







BENEFITS AT A GLANCE

STUDENT HEALTH INSURANCE PLAN | PLAN YEAR 2025/2026

DESIGNED EXCLUSIVELY FOR THE STUDENTS OF:

DREW UNIVERSITY-GRADUATE

Madison, NJ

("the Policyholder")

UNDERWRITTEN BY:

Wellfleet Insurance Company | Fort Wayne, IN

("the Company")

Policy Number: WI2526NJSHIP142

Group Number: ST0834SH

Effective: 8/15/2025 - 8/14/2026

ADMINISTERED BY:

Wellfleet Group, LLC



Welcome Students...

We are pleased to provide you with this summary of the 2025 – 2026 Student Health Insurance Plan ("Plan"), which is fully compliant with the Affordable Care Act. This is only a brief description of the coverage(s) available under Certificate form NJ SHIP Cert (2025). The Certificate will contain reductions, limitations, exclusions, and termination provisions. Full details of coverage are contained in the Certificate. If there are any conflicts between this document and the Certificate, the Certificate shall govern in all cases.

"Benefits at a Glance" includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at www.wellfleetstudent.com.

This is not an insurance Policy and your receipt of this document does not constitute the insurance or delivery of a policy of insurance. Any provisions of the Policy, as described in this Summary, that may be in conflict with the laws of the state where the school is located will be administered to conform with the requirements of that state's laws, including those relating to mandated benefits.

The information contained in this Summary is accurate at the time of publication, but may change in accordance with state and federal insurance regulations during the course of the Policy year. The most current version of this document will be posted online. In the case of a discrepancy between two versions of the Summary, the most recent will apply.

PENDING STATE APPROVAL

The Plan described in "Benefits at a Glance" is awaiting approval by the NJ Department of Insurance. If the Plan is changed during the approval process, a revision of this document will be provided. This is not an insurance policy and your receipt of this document does not constitute the issuance or delivery of a policy of insurance.

Important Contact Information & Resources



Contact Us

Wellfleet Group, LLC PO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711



Pharmacy Benefits Manager

• Register at https://hinge.health/wellfleet

• In addition, your plan includes virtual physical

therapy and other musculoskeletal services from

For information about the Wellfleet Rx/ESI Prescription Drug Program, please visit www.wellfleetrx.com/students.

Your plan includes Wellfleet Rx – offering over 40 generics at a \$0 copay. Please ask your health care provider to review our formulary to see if these medications are right for you. Click here http://wellfleetrx.com/students/formularies/ for more information.

Member Pharmacy Help (877) 640-7940

Hinge Health



Plan Administration

Enrollment, Eligibility, & Waivers

Risk Strategies Education, University Health **Plans**

PO Box 818078 Cleveland, OH 44181 www.universityhealthplans.com (833) 251-1730

Benefits, Claim Status, & ID Cards

Wellfleet Group, LLC PO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711 www.wellfleetstudent.com

Monday-Thursday, 8:30 a.m. to 7:00 p.m. Eastern Time Friday, 9:00 a.m. to 5:00 p.m. Eastern Time

Claims

Cigna PO Box 188061 Chattanooga, Tennessee 37422-8061 Electronic Payor ID: 62308



Student Health Center

Drew University Health Service 36 Madison Avenue Madison, NJ 07940 (973) 408-3414 health@drew.edu Or visit our website at www.drew.edu/health

Health Service Hours: (regular semesters) Monday-Thursday, 9:00 a.m. to 7:00 p.m. Friday, 9:00 a.m. to 5:00 p.m. Limited hours during January & summers



For further information about your plan please use the QR code below.



PPO Network



Cigna www.mycigna.com



Telehealth Service

Your plan includes access to virtual healthcare advice by phone, video, or app.

> Scheduled mental health services – 7 days a week

https://www.teladoc.com/wellfleetstudent/

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General Information

Am I Eligible?

Graduate Students

All registered full-time graduate students are required to have health insurance coverage, either through this Student Health Insurance Plan or through another individual or family plan. Eligible students are required to enroll in the Student Health Insurance Plan, and the premium will be added to the student's tuition fees, unless proof of comparable coverage is provided by completing the waiver form.

Dependents

Dependents are not eligible.

How Do I Waive/Enroll?

To Waive/Enroll:

In order to enroll in or waive the Student Health Insurance Plan, you must log into Treehouse and complete the enrollment or waiver form. The forms can be found in the My Account section under the Student tab, at:

https://link.zixcentral.com/u/ead559bf/5Kt6Aq-A6hG8h1EEKXgf9A?u=https%3A%2F%2Fwww.drew .edu%2Fhome.

• **Please Note:** Waivers are required to be completed for each plan year.

The deadline to waive or enroll in coverage for Annual coverage is 09/09/2025.

Effective Dates & Costs

All time periods begin at 12:00 A.M. local time and end at 11:59 P.M. local time at the Policyholder's address.

| Coverage Period | Coverage Start Date | Coverage End Date | Enrollment/Waiver Deadline Date |
|-----------------|----------------------------|--------------------------|---------------------------------|
| | | | |
| | | | |
| Annual | 08/15/2025 | 08/14/2026 | 09/09/2025 |
| Fall | 08/15/2025 | 12/31/2025 | TBD |
| Spring/Summer | 01/01/2026 | 08/14/2026 | TBD |

| | Plan Cos | ts for Graduate Stu | dents | |
|----------|----------|---------------------|---------------|--|
| | Annual | Fall | Spring/Summer | |
| Student* | \$7,530 | \$2,900 | \$4,680 | |

^{*}The above plan costs include an administrative service fee.

Plan Benefits

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

When the Insured Person receives Emergency Services, or Out-of-Network air Ambulance Services, or certain non-emergency Treatment by an Out-of-Network Provider at an In-Network Hospital or Ambulatory Surgical Center, the Insured Person is protected from Surprise Billing. Refer to the Preferred Provider Organization provision in the How The Plan Works And Description Of Benefits section for additional information.

Pre-Certification Requirement:

What types of Inpatient and Outpatient services or supplies require Pre-Certification? Pre-Certification is required for the following:

- 1. All Inpatient admissions, including length of stay, to a Hospital, Skilled Nursing Facility, a facility established primarily for the Treatment of a Substance Use Disorder, or a residential Treatment facility, surgical procedures;
- 2. All Inpatient maternity care after the initial 48/96 hours;
- 3. Home Health Care;
- 4. Durable Medical Equipment over \$500 per item;
- 5. Outpatient Surgical Procedures;
- 6. Transplant Services;
- 7. Diagnostic Testing and Radiology Services listed at www.wellfleetstudent.com/providers/. See Prior Authorization Requirements section;
- 8. Complex Imaging;
- 9. Biomarker Testing;
- 10. Chemotherapy/Radiation;
- 11. Cochlear Devices;
- 12. Fertility Preservation;

- 13. Infusions/Injectables;
- 14. Botox Injections;
- 15. Genetic Testing, except for BRCA;
- 16. Orthotics/Prosthetics;
- 17. Non-emergency Air Ambulance (fixed wing)
- 18. Outpatient Private Duty Nursing.

Pre-Certification is not required for an Emergency Medical Condition, or Urgent Care Center or Hospital Confinement for the initial 48/96 hours of maternity care.

Pre-Certification is not a guarantee that benefits will be paid.

Key Plan Benefits

| BENEFIT | IN-NETWORK PROVIDER | OUT-OF-NETWORK PROVIDER |
|--|---------------------|-------------------------|
| Policy Year Deductible* Individual (*Medical Deductible is waived if Covered Medical Expenses are incurred at the Student Health Center) | \$300 | \$300 |

Cost sharing the Insured Person incurs for Covered Medical Expenses that is applied to the Out-of-Network Deductible will not be applied to satisfy the In-Network Deductible. Cost sharing the Insured Person incurs for Covered Medical Expenses that is applied to the In-Network Deductible will not be applied to satisfy the Out-of-Network Provider Deductible.

| Out-of-Pocket Maximum | \$6,350 | No Maximum |
|-----------------------|------------|-----------------|
| Individual | Ş0,330 | NO WIAXIIIIUIII |

Cost sharing the Insured Person incurs for Covered Medical Expenses that is applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing the Insured Person incurs for Covered Medical Expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum.

| Coinsurance | 80% of the Negotiated Charge (NC) | 70% of Usual & Customary (U&C) Charge |
|---|---|---|
| Preventive Services | 100% of the (NC) for Covered Medical Expenses Deductible Waived | 100% of (U&C) Charge for Covered Medical Expenses Deductible, Coinsurance, and any Copayment are applicable |
| Physician's Office Visits including Specialists/Consultants | 80% of the (NC) after Deductible for Covered Medical Expenses | 70% of (U&C) Charge after Deductible for Covered Medical Expenses |
| Emergency Services in an emergency department for Emergency Medical Conditions | 80% of the (NC) after Deductible for Covered Medical Expenses | Paid the same as In-Network Provider subject to (U&C) Charge. |
| Urgent Care Centers for non- life-threatening conditions | 80% of the (NC) after Deductible for Covered Medical Expenses | 80% of (U&C) Charge after Deductible for Covered Medical Expenses |

Schedule of Benefits

THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

- 1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
- 2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
- 3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
- 4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.
- 5. UNLESS SPECIFIED BELOW, ANY APPLICABLE COPAYMENTS ARE APPLIED AFTER DEDUCTIBLE IS MET.
- 6. UNLESS OTHERWISE SPECIFIED BELOW ANY DAY OR VISIT LIMITS WILL BE APPLIED TO IN-NETWORK AND OUT-OF-NETWORK COMBINED.

| BENEFITS FOR COVERED INJURY/SICKNESS | IN-NETWORK | OUT-OF-NETWORK |
|--|--|---|
| | INPATIENT SERVICES | |
| | TAL HEALTH CONDITIONS AND SUBSTANC | |
| Hospital Care Includes Hospital Room and Board Expenses and Hospital Miscellaneous Expenses. | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Subject to Semi-Private room rate unless intensive care unit is required. | | |
| Room and Board includes intensive care. | | |
| Pre-Certification Required | | |
| Preadmission Testing | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Physician's Visits while Confined | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Skilled Nursing Facility Benefit Pre-Certification Required | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Inpatient Rehabilitation Facility Expense Benefit Pre-Certification Required | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Physical Therapy while Confined (inpatient) | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |

| MENTAL HEALTH | CONDITIONS AND SUBSTANCE USE DISO | RDERS BENEFITS |
|---|--|---|
| In accordance with the federal Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), the cost sharing | | |
| | requirements that apply to a Mental Healt | |
| Disorder will be no more restrictive than | those that apply to medical and surgical b | penefits for any other Sickness. Day or |
| visit limits do not apply to Mental Health | Disorder and Substance Use Disorder Ber | nefits. |
| Inpatient Mental Health Condition | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| and Substance Use Disorders Benefits | Deductible for Covered Medical | after Deductible for Covered Medical |
| | Expenses | Expenses |
| Pre-Certification Required | | |
| | | |
| Outpatient Mental Health Conditions | | |
| and Substance Use Disorders Benefits | | |
| and Substance Ose Disorders benefits | | |
| Physician's Office Visits including, but | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| not limited to, Physician visits; | Deductible for Covered Medical | after Deductible for Covered Medical |
| individual and group therapy; | Expenses | Expenses |
| medication management | | |
| | | |
| (For Treatment rendered at the | | |
| Student Health Center/Infirmary, refer | | |
| to the Student Health Center/Infirmary | | |
| Expense Benefit section of this | | |
| Schedule of Benefits for benefit | | |
| information.) | | |
| All Other Outpatient Services | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| (All Other Outpatient Services does not | Deductible for Covered Medical | after Deductible for Covered Medical |
| include Emergency Services in an | Expenses | Expenses |
| emergency department, Urgent Care | Expenses | Expenses |
| Centers, and Emergency Ambulance | | |
| Service and Prescription Drugs. Refer | | |
| to the Emergency Services, Ambulance | | |
| and Non-Emergency Services, and | | |
| Prescription Drugs sections of this | | |
| Schedule of Benefits for benefit | | |
| information.) | | |
| Due Contification many be assessed for | | |
| Pre-Certification may be required for certain All Other Outpatient Services. | | |
| To see if Pre-Certification is required, | | |
| refer to the Pre-Certification | | |
| Requirement listing and specific | | |
| benefit listed in this Schedule of | | |
| Benefits | | |
| | | |
| With regard to Autism and | | |
| Developmental Disabilities, no visit | | |
| limits apply to behavioral intervention | | |
| services, speech, physical, | | |
| occupational therapy and habilitative | | |
| care. | | |

| PROFESSIONAL AND OUTPATIENT SERVICES | | | |
|---|--|---|--|
| Surgical Expenses | | | |
| Inpatient and Outpatient Surgery includes: Pre-Certification required for surgery | | | |
| only Surgeon Services Anesthetist Assistant Surgeon | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses | |
| Outpatient Surgical Facility and Miscellaneous expenses for services & supplies, such as cost of operating room, therapeutic services, oxygen, oxygen tent, and blood & plasma | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses | |
| Abortion Expense | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses | |
| Bariatric Surgery Pre-Certification Required | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses | |
| Organ Transplant Surgery travel and lodging expenses a maximum of \$500 per Policy Year or \$250 per day, whichever is less while at the transplant facility. Pre-Certification Required | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses | |
| Reconstructive Surgery Pre-Certification Required | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses | |
| Other Professional Services | | | |
| Gender Affirming Services Benefit Pre-Certification Required for gender affirming surgery | Same as any other Mental Health Disorder | | |
| Home Health Care Expenses Pre-Certification required | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses | |
| Hospice Care Coverage | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses | |

| Office Visits | | |
|--|---|---|
| Physician's Office Visits including | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| Specialists/Consultants | Deductible for Covered Medical Expenses | after Deductible for Covered Medical Expenses |
| Telemedicine or Telehealth Services | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| Benefit | Deductible for Covered Medical Expenses | after Deductible for Covered Medical Expenses |
| Telemedicine or Telehealth Services Program | | |
| Behavioral Health | \$0 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived | |
| Musculoskeletal | \$0 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived | |
| Allergy Testing and Treatment, including injections | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Chiropractic Care Benefit | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Chiropractic Care Benefit Maximum visits per Policy Year | 30 | 30 |
| Tuberculosis screening (TB), Titers, | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| QuantiFERON B tests including shots (other than covered under Preventive Services) | Deductible for Covered Medical Expenses | after Deductible for Covered Medical Expenses |
| EMERGENCY SI | L ERVICES, AMBULANCE AND NON-EMERGE | I ENCY SERVICES |
| Emergency Services in an emergency | 80% of the Negotiated Charge after | Paid the same as In-Network |
| department for Emergency Medical Conditions | Deductible for Covered Medical | Provider subject to Usual and |
| Urgent Care Centers for non-life- | Expenses 80% of the Negotiated Charge after | Customary Charge. 80% of Usual and Customary Charge |
| threatening conditions | Deductible for Covered Medical Expenses | after Deductible for Covered Medical Expenses |
| Emergency Ambulance Service ground | 80% of the Negotiated Charge after | Paid the same as In-Network |
| and/or air, water transportation | Deductible for Covered Medical Expenses | Provider subject to Usual and Customary Charge. |
| Non-Emergency Ambulance Expenses | 80% of the Negotiated Charge after | Ground Ambulance transportation: |
| ground and/or air (fixed wing) | Deductible for Covered Medical | 70% of Usual and Customary Charge |
| (transportation | Expenses | after Deductible for Covered Medical Expenses |

| Pre-Certification Required for non- emergency air Ambulance (fixed wing) | | Air Ambulance transportation: Paid the same as In-Network Provider subject to Usual and Customary Charge |
|--|--|---|
| DIAGNOSTIC LAB | DRATORY, RADIOLOGY, TESTING AND IM | IAGING SERVICES |
| Diagnostic Complex Imaging Services Pre-Certification Required | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Diagnostic Laboratory Radiological Services and Testing (Outpatient) Pre-Certification may be required. See Prior Authorization Requirements section listed at www.wellfleetstudent.com/providers/. | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Chemotherapy and Radiation Therapy Pre-Certification Required | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Infusion Therapy Pre-Certification Required | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| REH | I ABILITATION AND HABILITATION THERAI | PIES |
| Cardiac Rehabilitation | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Pulmonary Rehabilitation | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Rehabilitation Therapy including, Physical Therapy, and Occupational Therapy, Speech Therapy, and Cognitive Therapy | 80% of the Negotiated Charge after Deductible for Covered Medical Expenses | 70% of Usual and Customary Charge after Deductible for Covered Medical Expenses |
| Rehabilitation Therapy Maximum Visits for each therapy per Policy Year for Physical Therapy, and Occupational Therapy and Speech Therapy and Cognitive Therapy Combined with Habilitation Services Therapy | 30 | 30 |

| | T . | |
|--|---|--------------------------------------|
| Habilitation Services | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| including, Physical Therapy, and | Deductible for Covered Medical | after Deductible for Covered Medical |
| Occupational Therapy and Speech Therapy | Expenses | Expenses |
| Habilitation Services | 30 | 30 |
| Maximum Visits for each therapy per | | |
| Policy Year for Physical Therapy, and | | |
| Occupational Therapy and Speech | | |
| Therapy Combined with Rehabilitation | | |
| Therapy | | |
| | OTHER SERVICES AND SUPPLIES | |
| Covered Clinical Trials | Same as any other Sickness | |
| Diabetic Services and Supplies | Covered the same as any other | Covered the same as any other |
| (including equipment and training) | Sickness | Sickness |
| (including equipment and training) | Sickiess | Sickiess |
| Refer to the Prescription Drug | | |
| provision for diabetic supplies covered | | |
| under the Prescription Drug benefit. | | |
| · | | |
| Dialysis Treatment | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| | Deductible for Covered Medical | after Deductible for Covered Medical |
| | Expenses | Expenses |
| | | |
| Durable Medical Equipment | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| Due Coutification Demoised | Deductible for Covered Medical | after Deductible for Covered Medical |
| Pre-Certification Required | Expenses | Expenses |
| Enteral Formulas and Nutritional | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| Supplements | Deductible for Covered Medical | after Deductible for Covered Medical |
| | Expenses | Expenses |
| See the Prescription Drug section of | | ' |
| this Schedule when purchased at a | | |
| pharmacy. | | |
| Hearing Aids and Cochlear Implants. | 80% of the Nogotisted Charge ofter | 70% of Usual and Customary Charge |
| Limited to one hearing aid per | 80% of the Negotiated Charge after Deductible for Covered Medical | after Deductible for Covered Medical |
| impaired ear per hearing aid per 24- | Expenses | Expenses |
| month period | Expenses | Expenses |
| | | |
| Infertility Treatment Benefit | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| Pre-Certification Required | Deductible for Covered Medical | after Deductible for Covered Medical |
| | Expenses | Expenses |
| Fertility Preservation Services | Same as any other Sickness, subject to the limitations described in the Benefit | |
| Maternity Benefit | Same as any other Sickness | |
| , | , | |
| Prosthetic and Orthotic Devices | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| Pre-Certification Required | Deductible for Covered Medical | after Deductible for Covered Medical |
| | Expenses | Expenses |

| Outpatient Private Duty Nursing | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
|---|---|---|
| Pre-Certification Required | Deductible for Covered Medical Expenses | after Deductible for Covered Medical Expenses |
| Student Health Center/Infirmary Expense Benefit | 100% of the Usual and Customary Charg Deductible Waived | l e for Covered Medical Expenses |
| | | |
| Non-emergency Care While Traveling Outside of the United States | 70% of Actual Charge after Deductible for Covered Medical Expenses Subject to \$10,000 maximum per Policy Year | |
| Medical Evacuation Expense | 100% of Actual Charge for Covered Medical Expenses Deductible Waived Subject to \$50,000 maximum per Policy Year | |
| Repatriation Expense | 100% of Actual Charge for Covered Med Deductible Waived Subject to \$25,000 maximum per Policy | |
| PEDI. | I ATRIC AND ADULT DENTAL AND VISION C | ARE |
| Pediatric Dental Care Benefit (to the end of the month in which the Insured Person turns age 19) | See the Pediatric Dental Care Benefit pro information. | ovision in the Certificate for further |
| Preventive Dental Care Limited to 2 dental exams every 12 months | 100% of Usual and Customary Charge fo | r Covered Medical Expenses |
| The benefit payable amount for the following services is different from the benefit payable amount for Preventive Dental Care: | | |
| Emergency Dental | 50% of Usual and Customary Charge for | Covered Medical Expenses |
| Routine Dental Care | 50% of Usual and Customary Charge for Covered Medical Expenses | |
| Endodontic Services | 50% of Usual and Customary Charge for Covered Medical Expenses | |
| Prosthodontic Services | 50% of Usual and Customary Charge for Covered Medical Expenses | |
| Periodontic Services | 50% of Usual and Customary Charge for Covered Medical Expenses | |
| Medically Necessary Orthodontic Care | 50% of Usual and Customary Charge for | Covered Medical Expenses |
| Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions. | | |
| 1 | | |

| Pediatric Vision Care Benefit (to the | 100% of Usual and Customary Charge aff | ter Deductible for Covered Medical |
|---|--|---|
| end of the month in which the Insured | 100% of Usual and Customary Charge after Deductible for Covered Medical Expenses | |
| Person turns age 19) | | |
| - ' | | |
| Limited to 1 vision examination per | | |
| Policy Year and 1 pair of prescribed | | |
| lenses and frames or contact lenses (in | | |
| lieu of eyeglasses) per Policy Year | | |
| Claim forms must be submitted to Us | | |
| as soon as reasonably possible. Refer | | |
| to Proof of Loss provision contained in | | |
| the General Provisions. | | |
| | | |
| Adult Vision Care | 80% of Usual and Customary Charge after | er Deductible for Covered Medical |
| (age 19 and older) | Expenses | |
| Routine Eye Examination once every 12 months | | |
| 12 months | | |
| Claim forms must be submitted to Us | | |
| as soon as reasonably possible. Refer | | |
| to Proof of Loss provision contained in | | |
| the General Provisions | | |
| | | |
| Assidental Injury Dental Treatment | MISCELLANEOUS DENTAL SERVICES | 70% of Usual and Customan, Charge |
| Accidental Injury Dental Treatment | 80% of the Negotiated Charge after Deductible for Covered Medical | 70% of Usual and Customary Charge after Deductible for Covered Medical |
| | Expenses | Expenses |
| | Expenses | Expenses |
| Sickness Dental Expense Benefit | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| | Deductible for Covered Medical | after Deductible for Covered Medical |
| | Expenses | Expenses |
| Treatment for Tomperomandibular | 80% of the Negotiated Charge after | 70% of Usual and Customary Charge |
| Treatment for Temporomandibular Joint (TMJ) Disorders | Deductible for Covered Medical | after Deductible for Covered Medical |
| Joint (Tivis) Disorders | Expenses | Expenses |
| | Expenses | Expenses |
| Anesthesia and Hospitalization for | Same as any other Sickness, subject to the | ne limitations described in the Benefit |
| Dental Services | | |
| | OUTPATIENT PRESCRIPTION DRUGS | |
| No cost sharing applies to ACA Preventive | | |
| İ | re Care medications filled at a participating | network pharmacy. |
| | e Care medications filled at a participating | |
| | e Care medications filled at a participating may appear in any tier of the Formulary po | osted on Our website |
| www.wellfleetrx.com/students. If a Ger | re Care medications filled at a participating may appear in any tier of the Formulary po neric Prescription Drug is in any tier other | osted on Our website than Tier 1, the Tier 1 Copayment per |
| www.wellfleetrx.com/students. If a Ger 30 day supply will apply. Refer to the For | e Care medications filled at a participating may appear in any tier of the Formulary po | osted on Our website than Tier 1, the Tier 1 Copayment per |
| www.wellfleetrx.com/students. If a Ger | re Care medications filled at a participating may appear in any tier of the Formulary po neric Prescription Drug is in any tier other | osted on Our website than Tier 1, the Tier 1 Copayment per |
| www.wellfleetrx.com/students. If a Ger 30 day supply will apply. Refer to the For | re Care medications filled at a participating may appear in any tier of the Formulary po neric Prescription Drug is in any tier other | osted on Our website than Tier 1, the Tier 1 Copayment per |
| www.wellfleetrx.com/students. If a Ger 30 day supply will apply. Refer to the For assigned. | re Care medications filled at a participating may appear in any tier of the Formulary poneric Prescription Drug is in any tier other remulary to determine which tier the Insure | osted on Our website than Tier 1, the Tier 1 Copayment per ed Person's prescription drug has been |
| www.wellfleetrx.com/students. If a Ger 30 day supply will apply. Refer to the For assigned. Prescription Drugs | re Care medications filled at a participating may appear in any tier of the Formulary poneric Prescription Drug is in any tier other mulary to determine which tier the Insure \$15 Copayment then the plan pays | osted on Our website than Tier 1, the Tier 1 Copayment per ed Person's prescription drug has been \$15 Copayment then the plan pays |

| For each fill up to a 30 day supply filled at a Retail pharmacy | | |
|---|---|---|
| Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions. | | |
| See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy. | | |
| More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy | \$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived | \$30 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses Deductible Waived |
| More than a 60 day supply filled at a Retail pharmacy | \$45 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses | \$45 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses |
| | Deductible Waived | Deductible Waived |
| Prescription Drugs Brand Name Prescription Drugs TIER 2 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail pharmacy | \$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived | \$30 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses Deductible Waived |
| Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions. | | |
| See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy. | | |
| More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy | \$60 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses | \$60 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses |
| | Deductible Waived | Deductible Waived |

| More than a 60 day supply filled at a Retail pharmacy | \$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses | \$90 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses |
|---|---|---|
| | Deductible Waived | Deductible Waived |
| Prescription Drugs Non-Preferred Drugs TIER 3 (Including Enteral Formulas) | \$50 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses | \$50 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses |
| For each fill up to a 30 day supply filled at a Retail Pharmacy | Deductible Waived | Deductible Waived |
| Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions. | | |
| See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy. | | |
| More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy | \$100 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses | \$100 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses |
| | Deductible Waived | Deductible Waived |
| More than a 60 day supply filled at a Retail pharmacy | \$150 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses | \$150 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses |
| Specialty Prescription Drugs with Copay | Deductible Waived | Deductible Waived |

Specialty Prescription Drugs with Copayment Assistance Program

Copayment Assistance Program - Prior Authorization May Be Required: Amounts the Insured Person pays out-of-pocket for covered Specialty Prescription Drugs will not exceed the applicable Tier's cost share per 30 day supply and will be applied towards the Deductible (if applicable) and Out-of-Pocket Maximum. Copayment Assistance may be available to the Insured Person for certain Specialty Prescription Drugs when the Insured Person's prescription is filled at a participating network pharmacy. Visit www.wellfleetrx.com/students for the applicable Specialty Prescription Drugs. Copayment Assistance dollars paid by the drug manufacturer for covered Specialty Prescription Drugs will not be applied towards the Deductible (if applicable) or Out-of-Pocket Maximum. Any amounts paid by the Insured Person for a covered Specialty Prescription Drug after Copayment Assistance will be applied to the deductible (if applicable) and Out-of-Pocket Maximum. For details, contact the Copayment Assistance Program at 636-271-5280.

| For each fill up to a 30 day supply. | 75% of the Negotiated Charge for Covered Medical Expenses | Not Covered |
|--------------------------------------|---|-------------|
| | Deductible Waived | |
| | | |

| Prescription Drugs Zero Cost Drugs | | |
|---|---|--|
| Out-of-Network Provider benefits are | 100% of the Negotiated Charge for | 100% of Actual Charge for Covered |
| provided on a reimbursement basis. | Covered Medical Expenses | Medical Expenses |
| Claim forms must be submitted to Us | Covered Wedled Expenses | Wiedied Expenses |
| as soon as reasonably possible. Refer | Deductible Waived | Deductible Waived |
| to Proof of Loss provision contained in | Deductible Walved | Deddenote Walved |
| the General Provisions. | | |
| the General Povisions. | | |
| Orally administered anti-cancer Prescr | iption Drugs (including Specialty Drugs) | |
| Benefit | If the cost share for the Prescription Dr | rug's Tier is greater than the |
| | Chemotherapy Benefit or Infusion The | rapy Benefit, the cost share will be |
| | calculated as follows: | |
| | Greater of: | |
| | Chemotherapy Benefit; or | |
| | Infusion Therapy Benefit | |
| Diabetic Supplies (for prescription sup | | |
| Benefit | Paid the same as any other Retail Phan | macy Prescription Drug Fill |
| 20 | MANDATED BENEFITS | |
| Audiology and Speech Language | Same as any other Sickness, subject to the limitations described in the Benefit | |
| Pathology Benefit | Same as any other sistiness, sasject to t | The minitations described in the Benefit |
| Cervical Cancer Screening | Same as any other Sickness, unless considered a Preventive Service | |
| Colorectal Cancer Screening due to | Same as any other Sickness, unless considered a Preventive Service | |
| positive results | A colonoscopy performed following a positive result on an USPSTF approved | |
| | non-colonoscopy colorectal cancer screen | |
| | Preventive Service. | Ü |
| | Deductible Waived if applicable | |
| Health Wellness Examinations | Same as any other Sickness, unless cons | idered a Preventive Service Digital |
| rieditii Weililess Examinations | - | _ |
| | tomosynthesis for women 40 years and | over are considered a Preventive |
| | Service. | |
| Home Hemophilia Treatment | Same as any other Sickness, subject to t | he limitations described in the Benefit |
| Mastectomy and Reconstructive | Same as any other Sickness, subject to t | he limitations described in the Benefit |
| Breast Surgery Benefit | 22 22 22 22 22 22 22 22 22 22 22 22 22 | |
| breast sargery benefit | | |
| Prostate Cancer Screening | Same as any other Sickness, unless considered a Preventive Service | |
| Sickle Cell Anemia Coverage | Same as any other Sickness, subject to the limitations described in the Benefit | |
| Treatment of Wilm's Tumor | Same as any other Sickness, subject to t | he limitations described in the Benefit |
| | Accidental Death and Dismemberment | |
| Principal Sum | | \$10,000 |

Loss must occur within 365 days of the date of a covered Accident.

Only one benefit will be payable under this provision, that providing the largest benefit, when more than one (1) Loss occurs as the result of any one (1) Accident. This benefit is payable in addition to any other benefits payable under this Certificate.

Exclusions and Limitations

Exclusion Disclaimer: Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state-imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to the Insured Person.

The Certificate does not cover Loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

General Exclusions

- International Students Only Covered Medical Expenses received within Your Home Country or country of origin that are covered under Your governmental or national health plan.
- Treatment, service or supply which is not Medically Necessary for the diagnosis, care or Treatment of the Sickness or Injury involved. This does not apply to Preventive Services including diagnosis, care or Treatment prescribed, recommended or approved by the Student Health Center or by the Insured Person's Physician or dentist.
- Medical services rendered by a provider employed for or contracted with the Policyholder, including team Physicians or trainers, except as specifically provided in the Schedule of Benefits or as part of the Student Health Center benefits provided by this plan.
- Professional services rendered by an Immediate Family Member or anyone who lives with the Insured Person.
- Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance.
- Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- Treatment, services, supplies or facilities in a Hospital owned or operated by the Veterans Administration or a national government or any of its agencies, except when a charge is made which the Insured Person is required to pay.
- Services that are duplicated when provided by both a certified Nurse midwife and a Physician.
- Expenses payable under any prior policy which was in force for the person making the claim.
- Services or supplies received as a result of a war or an act of war, if the Sickness or Injury occurs while the Insured Person is serving in the military, naval or air forces of any country, combination of countries or international organization and Sickness or Injury suffered as a result of special hazards incident to such service if the Sickness or Injury occurs while the Insured Person is serving in such forces and is outside the home area.
- Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid.
- Expenses incurred after:
 - The date insurance terminates as to an Insured Person, except as specified in the extension of benefits provision; and
 - o The end of the Policy Year specified in the Policy.
- Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- Services or supplies necessary because the Insured Person engaged, or tried to engage, in an illegal occupation or committed or tried to commit an indictable offense in the jurisdiction in which it is committed, or a felony. Exception: This exclusion does not apply to injuries that result from an act of domestic violence or to injuries that result from a medical condition.
- Custodial Care service and supplies.
- Charges for hot or cold packs for personal use.
- Services of private duty Nurse except as provided in the Certificate.
- Expenses that are not recommended and approved by a Physician.
- Experimental or Investigational drugs, devices, Treatments or procedures.
- Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal or artificial organs or tissues.

- Self-administered services such as: biofeedback, patient-controlled analgesia on an outpatient basis, related diagnostic testing, self-care and self-help training.
- Sleep Disorders, except for the diagnosis and Treatment of obstructive sleep apnea, including testing performed in a home or outpatient setting.
- Charges incurred for acupuncture, in any form, except to the extent provided in the Schedule of Benefits.
- Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.

Activities Related

- Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.
- Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate or club sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association.

Weight Management/Reduction

- Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling, or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.
- Treatment for obesity, except for Bariatric Surgery. Surgery for removal of excess skin or fat.

Family Planning

- Infertility Treatment (male or female)-this includes but is not limited to:
 - Genetic counseling and genetic testing;
 - o Impotence, organic or otherwise;
 - o Injectable infertility medication, including but not limited to menotropins, hCG and GnRH agonists;
 - Costs for an ovum donor or donor sperm;
 - Sperm storage costs:
 - Cryopreservation and storage of eggs or embryos;
 - Ovulation induction and monitoring;
 - Ovulation predictor kits;
 - Reversal of tubal ligations;
 - Reversal of vasectomies;
 - Costs for and relating to surrogate motherhood if the individual is not an Insured Person under the Certificate;
 - o Cloning; or
 - Medical and surgical procedures that are Experimental or Investigational unless Our denial is overturned by an External Appeal Agent.

Vision

- Expenses for radial keratotomy or lasik surgery.
- Adult Vision unless specifically provided in the Certificate.
- Charges for duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.

Dental

• Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric Dental Care Benefit.

Hearing

Charges for routine hearing exams, and hearing screenings, except as specifically provided in the Certificate.

Cosmetic

- Treatment of Acne unless Medically Necessary.
- Charges for wigs, toupees, hair transplants, hair weaving or any drug if such drug is used in connection with baldness.
- Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, trauma, congenital defects or birth abnormalities.

Prescription Drugs

- Any drug or medicine which does not, by federal or state law, require a prescription order, except as specifically
 provided under Preventive Services or in the Prescription Drug Benefit section of this Certificate;
- Allergens and allergy serums;
- Vitamins, except as specifically provided under Preventive Services and legend drug vitamins;
- Cosmetic drugs when used for cosmetic purposes. This exclusion is not applicable to Insured Persons with a medically diagnosed congenital defect or birth abnormality who have been covered under the group policy from the moment of birth;
- Refills in excess of the number specified, or refilled too soon, or in excess of therapeutic limits or dispensed after 1 year of date of the prescription;
- Drugs labeled, "Caution limited by federal law to Investigational use" or Experimental Drugs;
- If the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
- Compounded drugs that do not contain at least one ingredient that requires a prescription;
- Charges for drugs needed due to conditions caused, directly or indirectly, by declared or undeclared war or an act of war;
- Prescription digital therapeutics;
- Bulk chemicals;
- Non-insulin syringes, and other therapeutic devices or appliances except as specifically provided in the Prescription Drug Benefit section of the Certificate;
- Biological sera, blood, or blood plasma, unless they can be self-administered;
- Charges for prescriptions drugs needed due to conditions caused, directly or indirectly, by taking part in a riot or other civil disorder;
- Any drug or medicine for the purpose of weight control;
- Sexual enhancements drugs;
- Vision correction products.

The following exclusions apply to the Accidental Death and Dismemberment Benefit:

- Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route anywhere in the world.
- Injury sustained as the result of the Insured Person's operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle Accident takes place.
- Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultra-light aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles).

VALUE ADDED SERVICES

The following are not affiliated with Wellfleet Insurance Company and the services are not part of the Plan Underwritten by Wellfleet Insurance Company. These value-added options are provided by Wellfleet Student.

EMERGENCY MEDICAL AND TRAVEL ASSISTANCE

Wellfleet Student provides access to a comprehensive program that will arrange emergency medical and travel assistance services, repatriation services and other travel assistance services when you are traveling. For general inquiries regarding the travel access assistance services coverage, please call Wellfleet Student at (877) 657-5030, TTY 711.

If you are traveling and need assistance in North America, call the Assistance Center toll-free at: (877) 305-1966 or if you are in a foreign country, call collect at: (715) 295-9311.

When you call, please provide your name, school name, the group number shown on your ID card, and a description of your situation. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.

How to Access Services

If you require medical assistance or you need assistance with a non-medical situation, such as lost luggage, lost documents or other travel issues, follow these steps:

- Inside the U.S. and Canada: Dial toll-free (877) 305-1966
- · Outside the U.S. and Canada:
 - a) Request an international operator.
 - b) Request the operator to place a collect call to the U.S. at +1 (715) 295-9311.

Please provide the following information when you call:

- Policy number or school name
- Nature of your call and/or emergency
- Current location
- · Contact phone number and email address
- · Secondary point of contact
- Date of birth

24/7 Nurseline

Students who enroll and maintain medical coverage in this insurance plan have **free** access to the 24/7 Nurseline by calling (800) 634-7629. This program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include:

- Self-care at home
- an office or telehealth visit with a healthcare provider
- Or a visit to an urgent care center or emergency room.

Calls are answered 24/7/365 by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The Nurseline does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator.

Contracted Providers for Telemedicine/Telehealth

The right care when you need it most

Your Wellfleet health plan gives you access to virtual healthcare by phone, video, or app.

Teladoc gives you access to board-certified physicians for **Mental Health (at no additional cost to you)** services. Whether you are at school, home or traveling, Teladoc can diagnose and treat most minor medical conditions wherever and whenever you need treatment.

Register your account today and request a visit at https://www.teladochealth.com/benefits/wellfleetstudent or call (800)-Teladoc (835-2362).

Hinge Health gives you access to licensed physical therapists and health coaches for personalized musculoskeletal services including **virtual physical therapy** to help alleviate pain concerns.

Whether you are at school, home, or traveling, Hinge Health can assist in providing exercise therapy wherever and whenever you need treatment at **no additional cost to you**.

Register your account today and start your exercise therapy at https://hinge.health/wellfleet.



24/7 Telehealth Counseling for Mental Health

CareConnect is an integrated behavioral health program offering students easy access to licensed mental health clinicians 24/7/365 via telephone (888) 857-5462 and website access to expert mental health and emotional wellbeing resources.

The CareConnect hotline is available at **no additional cost to you**, and you also have free access to courses, articles, and short videos that support mental health and wellbeing by visiting https://careconnect.mysupportportal.com/welcome.