

# BENEFITS AT A GLANCE

STUDENT HEALTH INSURANCE PLAN | PLAN YEAR 2021/2022

### **DESIGNED EXCLUSIVELY FOR THE STUDENTS**

OUR LADY OF THE ELMS COLLEGE Chicopee, MA ("the Policyholder")

Group Number: ST0889SH Effective: 8/15/2021 - 8/14/2022

### UNDERWRITTEN BY:

Wellfleet Insurance Company | Fort Wayne, IN ("the Company")

# ADMINISTERED BY:

Policy Number: WI2122MASHIP122



Table of Contents (Click on section title below to go to section in "Benefits at a Glance.")

Welcome Students	2
Where to Find Help	3
Am I Eligible?	3
How Do I Waive/Enroll?	4
Effective Dates & Costs	4
Preferred Provider Organization (PPO) Network	4
Our Lady of the Elms College Schedule of Benefits	5
Pre-Certification	16
Exclusions and Limitations	16
Value Added Services	19

# Welcome Students...

We are pleased to provide you with this summary of the 2021 – 2022 Student Health Insurance Plan ("Plan"), which is fully compliant with the Affordable Care Act. "Benefits at a Glance" includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at <u>www.wellfleetstudent.com</u>. If you have questions about enrollment into the Plan, please call University Health Plans at (833) 251-1728. For questions about medical benefits or claims, please call Wellfleet Student at (877) 657-5030, TTY 711.

# Where to Find Help

For Questions About:	Please Contact:
Enrollment Waiver	University Health Plans 15 Pacella Park Drive Randolph, MA 12368 Local Phone: (833) 251-1728 www.universityhealthplans.com
Administrator Insurance Benefits Claims Processing ID Cards Preferred Provider Listings ID card Requests	Wellfleet Group, LLC PO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711 www.wellfleetstudent.com
Servicing Agent	University Health Plans, a Risk Strategies Company 15 Pacella Park Drive Randolph, MA 02368 Phone: (833) 251-1728 Website: <u>www.universityhealthplans.com</u> Email: <u>info@univhealthplans.com</u>
Preferred PPO Provider Listings	Wellfleet Student www.wellfleetstudent.com or Cigna www.cigna.com
Cigna Claims	Send Cigna claims to: CIGNA PO Box 188061 Chattanooga, TN 37422 – 8061 Electronic Payor ID: 62308
Prescription Drug Provider	For information about the Wellfleet Rx/ESI Program, please visit www.wellfleetstudent.com Your plan includes Wellfleet Rx – offering over 40 generics at a \$0 copay. Please ask your health care provider to review our <u>formulary</u> to see if these medications are right for you. Click here <u>http://wellfleetrx.com/students/formularies/</u> for more information.

# Am I Eligible?

All students registered full-time and ¾ full-time for 9 or more credit hours who have not waived out of the program.

All full-time international students who have not waived out of the program.

Other students matriculated in a degree program are eligible to enroll.

# How Do I Waive/Enroll?

If You do not want to be enrolled in the Plan, You must submit an online Waiver Form documenting proof of comparable coverage under another health insurance plan prior to the applicable Waiver Deadline Date shown below. To document proof of comparable coverage, You must go to <u>www.universityhealthplans.com</u> and select Our Lady of the Elms College. The Waiver Form can be accessed by clicking the "Waiver Form" link on the left of the page and following the instructions. Immediately upon submitting the online Waiver Form, You will receive a confirmation number as verification that the form has been submitted.

# **Effective Dates & Costs**

All time periods begin at 12:00 A.M. local time and end at 11:59 P.M. local time at the Policyholder's address.			
Coverage Period	Coverage Start Date	Coverage End Date	Waiver Deadline
Annual	8/15/2021	8/14/2022	8/31/2021
Fall	8/15/2021	1/17/2022	8/31/2021
Spring (New Students Only)	1/18/2022	8/14/2022	1/31/2022

Plan Costs for Domestic and International Students			
	Annual	Fall	Spring (New Students Only)
Student*	\$3,125	\$1,335	\$1,790

\*The above plan costs include an administrative service fee.

# **Preferred Provider Organization (PPO) Network**

...providing access to quality health care at discounted costs!

By enrolling in this Plan, you have the Cigna PPO Network of participating Providers. To find a complete listing of the Network's participating Providers, go to <u>www.cigna.com</u>, or contact Wellfleet Student toll-free at (877) 657-5030, TTY 711, or <u>www.wellfleetstudent.com</u> for assistance.

# **Our Lady of the Elms College Schedule of Benefits**

This is only a brief description of coverage available under Certificate form MA SHIP CERT (2019). The Certificate will contain full details of coverage, coinsurance, limitations, exclusions, and termination provisions. If there are any conflicts between this document and the Certificate, the Certificate governs in all cases.

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

### **Preventive Services:**

In-Network Provider: The Deductible, Coinsurance, and any Copayment are not applicable to Preventive Services. Benefits are paid at 100% of the Negotiated Charge when services are provided through an In-Network Provider.

Out-of-Network Provider: The Deductible, Coinsurance, and any Copayment are not applicable to Preventive Services. Benefits are paid at 80% of the Usual and Customary Charge

Medical Deductible In-Network Provider Out-of-Network Provider	Individual: \$0 Individual: \$0
<b>Out-of-Pocket Maximum</b> : In-Network Provider Out-of-Network Provider	Individual: \$6,350 No maximum
Coinsurance Amounts: In-Network Provider:	85% of the Negotiated Charge for Covered Medical Expenses unless otherwise stated below.

Out-of-Network Provider: 65% of the Usual and Customary Charge (U&C) for Covered Medical Expenses unless otherwise stated below.

### Medical Benefit Payments for In-Network Providers and Out-of-Network Providers

The Certificate provides benefits based on the type of health care provider You selects. The Certificate provides access to both In-Network Providers and Out-of-Network Providers. Different benefits may be payable for Covered Medical Expenses rendered by In-Network Providers versus Out-of-Network Providers, as shown in the Schedule of Benefits.

### How You Can Request an Estimate for Proposed Covered Services

You may request an estimate of the costs you will have to pay when your health care provider proposes an inpatient admission, procedure, or other covered service. You can request this cost estimate by logging on to the www.wellfleetstudent.com website. Just follow the steps to request a cost estimate for health care services you are planning to receive. To request an estimate by phone, call the toll-free phone number shown on your ID card.

### **Dental and Vision Benefit Payments**

For dental and vision benefits, You may choose any dental or vision provider.

For dental, different benefits may be payable based on the type of service, as shown in the Schedule of Benefits.

### **Preferred Provider Organization:**

To locate an In-Network Provider in Your area, consult Your Provider Directory or call toll free 877-657-5030, TTY 711 or visit Our website at <u>www.wellfleetstudent.com</u>.

### THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

- 1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
- 2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
- 3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
- 4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
	Inpatient Benefits	
Hospital Care Includes hospital room & board expenses and miscellaneous services and supplies. Subject to Semi-Private room rate unless intensive care unit is required. Room and Board includes	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
intensive care. Pre-Certification Required		
Preadmission Testing	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Physician's Visits while Confined: Limited to 1 visit per day of Confinement per provider	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Inpatient Surgery: Pre-Certification Required		
Surgeon Services	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Anesthetist	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Assistant Surgeon	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Physical Therapy while Confined (inpatient)	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Skilled Nursing Facility Benefit Pre-Certification required	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Inpatient Rehabilitation Facility Expense Benefit Pre-Certification Required	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses

Mental Health Disorder and	85% of the Negotiated Charge for Covered	65% of Usual and Customary Charge for
Substance Abuse Disorder Benefit	Medical Expenses	Covered Medical Expenses
Pre-Certification Required		
In accordance with the federal Mental Health		
Parity and Addiction Equity Act of 2008 (MHPAEA), the		
cost sharing requirements, day or visit limits, and any		
Pre-certification		
requirements that apply to		
a Mental Health Disorder		
and Substance Abuse		
Disorder will be no more restrictive than those that		
apply to medical and		
surgical benefits for any		
other Covered Sickness.		
	Outpatient Benefits	
Outpatient Surgery:		
Pre-Certification required		
Surgeon Services	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Anesthetist	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Assistant Surgeon	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Outpatient Surgery Facility and Miscellaneous	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
expenses for services & supplies, such as cost of operating room,		
therapeutic services,		
oxygen, oxygen tent, and		
blood & plasma		
Physician's and Other	\$25 Copayment per visit then the plan pays	\$25 Copayment per visit then the plan pays
Practitioner Office Visits	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Specialist/Consultant	\$25 Copayment per visit then the plan pays	\$25 Copayment per visit then the plan pays
Physician Services	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Telemedicine or Telehealth		<u> </u>
Services	Paid on the same basis as in-network physicia	n office visit cost share.
Cardiac Rehabilitation	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses

Pulmonary Rehabilitation	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Short-Term Rehabilitation Therapy including, Physical Therapy, and Occupational Therapy This benefit limit does not apply for: speech therapy; and when any of these covered services are furnished to treat Autism Spectrum Disorders or as part of covered Home Health Care Pre-Certification Required	\$25 Copayment per visit, then the plan pays 85% of the Negotiated Charge for Covered Medical Expenses	\$25 Copayment per visit then the plan pays 65% of Usual and Customary Charge for Covered Medical Expenses
Habilitative Services including, Physical Therapy, and Occupational Therapy and Speech Therapy	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required		
Maximum Visits per Policy Year for Speech Therapy	Unlimited	Unlimited
Emergency Services in an emergency department (includes Urgent Care for Emergency Medical Conditions).	\$100 Copayment per visit then the plan pays 85% of the Negotiated Charge for Covered Medical Expenses Copayment waived if admitted	Paid the same as In-Network Provider subject to Usual and Customary Charge.
Urgent Care Centers for non-life-threatening conditions	\$50 Copayment per visit then the plan pays 85% of the Negotiated Charge for Covered Medical Expenses	\$50 Copayment per visit per Policy Year then the plan pays 65% of Usual and Customary Charge for Covered Medical Expenses
Diagnostic Imaging Services Pre-Certification Required	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
CT Scan, MRI and/or PET Scans	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required Laboratory Procedures	85% of the Negotiated Charge for Covered	65% of Usual and Customary Charge for
(Outpatient) Chemotherapy and Radiation Therapy	Medical Expenses 85% of the Negotiated Charge for Covered Medical Expenses	Covered Medical Expenses 65% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required		
Infusion Therapy Precertification Required	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Home Health Care Expenses	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required Hospice Care Coverage	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses

OUTP	ATIENT MENTAL HEALTH DISORDER AND SUBST	ANCE ABUSE DISORDER
Mental Health Disorder and		
Substance Abuse Disorder Benefit		
Pre-Certification Required		
except for office visits		
Physician's Office Visits	85% of the Negotiated Charge for Covered	65% of Usual and Customary Charge for
including, but not limited	Medical Expenses	Covered Medical Expenses
to, physician visits;		
individual and group therapy; medication		
management		
All Other Outpatient	85% of the Negotiated Charge for Covered	65% of Usual and Customary Charge for
All Other Outpatient Services including, but not	Medical Expenses	Covered Medical Expenses
limited to, Intensive		
Outpatient Programs (IOP);		
partial hospitalization;		
Electronic Convulsive		
Therapy (ECT); Repetitive		
Transcranial Magnetic		
Stimulation (rTMS);		
psychiatric and neuropsych		
testing		
In accordance with the		
federal Mental Health		
Parity and Addiction Equity		
Act of 2008 (MHPAEA), the		
cost sharing requirements,		
day or visit limits, and any Pre-Certification		
requirements that apply to		
a Mental Health Disorder		
and Substance Abuse		
Disorder will be no more		
restrictive than those that		
apply to medical and		
surgical benefits for any		
other Covered Sickness. Prescription Drugs Retail Pha	rmacy	
	A Preventive Care medications filled at a particip	pating network pharmacy.
Tier 1	\$10 Copayment then the plan pays 100% of	80% of Actual Charge after Deductible for
(Including Enteral Formulas)	the Negotiated Charge for Covered Medical	Covered Medical Expenses
For each fill up to a 30 day	Expenses	
supply filled at a Retail	Doductible waived	
pharmacy	Deductible waived	
See the Enteral Formula		
and Nutritional		
Supplements section of this		
Schedule for supplements		
not purchased at a		
pharmacy.		

More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$20 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible waived	80% of Actual Charge after Deductible for Covered Medical Expenses
More than a 60 day supply filled at a Retail pharmacy	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Actual Charge after Deductible for Covered Medical Expenses
	Deductible waived	
Tier 2 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail pharmacy	\$15 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible waived	80% of Actual Charge after Deductible for Covered Medical Expenses
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible waived	80% of Actual Charge after Deductible for Covered Medical Expenses
More than a 60 day supply filled at a Retail pharmacy	\$45 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Actual Charge after Deductible for Covered Medical Expenses
Tier 3 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail Pharmacy	Deductible waived \$15 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible waived	80% of Actual Charge after Deductible for Covered Medical Expenses
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Actual Charge after Deductible for Covered Medical Expenses
	Deductible waived	

More than a 60 day supply filled at a Retail pharmacy	\$45 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Actual Charge after Deductible for Covered Medical Expenses
	Deductible waived	
Zero Cost Generics		L
Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	100% of Actual charge for Covered Medical Expenses Deductible Waived
Provisions. Specialty Prescription Drugs For each fill up to a 30 day supply	\$15 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible waived	80% of Actual Charge after Deductible for Covered Medical Expenses
More than a 30 day supply but less than a 61 day supply	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible waived	80% of Actual Charge after Deductible for Covered Medical Expenses
More than a 60 day supply	\$45 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible waived	80% of Actual Charge after Deductible for Covered Medical Expenses
Orally administered anti-can	cer prescription drugs (including specialty drug	s)
Benefit	Greater of: • Chemotherapy Benefit; or • Infusion Therapy Benefit	
Diabetic Supplies (for Prescri	ption supplies purchased at a pharmacy)	
Benefit	Paid the same as any other Retail Pharmacy Pr	rescription Drug Fill
	Other Benefits	
Allergy Testing	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Allergy Injections/Treatment	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Emergency Ambulance Service ground and/or air, water transportation	85% of the Negotiated Charge for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge

Non-Emergency Ambulance Service ground and/or air, water transportation	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Bariatric Surgery & Morbid Obesity Benefit Pre-Certification Required	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Covered Clinical Trials Benefit for Cancer or other Life-Threatening Disease	Same as any other Covered Sickness	
Durable Medical Equipment Pre-Certification Required	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Diabetic services and supplies (including equipment and training)	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.		
Dialysis Treatment	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Hearing Aids Limited to 1 hearing aid per ear up to a maximum of \$2,000 for each hearing aid per 36 month period	85% of the Negotiated Charge for Covered Medical Expenses	65% 100% of Usual and Customary Charge for Covered Medical Expenses
Maternity Benefit	Same as any oth	er Covered Sickness
Non-Prescription Enteral Formulas and Nutritional Supplements See the Prescription Drug	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
section of this Schedule when purchased at a pharmacy.		
Prosthetic and Orthotic Devices	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required		
Reconstructive Surgery Pre-Certification Required	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses

Pediatric Dental Care Benefit (to the end of the month in which the Insured Person turns age 19)	See the Pediatric Dental Care Benefit description in the Certificate for further information.
Preventive Dental Care Limited to 2 dental exams every 12 months	100% of Usual and Customary Charge
The benefit payable amount for the following services is different from the benefit payable amount for Preventive Dental Care:	
Emergency Dental Routine Dental Care Endodontic Services Prosthodontic Services Periodontic Services Medically Necessary Orthodontic Care	80% of Usual and Customary Charge 80% of Usual and Customary Charge
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	
Pediatric Vision Care Benefit (to the end of the month in which the Insured Person turns age 19)	80% of Usual and Customary Charge for Covered Medical Expenses per Policy Year
Limited to 1visit(s) per Policy Year and 1pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year	
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	

Adult Vision Care (age 19 and older) Routine Eye Exam once every 24 months	80% of Usual and Customary Charge for Covered Medical Expenses	
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions		
Acupuncture Services Expense Benefit (Medically Necessary Treatment) for Pain Management (in lieu of opioids)	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Sickness Dental Expense	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Chiropractic Care Benefit Pre-Certification Required	\$25 Copayment per visit then the plan pays 85% of the Negotiated Charge for Covered Medical Expenses	\$25 Copayment per visit then the plan pays 65% of Usual and Customary Charge for Covered Medical Expenses
Infertility Treatment Pre-Certification Required	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Organ Transplant Surgery Pre-Certification Required	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Shots and Injections unless considered Preventive Services	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Treatment for Temporomandibular Joint (TMJ) Disorders	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Podiatry Benefit	\$25 Copayment per visit then the plan pays 85% of the Negotiated Charge for Covered Medical Expenses	\$25 Copayment per visit then the plan pays 65% of Usual and Customary Charge for Covered Medical Expenses
Tuberculosis screening, Titers, Quantiferon B tests including shots (other than covered under preventive services)	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Sports Accident Expense - incurred as the result of the play or practice of:		
Intercollegiate sports up to a maximum of \$500 per accident	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses
Club sports	85% of the Negotiated Charge for Covered Medical Expenses	65% of Usual and Customary Charge for Covered Medical Expenses

Non-emergency Care While	65% of Actual Charge for Covered Medical Expenses		
Traveling Outside of the United States	Subject to Unlimited maximum per Policy Year		
Medical Evacuation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived		
	Subject to Unlimited maximum per Policy Year		
Repatriation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived		
	Subject to Unlimited maximum per Policy Year		
	Mandated Benefits		
Autism Spectrum Disorder Benefit	Same as any other Covered Sickness		
Cancer Treatment Benefit	Same as any other Covered Sickness, unless considered a Preventive Service		
Cleft Palate and Cleft Lip Benefit	Same as any other Covered Sickness		
Cytologic Screening (pap smear) and Mammographic Examination	Same as any other Covered Sickness, unless considered a Preventive Service. Subject to the limitations described in the Benefit.		
Early Intervention Services	Benefits are payable at 100%		
Fitness Benefit`	Up to 2 months of a membership to a Fitness Facility, subject to a maximum of \$150 per Policy Year.		
Hormone Replacement Therapy Services; Outpatient Contraceptive Services Same as other prescription drugs or devices	Same as any other Covered Sickness, unless considered a Preventive Service. Subject to the limitations described in the Benefit.		
Human Leukocyte Testing	Same as any other Covered Sickness		
Mastectomy Surgery and Rehabilitation Benefit	Same as any other Covered Sickness		
Oxygen and Respiratory Therapy Benefit (for home use)	Same as any other Covered Sickness		
Pediatric Specialty Care	Same as any other Covered Sickness		
Treatment of Speech, Hearing and Language Disorders Benefit	Same as any other Covered Sickness		
Weight Loss Program Benefit	Up to 2 months of a membership to a Fitness Facility, subject to a maximum of \$150 per Policy Year.		
HIV Associated Lipodystrophy Treatment	Same as any other Covered Sickness		
Early Refill of Prescription Eye Drops	Same as any other Prescription drug		

### ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT

Principal Sum ......\$10,000

Loss must occur within 365 days of the date of a covered Accident.

Only one benefit will be payable under this provision, that providing the largest benefit, when more than one (1) loss occurs as the result of any one (1) Accident. This benefit is payable in addition to any other benefits payable under the Certificate.

### **Pre-Certification**

Pre-certification is required for inpatient hospital, surgery and selected outpatient services. Pre-Certification is not required for an Emergency Medical Condition or Urgent Care or Hospital Confinement for the initial 48/96 hours of maternity care.

Additionally, no authorization requirement will apply to obstetrical or gynecological care provided by In-Network Providers.

# **Exclusions and Limitations**

**Exclusion Disclaimer**: Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

- 1. **International Students Only** Eligible expenses within Your Home Country or country of origin that would be payable or medical Treatment that is available under any governmental or national health plan for which You could be eligible.
- 2. Treatment, service or supply which is not Medically Necessary for the diagnosis, care or treatment of the Sickness or Injury involved. This applies even if they are prescribed, recommended or approved by Your attending Physician or dentist.
- 3. Medical services rendered by a provider employed for or contracted with the Policyholder, including team physicians or trainers, except as specifically provided in the Schedule of Benefits.
- 4. Professional services rendered by an Immediate Family Member or anyone who lives with You.
- 5. Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.
- 6. Infertility treatment (male or female)-this includes but is not limited to:
  - Procreative counseling;
  - Premarital examinations;
  - Genetic counseling and genetic testing;
  - Impotence, organic or otherwise;
  - Injectable infertility medication, including but not limited to menotropins, hCG and GnRH agonists;
  - Sperm storage costs;
  - Ovulation induction and monitoring;
  - Hysteroscopy;
  - Laparoscopy;
  - Laparotomy;
  - Ovulation predictor kits;
  - Reversal of tubal ligations;
  - Reversal of vasectomies;

- Costs for and relating to surrogate motherhood (maternity services are Covered for Members acting as surrogate mothers);
- Cloning; or
- Medical and surgical procedures that are experimental or investigational, unless Our denial is overturned by an External Appeal Agent.
- 7. Birth control, including elective surgical procedures or devices, except as specifically provided in the Schedule of Benefits.

NOTICE: Your institution of higher education has certified that Your student health insurance coverage qualifies for an accommodation with respect to the federal requirement to cover all Food and Drug Administration-approved contraceptive services for women, as prescribed by a health care provider, without cost sharing when provided in accordance with the comprehensive guidelines supported by HRSA or if the item or service has an "A" or "B" rating from the USPSTF and filled at a participating pharmacy. This means that Your institution of higher education will not contract, arrange, pay, or refer for contraceptive coverage.

Instead, Wellfleet Insurance Company will provide separate payments for covered contraceptive services that You use, without cost sharing and at no other cost, for so long as You are enrolled in Your student health insurance coverage. Your institution of higher education will not administer or fund these payments. If You have any questions about this notice, contact the Administrator shown on page 1.

- 8. Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid.
- 9. Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- 10. Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- 11. Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route anywhere in the world.
- 12. Loss resulting from war or any act of war, whether declared or not, or loss sustained while in the armed forces of any country or international authority.
- 13. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association in excess for Intercollegiate sports of \$500.00 per Accident.
- 14. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any professional sport.
- 15. Treatment, services, supplies or facilities in a Hospital owned or operated by the Veterans Administration or a national government or any of its agencies, except when a charge is made which You are required to pay.
- 16. Services that are duplicated when provided by both a certified Nurse-midwife and a Physician.
- 17. Expenses payable under any prior policy which was in force for the person making the claim.
- 18. Injury sustained as the result of Your operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle accident takes place.
- 19. Expenses incurred after:
  - $\circ$   $\,$  The date insurance terminates as to an Insured Person , except as specified in the extension of benefits provision; and
  - The end of the Policy Year specified in the Policy.
- 20. Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- 21. Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.
- 22. Treatment for obesity except surgery for morbid obesity (bariatric surgery). Surgery for removal of excess skin or fat.
- 23. Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- 24. Expenses for radial keratotomy.
- 25. Charges for office visit exam for the fitting of prescription contact lenses, duplicate spare eyeglasses,

### OUR LADY OF THE ELMS COLLEGE 2021 - 2022 STUDENT HEALTH INSURANCE PLAN

lenses or frames, acupressure lenses or contact lenses that are for cosmetic purposes.

- 26. Charges for hearing exams, hearing screening, and the fitting or repair or replacement of hearing aids or cochlear implants except as specifically provided in the Certificate.
- 27. Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultra-light aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles) or other hazardous sport or hobby.
- 28. Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma.
- 29. Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric Dental Care Benefit.
- 30. Dental treatment to repair teeth due to a Covered accidental Injury.
- 31. You are:
  - o committing or attempting to commit a felony,
  - o engaged in an illegal occupation, or
  - $\circ$  participating in a riot.
- 32. Elective abortions.
- 33. Custodial Care service and supplies.
- 34. Charges for hot or cold packs for personal use.
- 35. Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.
- 36. Services of private duty Nurse except as provided in the Certificate.
- 37. Expenses that are not recommended and approved by a Physician.
- 38. Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal or artificial organs or tissues.
- 39. Sleep Disorders, except for the diagnosis and treatment of obstructive sleep apnea.
- 40. Treatment of Acne unless Medically Necessary.
- 41. Experimental or Investigational drugs, devices, treatments or procedures unless otherwise covered under Covered Clinical Trials or covered under clinical trials (routine patient costs). See the Other Benefits section for more information.
- 42. Under the Prescription Drug Benefit shown in the Schedule of Benefits:
  - any drug or medicine which does not, by federal or state law, require a prescription order, i.e. overthe-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of the Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;
  - o drugs with over-the-counter equivalents except as specifically provided under Preventive Services;
  - o allergy sera and extracts administered via injection;
  - o any drug or medicine for the purpose of weight control;
  - o vitamins, and minerals, except as specifically provided under Preventive Services;
  - o food supplements, dietary supplements; except as specifically provided in the Certificate;
  - cosmetic drugs or medicines, including but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
  - o refills in excess of the number specified or dispensed after 1 year of date of the prescription;
  - o drugs labeled, "Caution limited by federal law to Investigational use" or Experimental Drugs;
  - $\circ \quad$  any drug or medicine purchased after coverage under the Certificate terminates;
  - o any drug or medicine consumed or administered at the place where it is dispensed;
  - if the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
  - bulk chemicals;
  - non-insulin syringes, surgical supplies, durable medical equipment/medical devices, except as specifically provided in the Prescription Drug Benefit section of the Certificate;
  - repackaged products;
  - o blood components except factors;
  - immunology products.
- 43. Non-chemical addictions.
- 44. Non-physical, occupational, speech therapies (art, dance, etc.).

- 45. Modifications made to dwellings.
- 46. General fitness, exercise programs except has provided elsewhere in the Certificate..
- 47. Hypnosis.
- 48. Rolfing.
- 49. Biofeedback.
- 50. Vocational recreation: art, dance, poetry, music, or other similar-type therapies.
- 51. Pregnancy that results under a surrogate parenting agreement.
- 52. Wigs, or scalp hair prosthesis when hair loss is because of male pattern baldness, female pattern baldness or natural or premature aging.
- 53. personal convenience items such as telephone consultations (audio only), missed appointments, completion of claim forms.

# Value Added Services

The following are not affiliated with Wellfleet Insurance Company and the services are not part of the Plan Underwritten by Wellfleet Insurance Company. These value-added options are provided by Wellfleet Student.

### VISION DISCOUNT PROGRAM

For Vision Discount Benefits please go to:

www.wellfleetstudent.com

### **24 HOUR NURSELINE**

Students who enroll and maintain medical coverage in this insurance plan have access to the 24 Hour Nurseline. This 24-Hour Nurseline program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include self-care at home, a call to a physician, or a visit to the emergency room.

Calls are answered 24 hours a day, 365 days a year by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The *Nurseline* does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator. The *24 Hour Nurseline* toll free number will be on the ID card.

### (800) 634-7629

### EMERGENCY MEDICAL AND TRAVEL ASSISTANCE

Wellfleet Student provides access to a comprehensive program that will arrange emergency medical and travel assistance services, repatriation services and other travel assistance services when you are traveling. For general inquiries regarding the travel access assistance services coverage, please call Wellfleet Student at (877) 657-5030, TTY 711. If you are traveling and need assistance in North America, call the Assistance Center toll-free at: (877) 305-1966 or if you are in a foreign country, call collect at: (715) 295-9311. When you call, please provide your name, school name, the group number shown on your ID card, and a description of your situation. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.



With CareConnect from Wellfleet Student, students have 24/7 access to professional assistance to help manage personal concerns, emotional issues, transition and adjustment concerns, academic stress, career development, and the demands of daily and family obligations.

Members in need of assistance simply call the behavioral health hotline on their ID card, or via the Wellfleet Student mobile app for immediate access to a masters-level mental health professional. Students are run through a clinical assessment to determine if CareConnect counseling, health center referral, or other treatment is necessary. To access mobile features, students simply download their school's app in their device's app store.