



# Aetna Student Health Plan Design and Benefits Summary Preferred Provider Organization (PPO)

## Des Moines University

Policy Year: 2026–2027  
Policy Number: 846559  
[www.aetnastudenthealth.com](http://www.aetnastudenthealth.com)  
(855) 236-2144



**Disclosure: These rates and benefits are pending approval by the Iowa Insurance Division and can change. If they change, we will update this information.**

This is a brief description of the Student Health Plan. The plan is available for Des Moines University students. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at <https://www.aetnastudenthealth.com>. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

## University Health Services

**Des Moines University Clinic 1**  
**3200 Grand Ave**  
**Des Moines, Iowa 50312**  
**515-271-1596**

**Student Health Clinic**  
**Des Moines University Clinic 2**  
**8025 Grand Ave**  
**West Des Moines, IA 50266**  
**515-271-7883**

## Student Coverage

### Who is eligible?

All Full-time Incoming PA Students, Incoming and Continuing DO, DPT, DPM, MSA, MSBS, MPH, MPA, and Returning PA students in clinical programs.

You must actively attend classes for at least the first 31 days after the date your coverage becomes effective. You cannot meet this eligibility requirement if you take courses through:

- Home study
- Correspondence
- The internet (if you are a non-clinical student taking less than 6 credit hours per term)
- Television (TV).

If we find out that you do not meet this eligibility requirement, we are only required to refund any premium contribution minus any claims that we have paid.

## Enroll/Waive

All students are considered enrolled until an acceptable waiver is provided. Students can either enroll in the health insurance plan or submit a waiver with equivalent insurance coverage that is government-sponsored or U.S. employer-sponsored.

Log on to: [www.universityhealthplans.com/dmu](http://www.universityhealthplans.com/dmu).

## Coverage Dates and Rates

Coverage for New and Continuing DO, DPM, DPT, MSA, MSBA, MHA, MPH, New & Returning PA students enrolled for the Fall Semester, will become effective at 12:01 AM, and will terminate at 11:59 PM.

The rate below is the premium for the Plan underwritten by Aetna Life Insurance Company (Aetna)

<b>Incoming PA Students, Incoming and Continuing DO, DPT, DPM, MSA, MSBS, OTD, and PhD Students</b>	<b>Annual 08/01/2026-07/31/2027</b>
Student	<b>\$3,992.00</b>

### Waiver Process

All students are considered enrolled until an acceptable waiver is provided. Students who fail to complete the hard waiver will be enrolled. Log on to: <https://www.universityhealthplans.com/>.

<b>Category</b>	<b>Waiver Deadline Date</b>
Incoming PA Students	<b>05/10/2026</b>
Current DO, DPM, DPT, MSA, MSBS, OTD, and PhD Students	<b>06/14/2026</b>
Incoming DO, DPM, DPT, MSA, MSBS, OTD, and PhD Students	<b>07/12/2026</b>

### Medicare Eligibility Notice

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

### Termination and Refunds

#### Withdrawal from Classes – Leave of Absence

If you withdraw from classes under a school-approved leave of absence, your coverage will remain in force through the end of the period for which premium payment has been received. No premium will be refunded.

#### Withdrawal from Classes – Other than Leave of Absence

If you withdraw from classes within 31 days after the policy effective date, you will be considered ineligible for coverage. Your coverage will be terminated retroactively, and any premium paid will be refunded.

If you withdraw from classes more than 31 days after the policy effective date, your coverage will remain in force through the end of the period for which premium payment has been received. No premium will be refunded.

If you withdraw from classes to enter the armed forces of any country, your coverage will end as of the date of such entry. We will refund your premium, on a pro-rata basis, if you submit a written request within 90 days from the date you withdraw.

### **In-network Provider Network**

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

### **Precertification**

You need pre-approval from us for some covered services. Pre-approval is also called precertification. Your in-network physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not precertify when required, there is a **\$500** penalty for each type of covered service that was not precertified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to <https://www.aetnastudenthealth.com>.

### **Precertification Call**

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. You, your physician or the facility must call us within these timelines:

<b>Type of care</b>	<b>Timeframe</b>
Non-emergency admissions	Call at least 14 days before the date you are scheduled to be admitted
Emergency admission	Call within 48 hours or as soon as reasonably possible after you have been admitted.
Urgent admission	Call before you are scheduled to be admitted.
Outpatient non-emergency medical services	Call at least 14 days before the care is provided, or the treatment is scheduled

An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.

We will provide a written notification to you and your physician of the precertification decision, where required by state law and within the timeframe specified by state law. If your precertified services are approved, the approval is valid for 60 days as long as you remain enrolled in the plan.

## Coordination of Benefits (COB)

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

## Description of Benefits

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to <https://www.aetnastudenthealth.com>.

This Plan will pay benefits in accordance with any applicable Iowa Insurance Law(s).

Policy year deductibles	In-network coverage	Out-of-network coverage
You have to meet your policy year deductible before this plan pays for benefits.		
Student	\$500 per policy year	\$1,000 per policy year
Policy year deductible waiver		
The policy year deductible is waived for all of the following eligible health services:		
<ul style="list-style-type: none"><li>• In-network care for <i>Preventive care and wellness</i></li><li>• In-network care for <i>Family planning services - female contraceptives</i></li><li>• In-network care and out-of-network care for <i>Well newborn nursery care</i></li><li>• In-network care and out-of-network care for <i>Outpatient prescription drugs</i></li><li>• In-network care and out-of-network care for <i>Pediatric Vision Services</i></li><li>• In-network care for <i>Pediatric Dental Services</i></li></ul>		
This is the amount you owe for in-network and out-of-network covered services each policy year before the plan begins to pay for covered services. After the amount you pay for covered services reaches the policy year deductible, this plan will begin to pay for covered services for the rest of the policy year.		
Covered services applied to the out-of-network policy year deductibles will not be applied to satisfy the in-network policy year deductibles. Covered services applied to the in-network policy year deductibles will not be applied to satisfy the out-of-network policy year deductibles.		
The medical policy year deductibles will not be applied to satisfy the prescription drug policy year deductibles. The prescription drug policy year deductibles will not be applied to satisfy the medical policy year deductibles.		

Maximum out-of-pocket limits	In-network coverage	Out-of-network coverage
Student	\$10,600 per policy year	
Covered services applied to the out-of-network maximum out-of-pocket limit will be applied to satisfy the in-network maximum out-of-pocket limit and covered services applied to the in-network maximum out-of-pocket limit will be applied to satisfy the out-of-network maximum out-of-pocket limit.		

Covered services	In-network coverage	Out-of-network coverage
<b>Preventative care and wellness</b>		
Routine physical exam performed at a physician's office	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Routine physical exam limits for covered persons through age 21: maximum age and visit limits per policy year	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents.  For details, contact your physician or Member Services by logging in to your Aetna website at <a href="https://www.aetnastudenthealth.com">https://www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	
Routine physical exam limits for covered persons age 22 and over: maximum visits per policy year	1 visit	
<b>Preventive care immunizations</b>		
Preventive care immunizations performed in a facility or at a physician's office	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Preventive care immunization maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.  For details, contact your physician or Member Services by logging in to your Aetna website at <a href="https://www.aetnastudenthealth.com">https://www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	
<p>The following is not covered under this benefit:</p> <ul style="list-style-type: none"> <li>Any immunization that is not considered to be preventive care or recommended as preventive care, such as those required due to employment</li> </ul>		
<b>Well woman preventive visits</b>		
Routine gynecological exams (including Pap smears and cytology tests) performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Well woman routine gynecological exam maximums	Subject to any age limits provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.	
Maximum visits per policy year	1 visit	

Covered services	In-network coverage	Out-of-network coverage
<b>Preventive screening and counseling services</b>		
In figuring the maximum visits, each session of up to 60 minutes is equal to one visit		
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs, Tobacco Products, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Obesity and/or healthy diet counseling - Maximum visits	Age 0-22: unlimited visits. Age 22 and older: 26 visits per 12 months, of which up to 10 visits may be used for healthy diet counseling.	
Misuse of alcohol and/or drugs counseling - Maximum visits per policy year	5 visits	
Use of tobacco products counseling - Maximum visits per policy year	8 visits	
Sexually transmitted infection counseling - Maximum visits per policy year	2 visits	
Genetic risk counseling for breast and ovarian cancer limitations	Not subject to any age or frequency limitations	
Routine cancer screenings	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Routine cancer screening maximums	Subject to any age; family history; and frequency guidelines as set forth in the most current: <ul style="list-style-type: none"> <li>• Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and</li> <li>• The comprehensive guidelines supported by the Health Resources and Services Administration.</li> </ul> For details, contact your physician or Member Services by logging in to your Aetna website at <a href="https://www.aetnastudenthealth.com">https://www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	
Lung cancer screening maximum	1 screening every 12 months	
Prenatal care services (Preventive care services only)	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit

Covered services	In-network coverage	Out-of-network coverage
<b>Preventive screening and counseling services (continued)</b>		
In figuring the maximum visits, each session of up to 60 minutes is equal to one visit		
Lactation counseling services	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Lactation counseling services maximum visits per policy year either in a group or individual setting	6 visits	
Breast pump supplies and accessories	100% (of the negotiated charge) per item  No copayment or policy year deductible applies	50% (of the recognized charge) per item
<b>Family planning services – female contraceptives</b>		
Female contraceptive counseling services office visit	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Contraceptive counseling services maximum visits per policy year either in a group or individual setting	2 visits	
Female contraceptive prescription drugs and devices provided, administered, or removed, by a provider during an office visit	100% (of the negotiated charge) per item  No copayment or policy year deductible applies	50% (of the recognized charge) per item
<b>Female voluntary sterilization</b>		
Inpatient provider services	100% (of the negotiated charge)  No copayment or policy year deductible applies	50% (of the recognized charge)
Outpatient provider services	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Services provided as a result of complications resulting from a female voluntary sterilization procedure and related follow-up care</li> <li>• Any contraceptive methods that are only "reviewed" by the FDA and not "approved" by the FDA</li> <li>• Male contraceptive methods, sterilization procedures or devices, except for male condoms prescribed by a provider</li> </ul>		

Covered services	In-network coverage	Out-of-network coverage
<b>Physicians and other health professionals</b>		
Physician, specialist including Consultants Office visits (non-surgical / non-preventive care by a physician and specialist, includes telemedicine consultations)	\$30 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$50 copayment then the plan pays 100% (of the balance of the recognized charge) per visit
<b>Allergy testing and treatment</b>		
Allergy testing and treatment performed at a physician's or specialist's office	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Allergy injections treatment performed at a physician's or specialist's office	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
The following are not covered under this benefit: <ul style="list-style-type: none"> <li>Allergy sera and extracts administered via injection</li> </ul>		
<b>Physician and specialist surgical services</b>		
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge)	50% (of the recognized charge)
The following are not covered under this benefit: <ul style="list-style-type: none"> <li>A stay in a hospital (Hospital stays are covered in the <i>Covered services and exclusions – Hospital and other facility care</i> section)</li> <li>Services of another physician for the administration of a local anesthetic</li> </ul>		
Outpatient surgery performed at a physician's or specialist's office or outpatient department of a hospital or surgery center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
The following are not covered under this benefit: <ul style="list-style-type: none"> <li>A stay in a hospital (Hospital stays are covered in the <i>Covered services and exclusions – Hospital and other facility care</i> section)</li> <li>A separate facility charge for surgery performed in a physician's office</li> <li>Services of another physician for the administration of a local anesthetic</li> </ul>		
<b>Alternatives to physician office visits</b>		
Walk-in clinic visits (non-emergency visit)	\$30 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$50 copayment then the plan pays 100% (of the balance of the recognized charge) per visit

Covered services	In-network coverage	Out-of-network coverage
<b>Hospital and other facility care</b>		
Inpatient hospital (room and board including intensive care and other miscellaneous services and supplies)  Includes birthing center facility charges	\$100 copayment then the plan pays 80% (of the balance of the negotiated charge) per admission	\$200 copayment then the plan pays 50% (of the balance of the recognized charge) per admission
The following are not covered services: <ul style="list-style-type: none"> <li>All services and supplies provided in: <ul style="list-style-type: none"> <li>Rest homes</li> <li>Any place considered a person's main residence or providing mainly custodial or rest care</li> <li>Health resorts</li> <li>Spas</li> <li>Schools or camps</li> </ul> </li> </ul>		
Preadmission testing	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
<b>Alternatives to hospital stays</b>		
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge)	50% (of the recognized charge)
The following are not covered under this benefit: <ul style="list-style-type: none"> <li>A stay in a hospital (See the <i>Hospital care – facility charges</i> benefit in this section)</li> <li>A separate facility charge for surgery performed in a physician's office</li> <li>Services of another physician for the administration of a local anesthetic</li> </ul>		
Home health care	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
The following are not covered under this benefit: <ul style="list-style-type: none"> <li>Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)</li> <li>Transportation</li> <li>Homemaker or housekeeper services</li> <li>Food or home delivered services</li> <li>Maintenance therapy</li> </ul>		
Hospice - Inpatient	80% (of the negotiated charge) per admission	50% (of the recognized charge) per admission
Hospice - Outpatient	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Respite care-maximum number of days lifetime. Must be used in increments of not more than 5 days at a time.	10 days	

Covered services	In-network coverage	Out-of-network coverage
<b>Alternatives to hospital stays (continued)</b>		
<p>Hospice Care - The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Funeral arrangements</li> <li>• Pastoral counseling</li> <li>• Financial or legal counseling which includes estate planning and the drafting of a will</li> <li>• Homemaker or caretaker services that are services which are not solely related to your care and may include: <ul style="list-style-type: none"> <li>- Sitter or companion services for either you or other family members</li> <li>- Transportation</li> <li>- Maintenance of the house</li> </ul> </li> </ul>		
Outpatient private duty nursing	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Skilled nursing facility - Inpatient	\$100 copayment then the plan pays 80% (of the balance of the negotiated charge) per admission	\$100 copayment then the plan pays 50% (of the balance of the recognized charge) per admission
<b>Emergency services and urgent care</b>		
Emergency room	\$250 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in an emergency room	Not covered	Not covered
<p><b>Important note:</b></p> <ul style="list-style-type: none"> <li>• As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.</li> <li>• A separate emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.</li> <li>• Covered benefits that are applied to the emergency room copayment/coinsurance cannot be applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other covered benefits under the plan cannot be applied to the emergency room copayment/coinsurance.</li> <li>• Separate copayment/coinsurance amounts may apply for certain services given to you in the emergency room that are not part of the emergency room benefit. These copayment/coinsurance amounts may be different from the emergency room copayment/coinsurance. They are based on the specific service given to you.</li> <li>• Services given to you in the emergency room that are not part of the emergency room benefit may be subject to copayment/coinsurance amounts that are different from the emergency room copayment/coinsurance amounts.</li> </ul>		

Covered services	In-network coverage	Out-of-network coverage
<b>Emergency services and urgent care (continued)</b>		
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Non-emergency services in a hospital emergency room or an independent freestanding emergency department</li> </ul>		
Urgent care	\$50 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	\$75 copayment then the plan pays 50% (of the balance of the recognized charge) per visit
Non-urgent use of an urgent care provider	Not covered	Not covered
<p>The following is not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)</li> </ul>		
<b>Pediatric dental care</b>		
Limited to covered persons through the end of the month in which the person turns age 19		
Type A services	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	70% (of the recognized charge) per visit
Type B services	70% (of the negotiated charge) per visit  No policy year deductible applies	50% (of the recognized charge) per visit
Type C services	50% (of the negotiated charge) per visit  No policy year deductible applies	50% (of the recognized charge) per visit
Orthodontic services	50% (of the negotiated charge) per visit  No policy year deductible applies	50% (of the recognized charge) per visit
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<b>Pediatric dental care exclusions</b>		
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Any instruction for diet, plaque control and oral hygiene</li> <li>• Cosmetic services and supplies including: <ul style="list-style-type: none"> <li>- Plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve, alter or enhance appearance</li> <li>- Augmentation and vestibuloplasty, and other substances to protect, clean, whiten, bleach or alter the appearance of teeth, whether or not for psychological or emotional reasons, except to the extent coverage is specifically provided in the <i>Covered services and exclusions</i> section</li> </ul> </li> </ul>		
<b>(continued on next page)</b>		

### **Pediatric dental care exclusions (continued)**

The following are not covered under this benefit:

- Cosmetic services and supplies including:
  - Facings on molar crowns and pontics will always be considered cosmetic
- Crown, inlays, onlays, and veneers unless:
  - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material
  - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants and braces (that are determined not to be medically necessary), mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
  - For splinting
  - To alter vertical dimension
  - To restore occlusion
  - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the *Covered services and exclusions – Specific conditions* section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another covered service
- Orthodontic treatment except as covered above and in the *Pediatric dental care* section of the schedule of benefits
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs, pre-medication or analgesia (nitrous oxide)
- Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures
- Replacement of teeth beyond the normal complement of 32
- Routine dental exams and other preventive services and supplies, except as specifically provided in the *Pediatric dental care* section of the schedule of benefits
- Services and supplies:
  - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
  - Provided for your personal comfort or convenience or the convenience of another person, including a provider
  - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons
- Treatment by other than a dentist or dental provider that is legally qualified to furnish dental services and supplies

Covered services	In-network coverage	Out-of-network coverage
<b>Specific conditions</b>		
Diabetic services and supplies (including equipment and training)	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Podiatric (foot care) treatment - Physician and specialist non-routine foot care treatment	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Services and supplies for: <ul style="list-style-type: none"> <li>- The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches</li> <li>- The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes</li> <li>- Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies</li> <li>- Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet</li> </ul> </li> </ul>		
Impacted wisdom teeth	80% (of the negotiated charge)	80% (of the recognized charge)
Accidental injury to sound natural teeth	80% (of the negotiated charge)	80% (of the recognized charge)
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• The care, filling, removal or replacement of teeth and treatment of diseases of the teeth</li> <li>• Dental services related to the gums</li> <li>• Apicoectomy (dental root resection)</li> <li>• Orthodontics</li> <li>• Root canal treatment</li> <li>• Soft tissue impactions</li> <li>• Bony impacted teeth</li> <li>• Alveolectomy</li> <li>• Augmentation and vestibuloplasty treatment of periodontal disease</li> <li>• False teeth</li> <li>• Prosthetic restoration of dental implants</li> <li>• Dental implants</li> </ul>		
Temporomandibular joint dysfunction (TMJ) and Craniomandibular joint dysfunction (CMJ) treatment	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Dental implants</li> </ul>		
Clinical trials - Experimental or investigational therapies	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received

Covered services	In-network coverage	Out-of-network coverage
<b>Specific conditions (continued)</b>		
Clinical trials - Routine patient costs	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<p>The following are not covered services:</p> <ul style="list-style-type: none"> <li>• Services and supplies related to data collection and record-keeping needed only for the clinical trial</li> <li>• Services and supplies provided by the trial sponsor for free</li> <li>• The experimental intervention itself (except Category B investigational devices and promising experimental or investigational interventions for terminal illnesses in certain clinical trials in accordance with our policies)</li> </ul>		
Dermatological treatment	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Cosmetic treatment and procedures</li> </ul>		
Obesity surgery and services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<p>The following are not covered services:</p> <ul style="list-style-type: none"> <li>• Weight management treatment.</li> <li>• Drugs intended to decrease or increase body weight, control weight or treat obesity except as described in the certificate.</li> <li>• Preventive care services for obesity screening and weight management interventions, regardless of whether there are other related conditions. This includes: <ul style="list-style-type: none"> <li>- Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications</li> <li>- Hypnosis, or other forms of therapy</li> </ul> </li> <li>• Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement.</li> </ul>		
Maternity care (includes delivery and postpartum care services in a hospital or birthing center)	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Any services and supplies related to births that take place in the home or in any other place not licensed to perform deliveries</li> </ul>		
Well newborn nursery care in a hospital or birthing center	80% (of the negotiated charge)  No policy year deductible applies	50% (of the recognized charge)  No policy year deductible applies

<b>Covered services</b>	<b>In-network coverage</b>	<b>Out-of-network coverage</b>
<b>Voluntary sterilization for males</b>		
Inpatient physician or specialist surgical services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Outpatient physician or specialist surgical services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<b>Gender affirming treatment</b>		
Surgical, hormone replacement therapy, and counseling treatment	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
The following are not covered services under this benefit:		
<ul style="list-style-type: none"> <li>Any treatment, surgery, service or supply that is not in the list above of covered services</li> </ul>		
<b>Autism spectrum disorder</b>		
Autism spectrum disorder treatment, diagnosis and testing. Includes Applied behavior analysis and Physical, occupational, and speech therapy associated with diagnosis of autism spectrum disorder	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<b>Mental health and substance abuse related disorders treatment</b>		
Inpatient hospital (room and board and other miscellaneous hospital services and supplies)	\$100 copayment then the plan pays 80% (of the balance of the negotiated charge) per admission	\$200 copayment then the plan pays 50% (of the balance of the recognized charge) per admission
Outpatient office visits (includes telemedicine consultations)	\$30 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$50 copayment then the plan pays 100% (of the balance of the recognized charge) per visit
Other outpatient treatment (includes Partial hospitalization and Intensive Outpatient Program)	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit

<b>Covered services</b>	<b>In-network coverage</b> (IOE facility)	<b>Out-of-network coverage</b> (Includes providers who are otherwise part of Aetna's network but are non-IOE providers)
<b>Transplant services</b>		
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Transplant services-travel and lodging	Covered	
Lifetime Maximum payable for Travel and Lodging Expenses for any one transplant, including tandem transplants	\$10,000	
Maximum payable for Lodging Expenses per IOE patient	\$50 per night	
Maximum payable for Lodging Expenses per companion	\$50 per night	
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Services and supplies furnished to a donor when the recipient is not a covered person</li> <li>• Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness</li> <li>• Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness</li> </ul>		
<b>Covered services</b>	<b>In-network coverage</b>	<b>Out-of-network coverage</b>
<b>Infertility services</b>		
Treatment of basic infertility	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<b>Infertility services exclusions</b>		
<p>The following are not covered under the infertility services benefit:</p> <ul style="list-style-type: none"> <li>• All infertility services associated with or in support of an ovulation induction cycle while on medication to stimulate the ovaries. This includes, but is not limited to, imaging, laboratory services, and professional services.</li> <li>• Infertility medication.</li> <li>• Cryopreservation (freezing) and storage of eggs, embryos, sperm, or reproductive tissue.</li> <li>• Thawing of cryopreserved (frozen) eggs, sperm, or reproductive tissue.</li> <li>• All charges associated with or in support of surrogacy arrangements for you or the surrogate. A surrogate is a female carrying her own genetically related child with the intention of the child being raised by someone else, including the biological father.</li> <li>• Home ovulation prediction kits or home pregnancy tests.</li> <li>• The purchase of donor embryos, donor eggs or donor sperm.</li> <li>• Obtaining sperm from a person not covered under this plan.</li> </ul>		
<b>(continued on next page)</b>		

Covered services	In-network coverage	Out-of-network coverage
<p><b>Infertility services exclusions (continued)</b></p> <p>The following are not covered under the infertility services benefit:</p> <ul style="list-style-type: none"> <li>• Infertility treatment when a successful pregnancy could have been obtained through less costly treatment.</li> <li>• Infertility treatment when either partner has had voluntary sterilization surgery, with or without surgical reversal, regardless of post reversal results. This includes tubal ligation, hysterectomy and vasectomy only if obtained as a form of voluntary sterilization.</li> <li>• Infertility treatment when infertility is due to a natural physiologic process such as age-related ovarian insufficiency (e.g., perimenopause, menopause) as measured by an unmedicated FSH level at or above 19 on cycle day two or three of your menstrual period or other abnormal testing results as outlined in Aetna’s infertility clinical policy.</li> </ul>		
<p><b>Specific therapies and tests</b></p>		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge)	50% (of the recognized charge)
Diagnostic lab work performed in a physician’s office, the outpatient department of a hospital or other facility	80% (of the negotiated charge)	50% (of the recognized charge)
Diagnostic radiological services performed in a physician’s office, the outpatient department of a hospital or other facility	80% (of the negotiated charge)	50% (of the recognized charge)
Outpatient Chemotherapy, Radiation & Respiratory Therapy	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Outpatient infusion therapy	Covered according to the type of benefit or the place where the service is received	Covered according to the type of benefit or the place where the service is received
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan</li> <li>• Enteral nutrition</li> <li>• Blood transfusions and blood products</li> <li>• Dialysis</li> </ul>		
<p>Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)</p> <p>Combined for short-term rehabilitation services and habilitation therapy services</p>	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Short-term rehabilitation services and habilitation therapy services – Maximum visits per policy year	Unlimited	

<b>Covered services</b>	<b>In-network coverage</b>	<b>Out-of-network coverage</b>
<b>Specific therapies and tests (continued)</b>		
Chiropractic services	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Specialty prescription drugs purchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received	Covered according to the type of benefit or the place where the service is received
<b>Other services</b>		
Acupuncture	80% (of the negotiated charge) per visit	\$50 copayment then the plan pays 100% (of the balance of the recognized charge) per visit
The following is not covered under this benefit: <ul style="list-style-type: none"> <li>• Acupressure</li> </ul>		
Emergency ground, air, and water ambulance	\$100 copayment then the plan pays 80% (of the balance of the negotiated charge) per trip	Paid the same as in-network coverage
The following are not covered services: <ul style="list-style-type: none"> <li>• Ambulance services for routine transportation to receive outpatient or inpatient services</li> </ul>		
Durable medical and surgical equipment	80% (of the negotiated charge) per item	50% (of the recognized charge) per item
The following are not covered under this benefit: <ul style="list-style-type: none"> <li>• Whirlpools</li> <li>• Portable whirlpool pumps</li> <li>• Sauna baths</li> <li>• Massage devices</li> <li>• Over bed tables</li> <li>• Elevators</li> <li>• Communication aids</li> <li>• Vision aids</li> <li>• Telephone alert systems</li> <li>• Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician</li> </ul>		
Nutritional support	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
The following are not covered under this benefit: <ul style="list-style-type: none"> <li>• Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition</li> </ul>		

Covered services	In-network coverage	Out-of-network coverage
<b>Other services (continued)</b>		
Prosthetic Devices & Orthotics	80% (of the negotiated charge) per item	50% (of the recognized charge) per item
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Services covered under any other benefit</li> <li>• Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace</li> <li>• Trusses, corsets, and other support items</li> <li>• Repair and replacement due to loss, misuse, abuse or theft</li> <li>• Communication aids</li> <li>• Cochlear implants</li> </ul>		
<b>Hearing aids and exams</b>		
Hearing exam	\$30 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$50 copayment then the plan pays 100% (of the balance of the recognized charge) per visit
Hearing exam maximum	1 hearing exams every policy year	
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay</li> </ul>		
Hearing aids	80% (of the negotiated charge) per item	50% (of the recognized charge) per item
Hearing aids maximum per ear	One hearing aid per ear every policy year	
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• A replacement of: <ul style="list-style-type: none"> <li>- A hearing aid that is lost, stolen or broken</li> <li>- A hearing aid installed within the prior 12-month period</li> </ul> </li> <li>• Replacement parts or repairs for a hearing aid</li> <li>• Batteries or cords</li> <li>• Cochlear implants</li> <li>• A hearing aid that does not meet the specifications prescribed for correction of hearing loss</li> <li>• Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist</li> </ul>		

Covered services	In-network coverage	Out-of-network coverage
<b>Pediatric vision care</b>		
Limited to covered persons through the end of the month in which the person turns age 19		
Pediatric routine vision exams (including refraction) performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision evaluations)	100% (of the negotiated charge) per visit  No policy year deductible applies	70% (of the recognized charge) per visit  No policy year deductible applies
Office visit for fitting of contact lenses	100% (of the negotiated charge) per visit  No policy year deductible applies	70% (of the recognized charge) per visit  No policy year deductible applies
Maximum visits per policy year	1 visit	
Low vision Maximum	One comprehensive low vision evaluation every policy year	
Fitting of contact Maximum	1 visit	
Pediatric vision care services & supplies - Eyeglass frames, prescription lenses or prescription contact lenses	100% (of the negotiated charge) per item  No policy year deductible applies	70% (of the recognized charge) per item  No policy year deductible applies
Maximum number Per year: Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-conventional prescription contact lenses & aphakic lenses prescribed after cataract surgery)	Daily disposables: up to 3-month supply Extended wear disposable: up to 6-month supply Non-disposable lenses: one set	
Optical devices	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Maximum number of optical devices per policy year	One optical device	
* <b>Important note:</b> Refer to the <i>Vision care</i> section in the certificate of coverage for the explanation of these vision care supplies. As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.		
The following are not covered under this benefit:		
<ul style="list-style-type: none"> <li>• Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes</li> </ul>		

<b>Outpatient prescription drugs</b>		
<b>Outpatient prescription drug policy year deductibles</b>		
<b>A separate policy year deductible applies to prescription drugs</b>		
You have to meet your prescription drug policy year deductibles below before this plan pays for outpatient prescription drug benefits.		
Student	\$200 per policy year	
<b>Outpatient prescription drug policy year deductible and copayment waiver for risk reducing breast cancer drugs</b>		
The outpatient prescription drug policy year deductible and the prescription drug copayment will not apply to risk reducing breast cancer prescription drugs filled at a retail in-network pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.		
<b>Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs</b>		
The outpatient prescription drug policy year deductible and the prescription drug copayment will not apply to the first two 90-day treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a retail in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.		
Your policy year deductible outpatient prescription drug policy year deductible and any prescription drug copayment will apply after those two regimens per policy year have been exhausted.		
<b>Outpatient prescription drug policy year deductible and copayment waiver for contraceptives</b>		
The outpatient prescription drug policy year deductible and the prescription drug copayment will not apply to female contraceptive methods when obtained at an in-network pharmacy.		
This means that such contraceptive methods are paid at 100% for:		
<ul style="list-style-type: none"> <li>• Certain over-the-counter (OTC) and generic contraceptive prescription drugs and devices for each of the methods identified by the FDA. Related services and supplies needed to administer covered devices will also be paid at 100%.</li> <li>• If a generic prescription drug or device is not available for a certain method, you may obtain certain brand-name prescription drug or device for that method paid at 100%.</li> </ul>		
The outpatient prescription drug policy year deductible and the prescription drug copayment will continue to apply to prescription drugs that have a generic equivalent, biosimilar or generic alternative available within the same therapeutic drug class obtained at an in-network pharmacy unless you are granted a medical exception. The certificate of coverage explains how to get a medical exception.		
<b>Covered services</b>	<b>In-network coverage</b>	<b>Out-of-network coverage</b>
<b>Preferred generic prescription drugs</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	\$15 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	\$15 copayment per supply then the plan pays 80% (of the balance of the recognized charge)
<b>Preferred brand-name prescription drugs</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	\$45 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	\$45 copayment per supply then the plan pays 80% (of the balance of the recognized charge)

Covered services	In-network coverage	Out-of-network coverage
<b>Outpatient prescription drugs (continued)</b>		
<b>Non-preferred generic prescription drugs</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	Copayment per supply of 20% of the negotiated charge then the plan pays 100% (of the balance of the negotiated charge)	Copayment per supply of 20% of the recognized charge then the plan pays 100% (of the balance of the recognized charge)
<b>Non-preferred brand-name prescription drugs</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	Copayment per supply of 20% of the negotiated charge then the plan pays 100% (of the balance of the negotiated charge)	Copayment per supply of 20% of the recognized charge then the plan pays 100% (of the balance of the recognized charge)
<b>Specialty drugs</b>		
For each fill up to a 30-day supply filled at a specialty pharmacy or a retail pharmacy	Copayment per supply of 20% of the negotiated charge then the plan pays 100% (of the balance of the negotiated charge)	Copayment per supply of 20% of the recognized charge then the plan pays 100% (of the balance of the recognized charge)
<b>Diabetic supplies, drugs, and insulin</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	Paid according to the type of drug per the schedule of benefits, above	Paid according to the type of drug per the schedule of benefits, above
<b>Diabetic insulin important note:</b> Your cost share will not exceed \$25 per 30-day supply of a covered preferred prescription insulin drug filled at an in-network pharmacy. No policy year deductible applies for preferred insulin.		
Anti-cancer prescription drugs taken by mouth For each fill up to a 30-day supply	100% (of the negotiated charge)  No policy year deductible applies	100% (of the recognized charge)  No policy year deductible applies
Preventive care drugs and supplements filled at a retail pharmacy  For each 30-day supply	100% (of the negotiated charge per prescription or refill)  No copayment or policy year deductible applies	Paid according to the type of drug per the schedule of benefits, above
Preventive care drugs and supplements maximums	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the USPSTF. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging in to your Aetna website at <a href="https://www.aetnastudenthealth.com">https://www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	

Covered services	In-network coverage	Out-of-network coverage
<b>Outpatient prescription drugs (continued)</b>		
Risk reducing breast cancer prescription drugs filled at a pharmacy  For each 30-day supply	100% (of the negotiated charge) per prescription or refill  No copayment or policy year deductible applies	Paid according to the type of drug per the schedule of benefits, above
Risk reducing breast cancer prescription drugs maximums	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the USPSTF. For details on the guidelines and the current list of covered risk reducing breast cancer prescription drugs, contact Member Services by logging in to your Aetna website at <a href="https://www.aetnastudenthealth.com">https://www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	
Tobacco cessation prescription drugs and OTC drugs filled at a pharmacy  For each 30-day supply	100% (of the negotiated charge per prescription or refill  No copayment or policy year deductible applies	Paid according to the type of drug per the schedule of benefits, above
Tobacco cessation prescription drugs and OTC drugs maximums	Coverage is permitted for two 90-day treatment regimens only. Any additional treatment regimens will be subject to the cost sharing in your schedule of benefits. Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the USPSTF. For details on the guidelines and the current list of covered tobacco cessation prescription drugs and OTC drugs, contact Member Services by logging in to your Aetna website at <a href="https://www.aetnastudenthealth.com">https://www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	
<b>Contraceptives (birth control)</b> Brand-name prescription drugs and devices are covered at 100% at an in-network pharmacy when a generic is not available		
For each fill up to 12-month supply of generic and OTC drugs and devices filled at a retail pharmacy	100% (of the negotiated charge)  No policy year deductible applies	100% (of the recognized charge)  No policy year deductible applies
For each fill up to 12-month supply of brand name prescription drugs and devices filled at a retail pharmacy	Paid according to the type of drug per the schedule of benefits, above	Paid according to the type of drug per the schedule of benefits, above

**Outpatient prescription drugs important note:**

If a provider prescribes a covered brand-name prescription drug when a generic prescription drug equivalent is available and specifies “Dispense As Written” (DAW), you will pay the cost share for the brand-name drug. If a provider does not specify DAW and you request a covered brand-name prescription drug, you will be responsible for the cost share that applies to the brand-name drug plus the cost difference between the generic drug and the brand-name drug. The cost difference related to a prescription not specified as DAW does not apply toward your policy year deductible or maximum out-of-pocket limit.

**Outpatient prescription drug exclusions**

The following are not covered services:

- Abortion drugs used for elective termination of pregnancy except when the pregnancy is the result of rape or incest or if it places the woman's life in serious danger
- Allergy sera and extracts given by injection
- Any services related to providing, injecting or application of a drug
- Compounded prescriptions containing bulk chemicals not approved by the FDA including compounded bioidentical hormones
- Cosmetic drugs including medication and preparations used for cosmetic purposes
- Devices, products and appliances unless listed as a covered service
- Dietary supplements including medical foods
- Drugs or medications:
  - Administered or entirely consumed at the time and place they are prescribed or provided
  - Which do not require a prescription by law, even if a prescription is written, unless we have approved a medical exception
  - That are therapeutically the same or an alternative to a covered prescription drug, unless we approve a medical exception
  - Not approved by the FDA or not proven safe or effective
  - Provided under your medical plan while inpatient at a healthcare facility
  - Recently approved by the FDA but not reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception
  - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
  - That are used to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity or alter the shape or appearance of a sex organ unless listed as a covered service
  - That are indicated or used for the purpose of weight gain or loss including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, non-prescription appetite suppressants or other medications except as described in the certificate
  - That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature, unless there is evidence that the covered person meets one or more clinical criteria detailed in our precertification and clinical policies
- Duplicative drug therapy; for example, two antihistamines for the same condition
- Genetic care including:
  - Any treatment, device, drug, service or supply to alter the body's genes, genetic makeup or the expression of the body's genes unless listed as a covered service

***(continued on next page)***

### **Outpatient prescription drug exclusions (continued)**

The following are not covered services:

- Immunizations related to travel or work
- Immunization or immunological agents except as specifically stated in the schedule of benefits or the certificate
- Implantable drugs and associated devices except as specifically stated in the schedule of benefits or the certificate
- Infertility:
  - Prescription drugs used primarily for the treatment of infertility
- Injectables including:
  - Any charges for the administration or injection of prescription drugs
  - Needles and syringes except for those used for insulin administration
  - Any drug which, due to its characteristics as determined by us, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting with the exception of Depo Provera and other injectable drugs for contraception
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
  - That are ordered by a dentist or prescribed by an oral surgeon in relation to the removal of teeth or prescription drugs for the treatment of a dental condition
  - That are considered oral dental preparations and fluoride rinses except pediatric fluoride tablets or drops as specified on the plan's drug guide
  - That are used for the purpose of improving visual acuity or field of vision
  - That are being used or abused in a manner that is determined to be furthering an addiction to a habit-forming substance, or drugs obtained for use by anyone other than the person identified on the ID card
- Prescription drugs indicated for the purpose of weight loss.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- Tobacco cessation drugs, unless recommended by the USPSTF
- We reserve the right to exclude:
  - A manufacturer's product when the same or similar drug (one with the same active ingredient or same therapeutic effect), supply or equipment is on the plan's drug guide
  - Any dosage or form of a drug when the same drug is available in a different dosage or form on the plan's drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health  
ATTN: Aetna PA  
1300 E Campbell Road  
Richardson, TX 75081

## Out of Country claims

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

## General Exclusions

The following are not covered services under your plan:

### Abortion

- Services and supplies provided for an abortion except when the pregnancy is the result of rape or incest or if it places the woman's life in serious danger

### Abortion drugs

- Drugs used for elective termination of pregnancy except when the pregnancy is the result of rape or incest or if it places the woman's life in serious danger

### Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) of the American Psychiatric Association:
  - School and/or education service including special education, remedial education, wilderness treatment programs, or any such related or similar programs
  - Services provided in conjunction with school, vocation, work or recreational activities
  - Transportation

### Blood and blood products

- Blood, blood products, and related services that are supplied to your provider free of charge

### Cosmetic services and plastic surgery

- Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body, except where described in the *Covered services and exclusions* section

### Court-ordered testing

- Court-ordered testing or care unless medically necessary

### Custodial care

Services and supplies meant to help you with activities of daily living or other personal needs.

Examples of these are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter, including emptying or changing containers and clamping tubing
- Watching or protecting you
- Respite care except in connection with hospice care, adult or child day care, or convalescent care
- Institutional care, including room and board for rest cures, adult day care and convalescent care

- Help with walking, grooming, bathing, dressing, getting in or out of bed, going to the bathroom, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- For behavioral health (mental health treatment and substance related disorder treatment):
  - Services provided when you have reached the greatest level of function expected with the current level of care, for a specific diagnosis
  - Services given mainly to:
    - o Maintain, not improve, a level of function
    - o Provide a place free from conditions that could make your physical or mental state worse

### **Dental care for adults**

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease
  - False teeth
  - Prosthetic restoration of dental implants
  - Dental implants except when part of an approved treatment plan for a covered service described in the *Covered services and exclusions – Reconstructive surgery and supplies* section.

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

### **Educational services**

Examples of these are:

- Any service or supply for education, training or retraining services or testing. This includes:
  - Special education
  - Remedial education
  - Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution)
  - Job training
  - Job hardening programs
- Educational services, schooling or any such related or similar program, including therapeutic programs within a school setting.

### **Examinations**

Any health or dental examinations needed:

- Because a third party requires the exam. Examples include examinations to get or keep a job, and examinations required under a labor agreement or other contract.
- To buy insurance or to get or keep a license.
- To travel.
- To go to a school, camp, sporting event, or to join in a sport or other recreational activity.

**Experimental, investigational, or unproven**

- Experimental, investigational, or unproven drugs, devices, treatments or procedures unless otherwise covered under clinical trials

**Gene-based, cellular and other innovative therapies****Growth/Height care**

- A treatment, device, drug, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures, devices and growth hormones to stimulate growth

**Jaw joint disorder**

- Surgical treatment of jaw joint disorders
- Non-surgical treatment of jaw joint disorders
- Jaw joint disorder treatment performed by prosthesis placed directly on the teeth, surgical and non-surgical medical and dental services, and diagnostic or therapeutics services related to jaw joint disorders including associated myofascial pain

This exclusion does not apply to covered benefits for treatment of TMJ and CMJ as described in the *Covered services and exclusions – Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment* section.

**Maintenance care**

- Care made up of services and supplies that maintain, rather than improve, a level of physical or mental function, except for habilitation therapy services.

**Other primary payer**

- Payment for a portion of the charges that Medicare or another party is responsible for as the primary payer

**Outpatient prescription or non-prescription drugs and medicines**

- Specialty prescription drugs except as stated in the *Covered services and exclusions* section

**Personal care, comfort or convenience items**

- Any service or supply primarily for your convenience and personal comfort or that of a third party

**Routine exams and preventive services and supplies**

- Routine physical exams, routine eye exams, routine dental exams, routine hearing exams and other preventive services and supplies, except as specifically provided in the *Covered services and exclusions* section

**Services provided by a family member**

- Services provided by a spouse, civil union partner, domestic partner, parent, child, stepchild, brother, sister, in-law, or any household member

**Services not permitted by law**

- Some laws restrict the range of health care services a provider may perform under certain circumstances or in a particular state. When this happens, the services are not covered by the plan.

### **Sexual dysfunction and enhancement**

- Any treatment, prescription drug, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
  - Surgery, prescription drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity or alter the shape of a sex organ
  - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services

### **Strength and performance**

- Services, devices and supplies such as drugs or preparations designed primarily to enhance your strength, physical condition, endurance or physical performance

### **Students in mental health field**

- Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

### **Telemedicine**

- Services including:
  - Telephone calls
  - Telemedicine kiosks
  - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

### **Therapies and tests**

- Full body CT scans
- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used for physical therapy treatment
- Sensory or hearing and sound integration therapy

### **Tobacco cessation**

- Any treatment, drug, service or supply to stop or reduce smoking or the use of other tobacco products or to treat or reduce nicotine addiction, dependence or cravings, including, medications, nicotine patches and gum unless recommended by the United States Preventive Services Task Force (USPSTF). This also includes:
  - Counseling, except as specifically provided in the *Covered services and exclusions – Preventive care and wellness* section
  - Hypnosis and other therapies
  - Medications, except as specifically provided in the *Covered services and exclusions – Outpatient prescription drugs* section
  - Nicotine patches
  - Gum

### **Treatment in a federal, state, or governmental entity**

- Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, unless coverage is required by applicable laws

**Vision care for adults**

- Routine vision exam provided by an ophthalmologist or optometrist, including refraction and glaucoma testing
- Vision care services and supplies

**Voluntary sterilization**

- Reversal of voluntary sterilization procedures, including related follow-up care

**Wilderness treatment programs**

See *Educational services* in this section

**Work related illness or injuries**

- Coverage available to you under workers' compensation or a similar program under local, state or federal law for any illness or injury related to employment or self-employment

**Important note:**

A source of coverage or reimbursement is considered available to you even if you waived your right to payment from that source. You may also be covered under a workers' compensation law or similar law. If you submit proof that you are not covered for a particular illness or injury under such law, then that illness or injury will be considered "non-occupational" regardless of cause.

The Des Moines University Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

**Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license.

For more information, visit <http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx>.

## Discrimination is Against the Law

Aetna Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (consistent with 45 CFR § 92.101(a)(2)). Aetna Inc. does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex. Aetna Inc.:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, call 1-877-480-4161 (TTY: 711) or the number on the back of your ID card.

If you believe that Aetna Inc. has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

### **Civil Rights Coordinator**

Attn: 1557 Coordinator

CVS Pharmacy, Inc.

1 CVS Drive, MC 2332

Woonsocket, RI 02895

Phone: 1-800-648-7817, TTY: 711

Email: [CRCoordinator@aetna.com](mailto:CRCoordinator@aetna.com)

You can file a grievance in person, by mail, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

### **U.S. Department of Health and Human Services**

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This notice is available at Aetna Inc.'s website: <https://www.aetnastudenthealth.com>.

*Please note, Aetna covers health services in compliance with applicable federal and state laws. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations, and conditions of coverage.*

