

# BENEFITS AT A GLANCE

STUDENT HEALTH INSURANCE PLAN | PLAN YEAR 2022/2023

#### **DESIGNED EXCLUSIVELY FOR THE STUDENTS OF:**

## ADELPHI UNIVERSTY INTERNATIONAL PLAN

Garden City, NY ("the Policyholder")

#### **UNDERWRITTEN BY:**

Wellfleet New York Insurance Company | Fort Wayne, IN ("the Company") Policy Number: WNY2223NYSHIP25-00 Effective: 8/15/2022 – 8/14/2023 Group Number: ST1881SH

ADMINISTERED BY: Wellfleet Group, LLC



# Welcome Students...

We are pleased to provide you with this summary of the 2022 – 2023 Student Health Insurance Plan ("Plan"), which is fully compliant with the Affordable Care Act. This is only a brief description of the coverage(s) available under Certificate form NY SHIP Cert (2022). The Certificate will contain reductions, limitations, exclusions, and termination provisions. Full details of coverage are contained in the Certificate. If there are any conflicts between this document and the Certificate, the Certificate shall govern in all cases.

"Benefits at a Glance" includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at <u>www.wellfleetstudent.com</u>.

This is not an insurance Policy and your receipt of this document does not constitute the insurance or delivery of a policy of insurance. Any provisions of the Policy, as described in this Summary, that may be in conflict with the laws of the state where the school is located will be administered to conform with the requirements of that state's laws, including those relating to mandated benefits.

The information contained in this Summary is accurate at the time of publication, but may change in accordance with state and federal insurance regulations during the course of the Policy year. The most current version of this document will be posted online at the website listed on the cover. In the case of a discrepancy between two versions of the Summary, the most recent will apply.

# **Important Contact Information & Resources**



## **Contact Us**

Wellfleet Group, LLC

PO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711

# **Plan Administration**

#### **Enrollment, Eligibility, & Waivers**

#### **Servicing Agent**

University Health Plans 15 Pacella Park Drive, Suite 130 Randolph, MA 02368 www.universityhealthplans.com/adelphi (800) 437-6448

#### Benefits, Claim Status, & ID Cards

Wellfleet Group, LLCPO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711 www.wellfleetstudent.com

Monday–Thursday, 8:30 a.m. to 7:00 p.m. Eastern Time

Friday, 9:00 a.m. to 5:00 p.m.Eastern Time

#### Claims

Cigna PO Box 188061 Chattanooga, Tennessee 37422-8061 Electronic Payor ID: 62308



# PPO Network

Cigna.

Cigna www.mycigna.com



## **Pharmacy Benefits Manager**

For information about the Wellfleet Rx/ESI Prescription Drug Program, please visit www.wellfleetstudent.com.

Your plan includes Wellfleet Rx – offering over 40 generics at a \$0 copay. Please ask your health care provider to review our formulary to see if these medications are right for you. Click here <u>http://wellfleetrx.com/students/formularies/</u> for more information.

Member Pharmacy Help(877) 640-7940



For further information about your plan please use the QR code below.



# **Table of Contents**

Welcome Students	
Important Contact Information & Resources	
General Information	5
Am I Eligible?	5
How Do I Enroll My Dependents?	5
Effective Dates & Costs	6
Plan Benefits	6
Exclusions and Limitations	
Value Added Services	26

# **General Information**

## **Am I Eligible**

#### **International Students**

All eligible International Students are required to have health insurance coverage and will be automatically enrolled in this Student Health Insurance Plan and billed the plan costs for the Student Health Insurance Plan. Eligible students do not have the option to waive coverage.

#### Dependents

Insured Students who are enrolled in the Student Health Plan may also enroll their eligible Dependents.

Dependents are eligible.

## How Do I Enroll My Dependents?

#### To Waive:

- Go to www.universityhealthplans.com/adelphi.
- Click the "Enroll" tab and proceed as directed to enroll in and purchase the student health insurance plan.

Refer to the dates in the Effective Date & Costs section for the deadline dates to purchase dependent coverage.

**NOTE**: Paper copies of the enrollment form are available at Adelphi University.

# **Effective Dates & Costs**

Coverage Period	begin at 12:00 A.M. local time ar Coverage Start Date	Coverage End Date	Dependent Enrollment Deadline Date
Annual	8/15/2022	8/14/2023	9/30/2022
	Insurance P	remiums	
	Annual		
Student	\$1,360		
Spouse	\$1,360		
Each Child	\$1,360		
3 or more Children	\$4,080		
Broker Fees			
	Annual		
Student	\$103		
Spouse	\$103		
Each Child	\$103		
3 or more Children	\$309		
	Sł	orelight Fees	
	Annual		
Student	\$929		
Spouse	\$929		
Each Child	\$929		
3 or more Children	\$2,787		
	Tra	vel Assist Fees	
	Annual		
Student	\$8		
Spouse	\$8		
Each Child	\$8		
3 or more Children	\$24		

Total Plan Costs (Premiums + Fees) for International Students and their Dependents			
	Annual		
Student	\$2,400		
Spouse	\$2,400		
Each Child	\$2,400		
3 or more Children	\$7,200		

The plan costs for Dependents are in addition to the plan costs for student.

# **Plan Benefits**

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

Preauthorization is required for inpatient hospital, surgery and selected outpatient services. For inpatient hospital, preauthorization is not required for emergency admissions or services provided in a neonatal intensive care unit of a hospital certified pursuant to Article 28 of the Public Health Law.

## **Key Plan Benefits**

BENEFIT	Student Health Center	Participating Provider	Non-Participating Provider
Plan Year Deductible			
Individual	\$0	\$100	\$200
Out-of-Pocket Limit			
Individual	ç	\$2,500	\$5,000
Family	ç	\$5,000	\$10,000
	In-network Cost-Sharing	amounts to which an Out-of-	
	Pocket Limit applies will	accumulate toward both the	
		tudent Health Center Providers	
	and for Participating Prov	iders.	
	0% of the Allowed		
Coinsurance	Amount unless	10% of the Allowed Amount	30% of the Allowed Amount
	otherwise specified		
Preventive Care	Covered in full	Covered in full	20% Coinsurance after Deductible
Primary Care Office Visits (or Home Visits)			
including Specialist Office		\$10 Copayment per visit	20% Coinsurance after
Visits	0% Coinsurance	then 0% Coinsurance not	Deductible
*Check below for		subject to Deductible	
additional copayments			
Emergency Department	N/A	\$50 Copayment per visit	\$50 Copayment per visit after
		after Deductible then 10%	Deductible then 10%
		Coinsurance	Coinsurance
Urgent Care Center	N/A	\$10 Copayment per visit	20% Coinsurance after
		after Deductible	Deductible

# **Schedule of Benefits**

#### ADELPHI UNIVERSITY – INTERNATIONAL PLAN SCHEDULE OF BENEFITS Platinum Metal Level Insert Actuarial Value: 92.76% Adelphi University – International Plan

COST-SHARING	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	
<ul><li>Medical Deductible</li><li>Individual</li></ul>	\$0	\$100	\$200	
Out-of-Pocket Limit				
<ul><li>Individual</li><li>Family</li></ul>	\$2,500 \$5,000	\$2,500 \$5,000	\$5,000 \$10,000	
Accidental Death and Dismemberment Benefits \$10,000 Annual Maximum.			See the Cost-Sharing Expenses and Allowed Amount section of this Certificate for a description of how We calculate the Allowed Amount. Any charges of a Non-Participating Provider that are in excess of the Allowed Amount do not apply towards the Deductible or Out-of- Pocket Limit. You must pay the amount of the Non- Participating Provider's charge that exceeds Our	
OFFICE VISITS	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Allowed Amount. Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Primary Care Office Visits (or Home Visits)	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description
Specialist Office Visits (or Home Visits)	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description

PREVENTIVE CARE	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
<ul> <li>Well Child Visits and Immunizations*</li> </ul>	Covered in full	Covered in full	20% Coinsurance after Deductible	See benefit for description
<ul> <li>Adult Annual Physical Examinations*</li> </ul>	Covered in full	Covered in full	20% Coinsurance after Deductible	
<ul> <li>Adult Immunizations*</li> </ul>	Covered in full	Covered in full	20% Coinsurance after Deductible	
<ul> <li>Routine Gynecological Services/Well Woman Exams*</li> </ul>	Covered in full	Covered in full	20% Coinsurance after Deductible	
<ul> <li>Mammograms, Screening and Diagnostic Imaging for the Detection of Breast Cancer</li> </ul>	N/A	Covered in full	20% Coinsurance after Deductible	
<ul> <li>Sterilization Procedures for Women*</li> </ul>	N/A	Covered in full	20% Coinsurance after Deductible	
Vasectomy	N/A	Covered in full	20% Coinsurance after Deductible	
<ul> <li>Bone Density Testing*</li> </ul>	N/A	Covered in full	20% Coinsurance after Deductible	
• Screening for Prostate Cancer	Covered in full	Covered in full	20% Coinsurance after Deductible	
<ul> <li>All other preventive services required by USPSTF and HRSA.</li> </ul>		Covered in Full	20% Coinsurance after Deductible	
*When preventive services are not provide in accordance with the comprehensive guidelines supported by USPSTF and HRSA.	Visit Specialist	Use Cost-Sharing for appropriate service (Primary Care Office Visit Specialist Office Visit Diagnostic Radiology Services Laboratory Procedures and Diagnostic Testing)	Use Cost-Sharing for appropriate service (Primary Care Office Visit Specialist Office Visit Diagnostic Radiology Services Laboratory Procedures and Diagnostic Testing)	

EMERGENCY CARE	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Pre-Hospital Emergency Medical Services (Ambulance Services)	N/A	10% Coinsurance after Deductible	10% Coinsurance after Deductible	See benefit for description
Non-Emergency Ambulance Services	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Emergency Department	N/A	\$50 Copayment per visit after Deductible then 10% Coinsurance	\$50 Copayment per visit after Deductible then 10% Coinsurance	See benefit for description
	Health care forensic examinations performed under Public Health Law § 2805-I are not subject to Cost- Sharing	Health care forensic examinations performed under Public Health Law § 2805-I are not subject to Cost- Sharing	Health care forensic examinations performed under Public Health Law § 2805-I are not subject to Cost- Sharing	
Urgent Care Center	N/A	\$10 Copayment per visit after Deductible	20% Coinsurance after Deductible	See benefit for description
PROFESSIONAL SERVICES and OUTPATIENT CARE	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Advanced Imaging Services				See benefit for description
<ul> <li>Performed in a Specialist Office</li> </ul>	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
<ul> <li>Performed in a Freestanding Radiology Facility</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Preauthorization Required				

Allergy Testing and Treatment				See benefit for description
• Performed in a PCP Office	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
• Performed in a Specialist Office	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
Ambulatory Surgical Center Facility Fee	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Anesthesia Services (all settings)	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Cardiac and Pulmonary Rehabilitation				See benefits for description
• Performed in a Specialist Office	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed as Inpatient Hospital Services</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Chemotherapy and Immunotherapy				See benefit for description
• Performed in a PCP Office	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
• Performed in a Specialist Office	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Preauthorization Required				

Chiropractic Services	0% Coinsurance	\$10 Copayment 0% Coinsurance not	20% Coinsurance after Deductible	See benefit for description
Preauthorization Required		subject to Deductible		
Clinical Trials	Use Cost-Sharing for appropriate service	Use Cost-Sharing for appropriate service	Use Cost-Sharing for appropriate service	See benefit for description
Diagnostic Testing				See benefit for
• Performed in a PCP Office	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	description
• Performed in a Specialist Office	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Dialysis				See benefit for description
• Performed in a PCP Office	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
• Performed in a Specialist Office	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
• Performed in a Freestanding Center	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Performed at Home	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Habilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy)	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited visits
Preauthorization Required				

Home Health Care	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited visits
Preauthorization Required				
Infertility Services Preauthorization Required	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	See benefit for description
Infusion Therapy				See benefit for description
• Performed in a PCP Office	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
<ul> <li>Performed in Specialist Office</li> </ul>	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Home Infusion Therapy</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Preauthorization Required				
Inpatient Medical Visits	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Interruption of Pregnancy				
Medically Necessary     Abortions	N/A	Covered in full	30% Coinsurance after Deductible	Unlimited
Laboratory Procedures				See benefit for description
• Performed in a PCP Office	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
• Performed in a Specialist Office	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
<ul> <li>Performed in a Freestanding</li> </ul>				

Laboratory Facility	N/A	10% Coinsurance	30% Coinsurance	
Laboratory Facility	N/A	after Deductible	after Deductible	
Performed as	N/A	10% Coinsurance	30% Coinsurance	
Outpatient Hospital		after Deductible	after Deductible	
Services				
Maternity and Newborn				See benefit for
Care				description
Prenatal Care     provided in	N/A	Covered in full	20% Coinsurance after Deductible	
accordance with the comprehensive guidelines supported by USPSTF and HRSA				
Prenatal Care that is	Use Cost-Sharing for	Use Cost-Sharing for	Use Cost-Sharing for	
not provided in accordance with the	appropriate service (Primary Care Office	appropriate service (Primary Care Office	appropriate service (Primary Care Office	
comprehensive	Visit, Specialist	Visit, Specialist Office	Visit, Specialist Office	
guidelines supported	Office Visit,	Visit, Diagnostic	Visit, Diagnostic	
by USPSTF and HRSA	Diagnostic	Radiology Services,	Radiology Services,	
,	Radiology Services,	Laboratory	Laboratory	
	Laboratory	Procedures and	Procedures and	
	Procedures and	Diagnostic Testing)	Diagnostic Testing)	
	Diagnostic Testing)			
Inpatient Hospital	N/A	10% Coinsurance	30% Coinsurance	One (1) home care
Services and Birthing		after Deductible	after Deductible	visit is covered at no
Center				Cost-Sharing if mother
Center				is discharged from
				Hospital early
Physician and	N/A	10% Coinsurance	30% Coinsurance	
Midwife Services for		after Deductible	after Deductible	
Delivery				
			20% Coincurrent	
Breastfeeding	N/A	Covered in full	20% Coinsurance after Deductible	Covered for duration of breast feeding
Support, Counseling				or breast recuirig
and Supplies, Including Breast				
Pumps				
i unips				
Postnatal Care	N/A	\$10 Copayment	20% Coinsurance	
		0% Coinsurance not	after Deductible	
		subject to Deductible		

Outpatient Hospital	N/A	10% Coinsurance	30% Coinsurance	See benefit for
Surgery Facility Charge		after Deductible	after Deductible	description
Preadmission Testing	N/A	10% Coinsurance	30% Coinsurance	See benefit for
		after Deductible	after Deductible	description
Prescription Drugs				See benefit for
Administered in Office or Outpatient Facilities				description
• Performed in a PCP	0% Coinsurance	Included as part of	Included as part of	
Office		the PCP office visit Cost-Sharing	the PCP office visit Cost-Sharing	
Performed in	0% Coinsurance	Included as part of	Included as part of	
Specialist Office		the Specialist office visit Cost-Sharing	the Specialist office visit Cost-Sharing	
<ul> <li>Performed in Outpatient Facilities</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Diagnostic Radiology				See benefit for
Services				description
• Performed in a PCP	N/A	\$10 Copayment	20% Coinsurance	
Office		0% Coinsurance not subject to Deductible	after Deductible	
• Performed in a	N/A	\$10 Copayment	20% Coinsurance	
Specialist Office		0% Coinsurance not subject to Deductible	after Deductible	
• Performed in a	N/A	10% Coinsurance	30% Coinsurance	
Freestanding Radiology Facility		after Deductible	after Deductible	
Performed as	N/A	10% Coinsurance	30% Coinsurance	
Outpatient Hospital Services		after Deductible	after Deductible	
Preauthorization Required				
Therapeutic Radiology Services				See benefit for description
• Performed in a	N/A	\$10 Copayment	20% Coinsurance	
Specialist Office		0% Coinsurance not subject to Deductible	after Deductible	
• Performed in a	N/A	10% Coinsurance	30% Coinsurance	
Freestanding Radiology Facility		after Deductible	after Deductible	

<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Preauthorization Required				
Rehabilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy)	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited visits
Preauthorization Required				
Second Opinions on the Diagnosis of Cancer, Surgery and Other	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible Second opinions on diagnosis of cancer are Covered at participating Cost- Sharing for non- participating Specialist when a Referral is obtained.	See benefit for description
Surgical Services (including Oral Surgery Reconstructive Breast Surgery Other Reconstructive and Corrective Surgery; and Transplants				See benefit for description
<ul> <li>Inpatient Hospital Surgery</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Outpatient Hospital Surgery</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Surgery Performed at an Ambulatory Surgical Center</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
• Office Surgery Preauthorization Required	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	

ADDITIONAL SERVICES, EQUIPMENT and DEVICES	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
ABA Treatment for Autism Spectrum Disorder	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit description
Assistive Communication Devices for Autism Spectrum Disorder	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description
Diabetic Equipment, Supplies and Self- Management Education				See benefit for description
<ul> <li>Diabetic Equipment, Supplies and Insulin (up to a 90- day supply)</li> </ul>	N/A	See the Prescription Drug Cost-Sharing but not more than \$100 for a 30-day supply of insulin	See the Prescription Drug Cost-Sharing but not more than \$100 for a 30-day supply of insulin	See Prescription Drug benefit
Diabetic Education	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
Durable Medical Equipment and Braces Preauthorization	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Required External Hearing Aids	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Single purchase once every 3 years
Cochlear Implants Preauthorization Required	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	One per ear per time Covered
Hospice Care				
<ul> <li>Inpatient</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited visits
Outpatient	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Five (5) visits for family bereavement counseling

## ADELPHI UNIVERSITY INTERNATIONAL PLAN 2022 - 2023 STUDENT HEALTH INSURANCE PLAN

Medical Supplies	0% Coinsurance	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Prosthetic Devices				
• External	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	One (1) prosthetic device, per limb, per lifetime
<ul> <li>Internal</li> <li>Preauthorization</li> <li>Required</li> </ul>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited See benefit for description
INPATIENT SERVICES and FACILITIES	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Autologous Blood Banking	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefits for description
Inpatient Hospital for a Continuous Confinement (including an Inpatient Stay for Mastectomy Care, Cardiac and Pulmonary Rehabilitation, and End of Life Care) Preauthorization Required. However, Preauthorization is not required for emergency admissions or services provided in a neonatal intensive care unit of a Hospital certified pursuant to Article 28 of	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
the Public Health Law. Observation Stay	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Skilled Nursing Facility (including Cardiac and Pulmonary Rehabilitation)	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	200 days per Plan Year See benefit for description
Preauthorization Required				

Inpatient Habilitation	N/A	10% Coinsurance	30% Coinsurance	Unlimited days
Services (Physical Speech	N/A	after Deductible	after Deductible	Unimited days
and Occupational				See benefit for
Therapy)				description
петару)				description
Preauthorization				
Required				
Inpatient Rehabilitation	N/A	10% Coinsurance	30% Coinsurance	Unlimited days
Services (Physical Speech		after Deductible	after Deductible	,
and Occupational				
Therapy)				
Preauthorization				
Required				
Required				
MENTAL HEALTH and	Student Health	Participating	Non-Participating	Limits
SUBSTANCE USE	Center Member	Provider Member	Provider Member	
DISORDER SERVICES	Responsibility for	Responsibility for	Responsibility for	
	Cost-Sharing	Cost-Sharing	Cost-Sharing	
Inpatient Mental Health	N/A	10% Coinsurance	30% Coinsurance	See benefit for
Care for a continuous		after Deductible	after Deductible	description
confinement when in a				
Hospital (including				
Residential Treatment)				
Preauthorization				
Required. However,				
Preauthorization is not				
required for emergency				
admissions or for				
admissions at				
Participating OMH-				
licensed Facilities for				
Members under 18.				
Outpatient Mental				See benefit for
Health Care				description
(including Partial				
Hospitalization and				
Intensive Outpatient				
Program Services)				
Office Visits	0% Coinsurance	\$10 Copayment	20% Coinsurance	
		0% Coinsurance	after Deductible	
		not subject to		
		Deductible		
All Other		0% Coinsurance	30% Coinsurance	
Outpatient Services	N/A	after Deductible	after Deductible	
1				

Except for Office Visits, Preauthorization Required for ambulatory surgical center facility fee, and outpatient hospital surgery facility charge.				
Inpatient Substance Use Services for a continuous confinement when in a Hospital (including Residential Treatment) Preauthorization Required. However, Preauthorization is Not Required for Emergency Admissions or for Participating OASAS- certified Facilities.	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Outpatient Substance Use Services (including Partial Hospitalization, Intensive Outpatient Program Services, and Medication Assisted Treatment)				Up to 20 visits per Plan Year may be used for family counseling
Office Visits	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description
All Other Outpatient     Services	N/A	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
PRESCRIPTION DRUGS *Certain Prescription Drugs are not subject to Cost-Sharing when provided in accordance with the comprehensive guidelines supported by HRSA or if the item or service has an "A" or "B" rating from the USPSTF and obtained at a participating pharmacy	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits

## ADELPHI UNIVERSITY INTERNATIONAL PLAN 2022 - 2023 STUDENT HEALTH INSURANCE PLAN

Retail Pharmacy				
30-day supply				See benefit for description
Tier 1	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	\$10 Copayment 0% Coinsurance after Deductible	
Tier 2	N/A	\$20 Copayment 0% Coinsurance not subject to Deductible	\$20 Copayment 0% Coinsurance after Deductible	
Tier 3	N/A	\$40 Copayment 0% Coinsurance not subject to Deductible	\$40 Copayment 0% Coinsurance after Deductible	
Preauthorization is not required for a Covered Prescription Drug used to treat a substance use disorder, including a Prescription Drug to manage opioid withdrawal and/or stabilization and for opioid overdose reversal.				
Enteral Formulas				See benefit for
Tier 1	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	\$10 Copayment 0% Coinsurance after Deductible	description
Tier 2	N/A	\$20 Copayment 0% Coinsurance not subject to Deductible	\$20 Copayment 0% Coinsurance after Deductible	
Tier 3	N/A	\$40 Copayment 0% Coinsurance not subject to Deductible	\$40 Copayment 0% Coinsurance after Deductible	
WELLNESS BENEFITS	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	
Gym Reimbursement	N/A	Up to \$200 per six (6) month period; up to an additional \$100 per six (6) month period for Covered Dependents	Up to \$200 per six (6) month period; up to an additional \$100 per six (6) month period for Covered Dependents	See Benefit description

PEDIATRIC DENTAL and VISION CARE	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Pediatric Dental Care for Members through the end of the month in which the Member turns 19 years of age				
Preventive Dental     Care	N/A	Covered in Full	Covered in Full	Two (2) dental exams and cleanings per Plan Year
Routine Dental Care	N/A	20% Coinsurance after Deductible	20% Coinsurance after Deductible	Full mouth x-rays or panoramic x-rays at
<ul> <li>Major Dental (Endodontics, Periodontics, Oral Surgery and Prosthodontics)</li> </ul>	N/A	50% Coinsurance after Deductible	50% Coinsurance after Deductible	36-month intervals and bitewing x-rays at six (6) month intervals
Orthodontics	N/A	50% Coinsurance after Deductible	50% Coinsurance after Deductible	
Adult Dental Care for Members over age 18				
Preventive Dental     Care	N/A	0% Coinsurance not subject to Deductible	0% Coinsurance not subject to Deductible	Two (2) dental exams and cleanings per Plan Year
Routine Dental Care	N/A	0% Coinsurance not subject to Deductible	0% Coinsurance not subject to Deductible	Full mouth x-rays or panoramic x-rays at 36-month intervals and bitewing x-rays at
<ul> <li>Major Dental Care (Oral Surgery, Endodontics, Periodontics and Prosthodontics)</li> </ul>	N/A	50% Coinsurance after Deductible	50% Coinsurance after Deductible	six (6) month intervals
Orthodontics	N/A	50% Coinsurance after Deductible	50% Coinsurance after Deductible	
Orthodontics and major dental require Preauthorization				

Pediatric Vision Care for Members through the end of the month in which the Member turns 19 years of age				One (1) exam per Plan Year
• Exams	N/A	0% Coinsurance after Deductible	0% Coinsurance after Deductible	One (1) prescribed lenses and frames per Plan Year
Lenses and Frames	N/A	0% Coinsurance after Deductible	0% Coinsurance after Deductible	
Contact Lenses	N/A	0% Coinsurance after Deductible	0% Coinsurance after Deductible	
Accidental Injury Dental Treatment for Members over age 19	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Non-emergency Care While Traveling Outside of the United States	30% coinsurance of - Actual Cost after Deductible			\$ 10,000 Annual Limits
Emergency Medical Evacuation	0% coinsurance of Actual Cost not subject to Deductible			\$ 50,000 Annual Limits
Repatriation of Remains	0% coinsurance of Actual Cost not subject to Deductible			\$ 25,000 Annual Limits
Accidental Death and Dismemberment Benefits	N/A	N/A N	I/A	\$10,000 Annual Maximum

#### ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT

If, as the result of a covered Accident, You sustain any of the following losses, We will pay the benefit shown. The loss must occur within 365 days of the Accident.

	Percentage of Maximum Amount
Loss of Life	
Loss of Hand	
Loss of Foot	
Loss of either one hand, one foot or sight of one eye	
Loss of more than one of the above losses due to one Accident	

Accident means a sudden, unforeseeable external event which directly and from no other cause, results in loss of life, hand, foot or sight.

Loss of hand or foot means the complete severance through or above the wrist or ankle joint. Loss of eye means the total permanent loss of sight in the eye. The maximum amount is the largest amount payable under this benefit for all losses resulting from any one Accident.

#### **EXCLUSIONS AND LIMITATIONS**

No coverage is available under this Certificate for the following:

#### A. Aviation.

We do not Cover services arising out of aviation, other than as a fare-paying passenger on a scheduled or charter flight operated by a scheduled airline.

#### B. Convalescent and Custodial Care.

We do not Cover services related to rest cures, custodial care or transportation. "Custodial care" means help in transferring, eating, dressing, bathing, toileting and other such related activities. Custodial care does not include Covered Services determined to be Medically Necessary.

#### C. Conversion Therapy.

We do not Cover conversion therapy. Conversion therapy is any practice by a mental health professional that seeks to change the sexual orientation or gender identity of a Member under 18 years of age, including efforts to change behaviors, gender expressions, or to eliminate or reduce sexual or romantic attractions or feelings toward individuals of the same sex. Conversion therapy does not include counseling or therapy for an individual who is seeking to undergo a gender transition or who is in the process of undergoing a gender transition, that provides acceptance, support and understanding of an individual or the facilitation of an individual's coping, social support, and identity exploration and development, including sexual orientation-neutral interventions to prevent or address unlawful conduct or unsafe sexual practices, provided that the counseling or therapy does not seek to change sexual orientation or gender identity.

#### **D.** Cosmetic Services.

We do not Cover cosmetic services, Prescription Drugs, or surgery, unless otherwise specified, except that cosmetic surgery shall not include reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or diseases of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered Child which has resulted in a functional defect. We also Cover services in connection with reconstructive surgery following a mastectomy, as provided elsewhere in this Certificate. Cosmetic surgery does not include surgery determined to be Medically Necessary. If a claim for a procedure listed in 11 NYCRR 56 (e.g., certain plastic surgery and dermatology procedures) is submitted retrospectively and without medical information, any denial will not be subject to the Utilization Review process in the Utilization Review and External Appeal sections of this Certificate unless medical information is submitted.

#### E. Dental Services.

We do not Cover dental services except for: care or treatment due to accidental injury to sound natural teeth within 12 months of the accident; dental care or treatment necessary due to congenital disease or anomaly; or dental care or treatment specifically stated in the Outpatient and Professional Services and Dental Care sections of this Certificate.

#### F. Experimental or Investigational Treatment.

We do not Cover any health care service, procedure, treatment, device, or Prescription Drug that is experimental or investigational. However, We will Cover experimental or investigational treatments, including treatment for Your rare disease or patient costs for Your participation in a clinical trial as described in the Outpatient and Professional Services section of this Certificate, when Our denial of services is overturned by an External Appeal Agent certified by the State. However, for clinical trials, We will not Cover the costs of any investigational drugs or devices, non-health services required for You to receive the treatment, the costs of managing the research, or costs that would not be Covered under this Certificate for non-investigational treatments. See the Utilization Review and External Appeal sections of this Certificate for a further explanation of Your Appeal rights.

#### G. Felony Participation.

We do not Cover any illness, treatment or medical condition due to Your participation in a felony, riot or insurrection. This exclusion does not apply to Coverage for services involving injuries suffered by a victim of an act of domestic violence or for services as a result of Your medical condition (including both physical and mental health conditions).

#### H. Foot Care.

We do not Cover routine foot care in connection with corns, calluses, flat feet, fallen arches, weak feet, chronic foot strain or symptomatic complaints of the feet. However, We will Cover foot care when You have a specific medical condition or disease resulting in circulatory deficits or areas of decreased sensation in Your legs or feet.

#### I. Government Facility.

We do not Cover care or treatment provided in a Hospital that is owned or operated by any federal, state or other governmental entity, except as otherwise required by law.

#### J. Medically Necessary.

In general, We will not Cover any health care service, procedure, treatment, test, device or Prescription Drug that We determine is not Medically Necessary. If an External Appeal Agent certified by the State overturns Our denial, however, We will Cover the service, procedure, treatment, test, device or Prescription Drug for which coverage has been denied, to the extent that such service, procedure, treatment, test, device or Prescription Drug is otherwise Covered under the terms of this Certificate.

#### K. Medicare or Other Governmental Program.

We do not Cover services if benefits are provided for such services under the federal Medicare program or other governmental program (except Medicaid).

#### L. Military Service.

We do not Cover an illness, treatment or medical condition due to service in the Armed Forces or auxiliary units.

#### M. No-Fault Automobile Insurance.

We do not Cover any benefits to the extent provided for any loss or portion thereof for which mandatory automobile no-fault benefits are recovered or recoverable. This exclusion applies even if You do not make a proper or timely claim for the benefits available to You under a mandatory no-fault policy.

#### N. Services Not Listed.

We do not Cover services that are not listed in this Certificate as being Covered.

#### **O.** Services Provided by a Family Member.

We do not Cover services performed by Your immediate family member. "Immediate family member" means a child, stepchild, spouse, parent, stepparent, sibling, stepsibling, parent-in-law, child-in-law, sibling-in-law, grandparent, grandparent's spouse, grandchild, or grandchild's spouse.

#### P. Services Separately Billed by Hospital Employees.

We do not Cover services rendered and separately billed by employees of Hospitals, laboratories or other institutions.

#### Q. Services With No Charge.

We do not Cover services for which no charge is normally made.

#### **R. Vision Services.**

We do not Cover the examination or fitting of eyeglasses or contact lenses, except as specifically stated in the Pediatric Vision Care section of this Certificate.

#### S. War.

We do not Cover an illness, treatment or medical condition due to war, declared or undeclared.

#### T. Workers' Compensation.

We do not Cover services if benefits for such services are provided under any state or federal Workers' Compensation, employers' liability or occupational disease law.

# **VALUE ADDED SERVICES**

The following are not affiliated with Wellfleet New York Insurance Company and the services are not part of the Plan Underwritten by Wellfleet New York Insurance Company. These value-added options are provided by Wellfleet Student.

# **VISION DISCOUNT PROGRAM**

For Vision Discount Benefits please go to: www.wellfleetstudent.com

# **EMERGENCY MEDICAL AND TRAVEL ASSISTANCE**

Wellfleet Student provides access to a comprehensive program that will arrange emergency medical and travel assistance services, repatriation services and other travel assistance services when you are traveling. For general inquiries regarding the travel access assistance services coverage, please call Wellfleet Student at (877) 657-5030, TTY 711.

If you are traveling and need assistance in North America, call the Assistance Center toll-free at: (877) 305-1966 or if you are in a foreign country, call collect at: (715) 295-9311.

When you call, please provide your name, school name, the group number shown on your ID card, and a description of your situation. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.

## **How to Access Services**

If you require medical assistance or you need assistance with a non-medical situation, such as lost luggage, lost documents or other travel issues, follow these steps:

- Inside the U.S. and Canada: Dial toll-free (877) 305-1966
- Outside the U.S. and Canada:
  - a) Request an international operator.
  - b) Request the operator to place a collect call to the U.S. at +1 (715) 295-9311.

Please provide the following information when you call:

- Policy number or school name
- Nature of your call and/or emergency
- Current location
- Contact phone number and email address
- Secondary point of contact
- Date of birth

# **24 Hour Nurseline**

Students who enroll and maintain medical coverage in this insurance plan have access to the 24 Hour Nurseline. This 24-Hour Nurseline program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include:

- self-care at home
- a call to a physician
- or a visit to the emergency room.

Calls are answered 24 hours a day, 365 days a year by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The Nurseline does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator. The 24 Hour Nurseline toll free number will be on the ID card.

(800) 634-7629



# 24/7 Behavioral Telehealth and Nurseline Access

CareConnect is an integrated behavioral health program offering students easy access to licensed behavioral health clinicians 24/7/365 via telephone (888) 857-5462.

Connect to a registered nurse within seconds, helping students manage their health on their terms through easy access.