



Subscriber's Certificate

DeltaCare

*Delta Dental** certifies that you have the right to benefits for services according to the terms of your *contract*. This certificate is part of your *contract*.

Your *Delta Dental subscriber* identification card will be mailed to you separately. It identifies you to a dentist as a *Delta Dental subscriber* who has the right to the benefits in your *contract*. You should present your identification card to the dentist before you receive services so that we may properly administer your benefits.

ATTEST: Dental Service of Massachusetts, Inc.

A handwritten signature in cursive script that reads "Fay Donohue".

Fay Donohue
President & CEO

A handwritten signature in cursive script that reads "James P. Hawkins".

James Hawkins
Corporate Clerk

Incorporated under the laws of the Commonwealth of Massachusetts as a not-for-profit organization.

*Dental Service of Massachusetts, Inc. is doing business as Delta Dental.
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Introduction

This certificate is part of the *contract* between you and *Delta Dental*. We urge you to read it carefully.

Please note that the words in *Italics* are listed in Part I, “Definitions”.

This certificate includes four types of services:

1. Type I includes services to prevent or detect tooth decay and other forms of oral disease.
2. Type II includes services to: (i) restore decayed or *fractured* teeth; (ii) remove diseased or damaged natural teeth; (iii) treat oral disease; (iv) repair dentures or bridges; (v) rebase or reline dentures; and (vi) recement bridges, crowns and onlays.
3. Type III includes services and supplies to: (i) replace missing natural teeth with artificial ones and (ii) restore severely decayed or *fractured* teeth.
4. Type IV includes services to prevent and correct misalignment of the teeth (orthodontics).

The dental services described in this *contract* are covered immediately as of your *effective date*, unless your benefits are subject to a waiting period. You are entitled to these benefits on a non-discriminatory basis, including those benefits that are mandated by state and federal law.

Additionally, there are some limitations or restrictions on your membership, which are found in Part IV of this certificate.

The index at the end of this certificate lists where you can find the benefits and limitations contained in your *contract*.

If you have any questions, contact your *plan sponsor* or *Delta Dental's* DeltaCare Customer Service department. *Delta Dental's* telephone numbers are listed at the end of this certificate.

Member Rights and Responsibilities

As a *Delta Dental* member, you have the right to:

- file grievances about *Delta Dental* or the participating dentists. In the case of an adverse determination, *Delta Dental* may include alternative treatment options that are covered and are appropriate and consistent with general principles of professional dental practice.
- be provided with appropriate information about *Delta Dental* and its benefits, dentists, and policies
- be informed of your diagnosis, treatment and prognosis by your dentist
- give informed consent before beginning any dental treatment, and be made aware of consequences of refusing treatment
- obtain a copy of your dental record, in accordance with the law
- be treated with respect and recognition of your dignity and need for privacy

Interpretation/Translation Services

At your request, interpreter and translation services related to administrative procedures are available to you or a covered family member.

خدمات ترجمة فورية/ترجمة

في حالة طلبكم نقوم بتوفير مترجمين وخدمات ترجمة تتعلق بالإجراءات الإدارية.

អ្នកបកប្រែ ឬកិច្ចការបកប្រែ

បើអ្នកស្នើឲ្យមានអ្នកបកប្រែ និងកិច្ចការបកប្រែ ដែលជាប់ទាក់ទងទៅនឹង

វិធីចាត់ចែងការ យើងមានផ្តល់ជូន ។

翻譯服務

如果您提出請求，我們可以為您提供協助辦理行政手續的翻譯服務。

Services de traduction et d'interprétariat.

Les services de traduction et d'interprétariat en connexion avec les procédures administratives sont disponibles sur demande

Υπηρεσίες Διερμηνεία/Μεταφραστή

Μετά από αίτησή σας, υπηρεσίες διερμηνεία και μεταφραστή σχετικά με διοικητικές διαδικασίες είναι στη διάθεσή σας.

Sèvis Entèprèt ak Tradiksyon Si w mande sèvis entèprèt ak tradiksyon pou prosede administratif, nap mete yo a dispozisyon ou.

Servizi di interpretariato e traduzione A richiesta, sono disponibili servizi di interpretariato e traduzione relazionati con pratiche amministrative.

ບໍລິການນາຍພາສາ/ແປເອກະສານ

ຖ້າທ່ານຮ້ອງຂໍ, ຈະມີບໍລິການນາຍພາສາແລະແປເອກະສານທີ່ກັບທ່ານ ສໍາລັບເລື້ອງທີ່ກ່ຽວຂ້ອງກັບຂັ້ນຕອນການບໍລິຫານ.

Serviços de tradutor(a)/intérprete Se assim o solicitar, estão disponíveis serviços de tradução e interpretação para os procedimentos administrativos.

Услуги устного/письменного перевода

По Вашему требованию будут предоставлены услуги устного и письменного перевода, связанные с административными процедурами.

Servicios de interpretación/traducción Si usted lo solicita, se encuentran a su disposición servicios de interpretación y traducción para asistirle en procedimientos administrativos.

You have the responsibility to:

- ask questions in order to understand your dental condition and treatment, and follow instructions for recommended treatment given by your dentist
- provide information to your dentists that is necessary to render care to you
- be familiar with *Delta Dental's* benefits, policies and procedures, reading *Delta Dental's* written materials, or calling Customer Service

Part I: Definitions

Adverse determination: means a decision by *Delta Dental* to deny, reduce, or modify the availability of any dental care services, because your condition failed to meet the requirements for coverage based on necessity, appropriateness of care, level of care, or effectiveness.

Complaint: means any inquiry made by you or on your behalf to *Delta Dental* that is not explained or resolved to your satisfaction within ten (10) business days of the inquiry; or involves an *adverse determination*.

Contract: this Subscriber's Certificate, Enrollment Form, any applicable Riders, Endorsements and Supplemental Agreements.

Covered Individual: a person who receives dental benefits under the DeltaCare program. This usually includes *subscribers* and their dependents.

Delta Dental: Dental Service of Massachusetts, Inc. is doing business as either *Delta Dental* of Massachusetts or *Delta Dental*.

DeltaCare Primary Care Dentist: a dentist who has entered into an agreement with *Delta Dental* to furnish services to DeltaCare *covered individuals*. Each *covered individual* selects a *DeltaCare primary care dentist* upon enrollment in DeltaCare.

Disenrollment: *Covered individuals* who are disenrolled because they have moved out of our service area or whose continuation of coverage periods has expired. They are former dependents that no longer qualify as dependents, or covered individuals who lose coverage under an employer sponsored plan because they have ceased employment. They are disenrolled because their employer group has canceled coverage under the plan, reduced number of hours worked, or they have become disabled, retired or died. The involuntary disenrollment rate amongst all insured is extremely low as currently defined.

Effective Date: the date, as shown on our records, your coverage begins under this *contract* or an amendment to it.

Emergency medical condition: a medical condition, whether physical or mental, manifesting itself by symptoms of sufficient severity, including severe pain, that the absence of prompt medical attention could reasonably be expected by a prudent layperson who possesses an average knowledge of health and medicine, to result in placing the health of an insured or another person in serious jeopardy, serious impairment to body function, or serious dysfunction of any body organ or part or, with respect to a pregnant woman, as further defined in section 1867 (e)(1)(B) of the Social Security Act, 42 USC section 1395dd(e)(1)(B).

Family Contract: a *contract* that includes you, your spouse and your dependent children up to 26 years of age. Adopted children and children under your own or your spouse's legal guardianship are also covered. In addition, a physically or mentally handicapped child who is incapable of earning his or her own living and is over 26 years may be eligible to continue coverage under a family membership if *Delta Dental* is notified within 72 days of the child's twenty sixth birthday.

Fracture: the breaking off of rigid tooth structure not including crazing due to thermal changes or chipping due to attrition.

Grievance: refers to any oral or written complaint submitted to *Delta Dental* by you or on your behalf concerning any aspect or action of *Delta Dental*. This is including, but not limited to, review of *adverse determinations* regarding the scope of your coverage, denial of services, quality of care and administrative operations.

Individual Contract: a *contract* that includes only the *subscriber*.

Inquiry: means any question or concern communicated by you or on your behalf to *Delta Dental*, which has not been the subject of an *adverse determination*.

Maximum Fee Allowance: The payment amount that *Delta Dental* sets for the non-participating dentist services that may be provided under this *contract*. Benefits are payable in accordance with the Outline of Reimbursement as filed and approved by the Division Of Insurance for this contract for Massachusetts dentists and the terms and conditions of the applicable Benefits Payable Rider attached to this certificate and in effect at the time services are rendered.

Plan Sponsor: the *plan sponsor* is your agent and is not the agent of *Delta Dental*. The *plan sponsor* sends to us the subscription charge due from you and receives all notices from us for you. We will send your *plan sponsor* any subscription refund due to you. It is the *plan sponsor's* responsibility to notify you of changes to your benefits or your charges.

Quality Assurance Management: a program that provides specific policies and procedures to ensure that minimum standards are met and proper evaluations are conducted in order to provide insureds with quality care.

Specialist: a dentist who is either board eligible or board certified to perform specialty care. The *DeltaCare specialist* works with your *DeltaCare primary care dentist* to coordinate treatment for specialty services that are needed.

Subscriber: an employee or member, certified by the *plan sponsor*, who is eligible to receive dental benefits under the *DeltaCare* program.

Utilization Review: a formal process designed to monitor the use of, or evaluate the medical necessity, appropriateness or efficiency of healthcare services.

Part II : Plan Description

1. In the DeltaCare program, patients who use a *DeltaCare primary care dentist* do not need to file claim forms. If you do not use a *DeltaCare primary care dentist* you are responsible for filing a claim form directly with *Delta Dental*.
2. At the beginning of coverage, each *subscriber* and his or her dependent(s) must select a *DeltaCare primary care dentist* from a list provided by *Delta Dental*. If no dentist is selected, one will be assigned to you by *Delta Dental*. To receive maximum benefit levels, *covered individuals* must receive all their dental care from the selected *DeltaCare primary care dentist* or from a *specialist* to which they are referred by the *DeltaCare primary care dentist*. Requests for changes of primary care dentist can be made over the phone by contacting the DeltaCare Unit using the phone number listed on the back side of your ID card. Changes will take effect on the first day of the month following the request. If you choose to receive dental care from a dentist other than your *DeltaCare primary care dentist* (or a referred *specialist*), please see Item 6.

If your Primary care dentist decides to leave the DeltaCare network of dentists, *Delta Dental* will provide you at least thirty (30) days notice before disenrollment of your *DeltaCare primary care dentist* from our network. If you are currently undergoing a dental procedure, you should return to the disenrolled dentist to complete your treatment. To ensure continuous access to dental care, *Delta Dental* will automatically assign you to a new *DeltaCare primary care dentist* and this information will be contained in your notification letter. You may continue with the assigned provider or you may contact *Delta Dental's* Customer Service department to select another *DeltaCare primary care dentist*.

3. The *DeltaCare primary care dentist* assumes responsibility for coordination of dental care needed by the patient as defined in the benefits section.
4. If treatment warrants the use of a *specialist*, your *DeltaCare primary care dentist* may refer you to a *specialist* to provide treatment. The *covered individual* is responsible for paying any co-payments for specialty care directly to the *specialist*. Benefits for specialty care services including periodontal and endodontic services and oral surgery are limited to a \$1,000 calendar year maximum.

5. Each *covered individual* selects or is assigned a *DeltaCare Primary Care Dentist* who is participating in the DeltaCare network. For services performed by primary care and specialty DeltaCare dentists, the in-network benefit allowance is based on the DeltaCare schedule of patient co-payments. The primary care dentist has agreed to accept *Delta Dental's* monthly per member per month payment plus applicable patient co-payments as full payment. The DeltaCare *specialist* has agreed to accept the DeltaCare specialty fee schedule as payment in full for covered services. Network dentists may not bill the patient for amounts other than those listed on the schedule of patient co-payments. You will, however, be responsible for the difference between the Plan payment and the dentist's actual charge for covered services in excess of the maximum fee allowance for specialty services.
6. For services performed by non-panel dentists, the out-of-network benefit for each type of service will be twenty percent lower than the average in-network benefit level by type of service. These reduced co-insurance percentages will be applied against the maximum fee allowance or the dentist's submitted fee if lower.

Additionally, a one hundred dollar (\$100) per covered individual deductible, which is separate and distinct applies to all services and has no aggregate family maximum deductible amount.

Delta Dental pays the *covered individual* directly for covered services, and the member is responsible for paying the dentist.

7. When a *Covered Individual* has the sudden onset of a dental condition that requires immediate treatment to relieve pain, the member must call his or her *DeltaCare Primary Care Dentist* and have their care provided or referred by the *DeltaCare Primary Care Dentist*. If the *covered individual* is out of the area or after making reasonable effort as determined by *Delta Dental*, is unable to see his or her *DeltaCare Primary Care Dentist*, then only minor dental procedures for pain relief (such as pulpectomy or temporary filling) are covered. Submit a claim for reimbursement to *Delta Dental* of Massachusetts; Attention: DeltaCare, 465 Medford Street, Boston, MA 02129.

Nothing in this section will prohibit a *covered individual* from seeking emergency care whenever the individual is confronted with an *emergency medical condition* which in the judgment of a prudent layperson would require pre-hospital emergency services. This includes the option of calling the local pre-hospital emergency medical services system by dialing 911, or its local equivalent. Coverage will not be denied for dental expenses incurred as a result of such emergency condition.

8. We will allow your *DeltaCare primary care dentist* to authorize a standing referral for specialty dental care provided by a *DeltaCare specialist* when:
- a) The *DeltaCare primary care dentist* determines that such referrals are appropriate;
 - b) The *DeltaCare specialist* agrees to a treatment plan for you and provides your *DeltaCare primary care dentist* with all necessary clinical and administrative information on a regular basis;
 - c) The dental care services to be provided are consistent with the terms of your subscriber certificate; and
 - d) Nothing in this section shall be construed to permit a *DeltaCare specialist* who is subject to a referral to authorize any further referral of you to any other dentist without our approval.

Part III: Benefits

You have the right to benefits for the following services on a non-discriminatory basis, EXCEPT as limited or excluded elsewhere in this *contract*. Co-payments, which are the responsibility of the *covered individual*, may apply for certain procedures. For the list of valid services and corresponding co-payments, please refer to the subscriber benefit flyer, which is incorporated as part of this certificate. Benefits for specialty care services including periodontal and endodontic services and oral surgery are limited to \$1,000 per calendar year.

Your schedule of co-payments is outlined in your subscriber benefit flyer.

A. Diagnostic and Preventive Services

Benefits are available for the following dental services to diagnose or prevent tooth decay and other forms of oral disease. These dental services are what most *covered individuals* receive during a routine preventive dental visit.

1. Comprehensive Oral Examination (including the initial dental history and charting of teeth); once every 60 months.
2. Periodic oral evaluation; twice per calendar year.
3. Full mouth intraoral radiograph examination or panoramic examination according to the frequency recommended by the Food and Drug Administration's "Guidelines for Prescribing Dental Radiographs" but not to exceed once every 24 months.
4. Posterior bitewing examination according to the frequency recommended by the Food and Drug Administration's "Guidelines for Prescribing Dental Radiographs" but are limited to not more than one series of four films in any six-month period.
5. Single tooth x-rays; as needed.
6. Routine cleaning, scaling and polishing of teeth based upon the individual needs assessment of the patient but not to exceed two treatments in any 12 consecutive months.
7. Topical fluoride treatment based upon individual risk assessment of the patient but not to exceed two treatments for *covered individuals* under 19 years in any 12 consecutive months.
8. Space maintainers required due to the premature loss of teeth; only for *covered individuals* under age 14 and not for the replacement of primary or permanent anterior teeth.
9. Emergency oral evaluation problem-focused exams.

10. Sealants based upon individual risk assessment needs of the patient but are for unrestored permanent molars only, once per tooth for members through age 15.

B. Restorative Services and Other Basic Services

Benefits are available for the following dental services to: (i) restore decayed or *fractured* teeth; (ii) remove diseased or damaged natural teeth; (iii) treat oral disease; (iv) repair dentures or bridges; (v) rebase or reline dentures; and (vi) repair or recement bridges, crowns and onlays.

1. Fillings consisting of silver amalgam and (in the case of front teeth) synthetic tooth color fillings, but limited to one filling for each tooth surface for every 24-month period. However, synthetic (white) fillings are limited to single surface restoration for posterior teeth. Multi-surface synthetic restorations on posterior teeth will be treated as an alternate benefit and an amalgam allowance will be allowed. The patient is responsible up to the dentist's charge. No co-payment is required for the replacement of a filling within 24 months of the date that the prior filling was furnished.
2. Sedative fillings; once per tooth.
3. Stainless steel crowns on deciduous (baby) teeth; once every 24 months per tooth.
4. Certain surgical services to treat oral disease or injury. This includes simple tooth extractions and extractions of symptomatic impacted teeth.
5. Periodontic services to treat diseased gum tissue or bone including: the removal of diseased gum tissue (gingivectomy) and the removal or reshaping of diseased bone (osseous surgery).
6. Endodontic services for root canal treatment of permanent teeth including: (i) treatment of the nerve of a tooth; (ii) removal of dental pulp; and (iii) pulpal therapy. Vital pulpotomy is limited to deciduous teeth on covered members.
7. Emergency dental treatment to relieve acute pain or control a dental condition that requires immediate care to prevent permanent harm.
8. Repair of dentures or fixed bridges once each 12 months, and recementing of fixed bridges once per lifetime.
9. Rebase or reline dentures; once every 36 months.
10. Tissue conditioning; two treatments every 36 months.
11. Repair or recement crowns and onlays limited to once per tooth.

C. Prosthodontic and Other Services

Benefits are available for the following dental services and supplies to replace missing natural teeth with artificial ones and to restore severely decayed or *fractured* teeth.

1. Dentures and Bridges

Complete or partial dentures and fixed bridges including services to measure, fit, and adjust them; once every 60 months.

Replacement of dentures and fixed bridges, but only when they cannot be made serviceable and were installed at least 60 months before replacement.

Adding teeth to existing partial dentures or to a bridge.

Temporary partial dentures as follows:

To replace any of the six upper or lower front teeth, but only if they are installed immediately following the loss of teeth during the period of healing.

For the replacement of permanent teeth for *covered individuals* who are under 16 years.

2. Crowns and Onlays

Crowns and onlays as follows, but only when the teeth cannot be restored with the fillings described in Section B.1. due to severe decay or *fractures*:

- a. Initial placement of crowns and onlays.
- b. Replacement of crowns and onlays which present with evidence of active recurrent decay at the margins or radiographically present under the restoration; once every 60 months per tooth.

D. Orthodontic Services

Benefits are available for the following services and supplies necessary and appropriate to prevent and correct misalignment of the teeth. The misalignment must be severe enough to significantly interfere with the function of the teeth.

Comprehensive active care and Limited active care is determined by *Delta Dental*.

COMPREHENSIVE ACTIVE CARE is care of an extensive nature, which is part of a complete course of orthodontic treatment including orthodontic records and initial exam. LIMITED ACTIVE CARE is care of a minor nature consisting of one or more than one of

the following services: minor treatment for tooth guidance; minor treatment to control harmful habits; interceptive orthodontic treatment; and orthodontic treatment accomplished solely through the use of functional appliances.

Part IV Exclusions

Exclusions

We do not provide benefits for:

1. Any service that is not specifically listed as a covered expense.
2. Cosmetic dental care.
3. Dental conditions arising out of and due to *subscriber's* employment or for which Worker's Compensation is payable. Services which are provided to the *subscriber* by state government or agency thereof, or are provided without cost to the *subscriber* by any municipality, county or other subdivision.
4. Treatment required by reason of war.
5. Dental services performed in a hospital and related hospital fees.
6. Treatment of fractures and dislocations.
7. Replacement of fixed and removable prosthetics (crowns, bridges, full or partial dentures and other appliances) due to loss, theft or damage.
8. Dental expenses incurred in connection with any dental procedures started after termination of eligibility for coverage.
9. General anesthesia, IV sedation, and nitrous oxide and the services of a special anesthesiologist.
10. Dental expenses incurred in connection with any dental procedure started prior to *subscriber's* eligibility with the DeltaCare program. Example: teeth prepared for crowns or root canals in progress.
11. Treatment of congenital malformations.
12. Treatment of cysts and malignancies.
13. Dispensing of drugs.
14. Cases which, in the professional judgment of the attending dentists, a satisfactory result cannot be obtained or where the prognosis is poor or guarded.

15. Prophylactic removal of impactions (asymptomatic nonpethological) or extraction solely for purpose of orthodontia.
16. "Specialist consultations" for non-covered benefits.
17. Implant placement or removal, appliances placed on or services associated with implants.
18. Occlusal Guards.
19. Accidental Injury. Accidental injury is defined as damage to the hard and soft tissues of the oral cavity resulting from forces external to the mouth. Damages to the hard and soft tissues of the oral cavity from normal masticatory (chewing) function will be covered at the normal schedule of benefits.
20. A method of treatment more costly than is customarily provided. Benefits will be based on the least costly generally accepted method of treatment.
21. A service rendered by someone other than a licensed dentist or a hygienist that is employed by a licensed dentist.
22. Appliances or restorations necessary to increase vertical dimension, replace or stabilize tooth structure loss by attrition, realignment of teeth, periodontal splinting, gnathologic recordings, equilibration or treatment of disturbances of the temporomandibular joint (TMJ) are not covered benefits.
23. Extensive treatment plans involving 10 or more crowns or units of fixed bridgework are considered full mouth reconstruction and are not a benefit of the DeltaCare program.
24. Tooth desensitization.
25. Any service not specifically listed as a covered expense.

Orthodontic Limitations and Exclusions

1. Orthodontic treatment must be provided by a member of the DeltaCare orthodontic panel.
2. A consultation fee may be charged if treatment is not required or you elect not to start treatment after a diagnosis and consultation has been completed.
3. Surgical services; including orthognathic surgery.
4. Lost, stolen or broken orthodontic devices.
5. Retreatment of orthodontic cases is excluded

6. Changes in treatment necessitated by an accident of any kind.
7. Myofunctional therapy.
8. Surgical procedures related to cleft palate, micrognathia, or macrognathia.
9. Treatment related to temporomandibular joint disturbances and/or hormonal imbalance.
10. Malocclusions that are so severe that they are not amenable to ideal orthodontic therapy.
11. Restorative work caused by orthodontic treatment.
12. Orthodontic examination and records unless you receive comprehensive treatment.
13. Tooth extraction solely for the purpose of orthodontics.
14. Artificial devices to increase the height of teeth. This includes crowns and onlays.
15. Orthodontic expenses incurred in connection with orthodontic treatment started by another dental carrier prior to *subscriber's* eligibility with DeltaCare program. Payments, if any, are subject to proration based on DeltaCare's Total Case Fee.
16. Orthodontic expenses incurred in connection with orthodontic treatment started by a Delta Dental Premier or Delta Dental PPO provider prior to *subscriber's* eligibility with DeltaCare program will be paid under guidelines of the plan in effect prior to DeltaCare.
17. We do not provide benefits for orthodontic expenses incurred in connection with orthodontic treatment started *with no insurance coverage* and prior to *subscriber's* eligibility with DeltaCare program.

Part V Other Contract Provisions

1. SUBROGATION

You may have a legal right to recover some costs of your dental care from someone else because another person has caused your illness or injury. When you have this right, you must let us use it if we decide to recover any payments we have made for the illness or injury. However, if you use this right to recover money from someone else, you must repay us for the payments we have made. Our right to repayment comes first. It can be reduced only by our share of your reasonable cost of collecting your claim against the other person, or if the payment received is described as payment for other than dental expenses. You must give us information and assistance and sign necessary documents to help us receive our repayment. You must not do anything that might limit our repayment.

2. WE MUST HAVE ACCESS TO YOUR DENTAL AND/OR OTHER RECORDS

DeltaCare primary care dentists have agreed to give us all information necessary to determine your benefits under this *contract*. Massachusetts State law requires Massachusetts *non-participating dentists* to provide this information also. *DeltaCare primary care dentists* have agreed not to charge for this service.

We will treat any medical information we receive about you as confidential.

3. SUBSCRIPTION CHARGE

- A. Payments: The amount of money that your *plan sponsor* pays to *Delta Dental* for your benefits under this *contract* is called your subscription charge within 30 days from the due date. Your *plan sponsor* is responsible to pay to *Delta Dental* the total subscription charges by the due date indicated on each monthly invoice. If subscription charges have not been paid within 30 days after the date on which payment is due, *Delta Dental*, upon written notice to the *plan sponsor*, may terminate this Agreement as of the date to which subscription charges have been paid. *Delta Dental* is not responsible if your *plan sponsor* fails to pay us. This is true even if your *plan sponsor* has charged you for all or part of the subscription charge.
- B. Your *plan sponsor* will be solely responsible for collecting any portion of the subscription charges, which it assesses, to you.
- C. Changes: *Delta Dental* may change your subscription charge. Each time we change the subscription charge *Delta Dental* will send your *plan sponsor* a notice at least 15 days before the change takes effect. It is your *plan sponsor's* responsibility to notify you of those changes in subscription charges.

4. WE MAY CHANGE YOUR CONTRACT

Delta Dental shall issue and deliver to your *plan sponsor* prior notice of material modifications in covered services under this dental plan at least 60 days before the effective date of the modifications. Your *plan sponsor* will notify you of this change. *Delta Dental* is not responsible if the *plan sponsor* does not notify you that your *contract* will be changed.

In addition to the notice describing the change being made, you can also call our Customer Service department to get information on your plan change. The telephone numbers are listed at the end of this certificate.

The notice will also tell you the *effective date* of the change. Where applicable the notice will contain any expiration dates. The change will apply to all benefits for services you receive on or after the *effective date*. However, if before the *effective date* of the change you started receiving services for a procedure requiring two or more visits, we will not apply the change to services related to that procedure. If your *plan sponsor* has purchased benefits for orthodontic services, this limitation will not apply to these benefits.

5. WHEN YOUR COVERAGE BEGINS

Your *plan sponsor* will maintain with *Delta Dental* a current and updated listing of covered *subscribers* and covered dependents and will be responsible for maintaining with us an accurate and current listing.

Your *plan sponsor* will inform us when you or your dependents are eligible as a *covered individual* or family member under this certificate of coverage. This eligibility is based upon *Delta Dental's* underwriting guidelines and your *plan sponsor*. The dental services described in this certificate are covered immediately as of your *effective date*, unless your benefits are subject to a waiting period or there exist some limitations or exclusions on your membership.

You, your spouse and your dependent children under 26 years of age. **Adopted children** and children under your own or your spouse's legal guardianship are also eligible for coverage. A **physically or mentally handicapped child**, who is incapable of earning his or her own living and over 26 years, may be eligible to continue coverage under a family contract if *Delta Dental* is notified within 72 days of the child's twenty sixth birthday, and by completing a disabled dependent application.

6. WHEN YOUR COVERAGE ENDS

There are no conversion privileges under the *contract*. However, a *covered individual* may have the right to continue dental coverage for a period of time under state law and under federal legislation known as the Consolidated Omnibus Budget Reconciliation Act of 1986 (COBRA). You and certain family members may be entitled to continue participating in this plan for a limited period even under conditions (such as your death or termination of employment) that would otherwise make you ineligible for coverage, so long as you pay the

appropriate subscription in full. Contact your *plan sponsor* for more detailed information regarding continuation of coverage.

A *covered individual* will not be eligible for coverage when any of the following occurs:

- A. The *subscriber* is no longer enrolled in the group. We will cover you under this *contract* until your *plan sponsor* notifies us.
- B. Your dependent child under your *family contract* becomes 26 years of age.
- C. However, if your dependent child is either mentally or physically handicapped upon reaching 26 years and is incapable of earning his or her own living, special arrangements can be made for your child to continue coverage under your *family contract*. You must apply for this continued coverage through your *plan sponsor* within 72 days of your child's twenty sixth birthday. In addition, you must supply us with any medical or other information that we may need to determine if your child is eligible to continue coverage under your *family contract*.

You may be eligible for continued coverage if your termination is due to a plant closing or partial plant closing as defined by Massachusetts State law. Contact your *plan sponsor* for more detailed information.

- D. If you become divorced or legally separated, your spouse's coverage under an existing family membership will continue so long as you remain a *subscriber* of the plan, unless a court judgment provides otherwise. This coverage will continue until either you or your spouse remarries, or until the date of coverage termination stated in the judgment or divorce separation, whichever is earlier. If you remarry and your divorce judgment so provides, your former spouse will have the right, for an additional subscription, to continue to receive such benefits as are available to you by means of the issuance of an individual plan.
- E. If you relocate outside of the service area.

7. TERMINATION OF A CONTRACT

- A. You or your *plan sponsor* may cancel your *contract*.
 - 1. Your *plan sponsor* may cancel your *contract* for any reason. To do so, your *plan sponsor* must give us notice in writing at least 30 days prior to the termination date.
 - 2. You may also cancel your *contract* through your *plan sponsor*. To do so, your *plan sponsor* must give us notice in writing within 72 days of cancellation. If your subscription charge is paid for a period beyond your cancellation date, we will refund the subscription charge for that period to your *plan sponsor* provided no claim payments have been made for services rendered after your termination date.

3. If you cancel your *contract*, you must wait at least one year after your cancellation before you can enroll again as a *subscriber*. You can only enroll on your group's anniversary date or when a special open enrollment occurs.

B. *Delta Dental* may cancel your *contract*.

1. We may cancel your group's *contract* under the terms of our agreement with your group. If your group's *contract* is canceled or not renewed, your coverage will automatically be terminated as of the same date.

If your group dental plan was terminated for non-payment of fees, charges, rates or premiums a written notice will be sent to your last known home address. The notice will include, the date your group dental plan was terminated, the termination was due to non payment of fees, charges, or premium, and *Delta Dental* will honor dental services that are covered under your dental plan for you and your dependents prior to the *effective date* of the notification.

Delta Dental will make a reasonable effort to notify you. The notice will be sent by either first class or certified mail, postage pre-paid to your last-known home address.

2. If you or your employer replaced your dental plan with another insured or self-insured dental plan, the provisions of this notice will not apply.
3. We may, upon due notice to your *plan sponsor*, cancel your *contract* under any of the following circumstances:
 - a. We may cancel your *contract* if you make any fraudulent claim or misrepresentation to us or to any dentist, such as an incorrect or incomplete statement on your application card which led us to believe you were eligible for this coverage when in fact you were not. In such a case, cancellation will be as of your *effective date*. We will refund your *plan sponsor* the subscription charge you have paid us. We will subtract from the refund any payments made for claims under this *contract*. If we have paid more for claims under this *contract* than you have paid us in subscription charges, we have the right to collect the excess from you.
 - b. We may cancel your coverage if you have not paid your subscription charges. Cancellation will be effective on a date we choose, but not earlier than the subscription charge due date. If you are a *subscriber* of a group plan, the *plan sponsor* will owe us the subscription charge due for the period between the due date and the cancellation date. You agree that we may use your rights against the *plan sponsor* to collect those subscription charges.

- c. We may cancel your *contract* if you commit any acts of physical or verbal abuse which readily pose a threat to a dentist or other of our members which are unrelated to your mental or physical condition.
- d. We may cancel your *contract* if you relocate outside our service area.
- e. We may cancel your *contract* for non-renewal or cancellation of the group *contract* through which you receive coverage.

8. BENEFITS AFTER CANCELLATION

If you or your *plan sponsor* cancels your *contract*, no benefits will be provided for services that you receive after your cancellation date.

9. NOTICES

To you: When we send a notice to your *plan sponsor* we will send it by first class mail. Once we mail the notice or bill we are not responsible for its delivery. It will be your *plan sponsor's* responsibility to notify you. This applies to your bill for subscription charges as well as to a notice of a change in the subscription charge or a change in the *contract*. If your name or mailing address should change, you should notify your *plan sponsor* at once. Be sure to give your *plan sponsor* your old name and address as well as your new name and address.

To us: Send letters to *Delta Dental*, 465 Medford Street, Boston, Massachusetts 02129. Attention DeltaCare. Always include your name and *DeltaCare subscriber* identification number found on the *DeltaCare subscriber* identification card.

10. ENROLLMENT AND CONTRACT CHANGES

All enrollment applications and any additions or changes to a *contract* are allowed ONLY when they conform to our Underwriting Guidelines on file with the Commissioner of Insurance.

11. WHEN AND HOW BENEFITS ARE PROVIDED

Benefits will be provided ONLY for those covered services that are furnished on or after the *effective date* of this *contract*. If before a *subscriber's effective date* he or she started receiving services for a procedure that requires two or more visits, NO BENEFITS are available for services related to that procedure, except as noted in Part IV regarding orthodontic treatment in progress.

In order for you to receive any of the benefits for which you may have a right, you must inform your *dentist* that you are a *covered individual* and supply him or her with your DeltaCare *subscriber* identification number and any necessary information.

12. COORDINATION OF BENEFITS

Coordination of Benefits (COB) applies if you or any of your dependents have another plan that provides coverage for services that are benefits under your *contract*. *Delta Dental* will administer the COB according to the applicable state Coordination of Benefits law (including the provisions of the Massachusetts Division of Insurance's regulations regarding COB, the "COB Regulations") and this Subscriber's Certificate. A copy of the COB Regulations is available from Delta Dental upon request.

The plan that provides benefits first under the COB rules is known as the primary plan. The primary plan is responsible for providing benefits in accordance with its terms and conditions of coverage without regard to coverage under any other plan. The plan that provides benefits next is the secondary plan. It provides benefits toward any remaining balance for covered services in accordance with its terms and conditions of coverage, including its COB provision.

When *Delta Dental* is the secondary plan, we will provide benefits toward the remaining balance for covered services. These benefits are determined by the terms of your *contract* and this Subscriber's Certificate, subject to the COB Regulations.

IMPORTANT: No statement in this section should be interpreted to mean that we will provide any more benefits than those already described in the Benefits Section of this *contract*. If you have any questions about COB and your *contract*, please contact our Customer Service department. The telephone numbers are listed at the end of this certificate.

13. RIGHT TO RECOVER OVERPAYMENTS

If we pay more than we should have under COB, then you must refund any overpayment to *Delta Dental*.

IMPORTANT: No statement in this section should be interpreted to mean that we will provide any more benefits than those already described in the Benefits Section of this *contract*. If you have any questions about COB and your *contract*, please contact our Customer Service department. The telephone numbers are listed at the end of this certificate.

14. QUALITY ASSURANCE:

As a DeltaCare member you have the option to select a participating DeltaCare provider as your primary care dentist and seek services from this participating provider. Should you require specialty services your primary care dentist will refer you to DeltaCare specialists for treatment. For further details about your coverage please refer to the benefit descriptions and exclusions sections of this certificate of coverage.

Delta Dental has established a Quality Management Program to state specific policies and procedures to ensure that minimum standards are met and that proper evaluations are conducted in order to provide insured with quality care.

The Quality Management Program addresses the following standards:

- Provider and member services
- Provider credentialing
- The patient record/file
- Sterilization and infection control
- Medical emergency preparedness
- Environmental and radiology safety
- Professional standards/onsite reviews
- Utilization review program
- Accessibility of services
- Member and provider satisfaction

The quality management program has been developed in conjunction with individual practitioners and individual practitioners participate actively within the program to ensure the program's overall effectiveness.

15. UTILIZATION REVIEW

This is the formal process designed to monitor the use of, or evaluate the appropriateness or efficiency of health care services. A utilization review program has been established to ensure that any guidelines and criteria used to evaluate the appropriateness of a health

care service are clearly documented and include procedures for applying such criteria based on the needs of the individual patients and characteristics of the local delivery system.

The program was developed in conjunction with actively practicing dentists in all specialty areas of expertise and is reviewed at least annually to ensure that criteria are applied consistently.

Any utilization review conducted under your dental *contract* is done retrospectively at the time a claim for services has been submitted for reimbursement. In order for a submitted claim to be covered, the procedure must be included as one of the “Covered Procedures” in your certificate. If a procedure is not a covered procedure then the claim for that procedure will be denied in accordance with the terms of your certificate and the group policy. Frequency, age, *effective dates* of coverage, etc. may also limit coverage of certain procedures, which are all contractually stated within your certificate.

There are also a number of listed procedures which are only considered a covered expense if a patient presents with a specified health history and/or has been diagnosed with a specified condition. During the claims review of these specific procedures, there may be a determination by a licensed dental practitioner that the procedure that was performed was not determined to be medically appropriate in accordance with the criteria that has been established in accordance with our utilization review program. In these situations, the claim for that procedure may be denied or partially reimbursed in accordance with the benefit for an alternate procedure.

All claims are processed at least 30 working days of obtaining all necessary information. Our standard turn-around times are generally 10 working days for claim review. For all claims submissions you and your dentist will receive an explanation of benefits which details how each submitted procedure was reimbursed and/or the reason for denial.

When a claim has been denied or partial denied based on medical appropriateness, this is considered an adverse determination. These decisions are reviewed by qualified and appropriately licensed dental professionals and only after receiving any relevant clinical information necessary to make the decision.

If you wish to make an *inquiry* to determine the status or outcome of *utilization review* decisions with *Delta Dental*, you can submit your *inquiry* to us:

In writing: Attention: Customer Service
 Delta Dental of Massachusetts
 P.O. Box 9595
 Boston, MA 02114-9595

By telephone: 1-800-872-0500
By fax: 1-617-886-1420

web site: www.deltadentalma.com

16. GRIEVANCE PROCESS:

You have the right to make inquiries and/or file a complaint with *Delta Dental* of Massachusetts.

If you wish to make an *inquiry*, file a complaint, or determine the status or outcome of a *utilization review* decision with *Delta Dental*, you can submit your *inquiry* or complaint to us:

In writing: Attention: Grievances
 Delta Dental of Massachusetts
 P.O. Box 9595
 Boston, MA 02114-9595

By telephone: 1-800-872-0500
By fax: 1-617-886-1420
web site: www.deltadentalma.com

Internal Levels of Review

Internal Inquiry Process:

Delta Dental will attempt to answer your questions and/or resolve concerns for all issues with the exception of reviews of an *adverse determination*. (If you request a review for an *adverse determination*, this will be handled through the internal *grievance* process discussed below).

Internal Grievance process:

You may file a *grievance* by phone, in person, by mail, or by electronic means. If an oral *grievance* has been presented, we will request your *grievance* in writing.

We will send a written acknowledgement of our receipt of your *grievance* to you or your authorized representative, if any, within ten (10) business days of receipt. We will provide you or your authorized representative, if any, a written resolution of a *grievance* within thirty (30) business days of receipt of the written *grievance*.

Written Decision:

In the event that your *grievance* involves an *adverse determination*, our written response shall include a clinical justification that is consistent with generally accepted principles of professional dental practice and will (a) identify the specific information upon which

the *adverse determination* was based and (b) reference and include applicable clinical practice guidelines and review criteria

Reconsideration:

We will always provide you with the opportunity to have a final decision reconsidered where relevant information is received too late to review within the thirty (30) business day time limit or is not received but is expected to become available within a reasonable period.

We will review reconsideration and provide our written response to you as soon as possible following receipt of the additional information. We agree to provide a response no later than thirty (30) business days following your request for reconsideration.

Part VI Index

This index lists the major benefits and limitations of your *contract*. Of course, it does not list everything that is covered in your *contract*. To understand fully all benefits and limitations you must carefully read through your *contract*.

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Customer Service:
617•886•1300
800•872-0500

Corporate Office:
617•886•1000