

BENEFITS AT A GLANCE

STUDENT HEALTH INSURANCE PLAN | PLAN YEAR 2025/2026

DESIGNED EXCLUSIVELY FOR THE STUDENTS OF:

**ADELPHI UNIVERSITY
INTERNATIONAL PLAN**

Garden City, NY
("the Policyholder")

UNDERWRITTEN BY:

Wellfleet New York Insurance Company | Fort Wayne, IN
("the Company")

Policy Number: WNY2526NYSHIP25-00

Effective: 8/15/2025 – 8/14/2026

Group Number: ST1881SH

ADMINISTERED BY:

Wellfleet Group, LLC



WELLFLEET
STUDENT

Welcome Students...

We are pleased to provide you with this summary of the 2025 – 2026 Student Health Insurance Plan (“Plan”), which is fully compliant with the Affordable Care Act. This is only a brief description of the coverage(s) available under Certificate form NY SHIP Cert (2025). The Certificate will contain reductions, limitations, exclusions, and termination provisions. Full details of coverage are contained in the Certificate. If there are any conflicts between this document and the Certificate, the Certificate shall govern in all cases.

“Benefits at a Glance” includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at www.wellfleetstudent.com.

This is not an insurance Policy and your receipt of this document does not constitute the insurance or delivery of a policy of insurance. Any provisions of the Policy, as described in this Summary, that may be in conflict with the laws of the state where the school is located will be administered to conform with the requirements of that state’s laws, including those relating to mandated benefits.

The information contained in this Summary is accurate at the time of publication, but may change in accordance with state and federal insurance regulations during the course of the Policy year. The most current version of this document will be posted online. In the case of a discrepancy between two versions of the Summary, the most recent will apply.

Important Contact Information & Resources



Contact Us

Wellfleet Group, LLC
 PO Box 15369
 Springfield, Massachusetts 01115-5369
(877) 657-5030, TTY 711

Plan Administration

Enrollment, Eligibility, & Waivers

Servicing Agent

Risk Strategies Education, University Health Plans

PO Box 818078
 Cleveland, OH 44181
www.universityhealthplans.com/adelphi
 (800) 437-6448

Benefits, Claim Status, & ID Cards

Wellfleet Group, LLC
 PO Box 15369
 Springfield, Massachusetts 01115-5369
(877) 657-5030, TTY 711
www.wellfleetstudent.com
 Monday–Thursday, 8:30 a.m. to 7:00 p.m.
 Eastern Time
 Friday, 9:00 a.m. to 5:00 p.m. Eastern
 Time

Claims

Cigna
 PO Box 188061
 Chattanooga, Tennessee 37422-8061
 Electronic Payor ID: 62308



PPO Network



Cigna
www.mycigna.com



Pharmacy Benefits Manager

For information about the Wellfleet Rx/ESI Prescription Drug Program, please visit www.wellfleetrx.com/students.

Your plan includes Wellfleet Rx – offering over 40 generics at a \$0 copay. Please ask your health care provider to review our formulary to see if these medications are right for you. Click here <http://www.wellfleetrx.com/students/formularies/> for more information.

Member Pharmacy Help

(877) 640-7940



For further information about your plan please use the QR code below.



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General Information

Am I Eligible

International Students

All eligible International Students are required to have health insurance coverage and will be automatically enrolled in this Student Health Insurance Plan and billed the plan costs for the Student Health Insurance Plan. Eligible students do not have the option to waive coverage.

Dependents

Insured Students who are enrolled in the Student Health Plan may also enroll their eligible Dependents.

Dependents are eligible.

How Do I Enroll My Dependents?

To Waive:

- Go to www.universityhealthplans.com/adelphi.
- Click the “Enroll” tab and proceed as directed to enroll in and purchase the student health insurance plan.

Refer to the dates in the Effective Date & Costs section for the deadline dates to purchase dependent coverage.

NOTE: Paper copies of the enrollment form are available at Adelphi University.

Effective Dates & Costs

All time periods begin at 12:00 A.M. local time and end at 11:59 P.M. local time at the Policyholder's address.

Coverage Period	Coverage Start Date	Coverage End Date	Dependent Enrollment Deadline Date
Annual	8/15/2025	8/14/2026	9/30/2025

Insurance Premiums

Annual

Student	\$1,502
Spouse	\$1,502
Each Child	\$1,502
3 or more Children	\$4,506

Broker Fees

Annual

Student	\$103
Spouse	\$103
Each Child	\$103
3 or more Children	\$309

Shorelight Fees

Annual

Student	\$827
Spouse	\$827
Each Child	\$827
3 or more Children	\$2,481

Travel Assist Fees

Annual

Student	\$68
Spouse	\$68
Each Child	\$68
3 or more Children	\$204

Total Plan Costs (Premiums + Fees) for International Students and their Dependents

	Annual
Student	\$2,500
Spouse	\$2,500
Each Child	\$2,500
3 or more Children	\$7,500

The plan costs for Dependents are in addition to the plan costs for student.

Plan Benefits

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

Preauthorization is required for inpatient hospital, surgery and selected outpatient services. For inpatient hospital, preauthorization is not required for emergency admissions or services provided in a neonatal intensive care unit of a hospital certified pursuant to Article 28 of the Public Health Law.

Key Plan Benefits

BENEFIT	Student Health Center	Participating Provider	Non-Participating Provider
Plan Year Deductible Individual	\$0	\$100	\$200
Out-of-Pocket Limit Individual	\$2,500		\$5,000
Family	\$5,000		\$10,000
	In-network Cost-Sharing amounts to which an Out-of-Pocket Limit applies will accumulate toward both the Out-of-Pocket Limits for Student Health Center Providers and for Participating Providers.		
Coinsurance	0% of the Allowed Amount unless otherwise specified	10% of the Allowed Amount	30% of the Allowed Amount
Preventive Care	Covered in full	Covered in full	20% Coinsurance after Deductible
Primary Care Office Visits (or Home Visits) including Specialist Office Visits *Check below for additional copayments	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible
Emergency Department	N/A	10% Coinsurance after Deductible	10% Coinsurance after Deductible
Urgent Care Center	N/A	\$10 Copayment not subject to Deductible	\$10 Copayment not subject to Deductible

Schedule of Benefits

**ADELPHI UNIVERSITY – INTERNATIONAL PLAN
SCHEDULE OF BENEFITS
Platinum Metal Level
Insert Actuarial Value: 93.05%
Adelphi University – International Plan**

COST-SHARING	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	
Medical Deductible <ul style="list-style-type: none"> • Individual 	\$0	\$100	\$200	
Out-of-Pocket Limit <ul style="list-style-type: none"> • Individual • Family 	\$2,500 \$5,000	\$2,500 \$5,000	\$5,000 \$10,000	
Accidental Death and Dismemberment Benefits \$10,000 Annual Maximum.			See the Cost-Sharing Expenses and Allowed Amount section of this Certificate for a description of how We calculate the Allowed Amount. Any charges of a Non-Participating Provider that are in excess of the Allowed Amount do not apply towards the Deductible or Out-of-Pocket Limit. You must pay the amount of the Non-Participating Provider’s charge that exceeds Our Allowed Amount.	
OFFICE VISITS	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Primary Care Office Visits (or Home Visits)	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description

Specialist Office Visits (or Home Visits)	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description
PREVENTIVE CARE	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
<ul style="list-style-type: none"> • Well Child Visits and Immunizations* • Adult Annual Physical Examinations* • Adult Immunizations* • Routine Gynecological Services/Well Woman Exams* • Mammograms, Screening and Diagnostic Imaging for the Detection of Breast Cancer • Sterilization Procedures for Women* • Vasectomy • Bone Density Testing* • Prostate Cancer Screening 	<p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>N/A</p> <p>N/A</p> <p>N/A</p> <p>N/A</p> <p>Covered in full</p>	<p>Covered in full</p>	<p>20% Coinsurance after Deductible</p>	<p>See benefit for description</p>

<ul style="list-style-type: none"> Colon Cancer Screening All other preventive services required by USPSTF and HRSA. <p>*When preventive services are not provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA.</p>	<p>Covered in full</p> <p>Covered in Full</p> <p>Use Cost-Sharing for appropriate service (Primary Care Office Visit Specialist Office Visit Diagnostic Radiology Services Laboratory Procedures and Diagnostic Testing)</p>	<p>Covered in full</p> <p>Covered in Full</p> <p>Use Cost-Sharing for appropriate service (Primary Care Office Visit Specialist Office Visit Diagnostic Radiology Services Laboratory Procedures and Diagnostic Testing)</p>	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>Use Cost-Sharing for appropriate service (Primary Care Office Visit Specialist Office Visit Diagnostic Radiology Services Laboratory Procedures and Diagnostic Testing)</p>	
EMERGENCY CARE	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Emergency Ambulance Transportation (Pre-Hospital Emergency Medical Services and Emergency Transportation including Air Ambulance)	N/A	10% Coinsurance after Deductible	10% Coinsurance after Deductible	See benefit for description
Non-Emergency Ambulance Services (Ground and Air Ambulance)	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Emergency Department	N/A	10% Coinsurance after Deductible	10% Coinsurance after Deductible	See benefit for description
	Health care forensic examinations performed under Public Health Law § 2805-I are not subject to Cost-Sharing	Health care forensic examinations performed under Public Health Law § 2805-I are not subject to Cost-Sharing	Health care forensic examinations performed under Public Health Law § 2805-I are not subject to Cost-Sharing	

Urgent Care Center	N/A	\$10 Copayment not subject to Deductible	\$10 Copayment not subject to Deductible	See benefit for description
PROFESSIONAL SERVICES and OUTPATIENT CARE	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Advanced Imaging Services	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description
<ul style="list-style-type: none"> Performed in a Specialist Office 	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description
<ul style="list-style-type: none"> Performed in a Freestanding Radiology Facility 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul style="list-style-type: none"> Performed as Outpatient Hospital Services 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Preauthorization Required				
Allergy Testing and Treatment				See benefit for description
<ul style="list-style-type: none"> Performed in a PCP Office 	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description
<ul style="list-style-type: none"> Performed in a Specialist Office 	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
Ambulatory Surgical Center Facility Fee	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Anesthesia Services (all settings)	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Cardiac and Pulmonary Rehabilitation				See benefits for description
<ul style="list-style-type: none"> Performed in a Specialist Office 	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	

<ul style="list-style-type: none"> Performed as Outpatient Hospital Services 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul style="list-style-type: none"> Performed as Inpatient Hospital Services 	N/A	Included as part of inpatient Hospital service Cost-Sharing	Included as part of inpatient Hospital service Cost-Sharing	
<p>Chemotherapy and Immunotherapy</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in a Specialist Office Performed as Outpatient Hospital Services <p>Preauthorization Required</p>	N/A N/A N/A	\$10 Copayment 0% Coinsurance not subject to Deductible \$10 Copayment 0% Coinsurance not subject to Deductible 10% Coinsurance after Deductible	20% Coinsurance after Deductible 20% Coinsurance after Deductible 30% Coinsurance after Deductible	See benefit for description
Chiropractic Services	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description
Clinical Trials	Use Cost-Sharing for appropriate service	Use Cost-Sharing for appropriate service	Use Cost-Sharing for appropriate service	See benefit for description
<p>Diagnostic Testing</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in a Specialist Office Performed as Outpatient Hospital Services 	0% Coinsurance 0% Coinsurance N/A	\$10 Copayment 0% Coinsurance not subject to Deductible \$10 Copayment 0% Coinsurance not subject to Deductible 10% Coinsurance after Deductible	20% Coinsurance after Deductible 20% Coinsurance after Deductible 30% Coinsurance after Deductible	See benefit for description
<p>Dialysis</p> <ul style="list-style-type: none"> Performed in a PCP Office 	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description

<ul style="list-style-type: none"> Performed in a Specialist Office Performed in a Freestanding Center Performed as Outpatient Hospital Services Performed at Home 	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<p>Habilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy)</p> <p>The visits limit does not apply to Habilitation Services for a Mental Health or Substance Use Disorder.</p>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	60 visits per condition, per Plan Year combined therapies
<p>Home Health Care</p> <p>Preauthorization Required</p>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited visits
<p>Infertility Services</p> <p>Preauthorization Required</p>	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	See benefit for description
<p>Infusion Therapy</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in Specialist Office 	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description
	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	

<ul style="list-style-type: none"> Performed as Outpatient Hospital Services 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul style="list-style-type: none"> Home Infusion Therapy <p>Preauthorization Required</p>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Inpatient Medical Visits	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
<p>Interruption of Pregnancy</p> <ul style="list-style-type: none"> Abortion Services 	N/A	Covered in full	30% Coinsurance after Deductible	See benefit for description
<p>Laboratory Procedures</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in a Specialist Office Performed in a Freestanding Laboratory Facility Performed as Outpatient Hospital Services 	<p>0% Coinsurance</p> <p>0% Coinsurance</p> <p>N/A</p> <p>N/A</p>	<p>\$10 Copayment 0% Coinsurance not subject to Deductible</p> <p>\$10 Copayment 0% Coinsurance not subject to Deductible</p> <p>10% Coinsurance after Deductible</p> <p>10% Coinsurance after Deductible</p>	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>30% Coinsurance after Deductible</p> <p>30% Coinsurance after Deductible</p>	See benefit for description
<p>Maternity and Newborn Care</p> <ul style="list-style-type: none"> Prenatal Care provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA 	N/A	Covered in full	20% Coinsurance after Deductible	See benefit for description

<ul style="list-style-type: none"> • Prenatal Care that is not provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA 	Use Cost-Sharing for appropriate service (Primary Care Office Visit, Specialist Office Visit, Diagnostic Radiology Services, Laboratory Procedures and Diagnostic Testing)	Use Cost-Sharing for appropriate service (Primary Care Office Visit, Specialist Office Visit, Diagnostic Radiology Services, Laboratory Procedures and Diagnostic Testing)	Use Cost-Sharing for appropriate service (Primary Care Office Visit, Specialist Office Visit, Diagnostic Radiology Services, Laboratory Procedures and Diagnostic Testing)	
<ul style="list-style-type: none"> • Inpatient Hospital Services and Birthing Center 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	One (1) home care visit is covered at no Cost-Sharing if mother is discharged from Hospital early
<ul style="list-style-type: none"> • Physician and Midwife Services for Delivery 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul style="list-style-type: none"> • Breastfeeding Support, Counseling and Supplies, Including Breast Pumps 	N/A	Covered in full	20% Coinsurance after Deductible	Covered for duration of breast feeding
<ul style="list-style-type: none"> • Postnatal Care <ul style="list-style-type: none"> ○ Postnatal Care provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA 	N/A	Covered in full	20% Coinsurance after Deductible	
<ul style="list-style-type: none"> ○ Postnatal Care that is not provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA 	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	

Outpatient Hospital Surgery Facility Charge	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Preadmission Testing	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Prescription Drugs Administered in Office or Outpatient Facilities <ul style="list-style-type: none"> • Performed in a PCP Office • Performed in Specialist Office • Performed in Outpatient Facilities 	0% Coinsurance 0% Coinsurance N/A	Included as part of the PCP office visit Cost-Sharing Included as part of the Specialist office visit Cost-Sharing 10% Coinsurance after Deductible	Included as part of the PCP office visit Cost-Sharing Included as part of the Specialist office visit Cost-Sharing 30% Coinsurance after Deductible	See benefit for description
Diagnostic Radiology Services <ul style="list-style-type: none"> • Performed in a PCP Office • Performed in a Specialist Office • Performed in a Freestanding Radiology Facility • Performed as Outpatient Hospital Services <p>Preauthorization Required</p>	N/A N/A N/A N/A	\$10 Copayment 0% Coinsurance not subject to Deductible \$10 Copayment 0% Coinsurance not subject to Deductible 10% Coinsurance after Deductible 10% Coinsurance after Deductible	20% Coinsurance after Deductible 20% Coinsurance after Deductible 30% Coinsurance after Deductible 30% Coinsurance after Deductible	See benefit for description
Therapeutic Radiology Services <ul style="list-style-type: none"> • Performed in a Specialist Office 	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	See benefit for description

<ul style="list-style-type: none"> Performed in a Freestanding Radiology Facility Performed as Outpatient Hospital Services <p>Preauthorization Required</p>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
<p>Rehabilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy)</p> <p>The visits limit does not apply to Rehabilitation Services for a Mental Health or Substance Use Disorder.</p>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	60 visits per condition, per Plan Year combined therapies
Second Opinions on the Diagnosis of Cancer, Surgery and Other	N/A	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible Second opinions on diagnosis of cancer are Covered at participating Cost-Sharing for non-participating Specialist when a Referral is obtained.	See benefit for description
<p>Surgical Services (including Oral Surgery Reconstructive Breast Surgery Other Reconstructive and Corrective Surgery; and Transplants</p> <ul style="list-style-type: none"> Inpatient Hospital Surgery Outpatient Hospital Surgery Surgery Performed at an Ambulatory Surgical Center 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description

<ul style="list-style-type: none"> Office Surgery <p>Preauthorization Required</p>	0% Coinsurance	\$10 Copayment 0% Coinsurance not subject to Deductible	20% Coinsurance after Deductible	
<p>Telemedicine Program</p> <p>Behavioral Health Conditions</p> <p>Physical Therapy</p>	\$0 Copayment then 0% Coinsurance not subject to Deductible			See benefit for description
ADDITIONAL SERVICES, EQUIPMENT and DEVICES	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
<p>Diabetic Equipment, Supplies and Self-Management Education</p> <ul style="list-style-type: none"> Diabetic Equipment and Supplies (up to a 90- day supply) Diabetic Insulin (30 day supply) Diabetic Education 	<p>N/A</p> <p>Covered in full</p> <p>0% Coinsurance</p>	<p>See the Prescription Drug Cost-Sharing</p> <p>Covered in full</p> <p>\$10 Copayment 0% Coinsurance not subject to Deductible</p>	<p>See the Prescription Drug Cost-Sharing</p> <p>See the Prescription Drug Cost-Sharing</p> <p>20% Coinsurance after Deductible</p>	<p>See benefit for description</p> <p>See Prescription Drug benefit</p>
<p>Durable Medical Equipment and Braces</p> <p>Preauthorization Required</p>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
<p>External Hearing Aids</p> <ul style="list-style-type: none"> Prescription Hearing Aids 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Single purchase once every 3 years
<p>Cochlear Implants</p> <p>Preauthorization Required</p>	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	One per ear per time Covered

Hospice Care				
<ul style="list-style-type: none"> Inpatient 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited visits
<ul style="list-style-type: none"> Outpatient 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited visits for family bereavement counseling
Medical Supplies	0% Coinsurance	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Prosthetic Devices				
<ul style="list-style-type: none"> External 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	One (1) prosthetic device, per limb, per lifetime, with coverage for repairs and replacements
<ul style="list-style-type: none"> Internal 	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited
Preauthorization Required				See benefit for description
INPATIENT SERVICES and FACILITIES	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Autologous Blood Banking	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefits for description
Inpatient Hospital for a Continuous Confinement (including an Inpatient Stay for Mastectomy Care, Cardiac and Pulmonary Rehabilitation, and End of Life Care)	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Preauthorization Required. However, Preauthorization is not required for emergency admissions or services provided in a neonatal intensive care unit of a Hospital certified pursuant to Article 28 of the Public Health Law.				

Observation Stay	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Skilled Nursing Facility (including Cardiac and Pulmonary Rehabilitation) Preauthorization Required	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	200 days per Plan Year See benefit for description
Inpatient Habilitation Services (Physical Speech and Occupational Therapy) Preauthorization Required	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited days See benefit for description
Inpatient Rehabilitation Services (Physical Speech and Occupational Therapy) Preauthorization Required	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited days See benefit for description
MENTAL HEALTH and SUBSTANCE USE DISORDER SERVICES	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Inpatient Mental Health Care for a continuous confinement when in a Hospital or Residential Facility Preauthorization Required. However, Preauthorization is not required for emergency admissions or for admissions at participating Hospitals or crisis residence Facilities licensed or operated by OMH.	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description

<p>Outpatient Mental Health Care (including Partial Hospitalization and Intensive Outpatient Program Services)</p> <ul style="list-style-type: none"> Office Visits All Other Outpatient Services <p>Preauthorization Required for surgical services.</p>	<p>0% Coinsurance</p> <p>N/A</p>	<p>\$10 Copayment 0% Coinsurance not subject to Deductible</p> <p>0% Coinsurance after Deductible</p>	<p>20% Coinsurance after Deductible</p> <p>30% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>ABA Treatment for Autism Spectrum Disorder</p>	<p>N/A</p>	<p>\$10 Copayment 0% Coinsurance not subject to Deductible</p>	<p>20% Coinsurance after Deductible</p>	<p>See benefit description</p>
<p>Assistive Communication Devices for Autism Spectrum Disorder</p>	<p>N/A</p>	<p>\$10 Copayment 0% Coinsurance not subject to Deductible</p>	<p>20% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>Inpatient Substance Use Services for a continuous confinement when in a Hospital (including Residential Treatment)</p> <p>Preauthorization Required. However, Preauthorization is not required for emergency admissions or for participating Facilities licensed, certified or otherwise authorized by OASAS.</p>	<p>N/A</p>	<p>10% Coinsurance after Deductible</p>	<p>30% Coinsurance after Deductible</p>	<p>See benefit for description</p>

<p>Outpatient Substance Use Services (including Partial Hospitalization, Intensive Outpatient Program Services, and Medication Assisted Treatment)</p> <ul style="list-style-type: none"> Office Visits All Other Outpatient Services Opioid Treatment Programs 	<p>0% Coinsurance</p> <p>N/A</p> <p>N/A</p>	<p>\$10 Copayment 0% Coinsurance not subject to Deductible</p> <p>0% Coinsurance after Deductible</p> <p>Covered in full</p>	<p>20% Coinsurance after Deductible</p> <p>30% Coinsurance after Deductible</p> <p>30% Coinsurance after Deductible</p>	<p>Unlimited days per Plan Year may be used for family counseling</p> <p>See benefit for description</p>
<p>PRESCRIPTION DRUGS *Prescription Drugs are not subject to Cost-Sharing when provided in accordance with the comprehensive guidelines supported by HRSA or if the item or service has an "A" or "B" rating from the USPSTF and obtained at a participating pharmacy</p>	<p>Student Health Center Member Responsibility for Cost-Sharing</p>	<p>Participating Provider Member Responsibility for Cost-Sharing</p>	<p>Non-Participating Provider Member Responsibility for Cost-Sharing</p>	<p>Limits</p>
<p>Retail Pharmacy</p>				
<p>30-day supply</p> <p>Tier 1</p> <p>Tier 2</p> <p>Tier 3</p>	<p>N/A</p> <p>N/A</p> <p>N/A</p>	<p>\$10 Copayment 0% Coinsurance not subject to Deductible</p> <p>\$20 Copayment 0% Coinsurance not subject to Deductible</p> <p>\$40 Copayment 0% Coinsurance not subject to Deductible</p>	<p>\$10 Copayment 0% Coinsurance after Deductible</p> <p>\$20 Copayment 0% Coinsurance after Deductible</p> <p>\$40 Copayment 0% Coinsurance after Deductible</p>	<p>See benefit for description</p>

<p>Preauthorization is not required for a Covered Prescription Drug used to treat a substance use disorder, including a Prescription Drug to manage opioid withdrawal and/or stabilization and for opioid overdose reversal.</p> <p>If You purchase a Prescription Drug from a Non-Participating Pharmacy, You must pay for the Prescription Drug at the time it is dispensed and then file a claim for reimbursement with Us. We will not reimburse You for the difference between what You pay the Non-Participating Pharmacy and Our price for the Prescription Drug. In most cases, You will pay more if You purchase Prescription Drugs from a Non-Participating Pharmacy.</p>				
<p>Enteral Formulas</p> <p>Tier 1</p> <p>Tier 2</p> <p>Tier 3</p> <p>If You purchase a Prescription Drug from a Non-Participating Pharmacy, You must pay for the Prescription Drug at the time it is dispensed and then file a claim for</p>	<p>N/A</p> <p>N/A</p> <p>N/A</p>	<p>\$10 Copayment 0% Coinsurance not subject to Deductible</p> <p>\$20 Copayment 0% Coinsurance not subject to Deductible</p> <p>\$40 Copayment 0% Coinsurance not subject to Deductible</p>	<p>\$10 Copayment 0% Coinsurance after Deductible</p> <p>\$20 Copayment 0% Coinsurance after Deductible</p> <p>\$40 Copayment 0% Coinsurance after Deductible</p>	<p>See benefit for description</p>

reimbursement with Us. We will not reimburse You for the difference between what You pay the Non-Participating Pharmacy and Our price for the Prescription Drug. In most cases, You will pay more if You purchase Prescription Drugs from a Non-Participating Pharmacy.				
WELLNESS BENEFITS	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	
Gym Reimbursement	N/A	Up to \$200 per six (6) month period; up to an additional \$100 per six (6) month period for Covered Dependents	Up to \$200 per six (6) month period; up to an additional \$100 per six (6) month period for Covered Dependents	See Benefit description
PEDIATRIC DENTAL and VISION CARE	Student Health Center Member Responsibility for Cost-Sharing	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
<p>Pediatric Dental Care for Members through the end of the month in which the Member turns 19 years of age</p> <ul style="list-style-type: none"> Preventive Dental Care Routine Dental Care Major Dental (Endodontics, Periodontics, Oral Surgery and Prosthodontics) Orthodontics 	<p>N/A</p> <p>N/A</p> <p>N/A</p> <p>N/A</p>	<p>Covered in Full</p> <p>20% Coinsurance after Deductible</p> <p>50% Coinsurance after Deductible</p> <p>50% Coinsurance after Deductible</p>	<p>Covered in Full</p> <p>20% Coinsurance after Deductible</p> <p>50% Coinsurance after Deductible</p> <p>50% Coinsurance after Deductible</p>	<p>Two (2) dental exams and cleanings per Plan Year</p> <p>Full mouth x-rays or panoramic x-rays at 36-month intervals and bitewing x-rays at six (6) month intervals</p>

Pediatric Vision Care for Members through the end of the month in which the Member turns 19 years of age <ul style="list-style-type: none"> Exams Lenses and Frames Contact Lenses 	N/A	0% Coinsurance after Deductible	0% Coinsurance after Deductible	One (1) exam per Plan Year
	N/A	0% Coinsurance after Deductible	0% Coinsurance after Deductible	One (1) prescribed lenses and frames per Plan Year
	N/A	0% Coinsurance after Deductible	0% Coinsurance after Deductible	
Adult Dental Care for Members age 19 and over <ul style="list-style-type: none"> Preventive Dental Care Routine Dental Care Major Dental Care (Oral Surgery, Endodontics, Periodontics and Prosthodontics) Orthodontics 	N/A	0% Coinsurance not subject to Deductible	0% Coinsurance not subject to Deductible	Two (2) dental exams and cleanings per Plan Year
	N/A	0% Coinsurance not subject to Deductible	0% Coinsurance not subject to Deductible	Full mouth x-rays or panoramic x-rays at 36-month intervals and bitewing x-rays at six (6) month intervals
	N/A	50% Coinsurance after Deductible	50% Coinsurance after Deductible	
	N/A	50% Coinsurance after Deductible	50% Coinsurance after Deductible	
Accidental Injury Dental Treatment	N/A	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Non-emergency Care While Traveling Outside of the United States	30% coinsurance of - Actual Cost after Deductible			\$ 10,000 Annual Limits
Emergency Medical Evacuation	0% coinsurance of Actual Cost not subject to Deductible			\$ 100,000 Annual Limits
Repatriation of Remains	0% coinsurance of Actual Cost not subject to Deductible			\$ 25,000 Annual Limits

Accidental Death and Dismemberment Benefits	N/A	N/A	N/A	\$10,000 Annual Maximum
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ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT

If, as the result of a covered Accident, You sustain any of the following losses, We will pay the benefit shown. The loss must occur within 365 days of the Accident.

	Percentage of Maximum Amount
Loss of Life.....	100%
Loss of Hand	50%
Loss of Foot	50%
Loss of either one hand, one foot or sight of one eye	50%
Loss of more than one of the above losses due to one Accident.....	100%

Accident means a sudden, unforeseeable external event which directly and from no other cause, results in loss of life, hand, foot or sight.

Loss of hand or foot means the complete severance through or above the wrist or ankle joint. Loss of eye means the total permanent loss of sight in the eye. The maximum amount is the largest amount payable under this benefit for all losses resulting from any one Accident.

EXCLUSIONS AND LIMITATIONS

No coverage is available under this Certificate for the following:

A. Aviation.

We do not Cover services arising out of aviation, other than as a fare-paying passenger on a scheduled or charter flight operated by a scheduled airline.

B. Convalescent and Custodial Care.

We do not Cover services related to rest cures, custodial care or transportation. “Custodial care” means help in transferring, eating, dressing, bathing, toileting and other such related activities. Custodial care does not include Covered Services determined to be Medically Necessary.

C. Conversion Therapy.

We do not Cover conversion therapy. Conversion therapy is any practice by a mental health professional that seeks to change the sexual orientation or gender identity of a Member under 18 years of age, including efforts to change behaviors, gender expressions, or to eliminate or reduce sexual or romantic attractions or feelings toward individuals of the same sex. Conversion therapy does not include counseling or therapy for an individual who is seeking to undergo a gender transition or who is in the process of undergoing a gender transition, that provides acceptance, support and understanding of an individual or the facilitation of an individual’s coping, social support, and identity exploration and development, including sexual orientation-neutral interventions to prevent or address unlawful conduct or unsafe sexual practices, provided that the counseling or therapy does not seek to change sexual orientation or gender identity.

D. Cosmetic Services.

We do not Cover cosmetic services, Prescription Drugs, or surgery, unless otherwise specified, except that cosmetic surgery shall not include reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or diseases of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered Child which has resulted in a functional defect. We also Cover services in connection with reconstructive surgery following a mastectomy, as provided elsewhere in this Certificate. Cosmetic surgery does not include surgery determined to be Medically Necessary.

If a claim for a procedure listed in 11 NYCRR 56 (e.g., certain plastic surgery and dermatology procedures) is submitted retrospectively and without medical information, any denial will not be subject to the Utilization Review process in the Utilization Review and External Appeal sections of this Certificate unless medical information is submitted.

E. Dental Services.

We do not Cover dental services except for: care or treatment due to accidental injury to sound natural teeth within 12 months of the accident; dental care or treatment necessary due to congenital disease or anomaly; or dental care or treatment specifically stated in the Outpatient and Professional Services and Dental Care sections of this Certificate.

F. Experimental or Investigational Treatment.

We do not Cover any health care service, procedure, treatment, device, or Prescription Drug that is experimental or investigational. However, We will Cover experimental or investigational treatments, including treatment for Your rare disease or patient costs for Your participation in a clinical trial as described in the Outpatient and Professional Services section of this Certificate, when Our denial of services is overturned by an External Appeal Agent certified by the State. However, for clinical trials, We will not Cover the costs of any investigational drugs or devices, non-health services required for You to receive the treatment, the costs of managing the research, or costs that would not be Covered under this Certificate for non-investigational treatments. See the Utilization Review and External Appeal sections of this Certificate for a further explanation of Your Appeal rights.

G. Felony Participation.

We do not Cover any illness, treatment or medical condition due to Your participation in a felony, riot or insurrection. This exclusion does not apply to Coverage for services involving injuries suffered by a victim of an act of domestic violence or for services as a result of Your medical condition (including both physical and mental health conditions).

H. Foot Care.

We do not Cover routine foot care in connection with corns, calluses, flat feet, fallen arches, weak feet, chronic foot strain or symptomatic complaints of the feet. However, We will Cover foot care when You have a specific medical condition or disease resulting in circulatory deficits or areas of decreased sensation in Your legs or feet.

I. Government Facility.

We do not Cover care or treatment provided in a Hospital that is owned or operated by any federal, state or other governmental entity, except as otherwise required by law.

J. Medically Necessary.

In general, We will not Cover any health care service, procedure, treatment, test, device or Prescription Drug that We determine is not Medically Necessary. If an External Appeal Agent certified by the State overturns Our denial, however, We will Cover the service, procedure, treatment, test, device or Prescription Drug for which coverage has been denied, to the extent that such service, procedure, treatment, test, device or Prescription Drug is otherwise Covered under the terms of this Certificate.

K. Medicare or Other Governmental Program.

We do not Cover services if benefits are provided for such services under the federal Medicare program or other governmental program (except Medicaid). When You are enrolled in Medicare, We will reduce Our benefits by the amount Medicare pays for Covered Services. Benefits for Covered Services will not be reduced if We are required by federal law to pay first or if You are not enrolled in premium-free Medicare.

L. Military Service.

We do not Cover an illness, treatment or medical condition due to service in the Armed Forces or auxiliary units.

M. No-Fault Automobile Insurance.

We do not Cover any benefits to the extent provided for any loss or portion thereof for which mandatory automobile no-fault benefits are recovered or recoverable. This exclusion applies even if You do not make a proper or timely claim for the benefits available to You under a mandatory no-fault policy.

N. Services Not Listed.

We do not Cover services that are not listed in this Certificate as being Covered.

O. Services Provided by a Family Member.

We do not Cover services performed by Your immediate family member. "Immediate family member" means a child, stepchild, spouse, parent, stepparent, sibling, stepsibling, parent-in-law, child-in-law, sibling-in-law, grandparent, grandparent's spouse, grandchild, or grandchild's spouse.

P. Services Separately Billed by Hospital Employees.

We do not Cover services rendered and separately billed by employees of Hospitals, laboratories or other institutions.

Q. Services With No Charge.

We do not Cover services for which no charge is normally made.

R. Vision Services.

We do not Cover the examination or fitting of eyeglasses or contact lenses, except as specifically stated in the Pediatric Vision Care section of this Certificate.

S. War.

We do not Cover an illness, treatment or medical condition due to war, declared or undeclared.

T. Workers' Compensation.

We do not Cover services if benefits for such services are provided under any state or federal Workers' Compensation, employers' liability or occupational disease law.

VALUE ADDED SERVICES

The following are not affiliated with Wellfleet New York Insurance Company and the services are not part of the Plan Underwritten by Wellfleet New York Insurance Company. These value-added options are provided by Wellfleet Student.

EMERGENCY MEDICAL AND TRAVEL ASSISTANCE

Wellfleet Student provides access to a comprehensive program that will arrange emergency medical and travel assistance services, repatriation services and other travel assistance services when you are traveling. For general inquiries regarding the travel access assistance services coverage, please call Wellfleet Student at (877) 657-5030, TTY 711.

If you are traveling and need assistance in North America, call the Assistance Center toll-free at: (877) 305-1966 or if you are in a foreign country, call collect at: (715) 295-9311.

When you call, please provide your name, school name, the group number shown on your ID card, and a description of your situation. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.

How to Access Services

If you require medical assistance or you need assistance with a non-medical situation, such as lost luggage, lost documents or other travel issues, follow these steps:

- Inside the U.S. and Canada: Dial toll-free **(877) 305-1966**
- Outside the U.S. and Canada:
 - a) Request an international operator.
 - b) Request the operator to place a collect call to the U.S. at **+1 (715) 295-9311**.

Please provide the following information when you call:

- Policy number or school name
- Nature of your call and/or emergency
- Current location
- Contact phone number and email address
- Secondary point of contact
- Date of birth

24/7 Nurseline

Students who enroll and maintain medical coverage in this insurance plan have **free** access to the 24/7 Nurseline by calling (800) 634-7629. This program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include:

- self-care at home

- an office or telehealth visit with a healthcare provider
- Or a visit to an urgent care center or emergency room.

Calls are answered 24/7/365 by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The Nurseline does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator.

Contracted Providers for Telemedicine/Telehealth

The right care when you need it most

Your Wellfleet health plan gives you access to virtual healthcare by phone, video, or app.

Teladoc gives you access to board-certified physicians for **Mental Health (at no additional cost to you)** services. Whether you are at school, home or traveling, Teladoc can diagnose and treat most minor medical conditions wherever and whenever you need treatment.

Register your account today and request a visit at <https://www.teladochealth.com/benefits/wellfleetstudent> or call (800)-Teladoc (835-2362).

Hinge Health gives you access to licensed physical therapists and health coaches for personalized musculoskeletal services including **virtual physical therapy** to help alleviate pain concerns.

Whether you are at school, home, or traveling, Hinge Health can assist in providing exercise therapy wherever and whenever you need treatment at **no additional cost to you**.

Register your account today and start your exercise therapy at <https://hinge.health/wellfleet>.



24/7 Telehealth Counseling for Mental Health

CareConnect is an integrated behavioral health program offering students easy access to licensed mental health clinicians 24/7/365 via telephone (888) 857-5462 and website access to expert mental health and emotional wellbeing resources.

The CareConnect hotline is available at **no additional cost to you**, and you also have free access to courses, articles, and short videos that support mental health and wellbeing by visiting <https://careconnect.mysupportportal.com/welcome>.