurance Plan and billed the plan costs for the Student Health Insurance Plan. Eligible students do not have the option to waive coverage.

### Dependents

Insured Students who are enrolled in the Student Health Plan may also enroll their eligible Dependents.

## How Do I Enroll My Dependents?

To Purchase coverage and Enroll your dependents:

- Go to [www.universityhealthplans.com/acla](http://www.universityhealthplans.com/acla).
- Click the "Enroll" tab and proceed as directed to enroll in and purchase the student health insurance plan.

**Refer to the dates in the Effective Date & Costs section for the deadline dates to purchase dependent coverage.**

## NOTICE

California requires residents and their dependents to obtain, and maintain, health coverage or pay a penalty, unless they qualify for an exemption. Enrolling in student health insurance offered by the college or university You are attending is one way to meet this requirement.

You may be eligible to get free or low-cost health coverage through Medi-Cal regardless of immigration status. In addition, You may be eligible for free or low-cost health coverage through Covered California. Visit Covered California at [www.coveredca.com](http://www.coveredca.com) to learn about health coverage options that are available for You and Your dependents, and how You might qualify to get financial assistance with the cost of coverage.

If You are under 26 years of age, You may be eligible for coverage as a dependent in a group health plan of Your parent's employer or under Your parents' individual market coverage. In addition, You may be eligible to buy individual health insurance directly from a health insurer or health plan, regardless of immigration status.

Please examine Your options carefully to see if other options are more affordable and whether You are currently eligible to enroll in these other forms of coverage pursuant to an open or special enrollment period.

## Effective Dates & Costs

All time periods begin at 12:00 A.M. local time and end at 11:59 P.M. local time at the Policyholder's address.

Coverage Period	Coverage Start Date	Coverage End Date	Dependent Enrollment Deadline Date
Fall Annual	09/05/2025	09/04/2026	09/20/2025
Winter Annual	12/27/2025	12/26/2026	01/01/2026
Spring Annual	03/20/2026	03/19/2027	03/20/2026
Summer Annual	06/12/2026	06/11/2027	06/30/2026

### Total Plan Costs (Premiums + Fees) for International Students and their Dependents

	Fall Annual	Winter Annual	Spring Annual	Summer Annual
Student	\$2,500	\$2,500	\$2,500	\$2,500
Spouse	\$2,500	\$2,500	\$2,500	\$2,500
Each Child	\$2,500	\$2,500	\$2,500	\$2,500
3 or more Children	\$7,500	\$7,500	\$7,500	\$7,500

**\*The above plan costs include an administrative service fee.**  
**The plan costs for Dependents are in addition to the plan costs for student.**

## Plan Benefits

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

When You receive Emergency Services, or Out-of-Network air Ambulance Services, or certain non-emergency Treatment by an Out-of-Network Provider at an In-Network Hospital or Ambulatory Surgical Center without Your consent, You are protected from Surprise Billing. Refer to the Preferred Provider Organization provision in the How The Plan Works And Description Of Benefits section for additional information.

### Pre-Certification Requirement:

What types of Inpatient and Outpatient services or supplies require Pre-Certification?

Pre-Certification is required for the following :

All Inpatient admissions, including length of stay, to a Hospital, Skilled Nursing Facility, a facility established primarily for the Treatment of a Substance Use Disorder, or a residential Treatment facility, surgical procedures;

1. All Inpatient admissions, including length of stay, to a Hospital, Skilled Nursing Facility, a facility established primarily for the Treatment of a Substance Use Disorder, or a residential Treatment facility, surgical procedures;
2. All Inpatient maternity care after the initial 48 hours following vaginal delivery/96 hours following a cesarean section;
3. Home Health Care;

4. Durable Medical Equipment over \$500 per item;
5. Outpatient Surgical Procedures;
6. Transplant Services;
7. Diagnostic Testing and Radiology services listed at [www.wellfleetstudent.com/providers/](http://www.wellfleetstudent.com/providers/). See Prior Authorization Requirements section;
8. Complex Imaging ;
9. Biomarker Testing
10. Chemotherapy/Radiation;
11. Fertility Preservation;
12. Infusions/Injectables;
13. Botox Injections;
14. Genetic Testing, except for BRCA;
15. Orthotics/Prosthetics;
16. Non-emergency air Ambulance (fixed wing).

Pre-Certification is not required for an Emergency Medical Condition, or Urgent Care, or Hospital Confinement for the initial 48 hours following a normal vaginal delivery or 96 hours following a cesarean section of maternity care.

Pre-Certification is not a guarantee that benefits will be paid.

## Key Plan Benefits

BENEFIT	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
<b>Policy Year Deductible*</b> <b>Individual</b> (*Deductible is waived if Covered Medical Expenses are incurred at the Student Health Center.)	\$100	\$200
Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Deductible will not be applied to satisfy the In-Network Deductible. Cost sharing You incur for Covered Medical Expenses that is applied to the In-Network Deductible will not be applied to satisfy the Out-of-Network Provider Deductible.		
<b>Out-of-Pocket Maximum</b> <b>Individual</b> <b>Family</b>	\$2,500 \$5,000	\$5,000 \$10,000
Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing You incur for Covered Medical Expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum.		
<b>Coinsurance</b>	90% of the Negotiated Charge (NC)	70% of Usual & Customary (U&C) Charge
<b>Preventive Services</b>	100% of the (NC) for Covered Medical Expenses Deductible Waived	80% of (U&C) Charge for Covered Medical Expenses Deductible, Coinsurance, and any Copayments are applicable
<b>Physician's Office Visits including Specialists/Consultants</b>	\$10 Copayment per visit then the plan pays 100% of the (NC) for Covered Medical Expenses	80% of (U&C) Charge after Deductible for Covered Medical Expenses

<b>For Mental Health and Substance Use Disorder see the Mental Health and Substance Use Disorder Benefits section</b>	Deductible Waived	
<b>Emergency Services in an emergency department for Emergency Medical Conditions.</b>	90% of the (NC) after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to (U&C) Charge.
<b>Urgent Care Centers for non-life-threatening conditions</b>	\$10 Copayment per visit then the plan pays 100% of the (NC) for Covered Medical Expenses Deductible Waived	\$10 Copayment per visit then the plan pays 100% of (U&C) Charge for Covered Medical Expenses Deductible Waived

## Schedule of Benefits

THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.
5. UNLESS SPECIFIED BELOW, ANY APPLICABLE COPAYMENTS ARE APPLIED AFTER DEDUCTIBLE IS MET.
6. UNLESS OTHERWISE SPECIFIED BELOW, ANY DAY OR VISIT LIMITS WILL BE APPLIED TO IN-NETWORK AND OUT-OF-NETWORK COMBINED.

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK	OUT-OF-NETWORK
<b>INPATIENT SERVICES</b>		
<b>Hospital Care</b> Includes Hospital Room and Board Expenses and Hospital Miscellaneous Expenses.  Subject to Semi-Private room rate unless intensive care unit is required.  Room and Board includes intensive care.  Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
<b>Preadmission Testing</b>	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
<b>Physician's Visits while Confined</b>	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses



Skilled Nursing Facility Benefit Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Inpatient Rehabilitation Facility Expense Benefit  Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Registered Nurse Services for private duty nursing while Confined	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Physical Therapy while Confined (inpatient)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
<b>MENTAL HEALTH AND SUBSTANCE USE DISORDER BENEFITS</b> In accordance with the federal Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), the cost sharing requirements, and any Pre-Certification requirements that apply to a Mental Health and Substance Use Disorder will be no more restrictive than those that apply to medical and surgical benefits for any other Covered Sickness. Day or visit limits do not apply to Mental Health and Substance Use Disorder Benefits.		
<b>Inpatient Mental Health and Substance Use Disorder Benefits</b> Pre-Certification Required  Inpatient Treatment for Mental Health, including Gender Dysphoria and Behavioral Health Treatment for Pervasive Developmental Disorder or Autism and Substance Use Disorders.  This includes inpatient Psychiatric and Residential Treatment Centers	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
<b>Outpatient Mental Health and Substance Use Disorder Benefits</b>  For the Treatment of Mental Health, including Gender Dysphoria and Behavioral Health Treatment for Pervasive Developmental Disorder or Autism and Substance Use Disorders.  Outpatient Office Visits (including but not limited to the following: Physician visits, individual and group therapy, hormone therapy, medication management)  (For Treatment rendered at the Student Health Center/Infirmary, refer to the Student Health Center/Infirmary Expense	\$10 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses   Deductible Waived	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Benefit section of this Schedule of Benefits for benefit information.)  All Other Outpatient Services (All Other Outpatient Services does not include Emergency Services in an emergency department, Urgent Care Centers, and Emergency Ambulance Service and Prescription Drugs. Refer to the Emergency Services, Ambulance and Non-Emergency Services, and Prescription Drugs sections of this Schedule of Benefits for benefit information.)  Pre-Certification may be required for certain All Other Outpatient Services. To see if Pre-Certification is required, refer to the Pre-Certification Requirement listing and specific benefit listed in this Schedule of Benefits	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Community Based Care Program (CARE)	100% of the Negotiated Charge  Deductible Waived	Paid the same as In-Network Provider subject to Usual and Customary Charge.
Mobile Crisis Services/988 Center	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge.
<b>PROFESSIONAL AND OUTPATIENT SERVICES</b>		
<b><i>Surgical Expenses</i></b>		
<b>Inpatient and Outpatient Surgery includes:</b> Pre-Certification Required for Surgery only  Surgeon Services Anesthetist Assistant Surgeon	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Outpatient Surgical Facility and Miscellaneous expenses for services & supplies, such as cost of operating room, therapeutic services, oxygen, oxygen tent, and blood & plasma	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Abortion Expense	100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	100% of Usual and Customary Charge for Covered Medical Expenses  Deductible Waived
Bariatric Surgery  Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Organ Transplant Surgery Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Reconstructive Surgery Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
<b>Other Professional Services</b>		
Gender Affirming Services Benefit  Pre-Certification Required for gender affirming surgery	Same as any other Mental Health Disorder	
Home Health Care Expenses Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Hospice Care Coverage	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
<b>Office Visits</b>		
Physician's Office Visits including Specialists/Consultants  For Mental Health and Substance Use Disorder see the Mental Health and Substance Use Disorder Benefits section	\$10 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Telemedicine or Telehealth Services Benefit	\$10 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Telemedicine or Telehealth Services Program  Behavioral Health  Musculoskeletal	\$0 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived  \$0 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	
Acupuncture Services (Medically Necessary Treatment only)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Acupuncture Services Maximum visits per Policy Year	30	30
Allergy Testing and Treatment, including injections	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Chiropractic Care Benefit	\$10 Copayment per visit after Deductible then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Chiropractic Care Benefit Maximum visits per Policy Year	30	30
Shots and Injections unless considered Preventive Services	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Tuberculosis screening (TB), Titers, QuantiFERON B tests including shots (other than covered under Preventive Services)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
<b>EMERGENCY SERVICES, AMBULANCE AND NON-EMERGENCY SERVICES</b>		
Emergency Services in an emergency department for Emergency Medical Conditions.	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge.
Urgent Care Centers for non-life-threatening conditions	\$10 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$10 Copayment per visit then the plan pays 100% of Usual and Customary Charge for Covered Medical Expenses  Deductible Waived
Emergency Ambulance Service ground and/or air, water transportation	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge.
Non-Emergency Ambulance Expenses ground and/or air (fixed wing) transportation  Pre-Certification Required for non-emergency air Ambulance (fixed wing)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	Ground Ambulance transportation: 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses  Air Ambulance transportation: Paid the same as In-Network Provider subject to Usual and Customary Charge
<b>DIAGNOSTIC LABORATORY, RADIOLOGY, TESTING AND IMAGING SERVICES</b>		
Diagnostic Complex Imaging Services  Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Diagnostic Laboratory, Radiological Services and Testing (Outpatient)  Pre-Certification may be required. See Prior Authorization Requirements section listed at <a href="http://www.wellfleetstudent.com/providers/">www.wellfleetstudent.com/providers/</a> .	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Chemotherapy and Radiation Therapy  Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Infusion Therapy  Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
<b>REHABILITATION AND HABILITATION THERAPIES</b>		
Cardiac Rehabilitation	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pulmonary Rehabilitation	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Rehabilitation Therapy including, Physical Therapy, and Occupational Therapy and Speech Therapy	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Rehabilitation Therapy Maximum Visits for each therapy per Policy Year for Physical Therapy, and Occupational Therapy and Speech Therapy Combined with Habilitation Services Therapy	30	30
Habilitation Services including, Physical Therapy, and Occupational Therapy and Speech Therapy	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Habilitation Services Maximum Visits for each therapy per Policy Year for Physical Therapy, and Occupational Therapy and Speech Therapy Combined with Rehabilitation Therapy	30	30
<b>OTHER SERVICES AND SUPPLIES</b>		
Covered Clinical Trials	Same as any other Covered Sickness	
Diabetic Services and Supplies (including equipment and training) Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Dialysis Treatment	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Durable Medical Equipment  Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Enteral Formulas and Nutritional Supplements  See the Prescription Drug section of this Schedule when purchased at a pharmacy.	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Infertility Treatment Benefit  Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Fertility Preservation Benefit	Same as any other Covered Sickness	
Maternity Benefit	Same as any other Covered Sickness	
Prosthetic and Orthotic Devices  Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Student Health Center/Infirmary Expense Benefit	100% of the billed charge for Covered Medical Expenses Deductible Waived	
Sports Accident Expense Benefit - incurred as the result of the play or practice of Intercollegiate or club sports  Pre-Certification Not Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Non-emergency Care While Traveling Outside of the United States	70% of Actual Charge after Deductible for Covered Medical Expenses Subject to \$10,000 maximum per Policy Year	
Medical Evacuation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived Subject to \$100,000 maximum per Policy Year	
Repatriation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived Subject to \$25,000 maximum per Policy Year	
PEDIATRIC AND ADULT DENTAL AND VISION CARE		
Pediatric Dental Care Benefit (to the end of the month in which the Insured Person turns age 19)	See the Dental Care Schedule of Benefits below and Pediatric Dental Care Benefit description for further information.	

<p>Type A Services: Diagnostic and Preventive Dental Care Preventive Dental Care Limited to 2 dental exams every 12 months</p> <p>The benefit payable amount for the following services is different from the benefit payable amount for Preventive Dental Care:</p> <p>Type B Services: Basic Restorative Care</p> <p>Type C Services: Major Restorative Care</p> <p>Medically Necessary Orthodontic Care</p> <p>Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.</p>	<p>100% of Usual and Customary Charge for Covered Medical Expenses</p> <p>80% of Usual and Customary Charge for Covered Medical Expenses</p> <p>50% of Usual and Customary Charge for Covered Medical Expenses</p> <p>50% of Usual and Customary Charge for Covered Medical Expenses</p> <p>Deductible Waived</p>
<p>Adult Dental Care Benefit (age 19 and older)</p> <p>Preventive Dental Care, includes procedures which help to prevent oral disease from occurring, including:</p> <ol style="list-style-type: none"> <li>1. Dental examinations, visits and consultations as specified in the schedule of benefits;</li> <li>2. X-ray, full mouth x-rays at 36 month intervals, bitewing x-rays at 6 to 12 month intervals, or panoramic x-rays at 36 month intervals;</li> <li>3. Prophylaxis (scaling and polishing) the teeth at 6 month intervals; and</li> <li>4. Topical fluoride application at 6 month intervals where the local water supply is not fluoridated.</li> </ol> <p>Preventive Dental Care is limited to 2 dental exams every 12 months</p> <p>Routine Dental Care provided in the office of a Dental Provider, including:</p> <ol style="list-style-type: none"> <li>1. Procedures for simple extractions and other routine dental surgery not requiring Hospitalization, including preoperative care and postoperative care;</li> <li>2. In-office conscious sedation;</li> </ol>	<p>See the Adult Dental Care Benefit description for further information.</p> <p>100% of Usual and Customary Charge for Covered Medical Expenses</p> <p>75% of Usual and Customary Charge for Covered Medical Expenses</p> <p>Deductible Waived</p>

<p>3. Amalgam, composite restorations and stainless-steel crowns; and</p> <p>4. Other restorative materials.</p> <p>Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.</p>	
Adult Dental Care Maximum benefit per Policy Year	\$1,000
<p>Pediatric Vision Care Benefit (to the end of the month in which the Insured Person turns age 19)</p> <p>Limited to 1 vision examination per Policy Year and 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year</p> <p>Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.</p>	<p>See the Pediatric Vision Care Benefit description for further information.</p> <p>100% of Usual and Customary Charge after Deductible for Covered Medical Expenses</p>
<b>MISCELLANEOUS DENTAL SERVICES</b>	
Accidental Injury Dental Treatment	<p>90% of the Negotiated Charge after Deductible for Covered Medical Expenses</p> <p>70% of Usual and Customary Charge after Deductible for Covered Medical Expenses</p>
Sickness Dental Expense Benefit	<p>90% of the Negotiated Charge after Deductible for Covered Medical Expenses</p> <p>70% of Usual and Customary Charge after Deductible for Covered Medical Expenses</p>
Treatment for Temporomandibular Joint (TMJ) Disorders	<p>90% of the Negotiated Charge after Deductible for Covered Medical Expenses</p> <p>70% of Usual and Customary Charge after Deductible for Covered Medical Expenses</p>
Surgical Services Directly Affecting the Upper or Lower Jawbone Benefit	<p>90% of the Negotiated Charge after Deductible for Covered Medical Expenses</p> <p>70% of Usual and Customary Charge after Deductible for Covered Medical Expenses</p>
Dental Anesthesia	<p>90% of the Negotiated Charge after Deductible for Covered Medical Expenses</p> <p>70% of Usual and Customary Charge after Deductible for Covered Medical Expenses</p>



PRESCRIPTION DRUGS		
<b>Prescription Drugs Retail Pharmacy</b> No cost sharing applies to ACA Preventive Care medications filled at a participating network pharmacy or Student Health Center. Your benefit is limited to a 30 day supply. Coverage for more than a 30 day supply only applies if the smallest package size exceeds a 30 day supply. See "Retail Pharmacy Supply Limits" section for more information.		
<b>TIER 1</b> (Including Enteral Formulas) For each fill up to a 30-day supply filled at a Retail pharmacy  Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.  See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.	\$10 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$10 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 30-day supply but less than a 61-day supply filled at a Retail pharmacy	\$20 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$20 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 60-day supply filled at a Retail pharmacy	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$30 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
<b>TIER 2</b> (Including Enteral Formulas) For each fill up to a 30-day supply filled at a Retail pharmacy  Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.  See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.	\$20 Copayment then the plan pays - 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$20 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived

More than a 30-day supply but less than a 61-day supply filled at a Retail pharmacy	\$40 Copayment then the plan pays - 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$40 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 60-day supply filled at a Retail pharmacy	\$60 Copayment then the plan pays - 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$60 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
TIER 3 (Including Enteral Formulas) For each fill up to a 30-day supply filled at a Retail Pharmacy  Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.  See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.	\$40 Copayment then the plan pays - 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$40 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 30-day supply but less than a 61-day supply filled at a Retail pharmacy	\$80 Copayment then the plan pays - 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$80 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 60-day supply filled at a Retail pharmacy	\$120 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$120 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
<b>Specialty Prescription Drugs</b>		
For each fill up to a 30-day supply. Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	\$40 Copayment then the plan pays - 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$40 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived

More than a 30-day supply but less than a 61-day supply	\$80 Copayment then the plan pays - 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$80 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 60-day supply	\$120 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	\$120 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses  Deductible Waived
<b>Specialty Prescription Drugs with Copayment Assistance Program</b> Copayment Assistance Program - Prior Authorization May Be Required: Amounts You pay out-of-pocket for covered Specialty Prescription Drugs will not exceed the applicable Tier’s cost share per 30 day supply and will be applied towards the Deductible (if applicable) and Out-of-Pocket Maximum. Copayment Assistance may be available to You for certain Specialty Prescription Drugs when Your prescription is filled at a participating network pharmacy. Visit <a href="http://www.wellfleetrx.com/students">www.wellfleetrx.com/students</a> for the applicable Specialty Prescription Drugs. Copayment Assistance dollars paid by the drug manufacturer for covered Specialty Prescription Drugs will not be applied towards the Deductible (if applicable) or Out-of-Pocket Maximum. Any amounts paid by You for a covered Specialty Prescription Drug after Copayment Assistance will be applied to the Deductible (if applicable) and Out-of-Pocket Maximum. For details, contact the Copayment Assistance Program at 636-271-5280.		
For each fill up to a 30 day supply.	75% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
<b>Zero Cost Drugs</b>		
Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	100% of Actual Charge for Covered Medical Expenses  Deductible Waived
<b>Orally administered anti-cancer Prescription Drugs (including Specialty Drugs)</b>		
Benefit	Same as any other Prescription Drug. The total amount of Copayments and Coinsurance an Insured Person must pay will not exceed \$250 for an individual prescription of up to a 30-day supply.	
<b>Diabetic Supplies (for prescription supplies purchased at a pharmacy)</b>		
Benefit	Paid the same as any other Retail Pharmacy Prescription Drug Fill	
<b>MANDATED BENEFITS</b>		
AIDS Vaccine	Same as any other Preventive Service	
Alzheimer’s Disease Coverage	Same as any other Covered Sickness	
Diethylstilbestrol (DES) Coverage	Same as any other Covered Sickness	
Osteoporosis	Same as any other Covered Sickness, unless considered a Preventive Service	
Special Shoe Benefit	Same as any other Covered Sickness	

Emergency Department Medical Care and Follow-Up Health Care Treatment Following Rape or Sexual Assault (first 9 months after the Insured Person initiates Treatment)	0% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	0% of Usual and Customary Charge for Covered Medical Expenses Deductible Waived
Pediatric Autoimmune Neuropsychiatric Disorders Benefit	Same as any other Covered Sickness	
Accidental Death and Dismemberment		
Principal Sum	\$10,000	
Only one benefit will be payable under this provision, that providing the largest benefit, when more than one (1) loss occurs as the result of any one (1) Accident. This benefit is payable in addition to any other benefits payable under this Certificate.		

## Exclusions and Limitations

**Exclusion Disclaimer:** Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state-imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover Loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

## General Exclusions

- **International Students Only** – Covered Medical Expenses received within Your Home Country or country of origin that are covered under Your governmental or national health plan.
- Treatment, service or supply which is not Medically Necessary for the diagnosis, care or Treatment of the Sickness or Injury involved. This applies even if they are prescribed, recommended or approved by the Student Health Center or by Your attending Physician or dentist.
- Medical services rendered by a provider employed for or contracted with the Policyholder, including team Physicians or trainers, except as specifically provided in the Schedule of Benefits or as part of the Student Health Center benefits provided by this plan.
- Professional services rendered by an Immediate Family Member or anyone who lives with You.
- Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- Treatment, services, supplies or facilities in a Hospital owned or operated by the Veterans Administration or a national government or any of its agencies, except when a charge is made which You are required to pay.
- Services that are duplicated when provided by both a licensed midwife and a Physician.
- Expenses payable under any prior policy which was in force for the person making the claim.
- Expenses paid by Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid or Medi-Cal.
- Expenses incurred after:
  - The date insurance terminates as to an Insured Person, except as specified in the extension of benefits provision; and
  - The end of the Policy Year specified in the Policy.
- Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- You are:
  - committing or attempting to commit a felony,
  - engaged in an illegal occupation, or

- participating in a riot.
- Custodial Care service and supplies.
- Charges for hot or cold packs for personal use.
- Services of private duty Nurse except as provided in the Certificate.
- Expenses that are not recommended and approved by a Physician.
- Experimental or Investigational drugs, devices, Treatments or procedures.
- Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan.
- Modifications made to dwellings.
- General fitness, exercise programs.
- Hypnosis.
- Rolfing.
- Biofeedback.
- Sleep Disorders, except for the diagnosis and Treatment of obstructive sleep apnea including testing performed in a home or outpatient setting.
- Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.

#### **Activities Related**

- Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.

#### **Weight Management/Reduction**

- Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling, or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.
- Treatment for obesity except surgery for morbid obesity (bariatric surgery). Surgery for removal of excess skin or fat.

#### **Family Planning**

- Infertility Treatment (male or female)-this includes but is not limited to:
  - Genetic counseling and genetic testing;
  - Impotence, organic or otherwise;
  - Injectable infertility medication, including but not limited to menotropins, hCG and GnRH agonists;
  - In vitro fertilization, gamete intrafallopian tube transfers or zygote intrafallopian tube transfers;
  - Costs for an ovum donor or donor sperm;
  - Sperm storage costs, except as specifically provided under the Standard Fertility Preservation Expense benefit;
  - Cryopreservation and storage of eggs or embryos, except as specifically provided under the Standard Fertility Preservation Expense benefit;
  - Ovulation induction and monitoring;
  - Ovulation predictor kits;
  - Reversal of tubal ligations;
  - Reversal of vasectomies;
  - Costs for and relating to surrogate motherhood if the individual is not an Insured Person under the Certificate;
  - Cloning; or
  - Medical and surgical procedures that are Experimental or Investigational unless Our denial is overturned by an External Appeal Agent.

#### **Vision**

- Expenses for radial keratotomy.
- Adult Vision unless specifically provided in the Certificate.
- Charges for office visit exam for the fitting of prescription contact lenses, duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.

**Dental**

- Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric and Adult Dental Care Benefit.

**Hearing**

- Charges for hearing screening, hearing aids and the fitting or repair or replacement of hearing aids or cochlear implants except as specifically provided in the Certificate.

**Cosmetic**

- Treatment of Acne unless Medically Necessary.
- Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma, or otherwise covered under the Gender Affirming Treatment Benefit.

**Prescription Drugs**

- Any drug or medicine which does not, by federal or state law, require a prescription order, i.e., over-the-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of this Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;
- Drugs with over-the-counter equivalents except as specifically provided under Preventive Services;
- Allergy sera and extracts administered via injection;
- Vitamins, and minerals, except as specifically provided under Preventive Services;
- Food supplements, dietary supplements; except as specifically provided in the Certificate;
- Cosmetic drugs or medicines including, but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
- Refills in excess of the number specified or dispensed after 1 year of date of the prescription;
- Drugs labeled, "Caution – limited by federal law to Investigational use" or Experimental Drugs;
- Any drug or medicine purchased after coverage under the Certificate terminates;
- Any drug or medicine consumed or administered at the place where it is dispensed;
- If the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
- Prescription digital therapeutics;
- Medical marijuana, cannabis, or other supplies and/or services rendered at a cannabis dispensary. This does not include synthetic pharmaceutical products approved by the FDA and included on the Formulary;
- Sexual enhancements drugs;
- Vision correction products.

## VALUE ADDED SERVICES

The following are not affiliated with Wellfleet Insurance Company and the services are not part of the Plan Underwritten by Wellfleet Insurance Company. These value-added options are provided by Wellfleet Student.

## EMERGENCY MEDICAL AND TRAVEL ASSISTANCE

Wellfleet Student provides access to a comprehensive program that will arrange emergency medical and travel assistance services, repatriation services and other travel assistance services when you are traveling. For general inquiries regarding the travel access assistance services coverage, please call Wellfleet Student at (877) 657-5030, TTY 711.

If you are traveling and need assistance in North America, call the Assistance Center toll-free at: (877) 305-1966 or if you are in a foreign country, call collect at: (715) 295-9311.

When you call, please provide your name, school name, the group number shown on your ID card, and a description of your situation. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.

### How to Access Services

If you require medical assistance or you need assistance with a non-medical situation, such as lost luggage, lost documents or other travel issues, follow these steps:

- Inside the U.S. and Canada: Dial toll-free **(877) 305-1966**
- Outside the U.S. and Canada:
  - a) Request an international operator.
  - b) Request the operator to place a collect call to the U.S. at **+1 (715) 295-9311**.

Please provide the following information when you call:

- Policy number or school name
- Nature of your call and/or emergency
- Current location
- Contact phone number and email address
- Secondary point of contact
- Date of birth

## 24/7 Nurseline

Students who enroll and maintain medical coverage in this insurance plan have **free** access to the 24/7 Nurseline by calling (800) 634-7629. This program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include:

- Self-care at home
- an office or telehealth visit with a healthcare provider
- Or a visit to an urgent care center or emergency room.

Calls are answered 24/7/365 by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The Nurseline does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator.

## Contracted Providers for Telemedicine/Telehealth

### The right care when you need it most

Your Wellfleet health plan gives you access to virtual healthcare by phone, video, or app.

**Teladoc** gives you access to board-certified physicians for **Mental Health (at no additional cost to you)** services. Whether you are at school, home or traveling, Teladoc can diagnose and treat most minor medical conditions wherever and whenever you need treatment.

Register your account today and request a visit at <https://www.teladochealth.com/benefits/wellfleetstudent> or call (800)-Teladoc (835-2362).

**Hinge Health** gives you access to licensed physical therapists and health coaches for personalized musculoskeletal services including **virtual physical therapy** to help alleviate pain concerns.

Whether you are at school, home, or traveling, Hinge Health can assist in providing exercise therapy wherever and whenever you need treatment at **no additional cost to you**.

Register your account today and start your exercise therapy at <https://hinge.health/wellfleet>.



## 24/7 Telehealth Counseling for Mental Health

CareConnect is an integrated behavioral health program offering students easy access to licensed mental health clinicians 24/7/365 via telephone (888) 857-5462 and website access to expert mental health and emotional wellbeing resources.

The CareConnect hotline is available at **no additional cost to you**, and you also have free access to courses, articles, and short videos that support mental health and wellbeing by visiting <https://careconnect.mysupportportal.com/welcome>.