



JOHNSON & WALES  
UNIVERSITY

## Johnson & Wales University Student Health Insurance Plan

Frequently Asked Questions: 2025-2026 Academic Year

### Table of Contents

Who is Required to Have Health Insurance Coverage While Attending Johnson & Wales University?..	1
What is Johnson & Wales University's Student Health Insurance Plan? What is the Cost? .....	1
Student Health Insurance Plan Enrollment Guidelines.....	2
How Do I Opt Out Of/Waive the Student Health Insurance Plan if I Have Other Coverage? .....	4
How Do I Pay for the Insurance?.....	4
Insurance Plan Benefits.....	5
Special Considerations – Student Athletes and International Internship/Study Abroad .....	6
Who Do I Contact with Questions? .....	6

## **Who is Required to Have Health Insurance Coverage While Attending Johnson & Wales University?**

All undergraduate students, both domestic and international, all international graduate students, and any graduate student required to be enrolled under programmatic requirements (e.g., students enrolled in the Physician Assistant Program, on-campus Occupational Therapy Program, Addiction Counseling or Clinical Mental Health Counseling master's degree programs, etc.), registered and attending Johnson & Wales University and taking credit hours (excluding full-time Johnson & Wales employees) are eligible and enrolled in the plan on a hard waiver basis. Only students who meet these criteria are eligible for the Johnson & Wales University Student Health Insurance Plan (SHIP). The student must actively attend classes for at least the first 31 days after the date for which coverage has been purchased. Home study, correspondence, and online courses do not fulfill the eligibility requirements.

### **What is Johnson & Wales University's Student Health Insurance Plan? What is the Cost?**

1. What is the Johnson & Wales Student Health Insurance Plan and who is the provider?

The Johnson & Wales University SHIP is underwritten by United Healthcare with University Health Plans acting as the broker. Details of the plan, including the full brochure and benefit flyer, are available online at [www.universityhealthplans.com](http://www.universityhealthplans.com).

As the insurance broker, University Health Plans addresses any questions about enrollment in or waiving out of the plan; they can be contacted at 1-833-251-1716. United Healthcare addresses specific benefit and claims questions not addressed in the brochure; they can be reached at 1-800-767-0700.

2. What are the coverage period(s)?

The annual coverage period for the 2025-2026 SHIP is 12 months (August 1, 2025-July 31, 2026). For the 2025-2026 academic year, the coverage periods are:

Fall Semester:	August 1, 2025– December 31, 2026
Spring Semester:	January 1, 2026 – July 31, 2026
Summer session 1:	May 1, 2026 – July 31, 2026
Summer session 2:	June 1, 2026 – July 31, 2026
Summer session 3:	July 1, 2026 – July 31, 2026

Spring and Summer coverage periods are only available to students who are newly eligible for the insurance.

3. How much does the Johnson & Wales Student Health Insurance Plan cost?

For 2025-2026, the annual cost for the Student Health Insurance Plan is \$2,840. Students who are required to have health insurance coverage and do not waive the SHIP are charged for each semester they are enrolled at the university.

Students who enroll in the Fall semester and remain enrolled will be charged two equal installments (Fall and Spring) of \$1,420. New students in the Spring semester will be charged one installment of \$1,420

4. If I enroll in the Johnson & Wales Student Health Insurance Plan, can I also purchase dependent coverage?

No. The Johnson & Wales SHIP does not offer dependent coverage.

### **Student Health Insurance Plan Enrollment Guidelines**

1. Do I have to enroll in the university's Student Health Insurance Plan?

All undergraduate students, both domestic and international, all international graduate students, and any graduate student required to be enrolled under programmatic requirements (e.g., students enrolled in the Physician Assistant Program, on-campus Occupational Therapy Program, Addiction Counseling or Clinical Mental Health Counseling master's degree programs, etc.), registered and attending Johnson & Wales University and taking credit hours (excluding full-time Johnson & Wales employees) are eligible and enrolled in the plan on a hard waiver basis. Only students who meet these criteria are eligible for the Johnson & Wales University Student Health Insurance Plan (SHIP). Home study, correspondence, and online courses do not fulfill the eligibility requirements.

If university policy requires you to have health insurance and you currently have comparable coverage through another means (i.e. a parent's health insurance or an employer program), you do not have to utilize the university SHIP and may opt out of/waive it.

2. Can I choose not to use the Johnson & Wales Student Health Insurance Plan if I am covered by other health insurance?

Yes. If you have comparable health insurance coverage through another means (i.e. a parent's/self health insurance or an employer program), you do not have to enroll in the Johnson & Wales SHIP. You can opt out of/waive the university plan by submitting the online waiver form to demonstrate evidence of coverage. A new waiver form must be submitted each academic year. **Your current insurance must be filed and approved in the U.S. and compliant with the Affordable Care Act (ACA) and provide comprehensive benefits, including non-emergency benefits in the geographical area surrounding the student's campus of enrollment.**

Please note: All students who are required to have health insurance will be charged and/or invoiced for the SHIP unless they waive coverage prior to the invoice date. Students with comparable health insurance may waive SHIP coverage by submitting a waiver form by the applicable deadline. Students are only charged upon registering for classes and meeting the SHIP eligibility.

3. What should I consider before waiving the Johnson & Wales University Student Health Insurance Plan?

Carefully review your current coverage and determine if it:

- Is filed and approved in the U.S. and compliant with the Affordable Care Act (ACA).
- Provides comprehensive benefits, including non-emergency benefits in the geographical area surrounding the student's campus of enrollment.

4. If there are changes with my private insurance coverage, can I buy the university's Student Health Insurance Plan at any time during the year?

Yes. If you choose not to participate in the SHIP and later have a qualifying event (e.g. loss of your other health insurance coverage), you may request to opt into the university's SHIP, subject to approval, within 31 days of your qualifying event. Qualifying event enrollment is handled by University Health Plans. Please contact them at 1-833-251-1716 or [info@univhealthplans.com](mailto:info@univhealthplans.com) for more information.

5. If the university does not require me to have the school's health insurance, can I still purchase the coverage if I wish (i.e. continuing education student)?

No. The university's SHIP is only available to those students who are required to have health insurance coverage while enrolled.

6. If I am using the Johnson & Wales SHIP, what happens if I withdraw from school during the academic year?

If you voluntarily withdraw from school, are academically dismissed, or are placed on disciplinary suspension, your coverage will terminate at the end of the semester and there will be no refund for that semester's fee.

7. If I am using the Johnson & Wales SHIP for the summer, what happens if I withdraw from summer classes?

If you voluntarily withdraw from summer classes, are academically dismissed, or are placed on disciplinary suspension, your summer coverage will terminate at the end of the month in which you purchased insurance and there will be no refund for that semester's fee.

8. If I am enrolled in the SHIP, can I keep the insurance if I leave school on a medical withdrawal?

A student can enroll in the student health insurance plan while on an approved medical leave of absence for a maximum of one semester if the student was enrolled as an Insured under the student health insurance plan in the prior semester. Coverage may be purchased by contacting University Health Plans directly at 1-833-251-1716 or [info@univhealthplans.com](mailto:info@univhealthplans.com).

## How Do I Opt Out Of/Waive the Student Health Insurance Plan if I Have Other Coverage?

1. How do I let Johnson & Wales know that I have other health insurance coverage and do not want to be covered by the SHIP?

Students who do not need the SHIP because they are covered under a comparable health insurance policy can opt out of/waive the university health coverage. To waive the SHIP, you must complete the online waiver form by the appropriate deadline each academic year.

**Students who miss the waiver deadline will be enrolled in the SHIP and be responsible for paying the insurance premium for fall semester and spring semester should they maintain eligibility.**

To waive the Johnson & Wales SHIP, students can go directly to UHP website to complete waiver process.

Parents can also directly access the University Health Plans website at [www.universityhealthplans.com](http://www.universityhealthplans.com) to complete the waiver process.

2. Is there a deadline for letting the university know that I don't need the Johnson & Wales Student Health Insurance Plan?

Yes. Each academic year students will be asked to waive the SHIP if they are covered by other insurance. If students do not waive the university's health insurance by the published deadlines, they will be charged for and enrolled in the SHIP.

You must complete both summer and fall waivers if you are a new student for the first time in the summer. If you complete the waiver by the deadline for the fall semester in which you first enroll, you do not have to complete a waiver for the remaining semesters in that same academic year (fall – end of spring). You would not need to complete the waiver again until the next academic year. For example, if you enroll for the Fall and complete the waiver by the Fall deadline, you do not have to complete the waiver again for the Spring semester. Those deadlines are *only* for new students who are enrolling for the first time during those semesters.

3. What happens if I do not waive out of the Johnson & Wales Student Health Insurance plan by the deadline?

Students who miss the waiver deadline will be enrolled in the SHIP and be responsible for paying the insurance premium for fall semester and spring semester should they maintain eligibility. Students who are eligible for the plan in the Fall but do not submit a waiver by the Fall deadline cannot submit a waiver later in the academic year. They will be enrolled in and charged for the SHIP and responsible for paying the insurance premium for both semesters if they maintain eligibility during that academic year.

## **How Do I Pay for the Insurance?**

1. Can I budget for the health insurance within my payment plan?

Yes. You can budget the entire fee within your annual, monthly, or PLUS/Private loan payment plan. You can also pay by semester and will need to include the cost associated with the SHIP. Contact your financial planner to review your payment options and plans.

2. Can I use financial aid to pay for the Johnson & Wales Student Health Insurance?

Yes. If you are eligible for financial aid and the total aid exceeds your tuition, fees, room & board etc., you can use the remainder to cover the cost associated with the SHIP.

3. Can I use my PLUS or Private loan to pay for the health coverage?

Yes, assuming you or your parent borrows the appropriate amount to cover the cost of the SHIP.

## **Insurance Plan Benefits**

1. What is covered by the SHIP?

The full brochure and summary of benefits can be found online at [www.universityhealthplans.com](http://www.universityhealthplans.com).

As the insurance broker, University Health Plans addresses any questions about enrollment or waiving out of the plan; they can be contacted at 1-833-251-1716. United Healthcare addresses specific benefit and claim questions not addressed in the brochure; they can be reached at 1-800-767-0700.

Students enrolled in the SHIP can also access their plan information online. MyAccount, available through [www.UHCSR.com/JWU](http://www.UHCSR.com/JWU), allows insured students access 24/7 to check their claim status, search for network providers, print ID cards, enter accident details, view Explanations of Benefits and enter additional insurance information online.

2. Do I get insurance cards?

No, you will not automatically receive a hard copy insurance card in the mail. You can print a paper copy from [www.UHCSR.com/JWU](http://www.UHCSR.com/JWU), use the electronic ID card which can be downloaded to a smartphone or you can request a hard copy directly from UHCSR.

3. Can I visit my own doctor?

Yes. The Student Health Insurance Plan is a PPO, so you can see any provider you want. It is beneficial to see a provider who participates in the United Healthcare Options PPO network because those doctors have agreed to accept a particular rate

for their services, so you will likely pay less out-of-pocket when seeing an in-network provider. If you choose to see an out-of-network provider, those services are subject to a \$300 out-of-network policy year deductible and the insurance coverage is typically twenty percent lower. If the out-of-network provider you see charges more than what is Usual and Customary for that service, you will be responsible for paying the balance.

### **Special Considerations – Student Athletes and International Internship/Study Abroad**

1. As a student athlete, is there anything in particular I need to consider?  
The SHIP provides coverage for injuries related to intercollegiate sports. Claims are paid as any other sickness. Before waiving the SHIP, please make sure that your other health insurance coverage provides adequate coverage for injuries related to intercollegiate sports and does not have a very high deductible.
2. Does the SHIP cover me if I am doing an international internship or Study Abroad?  
Johnson & Wales University provides students who participate in Study Abroad or an international internship with separate insurance coverage for the duration of this experience. The separate coverage is included in the cost for those programs.

### **Who Do I Contact with Questions?**

1. Who should I contact with questions regarding health insurance coverage and benefits?  
The full brochure and summary of benefits can be found online at [www.universityhealthplans.com](http://www.universityhealthplans.com).  
  
As the insurance broker, University Health Plans addresses any questions about enrollment in or waiving out of the plan; they can be contacted at 1-833-251-1716. United Healthcare addresses specific benefit and claims questions not addressed in the brochure; they can be reached at 1-800-767-0700.  
  
Students enrolled in the SHIP can also access their plan information online. MyAccount, available through [www.UHCSR.com/JWU](http://www.UHCSR.com/JWU), allows insured students access 24/7 to check their claim status, search for network providers, print ID cards, enter accident details, view Explanations of Benefits and enter additional insurance information online.
2. Who should I contact with questions regarding student health insurance charges on my Johnson & Wales invoice?  
Questions regarding student health insurance charges should be directed to Student Financial Services on your campus:
  - Providence: 1-800-343-2565
  - Charlotte: 1-866-598-2427
3. Who should I contact with questions regarding the online waiver process?

University Health Plans manages the online waiver process. Questions regarding the online waiver process should be directed to University Health Plans at 1-833-251-1716 or via email at [info@universityhealthplans.com](mailto:info@universityhealthplans.com).

4. Who should I contact with questions regarding claims submission, status, and payment?  
Claims are paid by United Healthcare Student Resources. Questions regarding your claims should be directed to United Healthcare Student Resources at 1-800-767-0700.

Students enrolled in the SHIP can also access their plan information online. MyAccount, available through [www.UHCSR.com/JWU](http://www.UHCSR.com/JWU), allows insured students access 24/7 to check their claim status, search for network providers, print ID cards, enter accident details, view Explanations of Benefits and enter additional insurance information online.