5814 Reed Road, Fort Wayne, IN. 46835

# Policy/Certificate Amendment

Policyholder: PINE MANOR COLLEGE Policy Number: WI2021MASHIP112 Effective Date: August 15, 2021 Policy Anniversary: August 15,2022

This Amendment form is made a part of the Policy and any Certificate to which it is attached as of the Effective Date shown above. This form applies only to covered expenses that occur on or after the effective date shown above.

The Policy is amended as follows. Any changes in premium will apply as of the first premium due date on or after the Effective Date of this Amendment.

- 1. The Policy is renewed as a new policy for the term August 15, 2021 to August 14, 2022 as new Policy No. WI2122MASHIP112
- The list of services that require Pre-Certification appearing in the Precertification Process provision of SECTION IV – HOW THE PLAN WORKS AND DESCRIPTION OF BENEFITS is modified by deleting Sleep Management.
- 3. The policy is amended to add the attached Amendment(s).

This Amendment is subject to all of the terms, limitations and conditions of the Policy and/or the Certificate to which it is attached except as they are changed by it.

#### SIGNED FOR WELLFLEET INSURANCE COMPANY

J. J.		Angelamodamo
Andrew M. DiGiorgio, President		Angela Adams, Secretary
Accepted and signed:		
Signature of Policyholder	Position or Title	Date

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# Policy/Certificate Amendment

Policyholder: PINE MANOR COLLEGE Policy Number: WI2122MASHIP112

Effective Date: August 15, 2021

This Amendment form is made a part of the Policy and Certificate to which it is attached as of the Effective Date shown above. This form applies only to covered expenses that occur on or after that date.

This Amendment is subject to all of the terms, limitations and conditions of the Policy and Certificate except as they are changed by it.

# 1. The following changes are made to the Schedule of Benefits in the Certificate:

1. The following benefits appearing in the **Outpatient Benefits** section are hereby deleted and replaced by the following:

## (a) **Emergency Services benefit:**

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Emergency Services in an emergency department (includes Urgent Care for Emergency Medical Conditions).	\$100 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge.

#### (b) **Urgent Care Centers benefit:**

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Urgent Care Centers for non- life-threatening conditions	\$25 Copayment then the plan pays100% of the Negotiated Charge after Deductible for Covered Medical Expenses	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

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# (c) Outpatient Mental Health Disorder and Substance Use Disorder benefit :

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
OUTPATIENT MENTAL HEALTH DISORDER AND SUBSTANCE ABUSE DISORDER		
Mental Health Disorder and Substance Abuse Disorder Benefit		
Pre-Certification Required except for office visits		
Physician's Office Visits including, but not limited to, physician visits; individual and group therapy; medication management	\$25 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
All Other Outpatient Services including, but not limited to, Intensive Outpatient Programs (IOP); partial hospitalization; Electronic Convulsive Therapy (ECT); Repetitive Transcranial Magnetic Stimulation (rTMS); psychiatric and neuropsych testing	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
In accordance with the federal Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), the cost sharing requirements, day or visit limits, and any Pre-Certification requirements that apply to a Mental Health Disorder and Substance Abuse Disorder will be no more restrictive than those that apply to medical and surgical benefits for any other Covered Sickness.		

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- 2. The following benefits appearing in the **Other Benefits** section are hereby deleted and replaced by the following:
- (a) The Ambulance Service ground and/or air, water transportation benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Emergency Ambulance Service ground and/or air, water transportation	\$25 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge
Non-Emergency Ambulance Service ground and/or air, water transportation	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

(b) Non-emergency Care While Traveling Outside of the United States benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	OUT-OF-NETWORK PROVIDER
Non-emergency Care While	80% of Actual Charge after Deductible for Covered Medical
Traveling Outside of the	Expenses Subject to Unlimited maximum per Policy Year
United States	

(c) Medical Evacuation Expense benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	OUT-OF-NETWORK PROVIDER
Medical Evacuation Expense International Students, and Domestic Students	100% of Actual Charge for Covered Medical Expenses  Deductible Waived

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(d) [Repatriation Expense benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	OUT-OF-NETWORK PROVIDER
Repatriation Expense International Students, and Domestic Students	100% of Actual Charge for Covered Medical Expenses  Deductible Waived

# 2. The following changes are made to Section II – Effective and Termination Dates in the Certificate:

1. The Extension of Benefits provision is hereby deleted and replaced with the following:

**Extension of Benefits:** Coverage under this Certificate ceases on the Termination Date of Your insurance coverage. However, coverage for You will be extended as follows:

1. If You are Hospital Confined for a Covered Injury or Covered Sickness on the date Your insurance coverage terminates, We will continue to pay benefits for that Covered Injury or Covered Sickness for up to 90 days from the Termination Date while such Confinement continues; or

# 3. The following changes are made to Section III - Definitions in the Certificate:

1. The **Urgent Care Facility** definition is hereby deleted and replaced with the following:

**Urgent Care Center** is a category of walk-in clinic focused on the delivery of ambulatory care in a dedicated medical facility outside of a traditional emergency department. Urgent Care Centers primarily treat non-life-threatening conditions that require immediate care but are not serious enough to require an emergency department visit. Urgent Care Centers can also provide a variety of routine services like exams, physicals, vaccines, and lab services.

# 4. The following changes are made to Section IV – How the Plan Works and Description of Benefits in the Certificate:

1. The **Emergency Services** benefit **coverage description** appearing in the **Outpatient Benefits** section is hereby deleted and replaced with the following:

**Emergency Services** only in connection with care for an Emergency Medical Condition as defined. Benefits will be paid for the use of the emergency room, including services and supplies. Refer to the Emergency Ambulance Service provision for transportation coverage.

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Payment of this benefit will not be denied based on the final diagnosis following stabilization. No Insured Person will, in any way, be discouraged from using the local pre-Hospital emergency medical service system, the 911 telephone number or its local equivalent.

#### In case of a medical emergency:

When You experience an Emergency Medical Condition, You should go to the nearest emergency room. You can also dial 911 or Your local emergency response service for medical and ambulance assistance. If possible, call Your Physician but only if a delay will not harm Your health.

2. The **Urgent Care Centers** benefit **coverage description** appearing in the **Outpatient Benefits** section is hereby deleted and replaced with the following:

**Urgent Care Centers (non-life-threatening conditions)** for services provided at an Urgent Care Center, as shown in the Schedule of Benefits. In the case of a life-threatening condition, You should go to the nearest emergency room.

3. The **Dispense as Written (DAW)** benefit appearing under Prescription Drugs in the **Outpatient Benefits** section is hereby deleted and replaced by the following:

Dispense as Written (DAW) — If a prescriber prescribes a covered Brand-Name Prescription Drug where a Generic Prescription Drug equivalent is available and specifies: "Dispense as Written" (DAW), You will pay the cost sharing for the Brand-Name Prescription Drug. If a prescriber does not specify DAW and the Member requests a covered Brand-Name Prescription Drug where a Generic Prescription Drug equivalent is available, the Member will be responsible for the cost difference between the Brand-Name Prescription Drug and the Generic Prescription Drug equivalent, and the cost sharing that applies to Brand-Name Prescription Drugs. This DAW penalty does not apply to your out-of-pocket maximum or deductible.

4. The **Preventive contraceptives** benefit appearing under Prescription Drugs in the **Outpatient Benefits** section is hereby deleted and replaced by the following:

**Preventive contraceptives -,** Your Outpatient Prescription Drug plan covers certain Prescription drugs and devices that the U.S. Food and Drug Administration (FDA) has approved to prevent pregnancy when prescribed by a Physician and the prescription is submitted to the pharmacist for processing. Your outpatient prescription drug plan also covers related services and supplies needed to administer covered devices. At least 1 form of contraception in each of the methods identified by the FDA is included. You can access the list of contraceptive prescription drugs by referring to the Formulary posted on Our website [www.xxx.xxx] or calling the toll-free number on your ID card.

We cover over-the-counter (OTC) and **Generic Prescription Drugs** and devices for each of the methods identified by the FDA at no cost share. If a **Generic Prescription Drug** or device is not available for a certain method, You may obtain a certain **Brand-Name Prescription Drug** for that method at no cost share.

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5. The **Diabetic supplies** benefit appearing under Prescription Drugs in the **Outpatient Benefits** section is hereby deleted and replaced by the following:

**Diabetic supplies -** The following diabetic supplies may be obtained under Your Prescription Drug benefit upon prescription by a Physician:

- Insulin
- Insulin syringes and needles
- Blood glucose and urine test strips
- Lancets
- Alcohol swabs
- Blood glucose meters

You can access the list of diabetic supplies by referring to the Formulary posted on Our website <a href="https://www.wellfleetstudent.com">www.wellfleetstudent.com</a> or by calling the toll-free number on your ID card. See Your Diabetic services and supplies (including equipment and training) section for coverage of blood glucose meters and external insulin pumps.

6. The **Ambulance Service** benefit **coverage description** appearing in the **Other Benefits** section is hereby deleted and replaced with the following:

**Emergency Ambulance Service**, with respect to an Emergency Medical Condition, for ground transportation to a hospital by a licensed Ambulance. Transportation from a facility to your home is not covered.

Your plan also covers transportation to a Hospital by professional air or water Ambulance when:

- Professional ground Ambulance transportation is not available
- Your condition is unstable, and requires medical supervision and rapid transport
- You are travelling from one Hospital to another and
- The first Hospital cannot provide the emergency services you need; and
- The two (2) conditions above are met
- 7. The following **Non-Emergency Ambulance Service** benefit **coverage description** is hereby added to the **Other Benefits** section:

**Non-Emergency Ambulance Service** for Medically Necessary transportation by a licensed Ambulance, whether by ground or air Ambulance (as appropriate), when the Medically Necessary transportation is:

- From an Out-of-Network Hospital to an In-Network Hospital;
- To a Hospital that provides a higher level of care that was not available at the original Hospital;
- To a more cost-effective acute care Hospital/facility; or
- From an acute care Hospital/facility to a sub-acute setting.

Transportation from a facility to your home is not covered.

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8. The **Hospital stays** provision in the **Maternity Benefit coverage description** appearing in the **Other Benefits** section is hereby deleted and replaced with the following:

**Hospital stays** for mother and newly born child will be provided for up to 48 hours for normal vaginal delivery and 96 hours (not including the day of surgery) for a caesarean section delivery unless the caesarean section delivery is the result of Complications of Pregnancy. If the delivery is the result of Complications of Pregnancy, the Hospital stay will be covered the same as for any other Covered Sickness. Services of licensed nurse midwife are covered when rendered in a hospital or licensed outpatient facility rendering maternity services.

Home Births are also covered when services are rendered by a certified registered nurse midwife.

**Early Discharge**-After conferring with the mother or a person responsible for the mother or newborn, the attending Physician, or a certified nurse midwife who consults with a Physician, decides to discharge the mother or newborn sooner than then the minimum of 48 or 96 hours, Home Health Care visits will be provided.

Services covered as inpatient care will include medical, educational, and any other services that are consistent with the inpatient care recommended in the protocols and guidelines developed by national organizations that represent pediatric, obstetric and nursing professionals.

9. The **Shots and Injections** benefit **coverage description** appearing in the **Other Benefits** section is hereby deleted and replaced with the following:

**Shots and Injections** unless considered Preventive Services administered in an emergency room or Physician's office and charged on the emergency room or Physician's statement. This includes HPV vaccines for insureds over age 26.

10. The **Medical Evacuation Expense** benefit **coverage description** appearing in the **Other Benefits** section is hereby deleted and replaced with the following:

Medical Evacuation Expense (International Students, and Domestic Students)

The maximum benefit for Medical Evacuation, if any, is shown in the Schedule of Benefits.

If:

- a. You are unable to continue Your academic program as the result of a Covered Injury or Covered Sickness;
- b. That occurs while You are covered under this Certificate,

We will pay the necessary Actual Charges for evacuation to another medical facility or Your Home Country. Benefits will not exceed the specified benefit shown in the Schedule of Benefits.

Payment of this benefit is subject to the following conditions:

- You must have been in a Hospital due to a Covered Injury or Covered Sickness for a Confinement of 5 or more consecutive days immediately prior to medical evacuation;
- b. Prior to the medical evacuation occurring, the attending Physician must have recommended and We must have approved the medical evacuation;
- We must approve the expenses incurred prior to the medical evacuation occurring, if applicable;

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- d. No benefits are payable for expenses after the date Your insurance terminates. However, if on the date of termination, You are in the Hospital, this benefit continues in force until the earlier of the date the Confinement ends or 31 days after the date of termination;
- e. Evacuation to Your Home Country terminates any further insurance under the Certificate for You; and
- f. Transportation must be by the most direct and economical route.
- 11. The **Repatriation Expense** benefit **coverage description** appearing in the **Other Benefits** section is hereby deleted and replaced with the following:

**Repatriation Expense-** (International Students, and Domestic Students)

The maximum benefit for Repatriation, if any, is shown in the Schedule of Benefits.

If You die while covered under this Certificate, We will pay a benefit. The benefit will be the necessary charges for preparation, including cremation, and transportation of the remains to Your place of residence Your Home Country. Benefits will not exceed the specified benefit shown in the Schedule of Benefits.

# 5. The following changes are made to Section VIII – Appeals Procedure in the Certificate:

1. The **Step 2** provisions appearing in the **Internal Appeal** section are hereby deleted and replaced by the following:

#### Step 2:

If You do not agree with Our decision and wish to appeal, You must file a written appeal with Us at the address below within 180 days after receipt of the Adverse Benefit Determination notification (or oral notice if an Urgent Care request) referenced in Step 1. If the claim involves Urgent Care, Your appeal may be made orally.

You should submit all information referenced in Step 2 with Your appeal. You should gather any additional information that is identified in the notice as necessary to perfect Your claim and any other information that You believe will support Your claim.

Appeals should be sent to:
Wellfleet Insurance Company
Attention: Appeals Unit
Wellfleet Group, LLC
P.O. Box 15369
Springfield, MA 01115-5369

Type of Claim	You must file Your appeal within:	You will be notified of Our
		determination as soon as possible but
		no later than:
Pre-Service Claim	180 days after receipt of Adverse	30 days of receipt of appeal
	Benefit Determination	
Pre-Service Claim involving	180 days after receipt of Adverse	72 hours of receipt of appeal
Urgent Care	Benefit Determination	
Concurrent:	180 days after receipt of Adverse	15 days of receipt of appeal
To end or reduce Treatment	Benefit Determination	
prematurely		

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	Pending the outcome of the appeal, benefits for an ongoing course of Treatment will not be reduced or terminated.	
Concurrent:	180 days after receipt of Adverse	15 days of receipt of appeal for Pre-
To deny Your request to extend	Benefit Determination for Pre-Service	Service Claim; or 30 days of receipt of
Treatment	or Post-Service Claim	appeal for Post-Service Claim
Concurrent:	180 days after receipt of Adverse	72 hours of receipt of appeal
Involving Urgent Care	Benefit Determination	
Post-Service Claim	180 days after receipt of Adverse	60 days of receipt of appeal
	Benefit Determination	

This amendment makes no other changes to the Policy or Certificate.

# SIGNED FOR WELLFLEET INSURANCE COMPANY

Andrew M. DiGiorgio, President

Angela Adams, Secretary

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## **HIPAA Notice of Privacy Practices**

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION

#### PLEASE REVIEW IT CAREFULLY

Effective: August 01, 2019

This Notice of Privacy Practices ("Notice") applies to **Wellfleet Insurance Company** and **Wellfleet New York Insurance Company**'s (together, "we", "us" or "our") insured health benefits plans. We are required to provide you with this Notice.

Personal Information is information that identifies you as an individual, such as your name and Social Security Number, as well as financial, health and other information about you that is nonpublic, and that we obtain so we can provide you with insurance coverage.

Protected Health Information (your "Health Information") is information that identifies you as related to your physical or mental health, your health care, or payment for your healthcare.

# **Our Responsibilities**

We are required by law to maintain the privacy of the Health Information we hold and to provide you with this Notice and to follow the duties and privacy practices described in this Notice. We are required to abide by the terms of this Notice currently in effect.

We utilize administrative, technical, and physical safeguards to protect your information against unauthorized access and against threats and hazards to its security and integrity. We comply with all applicable state and federal rules pertaining to the security and confidentiality of your information.

We will promptly inform you if a breach has occurred that may have compromised the privacy or security of your Health Information.

#### **Overview of this Notice**

This Notice describes how certain information about you may be used and disclosed and how you can get access to this information. This Notice addresses three primary areas:

- An overview of Your Health Information. This section addresses how we collect your information, how we use it to run our business, and the reasons we share it.
- Your Rights. This section gives an overview of the rights you have with respect to your information we have in our records.
- How to Contact Us. In case you have any questions, requests, or even if you feel you need to make a complaint, we want to make sure you are in contact with the right person.

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#### YOUR HEALTH INFORMATION

# **How We Acquire Your Information**

In order to provide you with insurance coverage, we need Personal Information about you. We gather this information from a variety of sources including your employer, your health care provider, your school, other insurers, and third party administrators (TPAs). This information is necessary to properly administer your health plan benefits.

#### How We use Your Health Information

Below are some examples of how we use and disclose your Health Information. Broadly, we will use and disclose your Health Information for Treatment, Payment and Health Care Operations.

**Treatment** refers to the health care treatment you receive. We do not provide treatment, but we may disclose certain information to doctors, dentists, pharmacies, hospitals, and other health care providers who will take care of you. For example, a doctor may send us information about your diagnosis and treatment so we can develop a health care plan and arrange additional services.

**Payment** refers to activities involving the collection of premiums, payment of claims, and determining covered services. For example, we may review your Health Information to determine if a particular treatment is medically necessary and what that payment for the services should be.

**Health Care Operations** refers to the business functions necessary for us to operate, such as audits, complaints responses and quality assurance activities. For example, we would use your Health Information (but not genetic information) for underwriting and calculating rates, or we may use your Health Information to detect and investigate fraud.

#### Additionally:

- We may **confirm enrollment** in the health plan with the appropriate party.
- If you are a **dependent** of someone on the plan, we may disclose certain information to the plan's subscriber, such as an explanation of benefits for a service you may have received.
- We may share enrollment information, payment information, or other Health Information in order to coordinate treatment or other services you may need.

We may disclose your information when instructed to do so, including:

- Health oversight activities may require that we disclose your information to governmental, licensing, auditing and accrediting agencies;
- Legal proceedings may require disclosure of your Health Information in response to a court order or administrative order, or in response to a subpoena, discovery request, warrant, summons, or other valid process;
- Law enforcement activities might require disclosure of certain Health Information to local, state or federal law enforcement, so long as the release is authorized or required by law;
- As required by law or to avert a serious threat to safety or health; and,
- To **certain government agencies**, such as the Department of health and Human Services or the Office of Civil Rights if they are conducting an investigation or audit.

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#### **Authorizations**

Occasionally we may receive a request to share your information in a manner outside of how we normally use your Health Information, as described above. In those cases, we will ask you for your authorization before we share your Health Information.

#### **YOUR RIGHTS**

You have the **right to request restrictions** on certain uses and disclosures of your Health Information, including the uses and disclosures listed in this Notice and disclosures permitted by law. You also have the **right to request that we communicate with you in certain ways**.

- We will accommodate reasonable requests;
- We are not required to agree to a request to restrict a disclosure unless you have paid for the
  cost of the health care item or service in full (i.e., the entire sum for the procedure performed)
  and disclosure is not otherwise required by law; and,
- If you are a minor, depending on the state you reside in, you may have the right in certain circumstances to block parental access to your Health Information. For example, a minor may have the rights of an adult with respect to diagnosis and care of conditions such as STDs, drug dependency, and pregnancy.

You have the **right to inspect and copy your Health Information** in our records. Please note that there are exceptions to this, such as:

- Psychotherapy notes;
- Information complied in reasonable anticipation, or for use in, a civil, criminal or administrative action or proceeding;
- Health Information that is subject to a law prohibiting access to that information; or,
- If the Health Information was obtained from someone other than us under a promise of confidentiality and the access request would be reasonably likely to reveal the source of the information.

We may deny your request to inspect and copy your Health Information if:

- A licensed health care professional has determined your requested access is reasonably likely to endanger your life or physical safety of another;
- The Health Information makes reference to another person and a licensed health care professional has determined that access requested is reasonably likely to cause substantial harm to another; or,
- A licensed health care professional has determined that access requested by your personal representative is likely to cause substantial harm to you or another person.

You have the **right to request an amendment** to your Health Information if you believe the information we have on file is incomplete or inaccurate. Your request must be in writing and must include the reason for the request. If we deny your request, you may file a written statement of disagreement.

You have the right to know who we have provided your information to - - this is known as an **accounting of disclosures**. A request for an accounting of disclosures must be submitted in writing to the address below. The accounting will not include disclosures made for treatment, payment, health care operations, for law enforcement purposes, or as otherwise permitted or required by law. If you request an accounting of disclosures more than once in a twelve (12) month period we may charge a reasonable

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fee to process, compile and deliver the information to you this second time.

You have a **right to receive a paper copy of this Notice**. Simply call the customer service line indicated on your ID card and request a paper copy be mailed to you. You may also submit a written request to us at the address below.

You will receive a notice of a breach of your Health Information. You have the **right to be notified of a breach** of unsecure Health Information.

Finally, you have the **right to file a complaint** if you feel your privacy rights were violated. You may also file a complaint with the Secretary of Health and Human Services.

#### CONTACT

For all inquiries, requests and complaints, please contact:

Privacy and Security Officer
Wellfleet Insurance Company/
Wellfleet New York Insurance Company
c/o Wellfleet Group, LLC
PO Box 15369
Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

# This Notice is Subject to Change

We may change the terms of this notice and our privacy policies at any time. If we do, the new terms and policies will be effective for all of your Health Information we maintain, as well as any information we may receive or maintain in the future.

Please note that we do not destroy your Health Information when you terminate your coverage with us. It may be necessary to use and disclose this information for the purposes described above even after our coverage terminates, although policies and procedures will remain in place to protect against inappropriate use and disclosure.

# Gramm-Leach-Bliley ("GLB") Privacy Notice

We understand your privacy is important. We value our relationship with you and are committed to protecting the confidentiality of *nonpublic personal information* ("NPI"). This notice explains why we collect NPI, what we do with NPI and how we protect your privacy.

#### **COLLECTING YOUR INFORMATION**

We collect NPI about our customers to provide them with insurance products and services. This may include your name, Social Security number, telephone number, address, date of birth, gender, work/school enrollment history, and health history. We may receive NPI from your completing the following forms:

- Claims forms
- Enrollment forms
- Beneficiary designation/Assignment forms
- Any other forms necessary to effectuate coverage, administer coverage, or administer and pay your claims

We also collect information from others that is necessary for us to properly process a claim, underwrite coverage, or to otherwise complete a transaction requested by a customer, policyholder or contract holder.

#### SHARING YOUR INFORMATION

We share the types of NPI described above primarily with people who perform insurance, business and professional services for us, such as helping us pay claims and detect fraud. We may share NPI with medical providers for insurance and treatment purposes. We may share NPI with an insurance support organization such as a policyholder's or contract holder's broker, a third-party administrator, reinsurer, employer, school, or plan sponsor. We may also share NPI when otherwise required or permitted by law, such as sharing with governmental or other legal authorities. When legally necessary, we ask your permission before sharing NPI about you. Our practices apply to our former, current and future customers.

We do not share your health NPI to market any product or service. We also do not share any NPI to market non-financial products and services.

When other companies help us conduct business, we expect them to follow applicable privacy laws. We do not authorize them to use or share NPI except when necessary to conduct the work they are performing for us or to meet regulatory or other governmental requirements.

#### **HEALTH INFORMATION**

We will not share any of your protected health information ("PHI") unless allowed by law, and/or you have provided us with the appropriate authorization. Additional information on how we protect your PHI can be found in the Notice of Privacy Practices.

#### **SAFEGUARDING YOUR INFORMATION**

We have physical, electronic and procedural safeguards that protect the confidentiality and security of NPI. We give access only to employees or authorized individuals who need to know the NPI to provide insurance products or services to you. Our employees are continually trained on how to keep information safe.

#### **Accessing Your Information**

You may request access to certain NPI we collect to provide you with insurance products and services. You must make your request in writing and send it to the address below. The letter should include your full name, address, telephone number and policy number if we have issued a policy. If you request, we will send copies of the NPI to you. If the NPI includes health information, we may provide the health information to you through a health care provider you designate. We will also send you information related to disclosures. We may charge a reasonable fee to cover our processing costs.

This section applies to NPI we collect to provide you with coverage. It does not apply to NPI we collect in anticipation of a claim or civil or criminal proceeding.

#### **CORRECTING YOUR INFORMATION**

If you believe the NPI we have about you is incorrect, please write to us. Your letter should include your full name, address, telephone number and policy number if we have issued a policy. Your letter should also explain why you believe the NPI is inaccurate. If we agree with you, we will correct the NPI and notify you of the correction. We will also notify any person who may have received the incorrect NPI from us in the past two (2) years if you ask us to contact that person.

If we disagree with you, we will tell you we are not going to make the correction. We will give you the reason(s) for our refusal. We will also tell you that you may submit a statement to us. Your statement should include the NPI you believe is correct. It should also include the reason(s) why you disagree with our decision not to correct the NPI in our files. We will file your statement with the disputed NPI. We will include your statement any time we disclose the disputed NPI. We will also give the statement to any person designated by you if we may have disclosed the disputed NPI to that person in the past two (2) years.

# **CONTACTING US**

If there are any questions concerning this notice, please feel free to write us at:

Privacy and Security Officer Wellfleet Insurance Company c/o Wellfleet Group, LLC PO Box 15369 Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

## NOTICE OF NON-DISCRIMINATION AND ACCESSIBILLITY REQUIREMENTS

The Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Company does not exclude people or treat them worse because of their race, color, national origin, age, disability, or sex.

The Company provides free aids and services to people with disabilities to communicate effectively with us, such as:

- 1. Qualified sign language interpreters
- 2. Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose first language is not English when needed to communicate effectively with us, such as:

- 1. Interpreters
- 2. information translated into other languages

If you need these services, contact John Kelley Civil Rights Coordinator.

If you believe that Wellfleet Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

John Kelley Civil Rights Coordinator, PO Box 15369 Springfield, MA 01115-5369 (413)-733-4612 Jkelley@wellfleetinsurance.com.

You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance John Kelley of Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building

Washington, DC 20201

800-8681019; 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

The Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

# ADVISORY NOTICE TO POLICYHOLDERS

# U.S. TREASURY DEPARTMENT'S OFFICE OF FOREIGN ASSETS CONTROL ("OFAC")

No coverage is provided by this Policyholder Notice nor can it be construed to replace any provisions of your policy. You should read your policy and review your Declarations page for complete information on the coverages you are provided.

This Policyholder Notice provides information concerning possible impact on your insurance coverage due to the directives issued by OFAC and possibly by the U.S. Department of State. **Please read this Policyholder Notice carefully.** 

OFAC of the U.S. Department of Treasury administers and enforces economic and trade sanctions policy on Presidential declarations of "National Emergency". OFAC has identified and listed numerous:

- Foreign agents;
- Front organizations;
- Terrorists;
- Terrorist organizations; and
- Narcotics traffickers

as *Specially Designated Nationals* and *Blocked Persons*. This list can be found on the U.S. Department of Treasury's website (www.treas.gov/ofac)

In accordance with OFAC regulations, or any applicable regulation promulgated by the U.S. Department of State, if it is determined that you or another insured, or any person or entity claiming the benefits of this insurance has violated U.S. sanctions law or is identified by OFAC as a *Specially Designated National* or *Blocked Person*, this insurance will be considered a blocked or frozen contract and all provisions of this insurance will be immediately subject to OFAC. When an insurance policy is considered to be such a blocked or frozen contract, neither payments nor premium refunds may be made without authorization from OFAC. Other limitations on the premiums and payments also apply.

# Women's Health & Cancer Rights Act

If you have had or are going to have a Mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). If you are receiving Mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and patient for:

- a. Reconstruction of the breast on which the Mastectomy was performed;
- b. Reconstruction of the other breast to produce a symmetrical appearance;
- c. Prosthesis;
- d. Treatment of physical complications from all stages of Mastectomy, including lymphedemas.

Coverage will be subject to the same plan limitations, copays, deductible and coinsurance provisions that currently apply to Mastectomy coverage and will be provided in consultation with you and your attending physician.

# LANGUAGE ASSISTANCE PROGRAM

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call (877) 657-5030.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al (877) 657-5030.

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請致電:(877) 657-5030.

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese**), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi (877) 657-5030.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. (877) 657-5030번으로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog** (**Tagalog**), may makukuha kang mga libreng serbisyo ng tulong sa wika. Mangyaring tumawag sa (877) 657-5030.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по номеру (877) 657-5030.

هيبنة: اذا تنك شدحتة قيبرها (Arabic)، ناف تامدخة دعاسما قيو غلاا قيناجما قحاتم كل. عاجر لا لاصتلاًا بـ 5030-657 (877).

ATANSYON: Si w pale **Kreyòl ayisyen** (**Haitian Creole**), ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nan (877) 657-5030.

ATTENTION : Si vous parlez **français** (**French**), des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le (877) 657-5030.

UWAGA: Jeżeli mówisz po **polsku** (**Polish**), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod numer (877) 657-5030.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue para (877) 657-5030.

ATTENZIONE: in caso la lingua parlata sia l'**italiano** (**Italian**), sono disponibili servizi di assistenza linguistica gratuiti. Si prega di chiamare il numero (877) 657-5030.

ACHTUNG: Falls Sie **Deutsch** (**German**) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie (877) 657-5030 an.

注意事項:日本語 (Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。(877) 657-5030 にお電話ください。

**یسرافی** امشدنابز رگا : محبود (**Farsi**) دشابه یم امشد رایتخا رد ناگیار روط مبه ی نابز دادما تامدخ ،تسا. 657-5030 (877) تمسا بیگرید. कृपा ध्या द□: य□द आप □**हंद**□ (**Hindi**) भाषी ह□ तो आपके □लए भाषा सहायता सेवाएं□न:शुल् उपलब् ह□। कृपा पर काल कर□ (877) 657-5030

CEEB TOOM: Yog koj hais Lus **Hmoob** (**Hmong**), muaj kev pab txhais lus pub dawb rau koj. Thov hu rau (877) 657-5030.

ប្រយ័ត្ន: ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ(Khmer) សេវាកម្មភាសាជំនួយឥតគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរស័ព្ទមកលេខ (877) 657-5030 ។

PAKDAAR: Nu saritaem ti **Ilocano** (**Ilocano**), ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti (877) 657-5030.

DÍÍ BAA'ÁKONÍNÍZIN: **Diné** (**Navajo**) bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí kohjị' (877) 657-5030 hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac (877) 657-5030

**ગુજરાતી** (Gujarati) યુ ના: જો તમે જરાતી બોલતા હો, તો િન:લ્કુ ભાષા સહાય સેવાઓ તમારા માટ ઉપલબ્ધ છ. ફોન કરો (877) 657-5030

**λληνικά (Greek)**ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (877) 657-5030

Українська (Ukrainian) УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером (877) 657-5030

አማርኛ (Amharic) ማስታወሻ: የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርንም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደው(877) 657-5030

**ਪੰਜਾਬੀ** (Punjabi) ਧਆਨ ਿਦਓ: ਜੇ ਤੁਸ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤ ਭਾਸ਼ਾ ਿਵੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ (877) 657-5030

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ (877) 657-5030

5814 Reed Road, Fort Wayne, IN. 46835

# Policy/Certificate Amendment

Policyholder: Pine Manor College Policy Number: CCIC1920MASHIP80

Effective Date: August 15, 2020

This Amendment form is made a part of the Policy and any Certificate to which it is attached as of the Effective Date shown above. This form applies only to covered expenses that occur on or after the effective date shown above.

The Policy/Certificate are amended as follows. Any changes in premium will apply as of the first premium due date on or after the Effective Date of this Amendment.

- 1. The Policy is renewed as a new policy for the term August 15, 2020 to August 14, 2021 as new Policy No. WI2021MASHIP112.
- 2. The Schedule of Benefits is deleted in its entirety and replaced with the attached updated Schedule of Benefits.
- 3. The following language appearing in the "Who is not Eligible" provision appearing in the Eligibility section is deleted:

# Who is not Eligible

The following students are not eligible to enroll in the insurance plan:

- students enrolled exclusively in online courses or whose enrollment consists entirely of shortterm courses;
- students taking distance learning, home study, correspondence, television courses, or courses taken for audit do not fulfill the eligibility requirements that the student actively attend classes. The online restriction does not apply to students who are completing their degree requirements while engaged in practical training.
- 4. The Policy is amended to delete the Exclusions and Limitations in their entirety and replace them with the attached updated Exclusions and Limitations.
- 5. The Policy is amended to add the attached Legislative Amendment.

This Amendment is subject to all of the terms, limitations and conditions of the Policy and/or the Certificate to which it is attached except as they are changed by it.

# SIGNED FOR WELLFLEET INSURANCE COMPANY

J. J.	Anglamddam
Andrew M. DiGiorgio, President	Angela Adams, Secretary
Accepted and signed:	
Signature of Policyholder Position or Title	Date

#### **SCHEDULE OF BENEFITS**

#### **Preventive Services:**

In-Network Provider: The Deductible, Coinsurance, and any Copayment are not applicable to Preventive Services. Benefits are paid at 100% of the Negotiated Charge when services are provided through an In-Network Provider.

Out-of-Network Provider: The Deductible, Coinsurance, and any Copayment are not applicable to Preventive Services. Benefits are paid at 80% of the Usual and Customary Charge.

Medical Deductible In-Network Provider Individual: \$100

Out-of-Network Provider Individual: \$100

Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Deductible will not be applied to satisfy the In-Network Deductible. Cost sharing You incur for Covered Medical Expenses that is applied to the In-Network Deductible will not be applied to satisfy the Out-of-Network Provider Deductible.

Out-of-Pocket Maximum: In-Network Provider Individual: \$6,350

Out-of-Network Provider Individual: \$12,700

Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Provider Outof-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing You incur for Covered Medical expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum.

#### **Coinsurance Amounts:**

In-Network Provider: 100% of the Negotiated Charge for Covered Medical Expenses unless otherwise stated below.

Out-of-Network Provider: 80% of the Usual and Customary Charge (U&C)

for Covered Medical Expenses unless otherwise stated below.

### Medical Benefit Payments for In-Network Providers and Out-of-Network Providers

This Certificate provides benefits based on the type of health care provider You select. This Certificate provides access to both In-Network Providers and Out-of-Network Providers. Different benefits may be payable for Covered Medical Expenses rendered by In-Network Providers versus Out-of-Network Providers, as shown in the Schedule of Benefits.

#### **How You Can Request an Estimate for Proposed Covered Services**

You may request an estimate of the costs you will have to pay when your health care provider proposes an inpatient admission, procedure, or other covered service. You can request this cost estimate by logging on to the wellifleetstudent.com website. Just follow the steps to request a cost estimate for health care services you are planning to receive. To request an estimate by phone, call the toll free phone number shown on your ID card.

MA SHIP CERT (2019)

# **Dental and Vision Benefit Payments**

For dental and vision benefits, You may choose any dental or vision provider.

For dental, different benefits may be payable based on the type of service, as shown in the Schedule of Benefits.

# **Preferred Provider Organization:**

To locate an In-Network Provider in Your area, consult Your Provider Directory or call toll free (877) 657-5030 or visit Our website at <a href="https://www.wellfleetstudent.com">www.wellfleetstudent.com</a>.

## THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

- 1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
- 2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
- 3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
- 4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER	
	Inpatient Benefits		
Hospital Care Includes hospital room & board expenses and miscellaneous services and supplies. Subject to Semi-Private room rate unless intensive care unit is required.  Room and Board includes intensive care.	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Pre-Certification Required			
Preadmission Testing	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Physician's Visits while Confined: Limited to 1 visit per day of Confinement per provider	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Inpatient Surgery: Pre-Certification Required Surgeon Services	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Anesthetist	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	

	4000/ 511 N 101 5	000/ 511 1 10 1 01
Assistant Surgeon	100% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Dhysical Thorany while	1000/ of the Negatisted Charge ofter	Expenses
Physical Therapy while	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Confined (inpatient)	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Chilled Nursing Facility	1000/ of the Negatisted Charge ofter	Expenses
Skilled Nursing Facility Benefit	100% of the Negotiated Charge after	80% of Usual and Customary Charge after Deductible for Covered Medical
	Deductible for Covered Medical Expenses	Expenses
Pre-Certification required Inpatient Rehabilitation	100% of the Negatiated Charge after	80% of Usual and Customary Charge
Facility Expense Benefit	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Pre-Certification Required	Deductible for Covered Medical Expenses	Expenses
	 ENT MENTAL HEALTH DISORDER AND SUBSTAN	
Mental Health Disorder	1	
	100% of the Negotiated Charge after	80% of Usual and Customary Charge after Deductible for Covered Medical
and Substance Abuse Disorder Benefit	Deductible for Covered Medical Expenses	
טוטטועפו שפוופוונ		Expenses
Pre-Certification Required		
rre-certification Required		
In accordance with the		
federal Mental Health		
Parity and Addiction Equity		
Act of 2008 (MHPAEA), the		
cost sharing requirements,		
day or visit limits, and any		
Pre-certification		
requirements that apply to		
a Mental Health Disorder		
and Substance Abuse		
Disorder will be no more		
restrictive than those that		
apply to medical and		
surgical benefits for any		
other Covered Sickness.		
	Outpatient Benefits	
Outpatient Surgery:		
Pre-Certification required		
Surgeon Services	100% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
		Expenses
Anesthetist	100% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
	1000/ 511 11 11 151 5	Expenses
Assistant Surgeon	100% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
		Expenses

Outpatient Surgery Facility and Miscellaneous expenses for services & supplies, such as cost of operating room, therapeutic services, oxygen, oxygen tent, and blood & plasma	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Physician's and Other Practitioner Office Visits	\$25 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Specialist/Consultant Physician Services	\$25 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Telemedicine or Telehealth Services	Paid on the same basis as in-network physicial	n office visit cost share.
Cardiac Rehabilitation	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pulmonary Rehabilitation	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Short-Term Rehabilitation Therapy including, Physical Therapy, and Occupational Therapy This benefit limit does not apply for: speech therapy; and when any of these covered services are furnished to treat Autism Spectrum Disorders or as part of covered Home Health Care	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pre-Certification Required  Maximum Visits per Policy Year for Physical Therapy, and Occupational Therapy	60	60
Maximum Visits per Policy Year for Speech Therapy	Unlimited	Unlimited

Habilitative Services	100% of the Negotiated Charge after	80% of Usual and Customary Charge
including, Physical Therapy,	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
and Occupational Therapy		Expenses
and Speech Therapy		
Pre-Certification Required		
Habilitative Services	60	60
Maximum Visits per Policy		
Year for Physical Therapy,		
and Occupational Therapy		
and Combined		
Maximum Visits per Policy	Unlimited	Unlimited
Year for Speech Therapy		
Emergency Services	\$100 Copayment then the plan pays 100% of	Paid the same as In-Network Provider
	the Negotiated Charge after Deductible for	subject to Usual and Customary Charge
	Covered Medical Expenses	
Urgent Care Centers	\$25 Copayment then the plan pays 100% of	\$25 Copayment then the plan pays 80%
	the Negotiated Charge after Deductible for	of Usual and Customary Charge after
	Covered Medical Expenses	Deductible for Covered Medical
		Expenses
Diagnostic Imaging Services	100% of the Negotiated Charge after	80% of Usual and Customary Charge
_	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Pre-Certification Required		Expenses
CT Scan, MRI and/or PET	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Scans	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Due Contification Described		Expenses
Pre-Certification Required	1000/ of the Neartist of Chause of the	200/ - f. Harral and Create and Chause
Laboratory Procedures	100% of the Negotiated Charge after	80% of Usual and Customary Charge
(Outpatient)	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Chamatharany and	100% of the Negotiated Charge after	Expenses  80% of Usual and Customary Charge
Chemotherapy and Radiation Therapy	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Radiation merapy	beductible for covered intedical expenses	Expenses
Pre-Certification Required		Lxperises
Infusion Therapy	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Pre-Certification Required	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
rie-certification Required	beductible for covered intedical expenses	Expenses
Home Health Care	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Expenses	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Expenses	Deduction for Covered Micula Expenses	Expenses
Pre-Certification Required		- Experises
Hospice Care Coverage	100% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Expenses
OUTPATIE	ENT MENTAL HEALTH DISORDER AND SUBSTAN	
Mental Health Disorder	\$25 Copayment then the plan pays 100% of	\$25 Copayment then the plan pays
c.itai i caitii Disolaci		, , , , , , , , , , , , , , , , , , , ,
and Substance Abuse	the Negotiated Charge after Deductible for	80% of Usual and Customary Charge
	the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical

Pre-Certification Required		
except for office visits		
In accordance with the		
federal Mental Health		
Parity and Addiction Equity		
Act of 2008 (MHPAEA), the		
cost sharing requirements,		
day or visit limits, and any		
Pre-Certification		
requirements that apply to		
a Mental Health Disorder		
and Substance Abuse		
Disorder will be no more		
restrictive than those that		
apply to medical and		
surgical benefits for any		
other Covered Sickness.		
Prescription Drugs Retail Pha	armacy	
No cost sharing applies to AC	A Preventive Care medications	
TIER 1	\$10 Copayment then the plan pays 100% of	Not Covered
(Including Enteral	the Negotiated Charge for Covered Medical	
Formulas)	Expenses	
For each fill up to a 30 day		
supply filled at a Retail	Deductible Waived	
pharmacy		
See the Enteral Formula		
and Nutritional		
Supplements section of this		
Schedule for supplements		
not purchased at a		
pharmacy		
More than a 30 day supply	\$20 Copayment then the plan pays 100% of	Not Covered
but less than a 61day	the Negotiated Charge for Covered Medical	
supply filled at a Retail	Expenses	
pharmacy		
	Deductible Waived	
More than a 60 day supply	\$30 Copayment then the plan pays 100% of	Not Covered
filled at a Retail pharmacy	the Negotiated Charge for Covered Medical	
	Expenses	
	Deductible Waived	
L		l .

TIER 2 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail pharmacy  See the Enteral Formula	\$25 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	Not Covered
and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$50 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
More than a 60 day supply filled at a Retail pharmacy	\$75 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
TIER 3 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail Pharmacy	\$25 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	Not Covered
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$50 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
More than a 60 day supply filled at a Retail pharmacy	\$75 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
	Deductible Waived	

Zero Cost Generics		
zero cost denerics	1000/ of the Neartist of Chance for Coursed	Not Coursed
	100% of the Negotiated Charge for Covered	Not Covered
	Medical Expenses	
	Doductible Waived	
Consiste Prescription During	Deductible Waived	
Specialty Prescription Drugs		
For each fill up to a 30 day	\$25 Copayment then the plan pays 100% of	Not Covered
supply	the Negotiated Charge for Covered Medical	
	Expenses	
	Deductible Waived	
	Deductible walved	
Orally administered anti-car	। ncer prescription drugs (including specialty dru	gs)
Benefit	Greater of:	
	<ul> <li>Chemotherapy Benefit; or</li> </ul>	
	<ul> <li>Infusion Therapy Benefit</li> </ul>	
Diabetic Supplies (for Prescr	iption supplies purchased at a pharmacy)	
Benefit	Paid the same as any other Retail Pharmacy P	rescription Drug Fill
	Other Benefits	
Allergy Testing	100% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
		Expenses
Allergy	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Injections/Treatment	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
		Expenses
Ambulance Service ground	\$25 Copayment then the plan pays 100% of	\$25 Copayment then the plan pays
and/or air, water	the Negotiated Charge after Deductible for	100% of Usual and Customary Charge
transportation	Covered Medical Expenses	after Deductible for Covered Medical
		Expenses
Bariatric Surgery & Morbid	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Obesity Benefit	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Pre-Certification Required		Expenses
Covered Clinical Trials	Same as any other Covered Sickness	
Benefit for Cancer or		
other Life-Threatening		
Disease		
Durable Medical	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Equipment	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Pre-Certification Required		Expenses

Diabetic services and supplies (including equipment and training)	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.		
Dialysis Treatment	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Hearing Aids Limited to 1 hearing aid per ear up to a maximum of \$2,000 for each hearing aid per 36 month period	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Maternity Benefit	Same as any other C	overed Sickness
Non-Prescription Enteral Formulas and Nutritional Supplements	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
See the Prescription Drug section of this Schedule when purchased at a pharmacy.		
Prosthetic and Orthotic Devices	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pre-Certification Required		
Reconstructive Surgery  Pre-Certification Required	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pediatric Dental Care Benefit (to the end of the month in which the Insured Person turns age 19)	See the Pediatric Dental Care Benefit descriptinformation.	ion in the Certificate for further
Preventive Dental Care Limited to 2 dental exams every 12 months	100% of Usual and Customary Charge	
The benefit payable amount for the following services is different from		

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the benefit payable amount for Preventive Dental Care:	
Emergency Dental	80% of Usual and Customary Charge
Routine Dental Care	80% of Usual and Customary Charge
Endodontic Services	80% of Usual and Customary Charge
Prosthodontic Services	80% of Usual and Customary Charge
Periodontic Services	80% of Usual and Customary Charge
Medically Necessary Orthodontic Care	80% of Usual and Customary Charge
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	
Pediatric Vision Care Benefit (to the end of the month in which the Insured Person turns age 19)	100% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Limited to 1 visit(s) per Policy Year and 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year	
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	
Adult Vision Care (age 19 and older) Routine Eye Exam once every 24 months	100% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Claim forms must be		
submitted to us as soon as		
reasonably possible. Refer		
to Proof of Loss provision		
contained in the General		
Provisions		
Abortion Expense	100% of the Negotiated Charge after	80% of Usual and Customary Charge after
·	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Accidental Injury Dental	100% of the Negotiated Charge after	80% of Usual and Customary Charge after
Treatment	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
maximum \$500 per Policy	Deductible for covered wiedical Expenses	Beddetible for covered wiedical Expenses
Year		
	1000/ of the Negatisted Charge ofter	200/ of Usual and Customary Charge after
Sickness Dental Expense	100% of the Negotiated Charge after	80% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Chiropractic Care Benefit	\$25 Copayment then the plan pays 100%	\$25 Copayment then the plan pays 80%
Pre-Certification Required	of the Negotiated Charge after Deductible	of Usual and Customary Charge after
	for Covered Medical Expenses	Deductible for Covered Medical Expenses
Infertility Treatment	100% of the Negotiated Charge after	80% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Pre-Certification Required		
Organ Transplant Surgery	100% of the Negotiated Charge after	80% of Usual and Customary Charge after
travel and lodging	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
expenses a maximum	'	·
of \$2,000 per Policy		
Year or \$250 per day,		
whichever is less		
Willelie Vel 13 less		
Pre-Certification Required		
Shots and Injections unless	100% of the Negotiated Charge after	80% of Usual and Customary Charge after
considered Preventive	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Services	'	
Treatment for	100% of the Negotiated Charge after	80% of Usual and Customary Charge after
Temporomandibular Joint	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
(TMJ) Disorders		
Podiatry Benefit	100% of the Negotiated Charge after	80% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Tuberculosis screening,	100% of the Negotiated Charge after	80% of Usual and Customary Charge after
Titers, Quantiferon B tests	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
including shots (other than	The state of the s	and the second s
covered under preventive		
services)		
301 41003)		
Non-emergency Care While	80% of Usual and Customary Charge after D	eductible for Covered Medical Expenses
Traveling Outside of the	Subject to Unlimited maximum per Policy Year	
United States		

NA district	4000/ - (1111- (0 -1 (0 -11- (0 -11- (0 -11- (0 -11- (0 -11- (0 -11- (0 -11- (0 -11- (0 -11- (0 -1
Medical Evacuation	100% of Usual and Customary Charge for Covered Medical Expenses
Expense International	Deductible Waived
Students, and Domestic Students	
Repatriation Expense	100% of Usual and Customary Charge for Covered Medical Expenses
International Students, and	Deductible Waived
Domestic Students	
	Mandated Benefits
Autism Spectrum Disorder	Same as any other Covered Sickness
Benefit	
Cancer Treatment Benefit	Same as any other Covered Sickness, unless considered a Preventive Service
Cleft Palate and Cleft Lip	Same as any other Covered Sickness
Benefit	
Cytologic Screening (pap	Same as any other Covered Sickness, unless considered a Preventive Service. Subject to
smear) and Mammographic	the limitations described in the Benefit.
Examination	
Early Intervention Services	Benefits are payable at 100%
Fitness Benefit	Up to 2 months of a membership to a Fitness Facility, subject to a maximum of \$150
	per Policy Year.
Hormone Replacement Therapy Services;	Same as any other Covered Sickness, unless considered a Preventive Service. Subject to
Outpatient	the limitations described in the Benefit.
Contraceptive Services	
Same as other prescription	
drugs or devices	
Human Leukocyte Testing	Same as any other Covered Sickness
Mastectomy Surgery and	Same as any other Covered Sickness
Rehabilitation Benefit	
Oxygen and Respiratory	Same as any other Covered Sickness
Therapy Benefit (for home	
use)	
Pediatric Specialty Care	Same as any other Covered Sickness
Treatment of Speech,	Same as any other Covered Sickness
Hearing and Language	
Disorders Benefit	Unite 2 months of a mombarship to a fitness facility subject to a manifestary of 6450
Weight Loss Program Benefit	Up to 2 months of a membership to a Fitness Facility, subject to a maximum of \$150
HIV Associated	per Policy Year.
	Same as any other Covered Sickness
Lipodystrophy Treatment Early Refill of Prescription	Same as any other Prescription drug
Eye Drops	Jame as any other riescription drug
Lyc Diops	

## **ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT**

Principal Sum\$10	0,000

Loss must occur within 365 days of the date of a covered Accident.

Only one benefit will be payable under this provision, that providing the largest benefit, when more than one (1) loss occurs as the result of any one (1) Accident. This benefit is payable in addition to any other benefits payable under this Certificate.

## **EXCLUSIONS AND LIMITATIONS**

**Exclusion Disclaimer**: Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

- 1. **International Students Only** Eligible expenses within Your Home Country or country of origin that would be payable or medical Treatment that is available under any governmental or national health plan for which You could be eligible.
- 2. Treatment, service or supply which is not Medically Necessary for the diagnosis, care or treatment of the Sickness or Injury involved. This applies even if they are prescribed, recommended or approved by Your attending Physician or dentist.
- Medical services rendered by a provider employed for or contracted with the Policyholder, including team physicians or trainers, except as specifically provided in the Schedule of Benefits.
- 4. Professional services rendered by an Immediate Family Member or anyone who lives with You.
- 5. Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.
- 6. Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid.
- 7. Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- 8. Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- 9. Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route anywhere in the world.
- 10. Loss resulting from war or any act of war, whether declared or not, or loss sustained while in the armed forces of any country or international authority.
- 11. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate or club sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association.
- 12. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any professional sport.
- 13. Treatment, services, supplies or facilities in a Hospital owned or operated by the Veterans Administration or a national government or any of its agencies, except when a charge is made which You are required to pay.
- 14. Services that are duplicated when provided by both a certified Nurse-midwife and a Physician.
- 15. Expenses payable under any prior policy which was in force for the person making the claim.
- 16. Injury sustained as the result of Your operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle accident takes place.
- 17. Expenses incurred after:
  - o The date insurance terminates as to an Insured Person, except as specified in the extension

of benefits provision; and

- o The end of the Policy Year specified in the Policy.
- 18. Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- 19. Charges incurred for acupuncture, in any form, except to the extent provided in the Schedule of Benefits.
- 20. Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.
- 21. Treatment for obesity except surgery for morbid obesity (bariatric surgery). Surgery for removal of excess skin or fat.
- 22. Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- 23. Expenses for radial keratotomy.
- 24. Adult Vision unless specifically provided in the Certificate.
- 25. Charges for office visit exam for the fitting of prescription contact lenses, duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.
- 26. Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultra-light aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles) or other hazardous sport or hobby.
- 27. Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma.
- 28. Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric Dental Care Benefit.
- 29. You are:
  - o committing or attempting to commit a felony,
  - o engaged in an illegal occupation, or
  - o participating in a riot.
- 30. Custodial Care service and supplies.
- 31. Charges for hot or cold packs for personal use.
- 32. Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.
- 33. Services of private duty Nurse except as provided in the Certificate.
- 34. Expenses that are not recommended and approved by a Physician.
- 35. Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal or artificial organs or tissues.
- 36. Sleep Disorders, except for the diagnosis and treatment of obstructive sleep apnea.
- 37. Treatment of Acne unless Medically Necessary.
- 38. Experimental or Investigational drugs, devices, treatments or procedures unless otherwise covered under Covered Clinical Trials or covered under clinical trials (routine patient costs). See the Other Benefits section for more information.
- 39. Under the Prescription Drug Benefit shown in the Schedule of Benefits:
  - any drug or medicine which does not, by federal or state law, require a prescription order, i.e. over-the-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of this Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;
  - o drugs with over-the-counter equivalents except as specifically provided under Preventive

Services:

- o allergy sera and extracts administered via injection;
- sexual enhancements drugs;
- o vitamins, and minerals, except as specifically provided under Preventive Services;
- o food supplements, dietary supplements; except as specifically provided in the Certificate;
- o cosmetic drugs or medicines, including but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
- refills in excess of the number specified or dispensed after 1 year of date of the prescription;
- drugs labeled, "Caution limited by federal law to Investigational use" or Experimental Drugs;
- o any drug or medicine purchased after coverage under the Certificate terminates;
- o any drug or medicine consumed or administered at the place where it is dispensed;
- o if the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
- bulk chemicals;
- o non-insulin syringes, surgical supplies, durable medical equipment/medical devices, except as specifically provided in the Prescription Drug Benefit section of the Certificate;
- repackaged products;
- blood components except factors;
- o immunology products.
- 40. Non-chemical addictions.
- 41. Non-physical, occupational, speech therapies (art, dance, etc.).
- 42. Modifications made to dwellings.
- 43. General fitness, exercise programs except has provided elsewhere in this Certificate.
- 44. Hypnosis.
- 45. Rolfing.
- 46. Biofeedback.
- 47. Vocational recreation: art, dance, poetry, music, or other similar-type therapies.
- 48. Pregnancy that results under a surrogate parenting agreement.
- 49. Wigs, or scalp hair prosthesis when hair loss is because of male pattern baldness, female pattern baldness or natural or premature aging.
- 50. Personal convenience items such as telephone consultations (audio only), missed appointments, completion of claim forms.

# Policy/Certificate Amendment

Policyholder: Pine Manor College Policy Number: WI2021MASHIP112

Effective Date: August 15, 2020

This Amendment form is made a part of the Policy and Certificate to which it is attached as of the Effective Date shown above. This form applies only to covered expenses that occur on or after that date.

This Amendment is subject to all of the terms, limitations and conditions of the Policy and Certificate except as they are changed by it.

## The following changes are made to the Schedule of Benefits:

 The Acupuncture Expense Benefit appearing in the Other Benefits section of the Schedule of Benefits in the Certificate is deleted and replaced by the following:

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
	OTHER BENEFITS	
Acupuncture Services Expense Benefit (Medically Necessary Treatment) for Pain Management (in lieu of opioids)	\$25 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Acupuncture Services Expense Benefit Maximum visits per Policy Year.	5	5

2. The following Pain Management Alternatives to Opiate Products benefit is added to the Mandated Benefits section of the Schedule of Benefits:

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
MANDATED BENEFITS		
Pain Management Alternatives to Opiate Products	Same as any other	Covered Sickness

## The following changes are made to Section IV – How the Plan Works and Description of Benefits:

- 1. The following provision is added to the **Preventive Services** provision appearing in **Section IV How The Plan Works and Description of Benefits** in the Certificate:
  - 6. Tobacco cessation counseling and all generic FDA approved tobacco cessation products when the counseling and/or products are prescribed by a Physician.
- 2. The Mental Health and Substance Abuse Disorder Benefit appearing in the Inpatient Benefits section of Section IV How The Plan Works and Description of Benefits in the Certificate is deleted and replaced as follows:
  - 8. Mental Health and Substance Abuse Disorder Benefit We will pay for Covered expenses incurred for the diagnosis and treatment of the following Biologically-Based Mental Disorders, as described in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders published by the American Psychiatric Association, referred to in this section as the DSM:
    - 1. schizophrenia;
    - 2. schizoaffective disorder;
    - 3. major depressive disorder;
    - 4. bipolar disorder;
    - 5. paranoia and other psychotic disorders;
    - 6. obsessive-compulsive disorder;
    - 7. panic disorder;
    - 8. delirium and dementia;
    - 9. affective disorders;
    - 10. eating disorders;
    - 11. post-traumatic stress disorder;
    - 12. substance abuse disorders; and
    - 13. Autism.

We will also pay for Covered expenses incurred for the diagnosis and treatment of rape-related mental or emotional disorders to victims of a rape or victims of an assault with intent to commit rape whenever the costs of such diagnosis and treatment exceed the maximum compensation awarded to such victims pursuant to Massachusetts law.

We will also pay for Covered expenses incurred for covered children and adolescents under the age of 19 for the diagnosis and treatment of non-biologically-based Mental Disorders or other behavioral or emotional disorders which substantially interfere with or substantially limit the functioning and social interactions of such a child or adolescent. Such interference or limitation is documented by and the referral for said diagnosis and treatment is made by the primary care provider, primary pediatrician or a licensed mental health professional of such a child or adolescent or is evidenced by conduct, including, but not limited to:

1. an inability to attend school as a result of such a disorder;

- 2. the need to hospitalize the child or adolescent as a result of such a disorder; or
- 3. a pattern of conduct or behavior caused by such a disorder which poses a serious danger to self or others.

We shall continue to provide such benefits to any adolescent who is engaged in an ongoing course of treatment beyond the adolescent's nineteenth birthday until said course of treatment, as specified in said adolescent's treatment plan, is completed and while coverage under the Policy remains in effect.

We will cover Inpatient Confinement, Intermediate Services, and Outpatient Services that shall permit active and non- custodial treatment for said mental disorders to take place in the least restrictive clinically appropriate setting. Covered services may be provided to the covered child, the child's covered parents and/or other appropriate caregivers.

We will not cover educational services to improve academic performance or developmental functioning.

For purposes of this section:

**Inpatient Confinement** will mean that the Insured Person must be confined in an either:

- 1. A general Hospital licensed to provide such services;
- 2. A facility under the direction and supervision of the Department of Mental Health;
- 3. A private mental Hospital licensed by the Department of Mental Health; or
- 4. A substance abuse facility licensed by the Department of Public Health.

**Intermediate and Outpatient Services** means a range of non-inpatient services that provide more intensive and extensive treatment interventions when Outpatient Services alone are not sufficient to meet the patient's needs. Intermediate Services include, but are not limited to:

- 1. Acute and other residential treatment;
- 2. Partial Hospitalization;
- 3. Day treatment;
- 4. Clinically managed detoxification services;
- 5. Intensive Outpatient Programs; and Crisis Stabilization;
- 6. Mobile Crisis intervention service providing short-term, on-site, face to face therapeutic service. This service is available 24 hours a day, 7 days a week to identify, assess, treat and stabilize a covered child in a behavioral crisis situation.
- 7. Community-based acute treatment (CBAT) services in a licensed facility.

  Services are provided on a 24 hour basis in a secured setting. Services include but not limited to:
  - Medication monitoring
  - Psychiatric assessments and testing
  - Nursing availability
  - Specialist's as needed
  - Individual, group and family therapy

- Case management
- Family assessment and consultations; and
- Discharge planning.
- 8. Intensive community based treatment (ICBAT) services in a licensed facility. Services are provided on a 24 hour basis in a secure setting. Treatment is at a higher level that those received at a CBAT facility including frequent psychiatric and psychopharmacological evaluation/treatment and intensive staffing/service delivery.
- 9. Intensive Care Coordination (ICC) services providing case management. Services include assessments, individual care plans, referrals, monitoring and coordination of care with other service/social support agencies.
- 10. In-home services rendered in the covered child's home, foster home, therapeutic foster home or community setting. Services include the following:
  - Therapy services including therapeutic clinical intervention, ongoing therapeutic training and support;
  - Behavioral services including monitoring and management therapy.
- 11. Family support and training provided in the covered child's home, foster home, therapeutic foster home or community setting. Coverage includes Medically Necessary services provided to a parent or other caregiver of a covered child to improve the capacity of the parent or caregiver to ameliorate or resolve the covered child's emotional or behavioral needs. Family support and training may include:
  - Educating parents/caregivers about the covered child's behavioral health needs and resiliency factors;
  - Teaching parents/caregivers how to navigate services on behalf of the covered child; and
  - How to identify formal and informal services and supports in their communities, including parent support and self-help groups.
- 12. Therapeutic mentoring services provided to a covered child in the covered child's home, foster home, therapeutic foster home or community setting. Therapeutic mentoring may also be provided in a community setting such as school, childcare centers, respite settings, and other culturally and linguistically appropriate community settings, to allow the covered child to practice desired skills in appropriate settings. Coverage includes Medically Necessary services provided to the covered child that are designed to:
  - Support age-appropriate social functioning; or
  - Ameliorate deficits in the covered child's age-appropriate social functioning resulting from a DSM diagnosis.

The services may include supporting, coaching, and training the covered child in:

- Age-appropriate behaviors;
- Interpersonal communication;
- Problem solving;
- Conflict resolution; and
- Relating appropriately to other children and adolescents and to adults.

## **Outpatient Services** means care or treatment that is provided:

1. by a licensed Hospital;

- 2. by a mental health or substance abuse clinic licensed by the Department of Public Health;
- 3. by an approved (by the Department of Mental Health) community mental health center or other mental health clinic or day care center which furnishes mental health services; or
- 4. Consultations or diagnostic or treatment sessions, provided in a professional office or home-based services provided, however, that such services are rendered by a licensed mental health professional including a licensed Physician who specializes in the practice of psychiatry, a licensed psychologist, a licensed independent clinical social worker, a licensed mental health counselor, a licensed nurse mental health clinical specialist or a licensed marriage and family therapist within the lawful scope of practice for such therapist.

For the purposes of this Benefit, psychopharmacological services and neuropsychological assessment services shall be treated as a medical benefit and shall be on the same basis as any other Covered Sickness. Coverage will also include Medically Necessary clinical stabilization services for 14 consecutive days for Inpatient Substance Abuse Disorders.

Services do not include programs that:

- Are non-individualized treatment plans, which are activity or meeting based.
- Focus solely on improving interpersonal or other skills
- Tuition based educational, vocational, recreational or personal development activities such as: therapeutic schools, camps or wilderness programs
- Provide custodial care services
- 3. The Tobacco cessation prescription and over-the-counter drugs benefit appearing under Prescription Drugs in the Outpatient Benefits section of Section IV – How The Plan Works and Description of Benefits in the Certificate is deleted and replaced by the following:
  - I. Tobacco cessation prescription and over-the-counter drugs Coverage is provided for FDA-approved tobacco cessation products (including both prescription and OTC medications) when prescribed by a Physician. All generic FDA-approved tobacco cessation products will be covered with no cost sharing when prescribed by a Physician. The Insured Person will have access to at least one (1) tobacco cessation product without prior authorization. For details on the current list of generic FDA-approved tobacco cessation products (prescription and OTC medications) covered with no cost sharing, refer to the Formulary posted on Our website www.wellfleetstudent.com or call 1-877-657-5030.
- 4. The Acupuncture Services benefit appearing in the Other Benefits section of Section IV How The Plan Works and Description of Benefits in the Certificate is deleted and replaced by the following:
  - **30.** Acupuncture Services Expense Benefit when services are Medically Necessary for Pain Management (in lieu of opioids) and provided by a Physician licensed to perform such services.

5. The following Pain Management Alternatives to Opiate Products benefit is added to the Mandated Benefits section of Section IV - How The Plan Works and Description of Benefits in the Certificate:

Pain Management Alternatives to Opiate Products include non-medication treatment modalities such as chiropractic care, individual behavioral therapy, including biofeedback and training on meditative practices to alleviate pain, and pain management injections, including trigger point and fascia injections. Refer to the Schedule of Benefits to determine whether Pre-Certification is required for these services and follow the Pre-Certification Process if applicable. To locate an In-Network Provider in Your area that provides these services, consult Your Provider Directory or call toll free 1- 877-657-5030 or visit Our website at <a href="https://www.wellfleetstudent.com">www.wellfleetstudent.com</a>. Non-opiate medication options to treat pain include non-steroidal anti-inflammatory drugs (NSAIDs), muscle relaxants, and topical anesthetics that are covered under the Prescription Drug Formulary.

This amendment makes no other changes to the Policy or Certificate.

SIGNED FOR WELLFLEET INSURANCE COMPANY

Andrew M. DiGiorgio, President

Angela Adams, Secretary

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## **HIPAA Notice of Privacy Practices**

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION

## PLEASE REVIEW IT CAREFULLY

Effective: August 01, 2019

This Notice of Privacy Practices ("Notice") applies to **Wellfleet Insurance Company** and **Wellfleet New York Insurance Company**'s (together, "we", "us" or "our") insured health benefits plans. We are required to provide you with this Notice.

Personal Information is information that identifies you as an individual, such as your name and Social Security Number, as well as financial, health and other information about you that is nonpublic, and that we obtain so we can provide you with insurance coverage.

Protected Health Information (your "Health Information") is information that identifies you as related to your physical or mental health, your health care, or payment for your healthcare.

## **Our Responsibilities**

We are required by law to maintain the privacy of the Health Information we hold and to provide you with this Notice and to follow the duties and privacy practices described in this Notice. We are required to abide by the terms of this Notice currently in effect.

We utilize administrative, technical, and physical safeguards to protect your information against unauthorized access and against threats and hazards to its security and integrity. We comply with all applicable state and federal rules pertaining to the security and confidentiality of your information.

We will promptly inform you if a breach has occurred that may have compromised the privacy or security of your Health Information.

## **Overview of this Notice**

This Notice describes how certain information about you may be used and disclosed and how you can get access to this information. This Notice addresses three primary areas:

- An overview of Your Health Information. This section addresses how we collect your information, how we use it to run our business, and the reasons we share it.
- Your Rights. This section gives an overview of the rights you have with respect to your information we have in our records.
- How to Contact Us. In case you have any questions, requests, or even if you feel you need to make a complaint, we want to make sure you are in contact with the right person.

## YOUR HEALTH INFORMATION

## **How We Acquire Your Information**

In order to provide you with insurance coverage, we need Personal Information about you. We gather this information from a variety of sources including your employer, your health care provider, your school, other insurers, and third party administrators (TPAs). This information is necessary to properly administer your health plan benefits.

## How We use Your Health Information

Below are some examples of how we use and disclose your Health Information. Broadly, we will use and disclose your Health Information for Treatment, Payment and Health Care Operations.

**Treatment** refers to the health care treatment you receive. We do not provide treatment, but we may disclose certain information to doctors, dentists, pharmacies, hospitals, and other health care providers who will take care of you. For example, a doctor may send us information about your diagnosis and treatment so we can develop a health care plan and arrange additional services.

**Payment** refers to activities involving the collection of premiums, payment of claims, and determining covered services. For example, we may review your Health Information to determine if a particular treatment is medically necessary and what that payment for the services should be.

**Health Care Operations** refers to the business functions necessary for us to operate, such as audits, complaints responses and quality assurance activities. For example, we would use your Health Information (but not genetic information) for underwriting and calculating rates, or we may use your Health Information to detect and investigate fraud.

## Additionally:

- We may **confirm enrollment** in the health plan with the appropriate party.
- If you are a **dependent** of someone on the plan, we may disclose certain information to the plan's subscriber, such as an explanation of benefits for a service you may have received.
- We may share enrollment information, payment information, or other Health Information in order to coordinate treatment or other services you may need.

We may disclose your information when instructed to do so, including:

- **Health oversight activities** may require that we disclose your information to governmental, licensing, auditing and accrediting agencies;
- Legal proceedings may require disclosure of your Health Information in response to a court order or administrative order, or in response to a subpoena, discovery request, warrant, summons, or other valid process;
- Law enforcement activities might require disclosure of certain Health Information to local, state or federal law enforcement, so long as the release is authorized or required by law;
- As required by law or to avert a serious threat to safety or health; and,
- To **certain government agencies**, such as the Department of health and Human Services or the Office of Civil Rights if they are conducting an investigation or audit.

## **Authorizations**

Occasionally we may receive a request to share your information in a manner outside of how we normally use your Health Information, as described above. In those cases, we will ask you for your authorization before we share your Health Information.

#### **YOUR RIGHTS**

You have the **right to request restrictions** on certain uses and disclosures of your Health Information, including the uses and disclosures listed in this Notice and disclosures permitted by law. You also have the **right to request that we communicate with you in certain ways**.

- We will accommodate reasonable requests;
- We are not required to agree to a request to restrict a disclosure unless you have paid for the
  cost of the health care item or service in full (i.e., the entire sum for the procedure performed)
  and disclosure is not otherwise required by law; and,
- If you are a minor, depending on the state you reside in, you may have the right in certain circumstances to block parental access to your Health Information. For example, a minor may have the rights of an adult with respect to diagnosis and care of conditions such as STDs, drug dependency, and pregnancy.

You have the **right to inspect and copy your Health Information** in our records. Please note that there are exceptions to this, such as:

- Psychotherapy notes;
- Information complied in reasonable anticipation, or for use in, a civil, criminal or administrative action or proceeding;
- Health Information that is subject to a law prohibiting access to that information; or,
- If the Health Information was obtained from someone other than us under a promise of confidentiality and the access request would be reasonably likely to reveal the source of the information.

We may deny your request to inspect and copy your Health Information if:

- A licensed health care professional has determined your requested access is reasonably likely to endanger your life or physical safety of another;
- The Health Information makes reference to another person and a licensed health care professional has determined that access requested is reasonably likely to cause substantial harm to another; or,
- A licensed health care professional has determined that access requested by your personal representative is likely to cause substantial harm to you or another person.

You have the **right to request an amendment** to your Health Information if you believe the information we have on file is incomplete or inaccurate. Your request must be in writing and must include the reason for the request. If we deny your request, you may file a written statement of disagreement.

You have the right to know who we have provided your information to - - this is known as an **accounting of disclosures**. A request for an accounting of disclosures must be submitted in writing to the address below. The accounting will not include disclosures made for treatment, payment, health care operations, for law enforcement purposes, or as otherwise permitted or required by law. If you request

an accounting of disclosures more than once in a twelve (12) month period we may charge a reasonable fee to process, compile and deliver the information to you this second time.

You have a **right to receive a paper copy of this Notice**. Simply call the customer service line indicated on your ID card and request a paper copy be mailed to you. You may also submit a written request to us at the address below.

You will receive a notice of a breach of your Health Information. You have the **right to be notified of a breach** of unsecure Health Information.

Finally, you have the **right to file a complaint** if you feel your privacy rights were violated. You may also file a complaint with the Secretary of Health and Human Services.

#### CONTACT

For all inquiries, requests and complaints, please contact:

Privacy and Security Officer
Wellfleet Insurance Company/
Wellfleet New York Insurance Company
c/o Wellfleet Group, LLC
PO Box 15369
Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

## This Notice is Subject to Change

We may change the terms of this notice and our privacy policies at any time. If we do, the new terms and policies will be effective for all of your Health Information we maintain, as well as any information we may receive or maintain in the future.

Please note that we do not destroy your Health Information when you terminate your coverage with us. It may be necessary to use and disclose this information for the purposes described above even after our coverage terminates, although policies and procedures will remain in place to protect against inappropriate use and disclosure.

## Gramm-Leach-Bliley ("GLB") Privacy Notice

We understand your privacy is important. We value our relationship with you and are committed to protecting the confidentiality of *nonpublic personal information* ("NPI"). This notice explains why we collect NPI, what we do with NPI and how we protect your privacy.

#### **COLLECTING YOUR INFORMATION**

We collect NPI about our customers to provide them with insurance products and services. This may include your name, Social Security number, telephone number, address, date of birth, gender, work/school enrollment history, and health history. We may receive NPI from your completing the following forms:

- Claims forms
- Enrollment forms
- Beneficiary designation/Assignment forms
- Any other forms necessary to effectuate coverage, administer coverage, or administer and pay your claims

We also collect information from others that is necessary for us to properly process a claim, underwrite coverage, or to otherwise complete a transaction requested by a customer, policyholder or contract holder.

#### **SHARING YOUR INFORMATION**

We share the types of NPI described above primarily with people who perform insurance, business and professional services for us, such as helping us pay claims and detect fraud. We may share NPI with medical providers for insurance and treatment purposes. We may share NPI with an insurance support organization such as a policyholder's or contract holder's broker, a third-party administrator, reinsurer, employer, school, or plan sponsor. We may also share NPI when otherwise required or permitted by law, such as sharing with governmental or other legal authorities. When legally necessary, we ask your permission before sharing NPI about you. Our practices apply to our former, current and future customers.

We do not share your health NPI to market any product or service. We also do not share any NPI to market non-financial products and services.

When other companies help us conduct business, we expect them to follow applicable privacy laws. We do not authorize them to use or share NPI except when necessary to conduct the work they are performing for us or to meet regulatory or other governmental requirements.

## **HEALTH INFORMATION**

We will not share any of your protected health information ("PHI") unless allowed by law, and/or you have provided us with the appropriate authorization. Additional information on how we protect your PHI can be found in the Notice of Privacy Practices.

## **SAFEGUARDING YOUR INFORMATION**

We have physical, electronic and procedural safeguards that protect the confidentiality and security of NPI. We give access only to employees or authorized individuals who need to know the NPI to provide insurance products or services to you. Our employees are continually trained on how to keep information safe.

#### **Accessing Your Information**

You may request access to certain NPI we collect to provide you with insurance products and services. You must make your request in writing and send it to the address below. The letter should include your full name, address, telephone number and policy number if we have issued a policy. If you request, we will send copies of the NPI to you. If the NPI includes health information, we may provide the health information to you through a health care provider you designate. We will also send you information related to disclosures. We may charge a reasonable fee to cover our processing costs.

This section applies to NPI we collect to provide you with coverage. It does not apply to NPI we collect in anticipation of a claim or civil or criminal proceeding.

#### **CORRECTING YOUR INFORMATION**

If you believe the NPI we have about you is incorrect, please write to us. Your letter should include your full name, address, telephone number and policy number if we have issued a policy. Your letter should also explain why you believe the NPI is inaccurate. If we agree with you, we will correct the NPI and notify you of the correction. We will also notify any person who may have received the incorrect NPI from us in the past two (2) years if you ask us to contact that person.

If we disagree with you, we will tell you we are not going to make the correction. We will give you the reason(s) for our refusal. We will also tell you that you may submit a statement to us. Your statement should include the NPI you believe is correct. It should also include the reason(s) why you disagree with our decision not to correct the NPI in our files. We will file your statement with the disputed NPI. We will include your statement any time we disclose the disputed NPI. We will also give the statement to any person designated by you if we may have disclosed the disputed NPI to that person in the past two (2) years.

## **CONTACTING US**

If there are any questions concerning this notice, please feel free to write us at:

Privacy and Security Officer Wellfleet Insurance Company c/o Wellfleet Group, LLC PO Box 15369 Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

## NOTICE OF NON-DISCRIMINATION AND ACCESSIBILLITY REQUIREMENTS

The Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Company does not exclude people or treat them worse because of their race, color, national origin, age, disability, or sex.

The Company provides free aids and services to people with disabilities to communicate effectively with us, such as:

- 1. Qualified sign language interpreters
- 2. Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose first language is not English when needed to communicate effectively with us, such as:

- 1. Interpreters
- 2. information translated into other languages

If you need these services, contact Betsy M. Stevens and John Kelley Civil Rights Coordinators.

If you believe that Wellfleet Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Betsy M. Stevens and John Kelley Civil Rights Coordinators,

PO Box 15369

Springfield, MA 01115-5369

(413)-733-4540; (413)-733-4612

Bstevens@wellfleetinsurance.com, or Jkelley@wellfleetinsurance.com.

You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance Betsy M. Stevens and John Kelley of Civil Rights Coordinators are available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building

Washington, DC 20201

800-8681019; 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

The Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

WFNIC

## ADVISORY NOTICE TO POLICYHOLDERS

# U.S. TREASURY DEPARTMENT'S OFFICE OF FOREIGN ASSETS CONTROL ("OFAC")

No coverage is provided by this Policyholder Notice nor can it be construed to replace any provisions of your policy. You should read your policy and review your Declarations page for complete information on the coverages you are provided.

This Policyholder Notice provides information concerning possible impact on your insurance coverage due to the directives issued by OFAC and possibly by the U.S. Department of State. **Please read this Policyholder Notice carefully.** 

OFAC of the U.S. Department of Treasury administers and enforces economic and trade sanctions policy on Presidential declarations of "National Emergency". OFAC has identified and listed numerous:

- Foreign agents;
- Front organizations;
- Terrorists;
- Terrorist organizations; and
- Narcotics traffickers

as *Specially Designated Nationals* and *Blocked Persons*. This list can be found on the U.S. Department of Treasury's website (www.treas.gov/ofac)

In accordance with OFAC regulations, or any applicable regulation promulgated by the U.S. Department of State, if it is determined that you or another insured, or any person or entity claiming the benefits of this insurance has violated U.S. sanctions law or is identified by OFAC as a *Specially Designated National* or *Blocked Person*, this insurance will be considered a blocked or frozen contract and all provisions of this insurance will be immediately subject to OFAC. When an insurance policy is considered to be such a blocked or frozen contract, neither payments nor premium refunds may be made without authorization from OFAC. Other limitations on the premiums and payments also apply.

## Women's Health & Cancer Rights Act

If you have had or are going to have a Mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). If you are receiving Mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and patient for:

- a. Reconstruction of the breast on which the Mastectomy was performed;
- b. Reconstruction of the other breast to produce a symmetrical appearance;
- c. Prosthesis;
- d. Treatment of physical complications from all stages of Mastectomy, including lymphedemas.

Coverage will be subject to the same plan limitations, copays, deductible and coinsurance provisions that currently apply to Mastectomy coverage and will be provided in consultation with you and your attending physician.

## LANGUAGE ASSISTANCE PROGRAM

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call (877) 657-5030.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al (877) 657-5030.

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請致電:(877) 657-5030.

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt** (**Vietnamese**), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi (877) 657-5030.

알림: 한국어(**Korean**)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. (877) 657-5030번으로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog** (**Tagalog**), may makukuha kang mga libreng serbisyo ng tulong sa wika. Mangyaring tumawag sa (877) 657-5030.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по номеру (877) 657-5030.

هينة: اذا تنك شدحت قيرها (Arabic)، ناف تامدخة دعاسما قيو غلا الميناجما قداتم كل. عاجر لا لاصدلاً بـ 5030-657 (877).

ATANSYON: Si w pale **Kreyòl ayisyen** (**Haitian Creole**), ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nan (877) 657-5030.

ATTENTION : Si vous parlez **français** (**French**), des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le (877) 657-5030.

UWAGA: Jeżeli mówisz po **polsku** (**Polish**), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod numer (877) 657-5030.

ATENÇÃO: Se você fala **português** (**Portuguese**), contate o serviço de assistência de idiomas gratuito. Ligue para (877) 657-5030.

ATTENZIONE: in caso la lingua parlata sia l'**italiano** (**Italian**), sono disponibili servizi di assistenza linguistica gratuiti. Si prega di chiamare il numero (877) 657-5030.

ACHTUNG: Falls Sie **Deutsch** (**German**) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie (877) 657-5030 an.

注意事項:日本語 (Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。(877) 657-5030 にお電話ください。

**یسراف** امشد نابز رگا : مجود (**Farsi**) دشابه یم امشد رایتخا رد ناگیار روط مجه ی نابز دادما تامدخ ،تسا. 657-5030 نیکرید. कृपा ध्या द□: य□द आप □**हंद**□ (**Hindi**) भाषी ह□ तो आपके □लए भाषा सहायता सेवाएं□न:शुल् उपलब् ह□। कृपा पर काल कर□ (877) 657-5030

CEEB TOOM: Yog koj hais Lus **Hmoob** (**Hmong**), muaj kev pab txhais lus pub dawb rau koj. Thov hu rau (877) 657-5030.

ប្រយ័ត្ន: ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ(Khmer) សេវាកម្មភាសាជំនួយឥតគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរស័ព្ទមកលេខ (877) 657-5030 ។

PAKDAAR: Nu saritaem ti **Ilocano** (**Ilocano**), ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti (877) 657-5030.

DÍÍ BAA'ÁKONÍNÍZIN: **Diné** (**Navajo**) bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí kohjị' (877) 657-5030 hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac (877) 657-5030

**ગુજરાતી** (Gujarati) યુ ના: જો તમે જરાતી બોલતા હો, તો િન:લ્કુ ભાષા સહાય સેવાઓ તમારા માટ ઉપલબ્ધ છ. ફોન કરો (877) 657-5030

**λληνικά (Greek)**ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (877) 657-5030

Українська (Ukrainian) УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером (877) 657-5030

አማርኛ (Amharic) ማስታወሻ: የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርንም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደው(877) 657-5030

**ਪੰਜਾਬੀ** (Punjabi) ਧਆਨ ਿਦਓ: ਜੇ ਤੁਸ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤ ਭਾਸ਼ਾ ਿਵੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ (877) 657-5030

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ,

ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ (877) 657-5030

## COMMERCIAL CASUALTY INSURANCE COMPANY

5814 Reed Road, Fort Wayne, Indiana 46835

## STUDENT HEALTH CERTIFICATE OF COVERAGE

**POLICYHOLDER:** Pine Manor College

(Policyholder)

**POLICY NUMBER:** CCIC1920MASHIP80

**POLICY EFFECTIVE DATE:** August 15, 2019 **POLICY TERMINATION DATE:** August 14, 2020

STATE OF ISSUE: Massachusetts

This Certificate of Coverage ("Certificate") explains the benefits available to You under a Policy between Commercial Casualty Insurance Company (hereinafter referred to as "We", "Us" or "Our") and the Policyholder. Amendments, riders or endorsements may be delivered with the Certificate or added thereafter.

## **INSURING AGREEMENTS**

**COVERAGE:** Benefits are provided to cover the expenses incurred due to a Covered Sickness or a Covered Injury which results in Covered Medical Expenses.

We will pay the benefits under the terms of the Policy in consideration of:

- 1. The application for the Policy; and
- 2. The payment of all premiums as set forth in the Policy.

This Certificate takes effect on the effective date at 12:00 a.m. local time at the Policyholder's address. We must receive the Policyholder's signed application and the initial Premium for it to take place.

Term of the Certificate

This Certificate terminates at 11:59 p.m. local time at the Policyholder's address.

The following pages form a part of this Certificate as fully as if the signatures below were on each page.

This Certificate is executed for the Company by its President and Secretary.

READ THIS ENTIRE CERTIFICATE CAREFULLY. IT DESCRIBES THE BENEFITS AVAILABLE UNDER THIS CERTIFICATE. IT IS YOUR RESPONSIBILITY TO UNDERSTAND THE TERMS AND CONDITIONS IN THIS CERTIFICATE.

Non-Participating Non-Renewable

President

**Secretary** 

Underwritten by: Commercial Casualty Insurance Company

5814 Reed Road Fort Wayne, IN 46835

Administrator: Wellfleet Group, LLC

PO Box 15369

Springfield, MA 01115-5369

877-657-5030

Inglamodamo

## **NONDISCRIMINATORY**

Health care services and any other benefits to which a Covered Person is entitled are provided on a nondiscriminatory basis, including benefits mandated by state and federal law.



This health plan satisfies **Massachusetts Minimum Creditable Coverage standards** and **will satisfy** the individual mandate that you have health insurance. Please see page 3 for additional information.

## MASSACHUSETTS REQUIREMENT TO PURCHASE HEALTH INSURANCE:

As of January 1, 2009, the Massachusetts Health Care Reform Law requires that Massachusetts residents, eighteen (18) years of age and older, must have health coverage that meets the Minimum Creditable Coverage standards set by the Commonwealth Health Insurance Connector, unless waived from the health insurance requirement based on affordability or individual hardship. For more information call the Connector at 1-877-MA-ENROLL or visit the Connector website (www.mahealthconnector.org).

This health plan satisfies the Minimum Creditable Coverage requirement that is effective January 1, 2019 as part of the Massachusetts Health Care Reform Law. If an Insured Student purchases this plan he or she will satisfy the individual mandate that he or she has health insurance.

This disclosure is for minimum creditable coverage standards that are effective January 1, 2019. Because the standards may change, the Insured Student should review the health plan materials each year to determine whether the plan meets the latest standards.

If an Insured Student has questions about this notice, he or she may contact the Division of Insurance by calling (617) 521-7794 or visiting its website at www.mass.gov/doi.

## **DISCLOSURE**

Provider profiling information may be available from the Board of Registration in Medicine for providers in Massachusetts. Insured Persons shall have the opportunity to obtain health care services for an emergency medical condition, including the option of calling the local pre-hospital emergency medical service by dialing the emergency telephone access number 911, or its local equivalent, whenever the Insured Person is confronted with an emergency medical condition which in the judgment of a prudent layperson would require pre-hospital emergency services.

An Insured Person shall in no way be discouraged from using the local pre-hospital emergency medical service system, the 911 telephone number, or the local equivalent. Coverage will not be denied for medical and transportation expenses incurred as a result of such emergency medical condition.

In the event that We require an Insured Person to contact either Our designee or the primary care physician of the Insured Person or Us within 48 hours of receiving emergency services, that notification already given to Our designee, the primary care physician or Us by the attending emergency physician shall satisfy that requirement.

The Department of Public Health Office of Patient Protection (OPP) is available to answer questions concerning the legislation, regulation or an Insured Person's rights as a managed care consumer. All information specified in 211 CMR 52.16 is available to any Insured Person or any prospective insured from the Office of Patient Protection. He or she can contact the Office of Patient Protection by phone (1-800-436-7757) or fax (617-624-5046) or via the internet site (www.state.ma.us/dph/bhqm).

## **Genetic Testing**

We will not require that an enrollee have genetic tests or testing as a condition of the issuance or renewal of any coverage under the Policy. We do not make any other distinctions based upon genetic information, in the amount of payment or premiums or rates charged, in the length of coverage or in any of the other terms and conditions of insurance.

This plan provides coverage of pediatric specialty care, including mental health care, by a person with recognized expertise in specialty pediatrics to Insured Persons requiring such services.

Prior authorization for emergency services is not required including post stabilization services.

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## **SCHEDULE OF BENEFITS**

## **Preventive Services:**

In-Network Provider: The Deductible, Coinsurance, and any Copayment are not applicable to Preventive Services. Benefits are paid at 100% of the Negotiated Charge when services are provided through an In-Network Provider.

Out-of-Network Provider: The Deductible, Coinsurance, and any Copayment are not applicable to Preventive Services. Benefits are paid at 80% of the Usual and Customary Charge.

**Medical Deductible** In-Network Provider Individual: \$100

Out-of-Network Provider Individual: \$100

Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Deductible will not be applied to satisfy the In-Network Deductible. Cost sharing You incur for Covered Medical Expenses that is applied to the In-Network Deductible will not be applied to satisfy the Out-of-Network Provider Deductible.

**Out-of-Pocket Maximum:** In-Network Provider Individual: \$6,350

Out-of-Network Provider Individual: \$12,700

Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing You incur for Covered Medical expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum.

## **Coinsurance Amounts:**

In-Network Provider: 100% of the Negotiated Charge for Covered Medical Expenses unless otherwise stated below.

Out-of-Network Provider: 80% of the Usual and Customary Charge (U&C) for Covered Medical Expenses unless otherwise stated below.

## Medical Benefit Payments for In-Network Providers and Out-of-Network Providers

This Certificate provides benefits based on the type of health care provider You select. This Certificate provides access to both In-Network Providers and Out-of-Network Providers. Different benefits may be payable for Covered Medical Expenses rendered by In-Network Providers versus Out-of-Network Providers, as shown in the Schedule of Benefits.

## How You Can Request an Estimate for Proposed Covered Services

You may request an estimate of the costs you will have to pay when your health care provider proposes an inpatient admission, procedure, or other covered service. You can request this cost estimate by logging on to the welllfleetstudent.com website. Just follow the steps to request a cost estimate for health care services you are planning to receive. To request an estimate by phone, call the toll free phone number shown on your ID card.

## **Dental and Vision Benefit Payments**

For dental and vision benefits, You may choose any dental or vision provider.

For dental, different benefits may be payable based on the type of service, as shown in the Schedule of Benefits.

## **Preferred Provider Organization:**

To locate an In-Network Provider in Your area, consult Your Provider Directory or call toll free (877) 657-5030 or visit Our website at www.wellfleetstudent.com.

## THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

- 1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
- 2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
- 3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
- 4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.

BENEFITS FOR COVERED	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
INJURY/SICKNESS		
	<b>Inpatient Benefits</b>	
Hospital Care Includes hospital room & board expenses and miscellaneous services and supplies. Subject to Semi-Private room rate unless intensive care unit is required.	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Room and Board includes intensive care.		
Pre-Certification Required		
Preadmission Testing	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Physician's Visits while Confined: Limited to 1 visit per day of Confinement per provider	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Inpatient Surgery: Pre-Certification Required		
Surgeon Services	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Anesthetist	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Assistant Surgeon	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Physical Therapy while Confined (inpatient)	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Skilled Nursing Facility Benefit Pre-Certification required	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Inpatient Rehabilitation	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Facility Expense Benefit	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Pre-Certification Required	Beddeticle for covered fredient Empenses	Expenses
	ENTAL HEALTH DISORDER AND SUBST	1 1
Mental Health Disorder and	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Substance Abuse Disorder	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
Benefit		Expenses
Pre-Certification Required		
In accordance with the		
federal Mental Health		
Parity and Addiction Equity		
Act of 2008 (MHPAEA),		
the cost sharing		
requirements, day or visit		
limits, and any Pre-		
certification requirements		
that apply to a Mental		
Health Disorder and Substance Abuse Disorder		
will be no more restrictive		
than those that apply to		
medical and surgical		
benefits for any other		
Covered Sickness.		
	Outpatient Benefits	
Outpatient Surgery:	•	
Pre-Certification required		
Surgeon Services	100% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical Expenses
Anesthetist	100% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
	•	Expenses
Assistant Surgeon	100% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
		Expenses
Outpatient Surgery Facility	100% of the Negotiated Charge after	80% of Usual and Customary Charge
and Miscellaneous	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
expenses for services &		Expenses
supplies, such as cost of		
operating room, therapeutic		
services, oxygen, oxygen tent, and blood & plasma		
Dhygiaian's and Other	\$25 Consument then the also never 1000/ of	\$25 Consument then the plan page 900/
Physician's and Other	\$25 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after
Practitioner ( Jitice Vicite		TO COURT AND CUSTOMIRE V CHAISE ALLE
Practitioner Office Visits	Covered Medical Expenses	Deductible for Covered Medical

	T	T
Specialist/Consultant Physician Services	\$25 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Telemedicine or Telehealth Services	Paid on the same basis as in-network physician	n office visit cost share.
Cardiac Rehabilitation	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pulmonary Rehabilitation	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Short-Term Rehabilitation Therapy including, Physical Therapy, and Occupational Therapy This benefit limit does not apply for: speech therapy; and when any of these covered services are furnished to treat Autism Spectrum Disorders or as part of covered Home Health Care	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pre-Certification Required  Maximum Visits per Policy Year for Physical Therapy,	60	60
and Occupational Therapy Maximum Visits per Policy Year for Speech Therapy	Unlimited	Unlimited
Habilitative Services including, Physical Therapy, and Occupational Therapy and Speech Therapy Pre-Certification Required	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Habilitative Services Maximum Visits per Policy Year for Physical Therapy, and Occupational Therapy and Combined	60	60
Maximum Visits per Policy Year for Speech Therapy	Unlimited	Unlimited
Emergency Services rendered in a Hospital Emergency Room	\$100 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge
Urgent Care Centers	\$25 Copayment then the plan pays100% of the Negotiated Charge after Deductible for Covered Medical Expenses	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Diagnostic Imaging	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Services	Deductible for Covered Medical Expenses	after Deductible for Covered Medical Expenses
CT Scan, MRI and/or PET	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Scans	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
	-	Expenses
Laboratory Procedures	100% of the Negotiated Charge after	80% of Usual and Customary Charge
(Outpatient)	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
-	-	Expenses
Chemotherapy and	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Radiation Therapy	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
	•	Expenses
Infusion Therapy	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Pre-Certification Required	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
•	•	Expenses
Home Health Care	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Expenses	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
F		Expenses
Hospice Care Coverage	100% of the Negotiated Charge after	80% of Usual and Customary Charge
Trospice care coverage	Deductible for Covered Medical Expenses	after Deductible for Covered Medical
	Beddenote for Covered Medical Expenses	Expenses
OUTPATIENT	MENTAL HEALTH DISORDER AND SUBS	
Mental Health Disorder and	\$25 Copayment then the plan pays 100% of	\$25 Copayment then the plan pays 80%
Substance Abuse Disorder	the Negotiated Charge after Deductible for	of Usual and Customary Charge after
Benefit	Covered Medical Expenses	Deductible for Covered Medical
Delletti	Covered Medical Expenses	
Dua Contification Deguined		Expenses
Pre-Certification Required		
except for office visits		
In accordance with the		
In accordance with the federal Mental Health		
Parity and Addiction Equity		
Act of 2008 (MHPAEA),		
the cost sharing		
requirements, day or visit		
limits, and any Pre-		
Certification		
requirements that apply to a		
Mental Health Disorder and		
Substance Abuse Disorder		
will be no more restrictive		
than those that apply to		
medical and surgical		
benefits for any other		
Covered Sickness.		
Prescription Drugs Retail P		
	CA Preventive Care medications	Not Course d
TIER 1	\$10 Copayment then the plan pays 100% of	Not Covered
(Including Enteral	the Negotiated Charge for Covered Medical	
Formulas)	Expenses	
For each fill up to a 30 day		
supply filled at a Retail	Deductible Waived	
1	1	I and the second
pharmacy		

See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy		
More than a 30 day supply but less than a 61day supply filled at a Retail pharmacy	\$20 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
More than a 60 day supply filled at a Retail pharmacy	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
TIER 2 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail pharmacy	\$25 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$50 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
More than a 60 day supply filled at a Retail pharmacy	\$75 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
TIER 3 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail Pharmacy	\$25 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	Not Covered
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy		

More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy  More than a 60 day supply filled at a Retail pharmacy	\$50 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived  \$75 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered  Not Covered
	Deductible Waived	
Zero Cost Generics		,
	100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
	Deductible Waived	
Specialty Prescription Drug		1
For each fill up to a 30 day supply	\$25 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
	Deductible Waived	
Orally administered anti-ca	ncer prescription drugs (including specialty	drugs)
Benefit	Greater of:	
Diabetic Supplies (for Preso	cription supplies purchased at a pharmacy)	
Benefit	Paid the same as any other Retail Pharmacy Pa	rescription Drug Fill
	Other Benefits	
Allergy Testing	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Allergy Injections/Treatment	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Ambulance Service ground and/or air, water transportation	\$25 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Bariatric Surgery & Morbid Obesity Benefit Pre-Certification Required	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Covered Clinical Trials Benefit for Cancer or other Life-Threatening Disease	Same as any other Covered Sickness	
Durable Medical Equipment Pre-Certification Required	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Diabetic services and supplies (including equipment and training)	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.		
Dialysis Treatment	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Hearing Aids Limited to 1 hearing aid per ear up to a maximum of \$2,000 for each hearing aid per 36 month period	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Maternity Benefit	Same as any other C	overed Sickness
Non-Prescription Enteral Formulas and Nutritional Supplements	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
See the Prescription Drug section of this Schedule when purchased at a pharmacy.		
Prosthetic and Orthotic Devices	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pre-Certification Required		
Reconstructive Surgery Pre-Certification Required	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pediatric Dental Care Benefit (to the end of the month in which the Insured Person turns age 19)	See the Pediatric Dental Care Benefit descripti information.	on in the Certificate for further
Preventive Dental Care Limited to 2 dental exams every 12 months	100% of Usual and Customary Charge	
The benefit payable amount for the following services is different from the benefit payable amount for Preventive Dental Care:		

Emergency Dental	80% of Usual and Customary Charge	
Routine Dental Care	80% of Usual and Customary Charge	
Endodontic Services	80% of Usual and Customary Charge	
Prosthodontic Services	80% of Usual and Customary Charge	
Periodontic Services	80% of Usual and Customary Charge	
Medically Necessary Orthodontic Care	80% of Usual and Customary Charge	
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.		
Pediatric Vision Care Benefit (to the end of the month in which the Insured Person turns age 19)	100% of Usual and Customary Charge after	Deductible for Covered Medical Expenses
Limited to 1 visit(s) per Policy Year and 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year		
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.		
Adult Vision Care (age 19 and older) Routine Eye Exam once every 24 months	100% of Usual and Customary Charge after	Deductible for Covered Medical Expenses
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions		
Abortion Expense	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Accidental Injury Dental Treatment maximum \$500 per Policy Year	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Sickness Dental Expense	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Chiropractic Care Benefit Pre-Certification Required	\$25 Copayment then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	\$25 Copayment then the plan pays 80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Infertility Treatment  Pre-Certification Required	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Organ Transplant Surgery travel and lodging expenses a maximum of \$2,000 per Policy Year or \$250 per day, whichever is less  Pre-Certification Required	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Shots and Injections unless considered Preventive Services	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Treatment for Temporomandibular Joint (TMJ) Disorders	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Podiatry Benefit	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Tuberculosis screening, Titers, Quantiferon B tests including shots (other than covered under preventive services)	100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Non-emergency Care While Traveling Outside of the United States	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses Subject to Unlimited maximum per Policy Year	
Medical Evacuation Expense International Students, and Domestic Students	100% of Usual and Customary Charge for C Deductible Waived	overed Medical Expenses

	14000 AV 1 1 G G A G A A G A A A A A A A A A A A	
Repatriation Expense	100% of Usual and Customary Charge for Covered Medical Expenses	
International Students, and	Deductible Waived	
Domestic Students		
Mandated Benefits		
Autism Spectrum Disorder Benefit	Same as any other Covered Sickness	
Cancer Treatment Benefit	Same as any other Covered Sickness, unless considered a Preventive Service	
Cleft Palate and Cleft Lip Benefit	Same as any other Covered Sickness	
Cytologic Screening (pap smear) and Mammographic Examination	Same as any other Covered Sickness, unless considered a Preventive Service. Subject to the limitations described in the Benefit.	
Early Intervention Services	Benefits are payable at 100%	
Fitness Benefit	Up to 2 months of a membership to a Fitness Facility, subject to a maximum of \$150 per Policy Year.	
Hormone Replacement Therapy Services; Outpatient Contraceptive Services Same as other prescription drugs or devices	Same as any other Covered Sickness, unless considered a Preventive Service. Subject to the limitations described in the Benefit.	
Human Leukocyte Testing	Same as any other Covered Sickness	
Mastectomy Surgery and Rehabilitation Benefit	Same as any other Covered Sickness	
Oxygen and Respiratory Therapy Benefit (for home use)	Same as any other Covered Sickness	
Pediatric Specialty Care	Same as any other Covered Sickness	
Treatment of Speech, Hearing and Language Disorders Benefit	Same as any other Covered Sickness	
Weight Loss Program	Up to 2 months of a membership to a Fitness Facility, subject to a maximum of \$150	
Benefit	per Policy Year.	
HIV Associated	Same as any other Covered Sickness	
Lipodystrophy Treatment		
Early Refill of Prescription	Same as any other Prescription drug	
Eye Drops		

## **SECTION I - ELIGIBILITY**

An eligible student must attend classes at the Policyholder's school for at least the first 31 days of the period for which he or she is enrolled and/or pursuant to his or her visa requirements for the period for which coverage is elected.

Except in the case of withdrawal from school due to Sickness or Injury, any student who withdraws from the Policyholder's school during the first 31 days of the period for which he or she is enrolled shall not be covered under the insurance plan. A full refund of Premium will be made, minus the cost of any claim benefits paid by the Certificate. A student who graduates or withdraws after such 31 days of the period for which he or she is enrolled will remain covered under this Certificate for the term purchased and no refund will be allowed.

A student withdrawing due to a medical withdrawal due to a Sickness or Injury, must submit documentation or certification of the medical withdrawal to Us at least 30 days prior to the medical leave of absence from the school, if the medical reason for the absence and the absence are foreseeable, or 30 days after the date of the medical leave from school. The student withdrawing due to a medical withdrawal due to a Sickness or Injury will remain covered under the Certificate for the term purchased and no refund will be allowed.

All International Students are required to have a J-1, F-1 or M-1 Visa to be eligible for this insurance plan.

We maintain the right to investigate eligibility status and attendance records to verify that the Certificate eligibility requirements have been and continue to be met. If We discover that the Certificate eligibility requirements have not been met, Our only obligation is refund of premium less any claims paid.

Eligibility requirements must be met each time premium is paid to continue Coverage.

If You has performed an act that constitutes fraud; or You have made an intentional misrepresentation of material fact during Your enrollment under this insurance plan in order to obtain coverage for a service, coverage will be terminated immediately upon written notice of termination delivered by Us to You.

## Who is Eligible

Class

1	All International students taking at least 1 credit hour
2	All domestic undergraduate and graduate students taking ¾ of a full-time course load.

Description of Classics

**Class 1** All students, as determined by the Policyholder, are eligible for coverage under the Policy. Eligible students are required to have health insurance coverage and will be automatically enrolled in the Student Health Insurance Plan and pay the applicable premium amount and do not have the option to waive coverage.

Class 2: All students, as determined by the Policyholder, are eligible for coverage under the Policy. Eligible students are required to have health insurance coverage and will be automatically enrolled in the Student Health Insurance Plan and the premium will be added to the student's tuition fees unless proof of comparable coverage is provided by completing the waiver.

## Who is not Eligible

The following students are not eligible to enroll in the insurance plan:

- students enrolled exclusively in online courses or whose enrollment consists entirely of short-term courses;
- students taking distance learning, home study, correspondence, television courses, do not fulfill the eligibility requirements that the student actively attend classes.

Dependents are not eligible for coverage under this plan

## **SECTION II - EFFECTIVE AND TERMINATION DATES**

**Effective Dates:** Your Insurance under this Certificate will become effective on the later of:

- 1. The Policy Effective Date;
- 2. The beginning date of the term of coverage for which premium has been paid;
- 3. The day after Enrollment (if applicable) and premium payment is received by Us, Our authorized agent or the School:
- 4. The day after the date of postmark if the Enrollment form is mailed; or
- 5. For International Students or scholars, the departure date to his or her Home Country to travel to the Country of Assignment. The scheduled arrival in the Country of Assignment must be not more than 48 hours later than the departure from the Home Country.

# **Special Enrollment - Qualifying Life Event**

You can also enroll for coverage within 60 days of the loss of coverage in a health plan if coverage was terminated because You are no longer eligible for coverage under the other health plan due to:

- 1. Involuntary termination of the other health plan;
- 2. Death of the Spouse;
- 3. Legal separation, divorce or annulment;
- 4. A Child no longer qualifies for coverage as a Child under the other health plan.

You can also enroll 60 days from exhaustion of Your COBRA or continuation coverage.

We must receive notice and Premium payment within 60 days of the loss of coverage. The effective date of Your coverage will depend on when We receive proof of Your loss of coverage under another health plan and appropriate premium payment. Your coverage shall take effect on the latest of the following dates: (1) this Policy Effective Date; (2) the day after the date for which You lose Your coverage providing premium for Your coverage has been paid; (3) the date the Policyholder's term of coverage begins; or (4) the date You become a member of an eligible class of persons.

In addition, You can also enroll for coverage within 60 days of the occurrence of one of the following events:

- 1. You lose eligibility for Medicaid or a state child health plan.
- 2. You become eligible for Medicaid or a state child health plan.

We must receive notice and Premium payment within 60 days of the loss of 1 of these events. The effective date of Your coverage will depend on the date We receive Your completed enrollment information and required premium.

**Termination Dates:** Your insurance will terminate on the earliest of:

- 1. The date this Certificate terminates; or
- 2. The end of the period of coverage for which premium has been paid; or
- 3. The date You cease to be eligible for the insurance; or
- 4. The date You enter military service or
- 5. For International Students, the date they cease to meet Visa requirements; or
- 6. For International Students, the date they depart the Country of Assignment for their Home Country (except for scheduled school breaks)); or
- 7. On any premium due date the Policyholder fails to pay the required premium for You except as the result of an inadvertent error and subject to any Grace Period provision.

**Newly Born Children -** A newly born child of Yours will be covered from the moment of birth. Such newborn child will be covered for Covered Injury or Covered Sickness for an initial period of 31 days. This includes the necessary care and Treatment of medically diagnosed congenital defects and birth abnormalities from the moment of birth. Dependent coverage is not available under this plan. When this 31 day provision has been exhausted, all Dependent coverage ends. No further benefits will be paid

**Extension of Benefits:** Coverage under this Certificate ceases on the Termination Date of Your insurance coverage. However, coverage for You will be extended as follows:

1. If You are Hospital Confined for Covered Injury or Covered Sickness on the date Your insurance coverage terminates, We will continue to pay benefits for up to 90 days from the Termination Date while such Confinement continues.

**Reinstatement Of Reservist After Release From Active Duty:** If Your insurance ends due to Your being called or ordered to active duty, such insurance will be reinstated without any waiting period when You return to School and satisfy the eligibility requirements defined by the School or College.

**Refund of Premium:** Premiums received by Us are fully earned upon receipt. Refund of Premium will be considered only:

- 1. If a student ceases to be eligible for the insurance and coverage is terminated prior to the next premium due date, a pro rata refund of Premium (less any claims paid) will be made for such person.
- 2. For any student who withdraws from school during the first 31 days of the period for which he or she is enrolled for a reason other than withdrawal due to Sickness or Injury. Such a student will not be covered under this Certificate and a full refund of the Premium will be made (less any claims paid) when written request is made within 90 days of withdrawal from school.
- 3. For an Insured Student entering the Armed Forces of any country. Such a student will not be covered under this Certificate as of the date of his/her entry into the service. A pro rata refund of Premium (less any claims paid) will be made upon written request received by Us within 90 days of withdrawal from school.
- 4. For an Insured International Student, Scholar, Visiting Faculty member departing school to return to his or her Home Country on a permanent basis. We will refund a pro rata refund of Premium (less any claims paid) when written request and proof from the Policyholder that the student is no longer an eligible person is received by Us within 60 days of such departure.

**Involuntary Disenrollment:** the number of Insured Persons involuntarily disenrolled in the past two (2) years is 0. **Voluntary Disenrollment:** the number of Insured Persons voluntary disenrolled in the past two (2) years is 0.

## SECTION III - DEFINITIONS

These are key words used in this Certificate. They are used to describe the Policyholder's rights as well as Ours. Reference should be made to these words as the Certificate is read.

Accident means a sudden, unforeseeable external event which directly and from no other cause, results in an Injury.

Actual Charge means the charge for the Treatment by the provider who furnishes it.

**Ambulance Service** means transportation to or from a Hospital by a licensed Ambulance whether ground, air or water Ambulance, in a Medical Emergency.

Ambulatory Surgical Center means a facility which meets licensing and other legal requirements and which:

- 1. Is equipped and operated to provide medical care and Treatment by a Physician;
- 2. Does not provide services or accommodations for overnight stays;
- 3. Has a medical staff that is supervised full-time by a Physician;
- 4. Has full-time services of a licensed registered nurse at all times when patients are in the facility;
- 5. Has at least one operating room and one recovery room and is equipped to support any surgery performed;
- 6. Has x-ray and laboratory diagnostic facilities;
- 7. Maintains a medical record for each patient; and
- 8. Has a written agreement with at least one Hospital for the immediate transfer of patients who develop complications or need Confinement.

**Anesthetist** means a Physician or Nurse who administers anesthesia during a surgical procedure. He or she may not be an employee of the Hospital where the surgical procedure is performed.

Assistant Surgeon means a Physician who assists the Surgeon who actually performs a surgical procedure.

**Brand-Name Prescription Drug** means a Prescription Drug whose manufacture and sale is controlled by a single company as a result of a patent or similar right. Refer to the Formulary for the tier status.

**Certificate:** The Certificate issued by Us, including the Schedule of Benefits and any attached riders.

**Coinsurance** means the percentage of Covered Medical Expenses that We pay. The Coinsurance percentage is stated in the Schedule of Benefits. The Coinsurance is separate and not part of the Deductible and Copayment.

**Complications of Pregnancy** means conditions that require Hospital Confinements before the pregnancy ends and whose diagnoses are distinct from but caused or affected by pregnancy. These conditions are acute nephritis or nephrosis, cardiac decompensation, missed abortion, or similar conditions as severe as these.

Complications of Pregnancy also include non-elective cesarean section, termination of an ectopic pregnancy, and spontaneous termination when a live birth is not possible. (This does not include voluntary abortion.)

Complications of Pregnancy do not include false labor, occasional spotting or Physician prescribed rest during the period of pregnancy, morning Sickness, preeclampsia, and similar conditions not medically distinct from a difficult pregnancy.

**Confinement/Confined** means an uninterrupted stay following admission to a health care facility. The readmission to a health care facility for the same or related condition, within a 7 day period, will be considered a continuation of the Confinement. Confinement does not include observation, which is a review or assessment of 48 hours or less, of a condition that does not result in admission to a Hospital or health care facility.

**Copayment** means a specified dollar amount You must pay for specified Covered Medical Expenses. Any Copayment amounts are shown in the Schedule of Benefits.

**Country of Assignment** means the country in which an Eligible International Student, scholar or visiting faculty member is:

- 1. Temporarily residing; and
- 2. Actively engaged in education or educational research related activities sponsored by the National Association for Foreign Student Affairs or its Member Organizations.

**Covered Injury/Injury** means a bodily injury due to an unforeseeable, external event which results independently of disease, bodily infirmity or any other cause. All injuries sustained in any one Accident, all related conditions and recurrent symptoms of these injuries are considered a single Injury.

Covered Medical Expense means those Medically Necessary charges for any Treatment, service, or supplies that are:

- 1. Not in excess of the Usual and Customary Charge therefore;
- 2. Not in excess of the charges that would have been made in the absence of this insurance;
- 3. Not in excess of the Negotiated Charge; and
- 4. Incurred while Your Certificate is in force, except with respect to any expenses payable under the Extension of Benefits Provision.

Covered Medical Expenses includes those charges for treatment, services or supplies delivered in accordance with the healing practices of Christian Science.

**Covered Sickness** means an illness, disease or condition including pregnancy and Complications of Pregnancy that impairs Your normal function of mind or body and which is not the direct result of an Injury which results in Covered Medical Expenses. Covered Sickness includes Mental Health Disorders and Substance Abuse Disorders.

**Custodial Care** means care that is mainly for the purpose of meeting non-medical personal needs. This includes help with activities of daily living and taking medications. Activities of daily living include: bathing, dressing or grooming, eating, toileting, walking and getting in and out of bed. Custodial Care can usually be provided by someone without professional and medical skills or training.

**Deductible** means the dollar amount of Covered Medical Expenses You must pay before benefits are payable under this Certificate. The amount of the Deductible, if any, will be shown in the Schedule of Benefits.

**Dental provider** means any individual legally qualified to provide dental services or supplies.

# **Durable Medical Equipment** means a device which:

- 1. Is primarily and customarily used for medical purposes, is specially equipped with features and functions that are generally not required in the absence of Sickness or Injury and is able to withstand repeated use;
- 2. Is used exclusively by You;
- 3. Is routinely used in a Hospital but can be used effectively in a non-medical facility;
- 4. Can be expected to make a meaningful contribution to treating Your Sickness or Injury; and
- 5. Is prescribed by a Physician and the device is Medically Necessary for rehabilitation.

## Durable Medical Equipment does not include:

- 1. Comfort and convenience items;
- 2. Equipment that can be used by Immediate Family Members other than You;
- 3. Health exercise equipment; and
- 4. Equipment that may increase the value of Your residence.

Effective Date means the date coverage becomes effective.

**Elective Surgery or Elective Treatment** means those health care services or supplies not Medically Necessary for the care and Treatment of a Covered Injury or Covered Sickness. Elective surgery does not include Plastic, Cosmetic, or Reconstructive Surgery required to correct an abnormality caused by a Covered Injury or Covered Sickness.

Eligible Student means a student who meets all eligibility requirements of the School named as the Policyholder.

**Emergency Medical Condition** means a Covered Sickness or Injury for which immediate medical Treatment is sought at the nearest available facility. The Condition must be one which manifests itself by acute symptoms which are sufficiently severe (including severe pain) that a prudent layperson with average knowledge of health and medicine could reasonably expect the absence of immediate medical attention to result in any of the following:

- 1. Placing the health of the individual (or, with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy;
- 2. Serious impairment to bodily functions; or
- 3. Serious dysfunction of any bodily organ or part.

**Emergency Services** means, with respect to an Emergency Medical Condition: transportation services, including but not limited to ambulance services, and covered inpatient and outpatient Hospital services furnished by a Hospital or Physician qualified to furnish those services that are needed to evaluate or Stabilize an Emergency Medical Condition.

**Essential Health Benefits** mean benefits that are defined in section 1302(b) of the Patient Protection and Affordable Care Act and as further defined by the Secretary of the United States Department of Health and Human Services and includes the following categories of Covered Services:

- 1. Ambulatory patient services;
- 2. Emergency services;
- 3. Hospitalization;
- 4. Maternity and newborn care;
- 5. Mental health and Substance Abuse Disorder services, including behavioral health Treatment;
- 6. Prescription drugs;

- 7. Rehabilitative and Habilitative services and devices;
- 8. Laboratory services;
- 9. Preventive and wellness services and chronic disease management; and
- 10. Pediatric services, including oral and vision care.

**Experimental/Investigative** means the service or supply has not been demonstrated in scientifically valid clinical trials and research studies to be safe and effective for a particular indication. For further explanation, see definition of Medically Necessary/Medical Necessity provision.

**Inpatient Rehabilitation Facility** means a licensed institution devoted to providing medical and nursing, care over a prolonged period, such as during the course of the rehabilitation phase after an acute sickness or injury.

**Formulary** means a list of medications designed to manage prescription costs without affecting the quality of care by identifying and encouraging use of the most clinically effective and cost-effective medications. The Formulary indicates the type of drug and tier status.

**Generic Prescription Drug** means any Prescription Drug that is not a Brand-Name Prescription Drug. Refer to the Formulary for the tier status.

**Habilitation/Habilitative Services** means health care services that help You keep, learn, or improve skills and functions for daily living. Habilitative Services may include such services as Physical Therapy, occupational therapy, and speech therapy.

**Home Country** means Your country of citizenship. If You have dual citizenship, Your Home Country is the country of the passport You used to enter the United States.

# **Home Health Care Agency** means an agency that:

- 1. Is constituted, licensed and operated under the provision of Title XVIII of the Federal Social Security Act, or qualified to be so operated if application was made, and certified by the jurisdiction in which the Home Health Care plan is established; and
- 2. Is engaged primarily in providing skilled nursing facility services and other therapeutic services in Your Home under the supervision of a Physician or a Nurse; and
- 3. Maintains clinical records on all patients.

# Home Health Care means the continued care and treatment if:

- 1. Your institutionalization would have been required if Home Health Care was not provided; and
- 2. Your Physician establishes and approves in writing the plan of treatment covering the Home Health Care service; and
- 3. Home Health Care is provided by:
  - a. a Hospital that has a valid operating certificate and is certified to provide Home Health Care services; or
  - b. a public or private health service or agency that is licensed as a Home Health Agency under title 19, subtitle 4 of the General Health Article to provide coordinated Home Health Care.

**Hospice**: means a coordinated plan of home and Inpatient care which treats the terminally ill patient and family as a unit. It provides care to meet the special needs of a family unit during the final stages of a terminal illness and during the bereavement. Care is provided by a team of: trained medical personnel, homemakers, and counselors. The team acts under an independent Hospice administration. It helps the family unit cope with: physical, psychological, spiritual, social, and economic stresses.

**Hospital:** A facility which provides diagnosis, treatment, and care of persons who need acute Inpatient Hospital care under the supervision of Physicians and provides 24-hour nursing service by Registered Nurses on duty or call. It must be licensed as a general acute care Hospital according to state and local laws. Hospital shall also include a psychiatric health facility for the treatment of mental or psychoneurotic disorders. Hospital also includes tax-supported institutions, which are not required to maintain surgical facilities.

Facilities primarily treating drug addiction or Alcoholism that are licensed to provide these services are also included in this definition. Hospital does not include a place primarily for rest, the aged, drug addicts or alcoholics, a place for educational or Custodial Care or Hospice.

Hospital also includes a Christian Science sanatorium which is operated or listed and certified by the First Church of Christ Scientist, Boston, Massachusetts at the time the service is provided and which operates according to the rules and regulation of the Church.

**Hospital Confined or Hospital Confinement** means a stay of eighteen (18) or more consecutive hours as a resident bed patient in a Hospital.

Immediate Family Member means You and Your spouse or the parent, child, brother or sister of You or Your spouses.

**In-Network Providers** are Physicians, Hospitals and other healthcare providers who have contracted with Us to provide specific medical care at negotiated prices.

**Insured Person** means an Insured Student while insured under this Certificate.

**Insured Student** means a student of the Policyholder who is eligible and insured for coverage under this Certificate.

# **International Student** means an international student:

- 1. With a current passport and a student Visa;
- 2. Who is temporarily residing outside of his or her Home Country; and
- 3. Is actively engaged as a student or in educational research activities through the Policyholder.

In so far as this Certificate is concerned, permanent residents or those who have applied for Permanent Residency Status are not considered to be an International Student.

Loss means medical expense caused by an Injury or Sickness which is covered by this Certificate.

**Medically Necessary** or **Medical Necessity** means health care services that a Physician, exercising prudent clinical judgment, would provide for the purpose of preventing, evaluating, diagnosing or treating an illness, injury, disease or its symptoms, and that are:

- 1. In accordance with generally accepted standards of medical practice;
- 2. clinically appropriate, in terms of type, frequency, extent, site and duration and considered effective for an illness, injury or disease; and
- 3. not primarily for the convenience of an Insured Person, Physician or other health care provider and not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or Treatment of an Insured Person's illness, injury or disease.

The fact that any particular Physician may prescribe, order, recommend or approve a service or supply does not, of itself, make the service or supply Medically Necessary.

Mental Health Disorder means a condition or disorder that substantially limits the life activities of an Insured Person with the disorder. Mental Health Disorders must be listed in the most recent version of either the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association or the International Classification of Disease Manual (ICD) published by the World Health Organization.

**Negotiated Charge** means the amount an In-Network Provider will accept as payment in full for Covered Medical Expenses.

Nurse means a licensed Registered Nurse (R.N.) or Licensed Practical Nurse (L.P.N.) who:

- 1. Is properly licensed or certified to provide medical care under the laws of the state where the Nurse practices; and
- 2. Provides medical services which are within the scope of the Nurse's license or certificate who does not ordinarily reside in Your home or is not related to You by blood or marriage.

**Nurse Practitioner** means a registered nurse who holds authorization in advanced nursing practice as a nurse practitioner under M.G.L. c. 112, §808.

**Organ Transplant** means the moving of an organ from one (1) body to another or from a donor site to another location of the person's own body, to replace the recipient's damaged, absent or malfunctioning organ.

**Out-of-Network Providers** are Physicians, Hospitals and other healthcare providers who have not agreed to any prearranged fee schedules.

**Out-of-Pocket Maximum** means the most You will pay during a Policy Year before Your Coverage begins to pay 100% of the allowed amount. Refer to the Out-of-Pocket Maximum in the Description of Benefits section for details on how the Out-of-Pocket Maximum applies. This limit will never include Premium, balance-billed charges or health care this Certificate does not cover.

# **Physical Therapy** means any form of the following:

- 1. Physical or mechanical therapy;
- 2. Diathermy;
- 3. Ultra-sonic therapy;
- 4. Heat Treatment in any form; or
- 5. Manipulation or massage.

# Physician means a:

- 1. Doctor of Medicine (M.D.); or
- 2. Doctor of Osteopathy (D.O.); or
- 3. Doctor of Dentistry (D.M.D. or D.D.S.); or
- 4. Doctor of Chiropractic (D.C.); or
- 5. Doctor of Optometry (O.D.); or
- 6. Doctor of Podiatry (D.P.M.);

who is licensed to practice as such by the governmental authority having jurisdiction over the licensing of such classification of doctor in the state where the service is rendered.

A Doctor of Psychology (Ph.D.) will also be considered a Physician when he or she is similarly licensed or licensed as a Health Care Provider. The services of a Doctor of Psychology must be prescribed by a Doctor of Medicine.

**Physician** will also mean any licensed practitioner of the healing arts who We are required by law to recognize as a "Physician." This includes an acupuncturist, a certified nurse practitioner, a certified nurse-midwife, a Physician's assistant, social workers and psychiatric nurses to the same extent that their services would be covered if performed by a Physician. Physician also includes Christian Science Practitioners listed in the Christian Science Journal at the time the service is provided and who adheres to the rules and regulations of the First Church of Christ, Scientist, Boston, Massachusetts.

The term Physician does not mean any person who is

- 1. The Insured Person;
- 2. An Immediate Family Member; or
- 3. A person employed or retained by the Insured Person.

Policy Year means the period of time measured from the Policy Effective Date to the Policy Termination Date.

**Preadmission Testing** means tests done in conjunction with and within 5 days of a scheduled surgery where an operating room has been reserved before the tests are done.

**Primary Care Provider** means a health care professional qualified to provide general medical care for common health care problems who: (i) supervises, coordinates, prescribes, or otherwise provides or proposes health care services; (ii) initiates referrals for specialist care; and (iii) maintains continuity of care within the scope of practice.

**Qualifying Life Event** means an event that qualifies a Student to apply for coverage for him/herself due to a Qualifying Life Event under this Certificate.

**Rehabilitative** means the process of restoring Your ability to live and work after a disabling condition by:

- 1. Helping You achieve the maximum possible physical and psychological fitness;
- 2. Helping You regain the ability to care for Yourself;
- 3. Offering assistance with relearning skills needed in everyday activities, with occupational training and guidance with psychological readjustment.

**Reservist** means a member of a reserve component of the Armed Forces of the United States. Reservists also includes a member of the State National Guard and the State Air National Guard.

**School or College** means the college or university attended by the Insured Student.

Skilled Nursing Facility means a facility, licensed, and operated as set forth in applicable state law, which:

- 1. Mainly provides inpatient care and Treatment for persons who are recovering from an illness or injury;
- 2. Provides care supervised by a Physician;
- 3. Provides 24 hour per day nursing care supervised by a full-time Registered Nurse;
- 4. Is not a place primarily for the care of the aged, Custodial or Domiciliary Care, or Treatment of alcohol or drug dependency; and
- 5. Is not a rest, educational, or custodial facility or similar place.

**Sound, Natural Teeth** means natural teeth. The major portion of a tooth must be present, regardless of fillings, and not carious, abscessed or defective. Sound, Natural Teeth will not include capped teeth.

**Stabilize** means, with respect to an Emergency Medical Condition, to provide such medical Treatment of the condition as may be necessary to assure, within reasonable medical probability that no material deterioration of the condition is likely to result from or occur during the transfer of the individual from a facility.

**Substance Abuse Disorder** means any condition or disorder that substantially limits the life activities of an Insured Person with the disorder. Substance Abuse Disorders must be listed in the most recent version of either the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association or the International Classification of Disease Manual (ICD) published by the World Health Organization.

**Surgeon** means a Physician who actually performs surgical procedures.

**Telemedicine** means the practice of health care delivery, diagnosis, consultation, Treatment, transfer of medical data, and education using interactive audio, video, or data communications involving a real time (synchronous) or near real time (asynchronous) two-way transfer of medical data and information. Neither a telephone conversation nor an electronic messaging between a Physician and You constitutes "Telemedicine".

**Terminal Illness** means an illness that is likely, within a reasonable degree of medical certainty, to cause one's death within six months, or as otherwise defined in section 1861(dd)(3)(A) of the Social Security Act, 42 U.S.C section 1395x(dd)(3)(A).

**Treatment** means the medical care of a Covered Injury or Covered Sickness by a Physician who is operating within the scope of his or her license. Such care includes diagnostic, medical, surgical or therapeutic services, medical advice, consultation, recommendation, and/or the taking of drugs or medicines or the prescriptions thereof.

**Urgent Care** means short-term medical care performed in an Urgent Care Facility for non-life-threatening conditions that can be mitigated or require care within 48 hours of onset.

**Urgent Care Facility** means a Hospital or other licensed facility which provides diagnosis, Treatment, and care of persons who need acute care under the supervision of Physicians.

**Usual and Customary Charge is the amount of an Out-of-Network provider's charge that is eligible for coverage.** You are responsible for all amounts above what is eligible for coverage.

The Usual and Customary Charge depends on the geographic area where You receive the service or supply. The table below shows the method for calculating the Usual and Customary Charge for specific services or supplies:

Service or Supply	Usual and Customary Charge
Professional services and other services or supplies not mentioned below	The Reasonable amount rate
Services of hospitals and other facilities	The Reasonable amount rate

## Special terms used

- Geographic area is normally based on the first 3 digits of the U.S. Postal Service zip codes. If We determine We need more data for a particular service or supply, We may base rates on a wider geographic area such as an entire state.
- "Reasonable amount rate" means Your plan has established a reasonable rate amount as follows:

Service or Supply	Reasonable Amount Rate
Professional services and	The lesser of:
Inpatient and outpatient	1. The billed charge for the services.
charges of hospitals	2. An amount determined using current publicly-available
	data which is usual and customary when compared
	with the charges made for a) similar services and
	supplies and b) to persons having similar medical
	conditions in the geographic area where service is
	rendered.
	3 An amount based on information provided by a third
	party vendor, which may reflect 1 or more of the
	following factors: 1) the complexity or severity of
	treatment; 2) level of skill and experience required for
	the treatment; or 3) comparable providers' fees and
	costs to deliver care.

## Our reimbursement policies

We reserve the right to apply our reimbursement policies to all Out-of-Network services including involuntary services. Our reimbursement policies may affect the Usual and Customary Charge. These policies consider:

- The duration and complexity of a service
- When multiple procedures are billed at the same time, whether additional overhead is required
- Whether an assistant surgeon is necessary for the service
- If follow-up care is included

- Whether other characteristics modify or make a particular service unique
- When a charge includes more than one claim line, whether any services described by a claim line are part of or related to the primary service provided
- The educational level, licensure or length of training of the provider

Our reimbursement policies are based on our review of:

- The Centers for Medicare and Medicaid Services' (CMS) National Correct Coding Initiative (NCCI) and other external materials that say what billing and coding practices are and are not appropriate
- Generally accepted standards of medical and dental practice
- The views of Physicians and dentists practicing in the relevant clinical areas

We use commercial software to administer some of these policies. The policies may be different for professional services and facility services.

No payment will be made under this Certificate for any expenses incurred which, in Our judgment, are in excess of Usual and Customary Charges.

You, or Your(s) means an Insured Person, Insured Student while insured under this Certificate.

**Visa** means the document issued by the United States Government that permits an individual to participate in the educational activities of a college, university or other institution of higher learning either as a student or in another academic capacity. An International Student must have and maintain a valid visa, either an F-1 (Academic), J-1 (Exchange) or M-1(Vocational) in order to continue as a student in the United States.

We, Us, or Our means Commercial Casualty Insurance Company or its authorized agent. Also referred to as the Company.

## SECTION IV - HOW THE PLAN WORKS AND DESCRIPTION OF BENEFITS

#### Schedule of Benefits

The following are shown in the Schedule of Benefits:

- Deductible;
- Any specified benefit maximums;
- Coinsurance percentages;
- Copayment amounts; and
- Out-of-Pocket Maximums.

## **How the Deductible Works**

## **Deductible**

The Deductible amount (if any) is shown in the Schedule of Benefits. This dollar amount is what You have to incur in Covered Medical Expenses before benefits are payable under this Certificate. This amount will apply on an individual basis. The Deductible applies to all Covered Medical Expenses, unless specifically noted . Any expenses that You incur that are not Covered Medical Expenses are not applied toward Your Deductible.

Covered Medical Expenses applied to the In-Network Provider Policy Year Deductible will not apply to the Out-of-Network Provider Policy Year Deductible. Covered Medical Expenses applied to the Out-of-Network Provider Policy Year Deductible will not apply to the In-Network Provider Policy Year Deductible.

# **Individual**

The Deductible is an amount the individual must incur for In-Network Provider and Out-of-Network Provider Covered Medical Expenses before the plan pays. This Deductible applies separately to You. After the amount of Covered Medical Expenses You incur reaches the Policy Year Deductible, this plan will pay for Covered Medical Expenses as

shown on the Schedule of Benefits for the rest of the Policy Year.

**Coinsurance** is the percentage of Covered Medical Expenses that We pay. The Coinsurance percentage is stated in the Schedule of Benefits. The Coinsurance is separate and not part of the Deductible and Copayment.

**Copayment** is a specified dollar amount You must pay for specified Covered Medical Expenses. Any Copayment amounts are shown in the Schedule of Benefits.

## **How Your Out-of-Pocket Maximum Works**

The In-Network Provider and Out-of-Network Provider Out-of-Pocket Maximums are shown in the Schedule of Benefits. The Out-of-Pocket Maximum provides is the amount of Covered Medical Expenses You have to incur before Covered Medical Expense will be paid at 100% for the reminder of the Policy Year subject to any benefit maximums or limits that may apply. Any applicable Coinsurance amounts, Deductibles and Copayments will apply toward the Out-of-Pocket Maximum.

Services that are not Covered Medical Expenses, balance-billed charges and premium do not count toward meeting the Out-of-Pocket Maximum.

Covered Medical Expenses applied to the In-Network Provider Out-of-Pocket Maximum(s) will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum and Covered Medical Expenses applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum.

The Out-of-Pocket Maximum is the maximum amount of Covered Medical Expenses You will incur for Copayments, Coinsurance and Policy Year Deductibles during the Policy Year. This plan has an individual Out-of-Pocket Maximum.

#### Individual

Once the amount of the Copayments, Coinsurance and Policy Year Deductibles You have incurred for Covered Medical Expenses during the Policy Year meets the:

- In-Network Provider individual Out-of-Pocket Maximum, this plan will pay:
  - o 100% of the Negotiated Charge for In-Network Provider Covered Medical Expenses
- Out-of-Network Provider individual Out-of-Pocket Maximum, this plan will pay:
  - o 100% of the Usual and Customary Charge for Out-of-Network Covered Medical Expenses

that apply towards the limits for the rest of the Policy Year for that covered individual.

The Out-of-Pocket Maximum is the maximum amount of Covered Medical Expenses You are responsible to incur during the Policy Year. This plan has an individual Out-of-Pocket Maximum.

The Out-of-Pocket Maximum may not apply to certain Covered Medical Expenses. If the Out-of-Pocket Maximum does not apply to a covered benefit, Your Copayment and Coinsurance for that medical expense will not count toward satisfying the Out-of-Pocket Maximum.

## **Essential Health Benefits**

Essential Health Benefits are not subject to annual or lifetime dollar limits. If additional specific care, Treatment or services are added to the list of Essential Health Benefits by a governing authority, the Certificate benefits will be amended to comply with such changes.

# Treatment of Covered Injury and Covered Sickness Benefit

If:

- 1. You incur expenses as the result of Covered Injury or Covered Sickness, then
- 2. We will pay the benefits stated in the Schedule of Benefits for the services, Treatments and supplies described in the Covered Medical Expenses provision below.

Payment will be made, subject to the Coinsurance, Deductible, Copayment, maximums and limits as stated in the Schedule of Benefits:

- 1. For The Usual and Customary Charge or the Negotiated Charge for Covered Medical Expenses that are incurred as the result of a Covered Injury or Covered Sickness; and
- 2. Subject to the Exclusions and Limitations provision.

# Medical Benefit Payments for In-Network Provider and Out-of-Network Provider

This Certificate provides benefits based on the type of health care provider You select. This Certificate provides access to both In-Network Providers and Out-of-Network Providers. Different benefits may be payable for Covered Medical Expenses rendered by In-Network Providers versus Out-of-Network Providers, as shown in the Schedule of Benefits.

By enrolling in this Insurance Program, You have the Cigna PPO Network.

# THE PROGRAM DOES NOT REQUIRE AN INSURED PERSON TO USE AN IN-NETWORK PROVIDER.

Coverage will be provided at the In-Network level for a provider who is not an In-Network Provider for the first 30 days from the effective date of coverage if You are undergoing an ongoing course of treatment or the provider is the Your primary care provider.

If You are a female who is in her 2nd or 3rd trimester of pregnancy and whose provider in connection with her pregnancy is involuntary disenrolled, other than disenrollment for quality-related reasons or fraud, treatment will be allowed with said provider, according to the terms of the Certificate, for the period up to and including Your first postpartum visit.

If You are terminally ill and the provider in connection with said Sickness is involuntarily disenrolled, other than for quality related reasons or fraud, You will be allowed to continue treatment with said provider, according to the terms of the Certificate, until Your death.

Continued coverage is conditioned upon the provider agreeing to:

- Accept reimbursement at the rates applicable prior to notice of disenrollment as payment in full and not to impose cost sharing with respect to Your amount that would exceed the cost sharing that could have been imposed if the provider had not been disenrolled; and
- Adhere to the Certificate's s quality assurance standards and to provide necessary medical information related to the care provided; and
- Adhere to Our policies and procedures.

Physician profiling information may be available from the Board of Registration in Medicine for physicians licensed to practice in Massachusetts.

Pine Manor College has directories listing Cigna In-Network Providers, or call Wellfleet Group, LLC at 1-877-657-5030.

## **Dental and Vision Benefit Payments**

For dental and vision benefits, You may choose any dental or vision provider.

For dental, different benefits may be payable based on type of service, as shown in the Schedule of Benefits.

# **Preferred Provider Organization**

If You use an In-Network Provider, this Certificate will pay the Coinsurance percentage of the Negotiated Charge for Covered Medical Expenses shown in the Schedule of Benefits for Covered Medical Expenses.

If an Out-of-Network Provider is used, this Certificate will pay the percentage of the Usual and Customary Charge for Covered Medical Expenses shown in the Schedule of Benefits. The difference between the provider fee and the Coinsurance amount paid by Us will be Your responsibility.

Note, however, that We will pay at the In-Network level for Treatment by an Out-of-Network Provider and will calculate Your cost sharing amount at the In-Network Provider level if:

- 1. there is no In-Network Provider in the service area available to treat You for a specific Covered Injury or Covered Sickness; or
- 2. there is an Emergency Medical Condition and You cannot reasonably reach an In-Network Provider. This benefit will continue to be paid for the Emergency Services until You can reasonably be expected to safely transfer to a In-Network Provider. If the transfer does not occur at that time, benefits will then be reduced and paid at the lower percentage applicable to an Out-of-Network Provider.

; or

- 3. You receive services rendered by an Out-of-Network provider at an In-Network Provider facility during:
  - A service or procedure performed by an In-Network Provider; or
  - •During a service or procedure previously approved or authorized by Us and You did not knowingly elect to obtain such services from the Out-of-Network provider.

You should be aware that In-Network Hospitals may be staffed with Out-of-Network Providers. Receiving services from an In-Network Hospital does not guarantee that all charges will be paid at the In-Network Provider level of benefits. It is important that You verify that Your Physicians are In-Network Providers each time You call for an appointment or at the time of service.

# **Continuity of Care**

If You are undergoing an active course of Treatment with an In-Network Provider, You may request continuation of Treatment by such In-Network Provider in the event the In-Network Provider's contract has terminated with the Preferred Provider organization. We shall notify You of the termination of the In-Network Provider's contract at least 60 days in advance. When circumstances related to the termination render such notice impossible, We shall provide affected enrollees as much notice as is reasonably possible. The notice given must include instructions on obtaining an alternate provider and must offer Our assistance with obtaining an alternate provider and ensuring that there is no inappropriate disruption in Your ongoing Treatment. We shall permit You to continue to be covered, with respect to the course of Treatment with the provider, for a transitional period of at least 60 days from the date of the notice to You of the termination except that if You are in the second trimester of pregnancy at the time of the termination and the provider is treating You during the pregnancy. The transitional period must extend through the provision of postpartum care directly related to the pregnancy.

#### **Pre-Certification Process**

In-Network - Your In-Network Provider is responsible for obtaining any necessary Pre-certification before You receive the care. If Your In-Network Provider does not obtain the required Pre-Certification You will not be penalized. Please read below regarding review and notification.

Out-of-Network - You or Your Out-of-Network Provider are responsible for calling Us at the phone number found on the back of Your ID card and starting the Pre-Certification process. For Inpatient services the call must be made at least 5 working days prior to Hospital Confinement. For Outpatient services, the call must be made at least 5 working days prior to the start of the Outpatient service. In the case of an emergency, the call must take place as soon as reasonably possible.

The following Inpatient and Outpatient services or supplies require Pre-Certification:

- 1. All Inpatient admissions, including length of stay, to a Hospital, Skilled Nursing Facility, a facility established primarily for the Treatment of a Substance Abuse Disorder, or a residential Treatment facility. Except precertification will not be required for treatment of Substance Abuse Disorders for the first 14 days of Medically Necessary acute treatment or clinical stabilization services if We are notified within 48 hours of admission.;
- 2. All Inpatient maternity care after the initial 48/96 hours;
- 3. All partial hospitalization in a Hospital, residential Treatment facility, or facility established primarily for the Treatment of substance abuse;
- 4. Durable Medical Equipment over \$500;
- 5. Surgery;

- 6. Sleep Management;
- 7. Transplant Services;
- 8. Infusions/injectables;
- 9. Botox Injections;
- 10. Genetic Testing, except for Bracca;
- 11. Orthotics/prosthetics;
- 12. Transcranial Magnetic Stimulation (TMS);
- 13. Physical Therapy (Outpatient) precertification required after the 12<sup>th</sup> visit
- 14. Occupational Therapy (Outpatient) precertification required after the 12<sup>th</sup> visit
- 15. Chiropractic Services (Outpatient) precertification required after the 12<sup>th</sup> visit .

Pre-certification will not be required for covered expenses due to treatment of Substance Abuse Disorder if the provider is certified or licensed by the Department of Public Health (DPH). Substance abuse disorder treatment services include early intervention services for substance abuse disorder treatment, outpatient services, including medically assisted therapies, intensive outpatient and partial hospitalization services, residential or inpatient services, and medically intensive inpatient services. The term provider included facilities as well as individual practitioners certified or licensed by the DPH.

Pre-Certification is not required for an Emergency Medical Condition or Urgent Care or Hospital Confinement for the initial 48/96 hours of maternity care.

Additionally, no authorization requirement will apply to obstetrical or gynecological care provided by In-Network Providers.

Pre-Certification is not a guarantee that Benefits will be paid.

Your Physician will be notified of Our decision as follows:

- 1. For elective (non-emergency) admissions to a health care facility, We will notify the Physician and the health care facility by telephone and/or in writing of the number of Inpatient days, if any, approved;
- 2. For Confinement in a health care facility longer than the originally approved number of days, the treating Physician or the health care facility must contact Us before the last approved day. We will review the request for continued stay to determine Medical Necessity and notify the Physician or the health care facility of Our decision in writing or by telephone:
- 3. For any other covered services requiring Pre-Certification, We will contact the Provider in writing or by telephone regarding Our decision.

Our agent will make this determination within 72 hours for an urgent request and 4 business days for non-urgent requests following receipt of all necessary information for review. Notice of an Adverse Benefit Determination made by Our agent will be in writing and will include:

- 1. The reasons for the Adverse Benefit Determination including the clinical rationale, if any.
- 2. Instructions on how to initiate an appeal.
- 3. Notice of the availability, upon Your request or Your Authorized Representative, of the clinical review criteria relied upon to make the Adverse Benefit Determination. This notice will specify what, if any additional necessary information must be provided to, or obtained by, Our agent in order to render a decision on any requested appeal.

Failure by Our agent to make a determination within the time periods prescribed shall be deemed to be an Adverse Benefit Determination subject to an appeal.

If You have any questions about Your Pre-Certification status, You should contact Your Provider.

# **COVERED MEDICAL EXPENSES**

We will pay for the following Covered Medical Expenses when they are incurred as the result of a Covered Injury or Covered Sickness.

## **Preventive Services**

The following services shall be covered without regard to any Deductible, Coinsurance or Copayment requirement that would otherwise apply when provided by an In-Network Provider:

- 1. Evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force (USPSTF).
- 2. Immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention.
- 3. With respect to infants, children, and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.
- 4. With respect to women, such additional preventive care and screenings not described in paragraph (1) as provided for in comprehensive guidelines supported by the Health Resources and Services Administration.
- 5. Outpatient/office contraceptive services are covered, provided that the services are related to the use of FDA approved contraceptives. Examples of covered contraceptive services are: office visits, consultations, examinations and services related to the use of federal legend oral contraception or IUD insertion, diaphragm fitting, vasectomy or contraceptive injections. Please note that prescription and nonprescription contraceptive drugs and devices (such as oral contraceptives, IUDs, diaphragms, and contraceptive injections) are covered under the Prescription Drug Benefit. See Prescription Drugs for information on those services and devices.

## **Important Notes:**

- 1. These Preventive Services recommendations and guidelines may be updated periodically. When these are updated, they will be applied to this plan. The updates will be effective on the first day of the calendar year, one year after the updated recommendation or guideline is issued.
- 2. Diagnostic testing for the treatment or diagnosis of a Covered Injury or Covered Sickness will not be covered under the Preventive Services. For those types of tests and Treatment, You will pay the cost sharing specific to Covered Medical Expense for diagnostic testing and Treatment.
- 3. This plan will not limit gender-specific Preventive Services based on Your gender at birth, Your identity, or according to other records.

To learn what frequency and age limits apply to routine physical exams and routine cancer screenings, contact Your Physician or contact Us by calling the number on Your ID card. This information can also be found at the <a href="https://www.healthcare.gov/">https://www.healthcare.gov/</a> website.

We may use reasonable medical management techniques to determine the frequency, method, Treatment, or setting of Preventive Services benefits when not specified in the recommendations and guidelines of the:

- Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (ACIP)
- United States Preventive Services Task Force (USPSTF)
- Health Resources and Services Administration (HRSA)
- American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents

## **Inpatient Benefits**

- 1. **Hospital Care-** Covered Medical Expenses include the following:
  - Room and Board Expense, including general nursing care. Benefit may not exceed the daily semi-private room rate unless intensive care unit is required.
  - Intensive Care Unit, including 24-hour nursing care.
  - Hospital Miscellaneous Expenses, while Hospital Confined or as a precondition for being Hospital Confined. Benefits will be paid for services and supplies such as:
    - a. The cost for use of an operating room;
    - b. Prescribed medicines (excluding take-home drugs);

- c. Laboratory tests;
- d. Therapeutic services;
- e. X-ray examinations;
- f. Casts and temporary surgical appliances;
- g. Oxygen, oxygen tent; and
- h. Blood and blood plasma.

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- 2. **Preadmission Testing** for routine tests performed as a preliminary to Your being admitted to a Hospital. These tests must be performed within 5 working days prior to admission. This benefit is limited to routine tests such as complete blood count, urinalysis, and chest x-rays. Unless otherwise payable under this Certificate, We will pay for major diagnostic procedures under the Hospital Miscellaneous Expense Benefit. This includes tests such as CAT scans, cardiac catheterization, MRI's, NMR's, and blood chemistries.
- 3. **Physician's Visits while Confined** not to exceed 1 visit per day of confinement per provider. Physician's visits will be paid for either inpatient or outpatient visits when incurred on the same day, but not both. Surgeon's fees are not payable under this benefit.
- 4. **Inpatient Surgery including Surgeon, Anesthetist, and Assistant Surgeon Services** (including pre- and post-operative visits) as specified in the Schedule of Benefits. Covered surgical expenses will be paid under either the inpatient surgery benefit or the Outpatient Surgery Benefit. They will not be paid under both. This benefit is not payable in addition to Physician's visits.

Sometimes 2 or more surgical procedures can be performed during the same operation.

- 1. Through the Same Incision. If Covered multiple surgical procedures are performed through the same incision, We will pay for the procedure with the highest allowed amount and 50% of the amount We would otherwise pay under this Certificate for the secondary procedures, except for secondary procedures that, according to nationally-recognized coding rules, are exempt from multiple surgical procedure reductions. We will not pay anything for a secondary procedure that is billed with a primary procedure when that secondary procedure is incidental to the primary procedure.
- **2. Through Different Incisions.** If Covered multiple surgical procedures are performed during the same operative session but through different incisions, We will pay:
  - For the procedure with the highest allowed amount; and
  - 50% of the amount We would otherwise pay for the other procedures.
- 5. **Physical Therapy while Confined** when prescribed by the attending Physician.
- 6. **Skilled Nursing Facility Benefit** for services received in a licensed Skilled Nursing Facility. Services must be Medically Necessary. Confinement for Custodial Care or residential care is not covered.
- 7. **Inpatient Rehabilitation Facility Expense Benefit** for the services, supplies and Treatments rendered to You in an **Inpatient Rehabilitation** Facility. You must enter an **Inpatient Rehabilitation** Facility:
  - a. Within 7 days after Your discharge from a Hospital Confinement;
  - b. Such Confinement must be of at least 3 consecutive days that began while coverage was in force under this Certificate; and
  - c. Was for the same or related Sickness or Accident.

Services, supplies and Treatments by an **Inpatient Rehabilitation** Facility include:

- a. Charges for room, board, and general nursing services
- b. Charges for physical, occupational, or speech therapy;
- c. Charges for drugs, biologicals, supplies, appliances, and equipment for use in such facility, which are ordinarily furnished by the **Inpatient Rehabilitation** Facility for the care Treatment of a Confined person; and
- d. Charges for medical services of interns, in training, under a teaching program of a Hospital with which the facility has an agreement for such services

- **8. Mental Health and Substance Abuse Disorder Benefit -** We will pay for Covered expenses incurred for the diagnosis and treatment of the following Biologically-Based Mental Disorders, as described in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders published by the American Psychiatric Association, referred to in this section as the DSM:
  - 1. schizophrenia;
  - 2. schizoaffective disorder;
  - 3. major depressive disorder;
  - 4. bipolar disorder;
  - 5. paranoia and other psychotic disorders;
  - 6. obsessive-compulsive disorder;
  - 7. panic disorder;
  - 8. delirium and dementia;
  - 9. affective disorders;
  - 10. eating disorders;
  - 11. post-traumatic stress disorder;
  - 12. substance abuse disorders; and
  - 13. Autism.

We will also pay for Covered expenses incurred for the diagnosis and treatment of rape-related mental or emotional disorders to victims of a rape or victims of an assault with intent to commit rape whenever the costs of such diagnosis and treatment exceed the maximum compensation awarded to such victims pursuant to Massachusetts law.

We will also pay for Covered expenses incurred for covered children and adolescents under the age of 19 for the diagnosis and treatment of non-biologically-based Mental Disorders or other behavioral or emotional disorders which substantially interfere with or substantially limit the functioning and social interactions of such a child or adolescent. Such interference or limitation is documented by and the referral for said diagnosis and treatment is made by the primary care provider, primary pediatrician or a licensed mental health professional of such a child or adolescent or is evidenced by conduct, including, but not limited to:

- 1. an inability to attend school as a result of such a disorder;
- 2. the need to hospitalize the child or adolescent as a result of such a disorder; or
- 3. a pattern of conduct or behavior caused by such a disorder which poses a serious danger to self or others.

We shall continue to provide such benefits to any adolescent who is engaged in an ongoing course of treatment beyond the adolescent's nineteenth birthday until said course of treatment, as specified in said adolescent's treatment plan, is completed and while coverage under the Policy remains in effect.

We will cover Inpatient Confinement, Intermediate Services, and Outpatient Services that shall permit active and non-custodial treatment for said mental disorders to take place in the least restrictive clinically appropriate setting.

For purposes of this section,

**Inpatient Confinement** will mean that the Insured Person must be confined in an either:

- 1. A general Hospital licensed to provide such services;
- 2. A facility under the direction and supervision of the Department of Mental Health;
- 3. A private mental Hospital licensed by the Department of Mental Health; or
- 4. A substance abuse facility licensed by the Department of Public Health.

**Intermediate services** means a range of non-inpatient services that provide more intensive and extensive treatment interventions when Outpatient Services alone are not sufficient to meet the patient's needs.

Intermediate Services include, but are not limited to:

- 1. Acute and other residential treatment;
- 2. Partial Hospitalization;
- 3. Day treatment;
- 4. In-home therapy services;
- 5. Clinically managed detoxification services;
- 6. Intensive Outpatient Programs; and Crisis Stabilization.

# **Outpatient Services** means care or treatment that is provided:

- 1. by a licensed Hospital;
- 2. by a mental health or substance abuse clinic licensed by the Department of Public Health:
- 3. by an approved (by the Department of Mental Health) community mental health center or other mental health clinic or day care center which furnishes mental health services; or
- 4. Consultations or diagnostic or treatment sessions, provided in a professional office or home-based services provided, however, that such services are rendered by a licensed mental health professional including a licensed Physician who specializes in the practice of psychiatry, a licensed psychologist, a licensed independent clinical social worker, a licensed mental health counselor, a licensed nurse mental health clinical specialist or a licensed
  - licensed mental health counselor, a licensed nurse mental health clinical specialist or a licensed marriage and family therapist within the lawful scope of practice for such therapist.
- 5. For the purposes of this Benefit, psychopharmacological services and neuropsychological assessment services shall be treated as a medical benefit and shall be on the same basis as any other Covered Sickness. Per visit limits for non-Biologically-Based Mental Disorder services do not apply to Biologically-Based Mental Disorders. Coverage will also include Medically Necessary clinical stabilization services for 14 consecutive days for Inpatient Substance Abuse Disorders.

## **Outpatient Benefits**

1. Outpatient Surgery including Surgeon, Anesthetist, and Assistant Surgeon Services for outpatient surgery (including fees for pre- and post-operative visits) as specified in the Schedule of Benefits. Covered surgical expenses will be paid under either the outpatient surgery benefit or the inpatient Surgery Benefit. They will not be paid under both. This benefit is not payable in addition to Physician's visits.

Sometimes 2 or more surgical procedures can be performed during the same operation.

- 1. **Through the Same Incision.** If Covered multiple surgical procedures are performed through the same incision, We will pay for the procedure with the highest allowed amount and 50% of the amount We would otherwise pay under this Certificate for the secondary procedures, except for secondary procedures that, according to nationally-recognized coding rules, are exempt from multiple surgical procedure reductions. We will not pay anything for a secondary procedure that is billed with a primary procedure when that secondary procedure is incidental to the primary procedure.
- 2. **Through Different Incisions.** If Covered multiple surgical procedures are performed during the same operative session but through different incisions, We will pay:
  - For the procedure with the highest allowed amount; and
  - 50% of the amount We would otherwise pay for the other procedures.
- 2. **Outpatient Surgical Facility and Miscellaneous** expense benefit. Benefits will be paid for services and supplies, including:
  - a. Operating room;
  - b. Therapeutic services;
  - c. Oxygen, oxygen tent; and
  - d. Blood and blood plasma.
- 3. Physician's and Other Practitioner Office Visits. We will not pay for more than 1 visit per day to the same

Physician. Physician's Visits include second surgical opinions. Benefits will also be paid for a nurse or Physician assistant office visit. Benefits will be paid for either outpatient or inpatient visits on the same day, but not both. Surgeon fees are NOT payable under this benefit.

- **4. Specialist/Consultant Physician's Services.** When requested and approved by the attending Physician.
- **5. Telemedicine or Telehealth Services** for health care delivery, diagnosis, consultation, Treatment, transfer of medical data, and education using interactive audio, video, or data communications involving a real time (synchronous) or near real time (asynchronous) 2-way transfer of medical data and information.

**Cardiac Rehabilitation.** Benefits are available for Outpatient cardiac rehabilitation programs. Covered Medical Expenses are: exercise and education under the direct supervision of skilled program personnel in the intensive rehabilitation phase of the program. The program must start within 26 weeks after a cardiac condition is diagnosed or a cardiac procedure is completed.

No benefits are available for portions of a cardiac rehabilitation program extending beyond the intensive rehabilitation phase. On-going or life-long exercise and education maintenance programs intended to maintain fitness or to reinforce permanent lifestyle changes are not covered.

- 6. Pulmonary Rehabilitation. Benefits are available for pulmonary rehabilitation services as part of an inpatient Hospital stay if it is part of a treatment plan ordered by a Physician.
  A course of outpatient pulmonary rehabilitation may also be eligible for coverage if it is performed at a Hospital, Skilled nursing facility, or Physician's office, is used to treat reversible pulmonary disease states, and is part of a treatment plan ordered by a Physician.
- **7. Short-Term Rehabilitative Therapy** when prescribed by the attending Physician, limited to 1 visit per day.
- **8.** Habilitative Services when prescribed by the attending Physician, limited to 1 visit per day.
- **9. Emergency Services** only in connection with care for an Emergency Medical Condition as defined. Payment of this benefit will not be denied based on the final diagnosis following stabilization. No Insured Person will, in any way be discouraged from using the local pre-Hospital emergency medical service system, the 911 telephone number or its local equivalent.
- 10. Urgent Care Centers for services provided at an Urgent Care Center, as shown in the Schedule of Benefits.
- **11. Diagnostic Imaging Services** for diagnostic X-ray services as shown in the Schedule of Benefits when prescribed by a Physician.
- 12. CT Scan, MRI and/or PET Scans for diagnostic services when prescribed by a Physician.
- **13. Laboratory Procedures (Outpatient)** for laboratory procedures as shown in the Schedule of Benefits when prescribed by a Physician.
- **14.** Chemotherapy and Radiation Therapy for chemotherapy, oral chemotherapy drugs, and radiation therapy to treat or control a serious illness, as shown in the Schedule of Benefits.
- 15. Infusion Therapy for the administration of antibiotic, nutrients, or other therapeutic agents by direct infusion.
- **16. Home Health Care Expenses** for Home Health Care for You when, otherwise, Hospitalization or Confinement in a Skilled Nursing Facility would have been necessary. This does not include Private Duty Nursing. Benefits for home care services shall apply only when such services are medically necessary and provided in conjunction with a physician approved home health services plan.

As used in this benefit, "Home Health Care" shall include, but not be limited to, nursing and physical therapy. Additional services such as occupational therapy, speech therapy, medical social work, nutritional consultation, the services of a home health aide and the use of durable medical equipment and supplies shall be provided to the extent such additional services are determined to be a medically necessary component of said nursing and physical therapy.

- 17. Hospice Care Coverage when, as the result of a Covered Injury or Covered Sickness, You require Hospice Care, we will pay the expenses incurred for such care. You must have been diagnosed with a terminal illness by a licensed Physician. Their medical prognosis must be death within 6 months. You must have elected to receive palliative rather than curative care. Any required documentation will be no greater than that required for the same services under Medicare.
- **18. Mental Health and Substance Abuse Disorder Benefit** for Outpatient Treatment of Mental Health Disorders as specified on the Schedule of Benefits. See the Inpatient section for coverage information.
- 19. Prescription Drugs are medications filled in an outpatient pharmacy for which a Physician's written prescription is required up to the amount shown in the Schedule of Benefits. This benefit is limited to medication necessary for the Treatment of the Covered Injury or Covered Sickness for which a claim is made. Some outpatient prescription drugs are subject to pre-certification. These prescription requirements help Your prescriber and pharmacists check that Your outpatient prescription drug is clinically appropriate using evidence-based criteria. Benefits include hypodermic needles and syringes required for the administration of a prescription drug.
  - a. **Off-Label Drug Treatments** When prescription drugs are provided as a benefit of the issued Certificate, they will include a drug that is prescribed for a use that is different from the use for which that drug has been approved for marketing by the Federal Food and Drug Administration (FDA), provided that all of the following conditions have been met:
    - 1. The drug is approved by the FDA;
    - 2. The drug is prescribed for the Treatment of a life-threatening condition, including cancer, HIV or AIDS; including but not limited to cancer or human immunodeficiency virus or acquired immunodeficiency syndrome (AIDS/HIV) or approved for the treatment of Lyme Disease;
    - 3. The drug has been recognized for Treatment of that condition by 1 of the following: a) The American Medical Association Drug Evaluations; b) The American Hospital Formulary Service Drug Information; c) The United States Pharmacopoeia Dispensing Information, volume 1, "Drug Information for Health Care Professionals"; or d) 2 articles from major peer reviewed medical journals that present data supporting the proposed off-label use or uses as generally safe and effective unless there is a clear and convincing contradictory evidence presented in a major peer reviewed medical journal.

      When this portion of the prescription benefit is used, it will be the responsibility of the prescriber to
      - When this portion of the prescription benefit is used, it will be the responsibility of the prescriber to submit to Us documentation supporting compliance with the requirements of this benefit.

As it pertains to this benefit, life threatening means either or both of the following:

- (a) Disease or conditions where the likelihood of death is high unless the course of the disease is interrupted; or
- (b) Disease or conditions with a potentially fatal outcome and where the end point of clinical intervention is survival.
- b. **Dispense as Written** (**DAW**) If a prescriber prescribes a covered Brand-Name Prescription Drug where a Generic Prescription Drug equivalent is available and specifies: "Dispense as Written" (DAW), You will pay the cost sharing for the Brand-Name Prescription Drug. If a prescriber does not specify DAW and the Member requests a covered Brand-Name Prescription Drug where a Generic Prescription Drug equivalent is available, the Member will be responsible for the cost difference between the Brand-Name Prescription Drug and the Generic Prescription Drug equivalent, and the cost sharing that applies to Brand-Name Prescription Drugs.
- c. **Investigational Drugs and Medical Devices** The Prescription Drug benefit includes a drug or device that is Investigational if the intended use of the drug or device is included in the labeling authorized by the FDA or if

the use of the drug or device is recognized in one of the standard reference compendia or in peer-reviewed medical literature.

d. **Specialty Prescription Drugs** are limited to no more than a 30-day supply However, if the Specialty Prescription Drug dispensed is the smallest package size available and exceeds a 30-day supply, You are responsible for the cost sharing defined for the day supply in your schedule of benefits.

Specialty Drugs – are Prescription Drugs which:

- 1. Are only approved to treat limited patient populations, indications, or conditions; or
- 2. Are normally injected, infused, or require close monitoring by a Physician or clinically trained individual; or
- 3. Have limited availability, special dispensing and delivery requirements, and/or require additional patient support any or all of which make the Drug difficult to obtain through traditional pharmacies.
- e. **Self-Administered Prescription Drugs** Certain self-administered Prescription Drugs are only covered under the Prescription Drug benefit and are excluded from the medical benefit. Self-administered Prescription Drugs will not be covered when dispensed through a Physician's office or outpatient hospital, except in emergency situations. While members may self-administer these medications, they can still obtain these medications at the pharmacy and have them administered at an office visit. Coverage exceptions may be granted if self-administered Prescription Drugs are required as part of a hospitalization or emergency room visit. The list of self-administered Prescription Drugs only covered under the Prescription Drug benefit and excluded from the medical benefit can be found here: www.wellfleetstudent.com.
- f. **Retail Pharmacy Supply Limits** We will pay for no more than a 30-day supply of a Prescription Drug purchased at a retail pharmacy. You are responsible for 1 cost sharing amount for up to a 30-day supply. However, if the Prescription Drug dispensed is the smallest package size available and exceeds a 30-day supply, You are responsible for the cost sharing defined for the day supply in your Schedule of Benefits.
- g. **Step Therapy** When medications for the Treatment of any medical condition are restricted for use by a step therapy or fail-first protocol, the prescribing practitioner shall have access to a clear and convenient process to request an override of the restriction from Us. An override of that restriction will be granted by Us upon completion of the review if all necessary information to perform the override review has been provided, under the following documented circumstances:
  - 1) The prescribing practitioner can demonstrate, based on sound clinical evidence, that the preferred Treatment required under step therapy or fail-first protocol has been ineffective in the Treatment of Your disease or medical condition; or
  - 2) Based on sound clinical evidence or medical and scientific evidence:
    - a) The prescribing practitioner can demonstrate that the preferred Treatment required under the step therapy or fail-first protocol is expected or likely to be ineffective based on the known relevant physical or mental characteristics of the Insured and known characteristics of the drug regimen; or
    - b) The prescribing practitioner can demonstrate that the preferred Treatment required under the step therapy or fail-first protocol will cause or will likely cause an adverse reaction or other physical harm to You.
- h. **Quantity Limits** Some Outpatient Prescription Drugs are subject to quantity limits. The quantity limits help the prescriber and pharmacist check that the Outpatient Prescription Drug is used correctly and safely. We rely on medical guidelines, FDA-approved recommendations and other criteria developed by Us to set these quantity limits.
- i. **Tier Status** The tier status of a Prescription Drug may change periodically. These changes may occur without prior notice to You. However, if You have a prescription for a drug that is being moved to a higher tier (other than a Brand-Name Drug that becomes available as a Generic Drug) We will notify You. When such changes occur, Your out-of-pocket expense may change. You may access the most up to date tier status on Our website at www.wellfleetstudent.com or by calling the number on Your ID card.

- j. Compounded Prescription Drugs will be Covered only when they contain at least 1 ingredient that is a Covered legend Prescription Drug, do not contain bulk chemicals, and are obtained from a pharmacy that is approved for compounding. Compounded Prescription Drugs may require Your Provider to obtain Preauthorization. Compounded Prescription Drugs will be covered as the tier associated with the highest tier ingredient.
- k. **Formulary Exception Process** If a Prescription Drug is not on Our Formulary, You, Your Authorized Representative or Your prescribing Physician may request a Formulary exception for clinically appropriate Prescription Drug in writing, electronically or telephonically. If coverage is denied under Our standard or expedited Formulary exception process, the Covered Person is entitled to an external appeal as outlined in the External Appeal section of this Certificate. Refer to the Formulary posted on Our website www.wellfleetstudent.com or call the number on the Member's ID card to find out more about this process.

**Standard Review of a Formulary Exception** – We will make a decision and notify You or Your Authorized Representative and the prescribing Health Care Professional no later than 72 hours after Our receipt of the Member's request. If We approve the request, We will cover the Prescription Drug while You are taking the Prescription Drug, including any refills.

Expedited Review of a Formulary Exception – If You are suffering from a health condition that may seriously jeopardize Your health, life or ability to regain maximum function or if You are undergoing a current course of Treatment using a Non-Formulary Prescription Drug, You may request an expedited review of a Formulary exception. The request should include a statement from Your prescribing Physician that harm could reasonably come to You if the requested drug is not provided within the timeframes for Our standard Formulary exception process. We will make a decision and notify You or Your Authorized Representative and the prescribing Physician no later than 24 hours after Our receipt of Your request. If We approve the request, We will cover the Prescription Drug.

- 1. **Tobacco cessation prescription and over-the-counter drugs** Tobacco cessation prescription drugs and OTC drugs will be covered for two 90-day treatment regimens only. Any additional prescription drug treatment regimens will be subject to the cost sharing in Your schedule of benefits. For details on the current list of tobacco cessation prescription drugs and OTC drugs covered with no cost sharing during the two 90-day treatment regimens allowed, refer to the Formulary posted on Our website www.wellfleetstudent.com or call 877-657-5030.
- m. **Zero Cost Generics** In addition to ACA Preventive Care medications, certain Generic Drugs are covered at no cost to you. These zero cost generics can be identified in the Formulary posted on Our website www. wellfleetstudent.com.
- n. **Preventive contraceptives -** For females who are able to reproduce, Your Outpatient Prescription Drug plan covers certain Prescription drugs and devices that the U.S. Food and Drug Administration (FDA) has approved to prevent pregnancy when prescribed by a Physician and the prescription is submitted to the pharmacist for processing. Your outpatient prescription drug plan also covers related services and supplies needed to administer covered devices. At least 1 form of contraception in each of the methods identified by the FDA is included. You can access the list of contraceptive prescription drugs by referring to the Formulary posted on Our website www. wellfleetstudent.com or calling the toll-free number on your ID card.

We cover over-the-counter (OTC) and **Generic Prescription Drugs** and devices for each of the methods identified by the FDA at no cost share. If a **Generic Prescription Drug** or device is not available for a certain method, You may obtain a certain **Brand-Name Prescription Drug** for that method at no cost share.

o. Orally administered anti-cancer drugs, including chemotherapy drugs - Covered Medical Expenses include any drug prescribed for the treatment of cancer if it is recognized for treatment of that indication in a

standard reference compendium or recommended in the medical literature even if the drug is not approved by the FDA for a particular indication.

# p. Diabetic supplies

The following diabetic supplies may be obtained under Your Prescription Drug benefit upon prescription by a Physician:

- Insulin
- Insulin syringes and needles
- Blood glucose test strips
- Lancets
- Alcohol swabs
- Blood glucose meters

You can access the list of diabetic supplies by referring to the Formulary posted on Our website www wellfleetstudent.com or by calling the toll-free number on your ID card. See Your Diabetic services and supplies (including equipment and training) section for coverage of blood glucose meters and external insulin pumps.

q. **Preventive Care drugs and Supplements-** Covered Medical expenses include preventive care drugs and supplements (including over the counter drug and supplements as required by the Affordable Care Act (ACA) guidelines when prescribed by a Physician and the prescription is submitted to the pharmacist for processing.

#### **Other Benefits**

- 1. Allergy Testing this includes tests that You need such as PRIST, RAST, and scratch tests.
- 2. Allergy Injections/Treatment includes Treatment of anaphylaxis and angioedema, severe chronic sinusitis not responsive to medications and asthma not responding to usual Treatments. This also includes the administration of allergy therapy, injections, allergy serum, and supplies used for allergy therapy.
- **3. Ambulance Service** for transportation to and from a Hospital by a licensed Ambulance whether a ground, air or water Ambulance, in a Medical Emergency. Transportation from a facility to your home is not covered.

Your plan also covers transportation to a Hospital by professional air or water Ambulance when:

- Professional ground Ambulance transportation is not available
- Your condition is unstable, and requires medical supervision and rapid transport
- You are travelling from one Hospital to another and
  - The first Hospital cannot provide the emergency services you need; and
  - The two (2) conditions above are met
- **4. Bariatric Surgery & Morbid Obesity Benefit -** We will pay for Covered expenses incurred for the Medically Necessary treatment of morbid obesity through gastric bypass surgery or such other methods as may be recognized by the National Institutes of Health for the long-term reversal of morbid obesity. We will pay these expenses on the same basis as for other medical and surgical procedures. This benefit requires prior approval

As used in this Benefit:

## Morbid Obesity means:

- a. a weight that is at least 100 pounds over or twice the ideal weight for frame, age, height, and gender as specified in the 1983 Metropolitan Life Insurance Tables;
- b. a body mass index (BMI) equal to or greater than 35 kilograms per meter squared with comorbidity or coexisting medical conditions such as hypertension, cardiopulmonary conditions, sleep apnea or diabetes; or
- c. a BMI of 40 kilograms per meter squared without comorbidity.

BMI (Body Mass Index) means weight in kilograms divided by height in meters squared.

5. Covered Clinical Trials Benefit for Cancer or other Life-Threatening Disease - We will pay for the Covered expenses incurred for Patient Care Service in connection with a qualified cancer or life-threatening disease clinical trial to the same extent as they would be covered and reimbursed if the You did not receive care in a Qualified Clinical Trial. Coverage for the services required under this benefit are provided subject to the terms and conditions generally applicable to other benefits provided under the certificate.

For purposes of this benefit:

Patient Care Service means a health care item or service that is furnished when You are enrolled in a Qualified Clinical Trial, which is consistent with the standard of care for someone with the Your diagnosis, is consistent with the study protocol for the clinical trial, and would be covered if You did not participate in the clinical trial. Patient Care Services does NOT include:

- 1. An investigational drug or device but a drug or device that has been approved for use in the Qualified Clinical Trial, whether or not the Food and Drug Administration has approved the drug or device for use in treating Your particular condition will be a patient care service to the extent that the drug or device is not paid for by the manufacturer, distributor or provider of the drug or device.
- 2. Non-health care services that You may be required to receive as a result of being enrolled in the clinical trial.
- 3. Costs associated with managing the research associated with the clinical trial.
- 4. Costs that would not be covered for non-investigational treatments.
- 5. Any item, service or cost that is reimbursed or otherwise furnished by the sponsor of the clinical trial.
- 6. The costs of services that are inconsistent with widely accepted and established national or regional standards of care.
- 7. The costs of services that are provided primarily to meet the needs of the trial, including, but not limited to, tests, measurements and other services that are typically covered but which are being provided at a greater frequency, intensity or duration.
- 8. Services or costs that are not otherwise covered under this Certificate.

# Qualified Clinical Trial means a trial that meets the following conditions:

- 1. The clinical trial is intended to treat cancer or other life-threatening disease in an You who has been so diagnosed.
- 2. The clinical trial has been peer reviewed and is approved by one of the United States National Institutes of Health, a qualified non-governmental research entity identified in guidelines issued by the National Institute of Health for center support grants, the United States Food and Drug Administration pursuant to an investigational new drug exemption, the United States Department of Defense or Veterans Affairs, or with respect to Phase 11, Ill or IV.
- 3. The facility and personnel conducting the trial are capable of doing so by virtue of their experience and training and treat a sufficient volume of patients to maintain that expertise.
- 4. With respect to Phase I clinical trials, the facility will be an academic medical center or an affiliated facility and the clinicians conducting the trial will have staff privileges at said academic medical center.
- 5. You met the patient selection criteria enunciated in the study protocol for participation in the clinical trial.
- 6. You have provided informed consent for participation in the clinical trial in a manner that is consistent with current legal and ethical standards.
- 7. The available clinical or pre-clinical data provide a reasonable expectation that Your participation in the clinical trial will provide a medical benefit that is commensurate with the risks of participation in the clinical trial.
- 8. The clinical trial does not unjustifiably duplicate existing studies.
- 9. The clinical trial must have a therapeutic intent and must, to some extent, assess the effect of the intervention on You.
- **6. Durable Medical Equipment** for the rental or purchase of Durable Medical Equipment, including, but not limited to, Hospital beds, wheel chairs, walkers, braces that stabilize an injured body part and braces to treat curvature of the spine. We will pay the lesser of either the rental or purchase charges, but not both. Such equipment must be prescribed by a Physician and a copy of the written prescription must accompany the claim. Durable Medical Equipment must:
  - a. Be primarily and customarily used to serve a medical, Rehabilitative purpose;
  - b. Be able to withstand repeated use; and
  - c. Generally, not be useful to a person in the absence of Injury or Sickness.

7. Diabetic services and supplies (including equipment and training) Benefits will be paid the same as any other Sickness for the cost associated with equipment, supplies, and self-management training and education for the treatment of all types of diabetes mellitus when prescribed by a Physician or health care professional legally authorized to prescribe such items.

Benefits includes services and supplies:

- Insulin preparations
- Foot care to minimize the risk of infection
- Injection aids for the blind
- Diabetic test agents
- Prescribed oral medications whose primary purpose is to control blood sugar
- Injectable glucagons
- Glucagon emergency kits
- Laboratory tests, including glycosyltated hemoglobin, or HbAlc, tests;

## **Equipment**

- External insulin pumps
- Blood glucose monitors without special features, unless required for the legally blind
- Podiatric appliances for the prevention of complications associated with diabetes prescribed by a podiatrist or other qualified Physician and furnished by a podiatrist, orthotist, prosthetist or pedorthist.
- Visual magnifying aids for use by the legally blind
- Voice synthesizers for blood glucose monitors for use by the legally blind
- Other diabetes equipment and related supplies to the treatment of diabetes.

## **Training**

- Self-management training
- Patient management materials that provide essential diabetes self-management information

"Self-management training" is a day care program of educational services and self-care designed to instruct You in the self-management of diabetes (including medical nutritional therapy). The training must be provided by an American Diabetes Association Recognized Diabetes Self-Management Education Program or Physician whose scope of practice includes diabetic education or management. This includes medical nutrition therapy when provided by a certified diabetes health care provider. This benefit will be limited to visits where a Physician diagnoses a significant change in Your symptoms or conditions that necessitate changes in an Your self-management or where reeducation or refresher education is necessary. Coverage also includes home visits.

This coverage includes the treatment of insulin (type I) and non-insulin dependent (type II) diabetes and the treatment of elevated blood glucose levels during pregnancy.

Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.

- **8. Dialysis Treatment** of an acute or chronic kidney ailment, provided in an Outpatient facility of a Hospital, a free-standing renal Dialysis facility or in the home. Covered services for home Treatment will include equipment, training and medical supplies. Private Duty Nursing is not covered.
- **9. Hearing Aids** for Insured Persons **who are age 21 and under.** We will provide coverage for the expenses incurred in the purchase of a hearing aid for an Insured Person 21 years of age or younger when prescribed or recommended by a licensed Physician. Benefits include the related services of fitting, adjustments and supplies, including ear molds when prescribed by a licensed audiologist or hearing instrument specialist. An Insured Person may choose a hearing aid that is priced higher than the benefit payable under this benefit and pay the difference between the hearing aid and the benefit payable. Benefits are limited as shown in the Schedule of Benefits.
- **10. Maternity Benefit** for maternity charges as follows:
  - a. Routine prenatal care

b. **Hospital stays** for mother and newly born child will be provided for up to 48 hours for normal vaginal delivery and 96 hours (not including the day of surgery) for a caesarean section delivery unless the caesarean section delivery is the result of Complications of Pregnancy. If the delivery is the result of Complications of Pregnancy, the Hospital stay will be covered the same as for any other Covered Sickness. Services of a licensed nurse midwife are also covered.

**Early Discharge**-After conferring with the mother or a person responsible for the mother or newborn, the attending Physician, or a certified nurse midwife who consults with a Physician, decides to discharge the mother or newborn sooner than then the minimum of 48 or 96 hours, Home Health Care visits will be provided.

Services covered as inpatient care will include medical, educational, and any other services that are consistent with the inpatient care recommended in the protocols and guidelines developed by national organizations that represent pediatric, obstetric and nursing professionals.

- c. **Inpatient Physician charges or Surgeon charges** will be covered the same as for any other Covered Sickness for both mother and newborn child.
- d. Physician-directed Follow-up Care including:
  - 1) Physician assessment of the mother and newborn;
  - 2) Parent education;
  - 3) Assistance and training in breast or bottle feeding;
  - 4) Assessment of the home support system;
  - 5) Performance of any prescribed clinical tests; and
  - 6) Any other services that are consistent with the follow-up care recommended in the protocols and guidelines developed by national organizations that represent pediatric obstetrical and nursing professionals.

This benefit will apply to services provided in a medical setting or through Home Health Care visits. Any Home Health Care visit must be provided by an individual knowledgeable and experienced in maternity and newborn care. All Home Health Care visits that are made necessary by early discharge from the Hospital must be performed within 72 hours after discharge. When a mother or a newborn receives at least the number of hours of inpatient care shown in item "b", the Home Health Care visit benefit will apply to follow-up care that is determined to be necessary by the health care professionals responsible for discharging the mother or newborn.

- e. Outpatient Physician's visits will be covered the same as for any other Covered Sickness.
- **11. Non-Prescription Enteral Formulas and Nutritional Supplements** Covered Medical expenses prescribed by a Physician used to treat malabsorption of food caused by:
  - · Crohn's Disease
  - Ulcerative colitis
  - Gastroesophageal reflux
  - Gastrointestinal motility;
  - Chronic intestinal pseudoobstruction
  - Phenylketonuria
  - Eosinophilic gastrointestinal disorders
  - Inherited diseases of amino acids and organic acids
  - Multiple severe food allergies
  - Branded-chain ketonuria,
  - Galactosemia
  - Homocystinuria

Covered benefits also include food products modified to be low in protein for inherited diseases of amino acids and organic acids. For purposes of this benefit, "low protein modified food product" means foods that are specifically formulated to have less than one gram of protein per serving and are intended to be used under the direction of a

Physician for the dietary treatment of any inherited metabolic illness. Low protein modified food products do not include foods that are naturally low in protein.

- **12. Prosthetic and Orthotic Devices** to replace all or part of a body organ, or replace all or part of the function of a permanently inoperative, absent, or malfunctioning body part when Medically Necessary and prescribed by a Physician.
- 13. Reconstructive Surgery covers all stages of reconstruction of the breast on which the mastectomy has been performed; Surgery and reconstruction of the other breast to produce a symmetrical appearance; and prostheses and Treatment of physical complications for all stages of mastectomy, including lymphedemas. This benefit also covers cosmetic surgery specifically and solely for: Reconstruction due to bodily Injury, infection or other disease of the involved part.
- **14. Pediatric Dental Care Benefit** for the following dental care services for Insured Persons (to the end of the month in which the Insured Person turns age 19):
  - a. Preventive dental care, that includes procedures which help to prevent oral disease from occurring, including:
    - 1. Dental examinations, visits and consultations once within a 6-month consecutive period (when primary teeth erupt);
    - 2. X-ray, full mouth x-rays at 36-month intervals, bitewing x-rays at 6 to 12-month intervals, or panoramic x-rays at 36-month intervals, and other x-rays if Medically Necessary (once primary teeth erupt);
    - 3. Prophylaxis (scaling and polishing the teeth) at 6-month intervals;
    - 4. Topical fluoride application at 6-month intervals where the local water supply is not fluoridated;
    - 5. Sealants on unrestored permanent molar teeth; and
    - 6. Unilateral or bilateral space maintainers for placement in a restored deciduous and/or mixed dentition to maintain space for normally developing permanent teeth.
  - b. Emergency dental care, which includes emergency palliative treatment required to alleviate pain and suffering caused by dental disease or trauma.
  - c. Routine Dental Care: We Cover routine dental care provided in the office of a Dental Provider, including:
    - 1. Procedures for simple extractions and other routine dental surgery not requiring Hospitalization, including preoperative care and postoperative care;
    - 2. In-office conscious sedation;
    - 3. Amalgam, composite restorations and stainless-steel crowns; and
    - 4. Other restorative materials appropriate for children.
  - d. Endodontic services, including procedures for Treatment of diseased pulp chambers and pulp canals, where Hospitalization is not required.
  - e. Prosthodontic services as follows:
    - 1. Removable complete or partial dentures, including 6-months follow- up care; and
    - 2. Additional services include insertion of identification slips, repairs, relines and rebases and Treatment of cleft palate.

Fixed bridges are not Covered unless they are required:

- 1. For replacement of a single upper anterior (central/lateral incisor or cuspid) in a patient with an otherwise full complement of natural, functional and/or restored teeth
- 2. For cleft palate stabilization; or
- 3. Due to the presence of any neurologic or physiologic condition that would preclude the placement of a removable prosthesis, as demonstrated by medical documentation.
- f. Periodontic services include but are not limited to:
  - 1. root planning and scaling at 24-month intervals;
  - 2. gingivectomy at 36-month intervals;
  - 3. gingival flap procedures at 36-month intervals; and
  - 4. osseous surgery (including flap and closure) at 5 year intervals.

g. Orthodontics when Medically Necessary to help restore oral structures to health and function and to treat serious medical conditions such as: cleft palate and cleft lip; maxillary/mandibular micrognathia (underdeveloped upper or lower jaw); extreme mandibular prognathism; severe asymmetry (craniofacial anomalies); ankylosis of the temporomandibular joint; and other significant skeletal dysplasias.

Procedures include but are not limited to:

- 1. Rapid Palatal Expansion (RPE);
- 2. Placement of component parts (e.g. brackets, bands);
- 3. Interceptive orthodontic Treatment;
- 4. Comprehensive orthodontic Treatment (during which orthodontic appliances are placed for active Treatment and periodically adjusted);
- 5. Removable appliance therapy; and
- 6. Orthodontic retention (removal of appliances, construction and placement of retainers).
- **15. Pediatric Vision Care Benefit** for Insured Persons (to the end of the month in which the Insured Person turns age 19). We will provide benefits for:
  - a. 1 vision examination per Policy Year; and
  - b. 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year.
- **16. Adult Vision Care** for Insured Persons age 19 and over. We will provide benefits for one (1) routine eye examination every 24 months.
- 17. Abortion Expense for the expense of an elective non-therapeutic, abortion.
- **18. Accidental Injury Dental Treatment** as the result of Injury to sound natural teeth. Routine dental care and Treatment are not payable under this benefit. Damage to teeth due to chewing or biting is not deemed an accidental Injury and is not covered.
- **19. Sickness Dental Expense Benefit** when, by reason of Sickness, You require Treatment for impacted wisdom teeth or dental abscesses, We will pay the Covered Percentage of the Covered Charges incurred for the Treatment.
- **20.** Chiropractic Care Benefit for Treatment of a Covered Injury or Covered Sickness and performed by a Physician or a Doctor of Chiropractic ("Chiropractor"). Treatment includes the detection or correction by manual or mechanical means of structural imbalance, distortion or subluxation in the human body for the purpose of removing nerve interference and the effects thereof, where such interference is the result of or related to distortion, misalignment or subluxation of the vertebral column. This includes assessment, manipulation and any modalities. Any Medically Necessary laboratory tests will be covered in accordance with the terms and conditions of this Certificate.
- **21. Infertility Treatment** We Cover services for the diagnosis and treatment (surgical and medical) of infertility when such infertility is the result of malformation, disease or dysfunction or a correctable medical condition otherwise covered under the plan. Such Coverage is available as follows:

**Infertility Services.** infertility services will be provided to a Member who is an appropriate candidate for infertility treatment. In order to determine eligibility, We will use guidelines established by the American College of Obstetricians and Gynecologists, and the American Society for Reproductive Medicine.

infertility services include:

- Initial evaluation;
- Semen analysis;
- Laboratory evaluation;
- Evaluation of ovulatory function;
- Postcoital test;
- Endometrial biopsy;
- Pelvic ultra sound;
- Hysterosalpingogram;

- Sono-hystogram;
- Testis biopsy;
- Blood tests; and
- Medically appropriate treatment of ovulatory dysfunction.
- Artificial insemination (Al) and Intrauterine Insemination (IUI);
- In vitro fertilization and embryo transfer (IVF-ET);
- Gamete intra fallopian transfer (GIFT);
- Sperm, egg and/or inseminated egg procurement and processing and banking of sperm or inseminated eggs, to the extent such costs are not covered by the donor's insurer, if any;
- Intracytoplasmic sperm injection (ICSI) for the treatment of male factor infertility; or
- Zygote intrafallopian transfer (ZIFT)
- Assisted hatching
- Cryopreservation of eggs.

For the purposes of this benefit, Infertility means the condition where a person is unable to conceive or produce conception during a period of 1 year if the female is age 35 or younger or during a period of 6 months if the female is over the age of 35. For the purposes of meeting the criteria for infertility for this benefit, if a person conceives but is unable to carry that pregnancy to live birth, the period of time she attempted to conceive prior to achieving that pregnancy shall be included in the calculation of the 1 year or 6 month period, as applicable.

When prescription drugs are prescribed as part of the infertility treatment, We will pay the Usual and Customary expenses incurred on the same basis as for any other prescription drugs.

We will NOT cover the following as part of an infertility treatment program:

- 1. Any experimental infertility procedure, until the procedure becomes recognized as non-experimental and is so recognized by the Commissioner;
- 2.Surrogacy; and
- 3. Reversal of voluntary sterilization.

Additional tests may be Covered if the tests are determined to be Medically Necessary.

All services must be provided by Physicians who are qualified to provide such services in accordance with the guidelines established and adopted by the American Society for Reproductive Medicine.

## 22. Organ Transplant Surgery

**Recipient Surgery** for Medically Necessary, non-experimental and non-investigational solid organ, bone marrow, stem-cell or tissue transplants including Harvesting. We will provide benefits for the Hospital and medical expenses when You are the recipient of an organ transplant. Coverage includes drug therapy that is furnished during the transplant procedure to prevent the transplanted organ (or tissue) from being reject.

**Donor's Surgery** for Medically Necessary transplant services required by the Insured Person who serves as an organ donor only if the recipient is also an Insured Person. We will not Cover the transplant services of a non-Insured Person acting as a donor for an Insured Person if the non-Insured Person's expenses will be Covered under another health plan or program.

**Harvesting** means the surgical removal of the donor's organ (or tissue) and the related Medically Necessary services and/or tests that are required to perform the transplant itself. This coverage does not include the Harvesting of the donor's organ (or tissue) when the recipient is not an Insured Person.

**Travel Expenses** when the facility performing the Medically Necessary transplant is located more than 200 miles from Your residence, coverage will be provided for lodging, meals and transportation expenses (coach class only) subject to the maximum benefits shown on the Schedule of Benefits.

Non-Covered Services for transportation and lodging include, but are not limited to:

- a. Child care:
- b. Mileage within the medical transplant facility city;
- c. Rental cars, buses, taxis, or shuttle service, except as specifically approved by Us;
- d. Frequent Flyer miles;
- e. Coupons, Vouchers, or Travel tickets;
- f. Prepayments or deposits;
- g. Services for a condition that is not directly related or a direct result of the transplant;
- h. Telephone calls;
- i. Laundry;
- j. Postage;
- k. Entertainment;
- 1. Interim visits to a medical care facility while waiting for the actual transplant procedure;
- m. Travel expenses for donor companion/caregiver;
- n. Return visits for the donor for a Treatment of condition found during the evaluation.
- **23. Shots and Injections** unless considered Preventive Services administered in an emergency room or Physician's office and charged on the emergency room or Physician's statement.
- **24. Treatment for Temporomandibular Joint (TMJ) Disorders** for Treatment provided for temporomandibular (joint connecting the lower jaw to the temporal bone at the side of the head) and craniomandibular (head and neck muscle) disorders.
- 25. Podiatry Care Benefit We will pay the expenses incurred for foot care provided by a Physician or podiatrist including: diagnostic lab tests and x-rays, surgery and necessary postoperative care, and other Medically Necessary foot care (such as treatment for hammertoe and osteoarthritis). We will not provide coverage under this benefit for: routine foot care services such as trimming of corns, trimming of nails, and other hygiene care, except when Medically Necessary because of systemic circulatory diseases (such as diabetes), and certain non-routine foot care services and supplies such as: foot orthotics, arch supports, shoe (foot) inserts, orthopedic and corrective shoes that are not part of a leg brace (except for those shown as covered in the Schedule of Benefits) and fittings, castings, and other services related to devices for the feet.
- **26.** Tuberculosis (TB) screening, Titers, Quantiferon B tests including shots (other than covered under Preventive Services) when required by the school for high risk Insured Persons.
- **27. Non-emergency Care While Traveling Outside of the United States** for Medically Necessary treatment when You are traveling outside of the United States.
- 28. Medical Evacuation Expense International Students, and Domestic Students

The maximum benefit for Medical Evacuation, if any, is shown in the Schedule of Benefits.

If:

- a. You are unable to continue Your academic program as the result of a Covered Injury or Covered Sickness;
- b. That occurs while You are covered under this Certificate.

We will pay the necessary Usual and Customary Charges for evacuation to another medical facility or Your Home Country. Benefits will not exceed the specified benefit shown in the Schedule of Benefits.

Payment of this benefit is subject to the following conditions:

- a. You must have been in a Hospital due to a Covered Injury or Covered Sickness for a Confinement of 5 or more consecutive days immediately prior to medical evacuation;
- b. Prior to the medical evacuation occurring, the attending Physician must have recommended and We must have approved the medical evacuation;
- c. We must approve the Usual and Customary Expenses incurred prior to the medical evacuation occurring, if applicable;
- d. No benefits are payable for Usual and Customary Expenses after the date Your insurance terminates. However, if

- on the date of termination, You are in the Hospital, this benefit continues in force until the earlier of the date the Confinement ends or 31 days after the date of termination;
- e. Evacuation to Your Home Country terminates any further insurance under the Certificate for You; and
- f. Transportation must be by the most direct and economical route.

# 29. Repatriation Expense- (International Students, and Domestic Students

The maximum benefit for Repatriation, if any, is shown in the Schedule of Benefits.

If You die while covered under this Certificate, We will pay a benefit. The benefit will be the necessary Usual and Customary Charges for preparation, including cremation, and transportation of the remains to Your place of residence Your Home Country. Benefits will not exceed the specified benefit shown in the Schedule of Benefits.

#### **Mandated Benefits for Massachusetts**

**Mandate Disclaimer**: If any Preventive Services Benefit is subject to the mandated benefits required by state law, they will be administered under the federal or state guideline, whichever is more favorable to the student.

**Autism Spectrum Disorder Benefit -** We will provide coverage for the diagnosis and treatment of Autism Spectrum Disorder on the same basis as any other Covered Sickness. Treatment of Autism Spectrum Disorders includes the following care prescribed, provided or ordered for an Insured Person diagnosed with one of the Autism Spectrum Disorders by a licensed Physician or a licensed psychologist: Habilitative or Rehabilitative Care; Pharmacy Care, Psychiatric Care; Psychological Care and Therapeutic Care.

For purposes of this benefit:

**Autism Spectrum Disorders** means any of the pervasive developmental disorders as defined by the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders, including autistic disorder, Asperger's disorder and pervasive developmental disorders not otherwise specified.

**Applied Behavior Analysis** means the design, implementation and evaluation of environmental modifications, using behavioral stimuli and consequences, to produce socially significant improvement in human behavior, including the use of direct observation, measurement and functional analysis of the relationship between environment and behavior.

**Autism Services Provider** means a person, entity or group that provides treatment of Autism Spectrum Disorders.

**Board Certified Behavior Analyst** means a behavior analyst credentialed by the behavior analyst certification board as a board-certified behavior analyst.

**Diagnosis of Autism Spectrum Disorders** means the Medically Necessary assessments, evaluations including neuropsychological evaluations, genetic testing or other tests to diagnose whether an individual has one of the autism spectrum disorders.

**Habilitative or Rehabilitative Care** means professional counseling and guidance services and treatment programs, including, but not limited to, Applied Behavioral Analysis supervised by a board-certified behavior analyst, that are necessary to develop, maintain and restore, to the maximum extent practicable, the functioning of an individual. Pharmacy Care means medications prescribed by a licensed Physician and health-related services deemed Medically Necessary to determine the need or effectiveness of the medications, to the same extent that pharmacy care is provided by the policy or other medical conditions.

**Therapeutic Care** means services provided by licensed or certified speech therapists, occupational therapists, physical therapists or social workers.

**Cancer Treatment Benefits -** We will pay for Covered expenses incurred for treatment of cancer as follows:

Bone Marrow Transplants for the Treatment of Breast Cancer - We will pay the expenses incurred for a bone marrow
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- transplant or transplants for Insured Persons who have been diagnosed for breast cancer that has progressed to metastatic disease, provided that the Insured Person meets the criteria established by the Massachusetts Department of Public Health. These criteria will be consistent with medical research protocols reviewed and approved by the National Cancer Institute.
- 2. Scalp Hair Prostheses We will pay the expenses incurred for scalp hair prostheses worn for hair loss suffered as a result of the treatment of any form of cancer or leukemia. We will pay for one new machine produced (synthentic) with adjustable back prosthesis or one hand-tied ready-made synthetic or process human hair prosthesis annually. Such prosthesis shall be the most appropriate, cost effective solution to the insured's hair loss. The insured must have a written prescription from the treating Physician for a scalp hair prosthesis. This benefit is subject to the same limitations and guidelines as any other prosthesis covered by this Certificate.
- 3. Orally Administered Cancer Medications We will pay the expense incurred for prescribed, orally administered anticancer medications used to kill or slow the growth of cancerous cells on the same basis as intravenously administered or injected cancer medications that are covered as medical benefits.

**Cleft Palate and Cleft Lip Benefit -** We will pay for Covered expenses incurred for an Insured Person under the age of 18 for the cost of treating congenital conditions of cleft lip and cleft palate if such services are prescribed by the treating Physician or surgeon. Benefits are payable on the same basis as any other Covered Sickness.

The coverage shall include benefits for:

- 1. medical, dental, oral and facial surgery;
- 2. surgical management and follow-up care by oral and plastic surgeons;
- 3. orthodontic treatment and management;
- 4. preventative and restorative dentistry to ensure good health;
- 5. adequate dental structures for orthodontic treatment or prosthetic management therapy, speech therapy, audiology and nutrition services.

This benefit does not include payment for dental or orthodontic treatment not related to the management of the congenital conditions of cleft lip and cleft palate.

Cytologic Screening (pap smear) and Mammographic Examination - We will pay for Covered expenses incurred for cytologic screening and mammographic examination the same as any other screening. In the case of benefits for cytologic screening, benefits shall provide for an annual cytologic screening for women eighteen years of age and older; and in the case of benefits for mammographic examination benefits shall provide for a baseline mammogram for women between the ages of thirty-five and forty and for a mammogram on an annual basis for women forty years of age and older. However, if benefits are also provided under the Preventive Services Benefit We will pay only under one benefit, which will be the greater of the two benefits.

**Early Intervention Services -** We will pay for Covered expenses incurred for the following treatment:

- 1. The necessary care and treatment of medically diagnosed congenital defects and birth abnormalities, or premature birth. Such coverage shall also include those special medical formulas which are approved by the commissioner of the Department of Public Health, prescribed by a Physician, and are Medically Necessary for treatment of phenylketonuria, tyrosinemia, homocystinuria, maple syrup urine disease, propionic acidemia, or methylmalonic acidemia in infants and children or Medically Necessary to protect the unborn fetuses of pregnant women with phenylketonuria. Such coverage will also include screening for lead poisoning as required by the commonwealth of Massachusetts.
- 2. Preventive and primary care services for children. For the purposes of this paragraph Preventive Care Services means services rendered to a dependent child of an Insured from the date of birth through the attainment of six years of age and shall include physical examination, history, measurements, sensory screening, neuropsychiatric evaluation and development screening, and assessment at the following intervals: six times during the child's first year after birth, three times during the next year, annually until age six. Such services shall also include hereditary and metabolic screening at birth, appropriate immunizations, and tuberculin tests, hematocrit, hemoglobin or other appropriate blood tests, and urinalysis as recommended by the Physician.

- 3. Medically Necessary early intervention services delivered by certified early intervention specialists, as defined in the early intervention operational standards by the Department of Public Health and in accordance with applicable certification requirements. Such Medically Necessary services shall be provided by early intervention specialists who are working in early intervention programs certified by the Department of Public Health, for children from birth until their third birthday.
- 4. Reimbursement of costs for such services shall be part of a basic benefits package offered by Us. This benefit is not subject to Copayments, Coinsurance or Deductibles.
- 5. Coverage for the cost of a newborn hearing screening test to be performed before the newborn infant is discharged from the hospital or birthing center to the care of the parent or guardian or as provided by regulations of the Department of Public Health.

If the expense is also covered under the Preventive Services Benefit, We will pay only under one benefit. That will be the greater of the two benefits.

**Fitness Benefit -** We will reimburse an Insured Student in each Policy Year for each membership fee paid to a health club membership or for fitness classes at a health club for up to two months of a twelve-month membership subject to the maximum shown in the Schedule of Benefits. The fitness benefit applies to fees paid for: privately-owned or privately-sponsored health clubs or fitness facilities, including individual health clubs and fitness centers; YMCAs; YWCAs; Jewish Community Centers; and municipal fitness centers. No fitness benefit is provided for any fees or costs that pay for: country clubs; social clubs (such as ski or hiking clubs); sports teams or leagues; spas; instructional dance studios; and martial arts schools.

Hormone Replacement Therapy Services; Outpatient Contraceptive Services We will pay for Covered expenses incurred for hormone replacement therapy services for peri and post-menopausal women and Outpatient Contraceptive Services under the same terms and conditions as for such other outpatient services.

**Outpatient Contraceptive Services** means consultations, examinations, procedures and medical services provided on an outpatient basis and related to the use of all contraceptive methods to prevent pregnancy that have been approved by the United States Food and Drug Administration.

We will provide benefits for hormone replacement therapy for peri and post-menopausal women and for outpatient prescription contraceptive drugs or devices which have been approved by the United States Food and Drug Administration under the same terms and conditions as for such other prescription drugs or devices, provided that in covering all FDA approved prescription contraceptive methods, nothing in this benefit precludes the use of closed or restricted formulary. **Human Leukocyte Testing -** We will pay for Covered expenses incurred for the cost of human leukocyte antigen testing or histocompatibility locus antigen testing that is necessary to establish bone marrow transplant donor suitability. The coverage will include the costs of testing for A, B or DR antigens, or any combination thereof, consistent with rules, regulations and criteria established by the Commonwealth of Massachusetts.

**Mastectomy Surgery and Rehabilitation Benefit -** The surgical procedure known as a mastectomy will be covered under the Surgery Benefit of this Policy. Under this benefit We will pay the expenses incurred for prosthetic devices or reconstructive surgery to restore and achieve symmetry for the Insured Person following a covered mastectomy.

As used in this benefit, prosthetic device includes the initial prosthetic device and any subsequent prosthetic devices provided pursuant to an order of the Insured Person's Physician and surgeon.

**Oxygen and Respiratory Therapy** - We will pay for Covered expenses incurred for oxygen and the equipment to administer it for use in the home. These items must be obtained from an oxygen supplier. This includes oxygen concentrators. Respiratory therapy services include, but are not limited to, postural drainage and chest percussion.

**Pediatric Specialty Care Benefit -** We will pay for Covered expenses incurred for pediatric specialty care, including mental care by a Physician, as defined in this contract, with recognized expertise in specialty pediatrics to insureds requiring such services.

Treatment of Speech, Hearing, and Language Disorders Benefit - We will pay for Covered expenses incurred in the diagnosis and treatment of speech, hearing and language disorders. This coverage includes hearing exams and speech/language therapy. Such diagnosis and treatment must be provided by individuals licensed as speech-language pathologists or audiologists or hearing instrument specialists operating within the scope of their licenses. Services may be provided in a Hospital, clinic or private office. Coverage is not provided for the diagnosis or treatment of speech, hearing or language in a school-based setting.

**Weight Loss Program Benefit** - We will reimburse an Insured Person for up to two months of a twelve-month membership fee, subject to the maximum shown in the Schedule of Benefits for a hospital-based weight loss program or for non-hospital-based weight loss programs sponsored by the School. The weight loss program benefit is available to the Insured Student and any other enrolled Insured Persons.

**Long-term Antibiotic Therapy for the Treatment of Lyme Disease.** We will provide coverage for long-term antibiotic therapy for Medically Necessary treatment of Lyme Disease. This will include coverage for an off label experimental drug covered for use in the treatment of Lyme Disease if approved by the FDA.

**HIV Associated Lipodystrophy Treatment -** We will provide coverage for Medically Necessary expenses for medical or drug treatments to correct or repair the effects of HIV associated lipodystrophy syndrome.

**Early refill of Prescription eye drops** – We will provide coverage on the same basis as any other Prescription Drug for Covered Expenses incurred for refills of prescription eye drops in accordance with the Guidance for Early Refill Edits of Topical Ophthalmic product provided that:

- 1. The prescribing Physician indicates on the original prescription that additional quantities of the prescription eye drops are needed.
- 2. The requested refill does not exceed the number of additional quantities indicated on the original prescription.

# **SECTION V - EXCLUSIONS AND LIMITATIONS**

**Exclusion Disclaimer**: Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

- 1. **International Students Only -** Eligible expenses within Your Home Country or country of origin that would be payable or medical Treatment that is available under any governmental or national health plan for which You could be eligible.
- 2. Treatment, service or supply which is not Medically Necessary for the diagnosis, care or treatment of the Sickness or Injury involved. This applies even if they are prescribed, recommended or approved by Your attending Physician or dentist.
- 3. Medical services rendered by a provider employed for or contracted with the Policyholder, including team physicians or trainers, except as specifically provided in the Schedule of Benefits.
- 4. Professional services rendered by an Immediate Family Member or anyone who lives with You.
- 5. Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.
- 6. Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid.
- 7. Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- 8. Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- 9. Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining

- regular published schedules on a regularly established route anywhere in the world.
- 10. Loss resulting from war or any act of war, whether declared or not, or loss sustained while in the armed forces of any country or international authority.
- 11. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate or club sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association.
- 12. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any professional sport.
- 13. Treatment, services, supplies or facilities in a Hospital owned or operated by the Veterans Administration or a national government or any of its agencies, except when a charge is made which You are required to pay.
- 14. Services that are duplicated when provided by both a certified Nurse-midwife and a Physician.
- 15. Expenses payable under any prior policy which was in force for the person making the claim.
- 16. Injury sustained as the result of Your operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle accident takes place.
- 17. Expenses incurred after:
  - o The date insurance terminates as to an Insured Person , except as specified in the extension of benefits provision; and
  - o The end of the Policy Year specified in the Policy.
- 18. Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- 19. Charges incurred for acupuncture, in any form, except to the extent provided in the Schedule of Benefits.
- 20. Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.
- 21. Treatment for obesity except surgery for morbid obesity (bariatric surgery). Surgery for removal of excess skin or fat
- 22. Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- 23. Expenses for radial keratotomy.
- 24. Adult Vision unless specifically provided in the Certificate.
- 25. Charges for office visit exam for the fitting of prescription contact lenses, duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.
- 26. Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultra-light aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles) or other hazardous sport or hobby.
- 27. Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma.
- 28. Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric Dental Care Benefit.
- 29. You are:
  - o committing or attempting to commit a felony,
  - o engaged in an illegal occupation, or
  - o participating in a riot.
- 30. Custodial Care service and supplies.
- 31. Charges for hot or cold packs for personal use.
- 32. Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.
- 33. Services of private duty Nurse except as provided in the Certificate.
- 34. Expenses that are not recommended and approved by a Physician.
- 35. Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal or artificial organs or tissues.
- 36. Sleep Disorders, except for the diagnosis and treatment of obstructive sleep apnea.
- 37. Treatment of Acne unless Medically Necessary.

- 38. Experimental or Investigational drugs, devices, treatments or procedures unless otherwise covered under Covered Clinical Trials or covered under clinical trials (routine patient costs). See the Other Benefits section for more information.
- 39. Under the Prescription Drug Benefit shown in the Schedule of Benefits:
  - o any drug or medicine which does not, by federal or state law, require a prescription order, i.e. over-the-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of this Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;
  - drugs with over-the-counter equivalents except as specifically provided under Preventive Services;
  - o Brand-Name Prescription Drugs used to treat acne with generic equivalents;
  - o allergy sera and extracts administered via injection;
  - o sexual enhancements drugs;
  - o vitamins, and minerals, except as specifically provided under Preventive Services;
  - o food supplements, dietary supplements; except as specifically provided in the Certificate;
  - o cosmetic drugs or medicines, including but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
  - o refills in excess of the number specified or dispensed after 1 year of date of the prescription;
  - o drugs labeled, "Caution limited by federal law to Investigational use" or Experimental Drugs;
  - o any drug or medicine purchased after coverage under the Certificate terminates;
  - o any drug or medicine consumed or administered at the place where it is dispensed;
  - o if the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
  - o bulk chemicals;
  - o non-insulin syringes, surgical supplies, durable medical equipment/medical devices, except as specifically provided in the Prescription Drug Benefit section of the Certificate;
  - o repackaged products;
  - blood components except factors;
  - o immunology products.
- 40. Non-chemical addictions.
- 41. Non-physical, occupational, speech therapies (art, dance, etc.).
- 42. Modifications made to dwellings.
- 43. General fitness, exercise programs except has provided elsewhere in this Certificate.
- 44. Hypnosis.
- 45. Rolfing.
- 46. Biofeedback.
- 47. Vocational recreation: art, dance, poetry, music, or other similar-type therapies.
- 48. Pregnancy that results under a surrogate parenting agreement.
- 49. Wigs, or scalp hair prosthesis when hair loss is because of male pattern baldness, female pattern baldness or natural or premature aging.
- 50. Personal convenience items such as telephone consultations (audio only), missed appointments, completion of claim forms.

#### Third Party Refund - When:

- 1. You are injured through the negligent act or omission of another person (the "third party"); and
- 2. benefits are paid under this Certificate as a result of that Injury,

We are entitled to a refund by You of all Certificate benefits paid as a result of the Injury.

The refund must be made to the extent that You receive payment for the Injury from the third party or that third party's insurance carrier. We may file a lien against that third-party payment. Reasonable pro rata charges, such as legal fees and court costs, may be deducted from the refund made to Us. You must complete and return the required forms to Us upon request.

#### **COORDINATION OF BENEFITS**

The Coordination of Benefits ("COB") provision applies when a person has health care coverage under more than one (1) Plan. Plan is defined below.

The order of benefit determination rules govern the order in which each Plan will pay a claim for benefits. The Plan that pays first is called the Primary plan. The Primary plan must pay benefits in accordance with its policy terms without regard to the possibility that another Plan may cover some expenses. The Plan that pays after the Primary plan is the Secondary plan. The Secondary plan may reduce the benefits it pays so that payments from all Plans does not exceed 100% of the total Allowable expense.

#### **DEFINITIONS**

- 1. A Plan is any of the following that provides benefits or services for medical or dental care or Treatment. If separate policies are used to provide coordinated coverage for members of a group, the separate policies are considered parts of the same plan and there is no COB among those separate policies.
  - a. Plan includes: group and nongroup insurance policies, health insuring corporation ("HIC") policies, closed panel plans or other forms of group or group-type coverage (whether insured or uninsured); medical care components of long-term care policies, such as skilled nursing care; medical benefits under group or individual automobile policies; and Medicare or any other federal governmental plan, as permitted by law.
  - b. Plan does not include: hospital indemnity coverage or other fixed indemnity coverage; accident only coverage; specified disease or specified accident coverage; supplemental coverage as described in state law; school accident type coverage; benefits for non-medical components of long-term care policies; Medicare supplement policies; Medicaid policies; or coverage under other federal governmental plans, unless permitted by law.

Each Certificate for coverage under a. or b. is a separate Plan. If a Plan has 2 parts and COB rules apply only to 1 of the 2, each of the parts is treated as a separate Plan.

- 2. This plan means, in a COB provision, the part of the Certificate providing the health care benefits to which the COB provision applies and which may be reduced because of the benefits of other plans. Any other part of the Certificate providing health care benefits is separate from this plan. A Certificate may apply one COB provision to certain benefits, such as dental benefits, coordinating only with similar benefits, and may apply another COB provision to coordinate other benefits.
- 3. The order of benefit determination rules determine whether This plan is a Primary plan or Secondary plan when the person has health care coverage under more than 1 Plan.
  - When This plan is primary, it determines payment for its benefits first before those of any other Plan without considering any other Plan's benefits. When This plan is secondary, it determines its benefits after those of another Plan and may reduce the benefits it pays so that all Plan benefits do not exceed 100% of the total Allowable expense.
- 4. Allowable expense is a health care expense, including Deductibles, Coinsurance and Copayments, that is covered at least in part by any Plan covering the person. When a Plan provides benefits in the form of services, the reasonable cash value of each service will be considered an Allowable expense and a benefit paid. An expense that is not covered by any Plan covering the person is not an Allowable expense. In addition, any expense that a provider by law or in accordance with a contractual agreement is prohibited from charging You is not an Allowable expense.

The following are examples of expenses that are not Allowable expenses:

- a. The difference between the cost of a semi-private hospital room and a private hospital room is not an Allowable expense, unless 1 of the Plans provides coverage for private hospital room expenses.
- b. If a person is covered by 2 or more Plans that compute their benefit payments on the basis of Usual and Customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology, any amount in excess of the highest reimbursement amount for a specific benefit is not an Allowable expense.

- c. If a person is covered by 2 or more Plans that provide benefits or services on the basis of negotiated fees, an amount in excess of the highest of the negotiated fees is not an Allowable expense.
- d. If a person is covered by 1 Plan that calculates its benefits or services on the basis of Usual and Customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology and another Plan that provides its benefits or services on the basis of negotiated fees, the Primary plan's payment arrangement shall be the Allowable expense for all Plans. However, if the provider has contracted with the Secondary plan to provide the benefit or service for a specific negotiated fee or payment amount that is different than the Primary plan's payment arrangement and if the provider's Policy permits, the negotiated fee or payment shall be the Allowable expense used by the Secondary plan to determine its benefits.
- e. The amount of any benefit reduction by the Primary plan because You failed to comply with the Plan provisions is not an Allowable expense. Examples of these types of plan provisions include second surgical opinions, Pre-Certification of admissions, and preferred provider arrangements.
- 5. Closed panel plan is a Plan that provides health care benefits to Insured Persons primarily in the form of services through a panel of providers that have contracted with or are employed by the Plan, and that excludes coverage for services provided by other providers, except in cases of emergency or referral by a panel member.
- 6. Custodial parent is the parent awarded custody by a court decree or, in the absence of a court decree, is the parent with whom the child resides more than one half of the calendar year excluding any temporary visitation.

#### ORDER OF BENEFIT DETERMINATION RULES

When a person is covered by 2 or more Plans, the rules for determining the order of benefit payments are as follows:

- A. The Primary plan pays or provides its benefits according to its terms of coverage and without regard to the benefits of under any other Plan.
- B. (1) Except as provided in Paragraph (2), a Plan that does not contain a coordination of benefits provision that is consistent with this regulation is always primary unless the provisions of both Plans state that the complying plan is primary.
  - (2) Coverage that is obtained by virtue of membership in a group that is designed to supplement a part of a basic package of benefits and provides that this supplementary coverage shall be excess to any other parts of the Plan provided by the Policyholder. Examples of these types of situations are major medical coverages that are superimposed over base plan hospital and surgical benefits, and insurance type coverages that are written in connection with a Closed panel plan to provide Out-of-Network Provider benefits.
- C. A Plan may consider the benefits paid or provided by another Plan in calculating payment of its benefits only when it is secondary to that other Plan.
- D. Each Plan determines its order of benefits using the first of the following rules that apply:
  - (1) Medical Payments Coverage and PIP Coverage in Motor Vehicle Insurance Policies.
    - (a) If a person has a Health Benefit Plan and a Motor Vehicle insurance policy incurs expenses or requires services as a result of an accident with a motor vehicle.
      - Personal Injury Protection as defined by state law will always be primary and pay the first \$2,000 of expenses as allowed under law. PIP will then be secondary to any such Health Benefit Plan(s) and coordinate with the Health Benefit Plan(s) in accordance with state law.
    - (c) Medical payments coverage under a motor vehicle insurance policy will always be secondary to and in excess of any Health Benefit Plan or Personal Injury Protection as defined by law.

As used in this provision the following terms are defined:

*Health Benefit Plan*: means a plan that provides for and reimburses any costs of health care services. It does not include Medical Payments Coverage and Personal Injury Protection.

*Medical Payment Coverage*: means medical coverage that may be purchased by a person in conjunction with the purchase of a Massachusetts motor vehicle insurance policy.

Personal Injury Protection (PIP): means coverage included under a Massachusetts motor vehicle liability policy.

- (1) Non-Dependent or Dependent. The Plan that covers the person other than as a dependent, for example as an employee, member, Policyholder, subscriber or retiree is the Primary plan and the Plan that covers the person as a dependent is the Secondary plan. However, if the person is a Medicare beneficiary and, as a result of federal law, Medicare is secondary to the Plan covering the person as a dependent, and primary to the Plan covering the person as other than a dependent (e.g. a retired employee), then the order of benefits between the two (2) Plans is reversed so that the Plan covering the person as an employee, member, Policyholder, subscriber or retiree is the Secondary plan and the other Plan is the Primary plan.
- (2) Dependent child covered under more than one plan. Unless there is a court decree stating otherwise, when a dependent child is covered by more than one Plan the order of benefits is determined as follows:
  - (a) For a dependent child whose parents are married or are living together, whether or not they have ever been married:
    - i. The Plan of the parent whose birthday falls earlier in the calendar year is the Primary plan; or
  - ii. If both parents have the same birthday, the Plan that has covered the parent the longest is the Primary plan. However, if one spouse's plan has some other coordination rule (for example, a "gender rule" which says the father's plan is always primary), we will follow the rules of that plan.
  - (b) For a dependent child whose parents are divorced or separated or not living together, whether or not they have ever been married:
    - i. If a court decree states that one (1) of the parents is responsible for the dependent child's health care expenses or health care coverage and the Plan of that parent has actual knowledge of those terms, that Plan is primary. If the parent with responsibility has no health care coverage for the dependent child's health care expenses, but that parent's spouse does, that parent spouse's Plan is the Primary Plan. This rule applies to plan years commencing after the Plan is given notice of the court decree;
    - ii. If a court decree states that both parents are responsible for the dependent child's health care expenses or health care coverage, the provisions of Subparagraph (a) above shall determine the order of benefits;
    - iii. If a court decree states that the parents have joint custody without specifying that 1 parent has responsibility for the health care expenses or health care coverage of the dependent child, the provisions of Subparagraph (a) above shall determine the order of benefits; or
    - iv. If there is no court decree allocating responsibility for the dependent child's health care expenses or health care coverage, the order of benefits for the child are as follows:
      - The Plan covering the Custodial parent;
      - The Plan covering the spouse of the Custodial parent;
      - The Plan covering the non-custodial parent; and then
      - The Plan covering the spouse of the non-custodial parent.
  - (c) For a dependent child covered under more than one Plan of individuals who are <u>not</u> the parents of the child, the provisions of Subparagraph (a) or (b) above shall determine the order of benefits as if those individuals were the parents of the child.
  - (d) 1. For a dependent child covered under either or both parent's Plans and also has their own coverage as a dependent under a spouse's Plan the provisions of Subparagraph (6) shall determine the order of benefits.
    - 2. In the event the dependent child's coverage under either or both parent's Plans began on the same date, the provisions of Subparagraph (3) (a) shall determine the order of benefits.
- (3) Active employee or retired or laid-off employee. The Plan that covers a person as an active employee, that is, an employee who is neither laid off nor retired, is the Primary plan. The Plan covering that same person as a retired or laid-off employee is the Secondary plan. The same would hold true if a person is a dependent of an active employee and that same person is a dependent of a retired or laid-off employee. If the other Plan does not have this rule, and as a result, the Plans do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D(1) can determine the order of benefits.
- (4) COBRA or state continuation coverage. If a person whose coverage is provided pursuant to COBRA or under a right of continuation provided by state or other federal law is covered under another Plan, the Plan covering the person as an employee, member, subscriber or retiree or covering the person as a dependent of an employee,

- member, subscriber or retiree is the Primary plan and the COBRA or state or other federal continuation coverage is the Secondary plan. If the other Plan does not have this rule, and as a result, the Plans do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D(1) can determine the order of benefits.
- (5) Longer or shorter length of coverage. The Plan that covered the person as an employee, member, Policyholder, subscriber or retiree longer is the Primary plan and the Plan that covered the person the shorter period of time is the Secondary plan.
- (6) If the preceding rules do not determine the order of benefits, the Allowable expenses shall be shared equally between the Plans meeting the definition of Plan. In addition, this plan will not pay more than it would have paid had it been the Primary plan.

#### EFFECT ON THE BENEFITS OF THIS PLAN

- A. When This plan is secondary, it may reduce its benefits so that the total benefits paid or provided by all Plans during a plan year are not more than the total Allowable expenses. In determining the amount to be paid for any claim, the Secondary plan will calculate the benefits it would have paid in the absence of other health care coverage and apply that calculated amount to any Allowable expense under its Plan that is unpaid by the Primary plan. The Secondary plan may then reduce its payment by the amount so that, when combined with the amount paid by the Primary plan, the total benefits paid or provided by all Plans for the claim do not exceed the total Allowable expense for that claim. In addition, the Secondary plan shall credit to its plan Deductible any amounts it would have credited to its Deductible in the absence of other health care coverage.
- B. If an Insured Person is enrolled in 2 or more Closed panel plans and if, for any reason, including the provision of service by a non-panel provider, benefits are not payable by 1 Closed panel plan, COB shall not apply between that Plan and other Closed panel plans.

#### RIGHT TO RECEIVE AND RELEASE NEEDED INFORMATION

Certain facts about health care coverage and services are needed to apply these COB rules and to determine benefits payable under This plan and other Plans. Our Agent or We may get the facts it needs from or give them to other organizations or persons for the purpose of applying these rules and determining benefits payable under This plan and other Plans covering the person claiming benefits. Our Agent or We need not tell, or get the consent of, any person to do this. Each person claiming benefits under This plan must give Our Agent or We any facts it needs to apply those rules and determine benefits payable.

# **FACILITY OF PAYMENT**

A payment made under another Plan may include an amount that should have been paid under This plan. If it does, Our Agent or We may pay that amount to the organization that made that payment. That amount will then be treated as though it were a benefit paid under This plan. Our Agent or We will not have to pay that amount again. The term payment made includes providing benefits in the form of services, in which case payment made means the reasonable cash value of the benefits provided in the form of services.

#### RIGHT OF RECOVERY

If the amount of the payments made by Our Agent or We is more than it should have paid under this COB provision, it may recover the excess from one (1) or more of the persons it has paid or for whom it has paid, or any other person or organization that may be responsible for the benefits or services provided for the Insured Person. The "amount of the payments made" includes the reasonable cash value of any benefits provided in the form of services.

NOTICE TO INSURED PERSONS If you are covered by more than one health benefit plan, you should file all your claims with each plan.

#### **SECTION VI - GENERAL PROVISIONS**

**Entire Contract Changes:** The Policy, this Certificate, including the application, endorsements and attached papers, if any, constitutes the entire contract of insurance. No change in this Policy or Certificate will be valid until approved by an executive officer of the Company and unless such approval be endorsed hereon. No agent has authority to change this Policy or Certificate or waive any of its provisions.

# **Incontestability**

The validity of the Certificate will not be contested after it has been in forced for 2 years from the Effective Date, except for, misrepresentation or fraud. We reserve the right to contest coverage at any time based upon the Insured Person's ineligibility for coverage under the Policy or upon other provisions of the Policy.

**Notice of Claim:** Written or electronic notice of a claim must be given to Us within 90 days after the date of Injury or commencement of Sickness covered by this Certificate, or as soon thereafter as is reasonably possible. Notice given by or On behalf of the claimant to Our authorized agent, with information sufficient to identify You will be deemed notice to Us.

**Claim Forms:** We, upon receipt of a notice of claim, will furnish to the claimant such forms as are usually furnished by Us for filing proofs of loss. If these forms are not given to the claimant within 15 days, the claimant will meet the proof of loss requirements by giving Us a written statement of the nature and extent of the loss within the time limits stated in the Proofs of Loss provision.

**Proof of Loss:** Written proof of Loss must be furnished to Us or to our authorized agent within 90 days after the date of such Loss. If it was not reasonably possible to give written proof in the time required, We may not reduce or deny the claim for this reason if the proof is filed as soon as reasonably possible. The proof required must be given no later than one (1) year from the time specified unless the claimant was legally incapacitated.

**Time of Payment:** Indemnities payable under this Certificate will be paid immediately upon receipt of due proof of such Loss.

**Payment of Claims:** Benefits will be paid to You. Loss of life benefits, if any, will be payable in accordance with the beneficiary designation in effect at the time of payment. If no such designation or provision is then effective, the benefits will be payable to Your estate. Any other accrued indemnities unpaid at the time of Your death may, at Our option, be paid either to such beneficiary or to such estate.

If benefits are payable to Your estate or to a beneficiary who is a minor or otherwise not competent to give a valid release, We may pay such indemnity, up to an amount not exceeding \$1,000.00, to any one relative by blood or connection by marriage to You who is deemed by Us to be equitably entitled thereto. Any payment made by Us in good faith pursuant to this provision will fully discharge Us to the extent of such payment.

We may pay all or a portion of any indemnities provided for health care services to the provider, unless You direct otherwise, in writing, by the time proofs of loss are filed. We cannot require that the services be rendered by a particular provider.

**Assignment:** The Insured Person may assign Out-of-Network benefits payable under this Certificate. In-network benefits are billed directly by the provider. We are not bound by an assignment unless it is in writing and until a duplicate of the original assignment has been filed with Us. We assume no responsibility regarding the validity of any assignment or payment made without notice of a prior assignment.

**Physical Examination and Autopsy:** We, at Our own expense, will have the right and opportunity to examine the person of an individual whose Injury or Sickness is the basis of a claim when and as often as it may reasonably require during the pendency of a claim hereunder. In the case of Your death, We may have an autopsy performed unless prohibited by law.

**Legal Actions:** No action at law or in equity will be brought to recover on this Certificate prior to the expiration of 60 days after written proof of loss has been furnished in accordance with the requirements of this Certificate. No such action will be brought after the expiration of three years after the time written proof of loss is required to be furnished.

**Change of Beneficiary:** The Insured Person can change his or her Beneficiary by providing written notice to Us. The change will take effect as of the date it was signed or the date specified in the notice, even if the Insured Person dies before We receive it. Each change will be subject to any payment We made or other action We took before notice to Us.

**Conformity with State Statutes:** Any provision of this Certificate which, on its Effective Date, is in conflict with the statutes of the state in which this Certificate was delivered or issued for delivery is hereby amended to conform to the minimum requirements of such statutes.

#### SECTION VII - ADDITIONAL PROVISIONS

- 1. We do not assume any responsibility for the validity of assignment.
- 2. You will have free choice of a legally qualified Physician with the understanding that the Physician-patient relationship will be maintained.
- 3. Our acknowledgment of the receipt of notice given under this Certificate, or the furnishing of forms for filing proofs of loss or acceptance of such proof, or the investigation of any claim hereunder will not operate as a waiver of any of Our rights in defense of any claim arising under this Certificate.
- 4. This Certificate is not in lieu of and does not affect any requirement of coverage by Workers' Compensation Insurance.
- 5. All new persons in the groups or classes eligible to and applying for this insurance will be added in the respective groups or classes in which they are eligible.
- 6. The insurance of any Insured Person will not be prejudiced by the failure on the part of the Policyholder to transmit reports, pay premium or comply with any of the provisions of this Certificate when such failure is due to inadvertent error or clerical mistake.
- 7. All books and records of the Policyholder containing information pertinent to this insurance will be open to examination by Us during the Certificate term and within one year after the termination of this Certificate.
- 8. Benefits are payable under this Certificate only for those expenses incurred while you are covered. No benefits are payable for expenses incurred after the date Your insurance terminates, except as may be provided under an Extension of Benefits.

#### SECTION VIII - APPEALS PROCEDURE

If You have a claim that is denied by Us, You have the right to appeal it. Your Authorized Representative may act on Your behalf in pursuing a benefit claim or appeal of an Adverse Benefit Determination.

For purposes of this Section, the following definitions apply:

# Adverse Benefit Determination means:

- A determination by Us or Our designee Utilization review organization that, based upon the information provided, a request for a benefit under the Policy upon application of any utilization review technique does not meet Our requirements for Medical Necessity, appropriateness, health care setting, level of care or effectiveness or is determined to be Experimental or Investigative and the requested benefit is therefore denied, reduced or terminated or payment is not provided or made, in whole or in part, for the benefit;
- The denial, reduction, termination or failure to provide or make payment, in whole or in part, for a benefit based on a determination by Us or Our designee Utilization review organization of Your eligibility under the Policy;
- Any prospective review or retrospective review determination that denies, reduces or terminates or fails to provide or make payment, in whole or in part, for a benefit; or
- A rescission of coverage.

#### **Authorized Representative** means:

- A person to whom have given express written consent to represent You;
- A person authorized by law to provide substituted consent for You;
- A family member of Yours or Your treating health care professional when You are unable to provide consent;
- A health care professional when the Policy requires that a request for a benefit under the Policy be initiated by the health care professional; or
- In the case of an Urgent Care claim, a health care professional with knowledge of Your medical condition.

**Concurrent claim** means a request for a plan benefit(s) by You that is for an ongoing course of treatment or services over a period of time or for the number of treatments.

**Concurrent review** means Utilization review conducted during a patient's stay or course of treatment in a facility, the office of a health care professional or other inpatient or outpatient health care setting.

**Grievance** means any oral or written complaint submitted to the carrier which has been initiated by an insured, or on behalf of an insured with the consent of the insured, concerning any aspect or action of the carrier relative, to the insured, including, but not limited to, review of adverse determinations regarding scope of coverage, denial of services, rescission of coverage, quality of care and administrative operations, under the requirements of this chapter.

**Health care professional** means a Physician or other health care practitioner licensed, accredited or certified to perform specified health care services consistent with state law.

**Pre-service claim** means the request for a plan benefit(s) by You prior to a service being rendered and is not considered a concurrent claim.

**Post-Service Claim** means any claims for a plan benefit(s) that is not a Pre-Service Claim.

**Prospective review** means utilization review conducted prior to an admission or the provision of a health care service or a course of treatment in accordance with Our requirement that the health care service or course of treatment, in whole or in part, be approved prior to its provision.

**Retrospective review** means any review of a request for a benefit that is not a prospective review request. Retrospective review does not include the review of a claim that is limited to veracity of documentation or accuracy of coding.

**Urgent Care request** means a request for a health care service or course of Treatment with respect to which the time periods for making a non-urgent care request determination:

- (a) Could seriously jeopardize Your life or health or Your ability to regain maximum function; or
  - (b) In the opinion of a Physician with knowledge of Your medical condition, would subject You to severe pain that cannot be adequately managed without the health care service or Treatment that is the subject of the request.
- 2.
- (a) Except as provided in (b) of this paragraph, in determining whether a request is to be treated as an Urgent Care request, an individual acting on Our behalf shall apply the judgment of a prudent layperson who possesses an average knowledge of health and medicine.
- (b) Any request that a Physician with knowledge of Your medical condition determines is an Urgent Care Request shall be treated as an urgent care request.

**Utilization review** means a set of formal techniques designed to monitor the use of, or evaluate the Medical Necessity, appropriateness, efficacy, or efficiency of, health care services, procedures, or settings. Techniques may include ambulatory review, Prospective review, second opinion, certification, Concurrent review, case management, discharge planning or Retrospective review.

**Utilization review organization** means an entity that conducts Utilization review, other than Us performing utilization review for Our own health benefit plans.

There are 3 types of claims: Pre-Service, Concurrent Care, and Post-Service Claims. In addition, certain Pre-Service or Concurrent Care Claims may involve Urgent Care. If the Company makes an Adverse Benefit Determination, then You may appeal according to the following steps.

# **Step 1**:

If Your claim is denied, You will receive written notice from Us that Your claim is denied (in the case of Urgent Claims, notice may be oral). The period in which You will receive this notice will vary depending on the type of claim. In addition, We may take an extension of time in which to review Your claim for reasons beyond Our control. If the reason for the extension is that You need to provide additional information, You will be given a certain amount of time in which to obtain the requested information (it will vary depending on the type of claim). The period during which We must make a decision will be suspended until the earlier of the date that You provide the information or the end of the applicable information-gathering period.

Type of Claim	You will be notified by Us that a claim is denied as soon as possible but no later than:	Extension period allowed for circumstances beyond Our control:	If additional information is needed, You must provide within:
Pre-Service Claim	15 days from receipt of claim (whether adverse or not)	One extension of 15 days	45 days of date of extension notice
Pre-Service Claim involving Urgent Care	72 hours from receipt of claim (whether adverse or not) (24 hours after receipt of claim if additional information is needed from You)	None	48 hours (We must notify You of determination within 48 hours of receipt of Your information)
Concurrent:  To end or reduce Treatment prematurely (other than by policy amendment or termination)  Pending the outcome of an appeal, benefits for an ongoing course of Treatment will not be reduced or terminated.	Notification to end or reduce Treatment will allow sufficient time in advance to allow You to appeal and obtain a determination on the adverse benefit determination prior to the end or reduction of prescribed Treatment	N/A	N/A
Concurrent:  To deny Your request to extend Treatment	30 days from receipt of claim for Pre-Service Claim; or 60 days from receipt of claim for Post- Service Claim	On extension of 15 days	45 days of the date of extension notice
Concurrent: Involving Urgent Care	72 hours from receipt of claim (whether adverse or not) (24 hours after receipt of claim if additional information is needed from You; or 24	None	48 hours (We must notify You of determination within 48 hours of receipt of Your information)

	hours after receipt of claim provided that any such claim is made at least 24 hours prior to the end or reduction of prescribed Treatment)		
Post-Service Claim	30 days from receipt of claim	One extension of 15 days	45 days of the date of extension notice

Once You have received notice from Us, You should review it carefully. The notice will contain:

- 1. The reason(s) for the denial and the Policy provisions on which the denial is based.
- 2. A description of any additional information necessary for You to perfect Your claim, why the information is necessary, and Your time limit for submitting the information.
- 3. A description of the Policy's appeal procedures and the time limits applicable to such procedures, including a statement of Your right to bring a civil action following a final denial of Your appeal.
- 4. A statement indicating whether an internal rule, guideline or protocol was relied upon in making the denial and a statement that a copy of that rule, guideline or protocol will be made available upon request free of charge.
- 5. If the denial is based on a Medical Necessity, experimental Treatment or similar exclusion or limit, either an explanation of the scientific or clinical judgment for the determination or a statement that such explanation will be provided free of charge upon request; and
- 6. If the claim was an Urgent Care request, a description of the expedited appeals process. The notice may be provided to You orally within 72 hours; however, a written or electronic notification will be sent to You no later than 3 days after the oral notification. If the claim was/is an Urgent Care request, You may initiate an Internal Appeal and an External Review simultaneously.
- 7. Information sufficient to identify the claim (including the date of service, the health care provider, and the claim amount (if applicable).
- 8. An explanation of how to request diagnosis and treatment codes (and their corresponding meanings).
- 9. The contact information for all relevant review agency contacts and the office of health insurance consumer assistance to assist You with Your claims, appeals and external review.
- 10. Notification that culturally and linguistically appropriate services are available.

#### INTERNAL APPEAL

# **Step 2**:

If You do not agree with Our decision and wish to appeal, You must file a written appeal with Us at the address below within 180 days of receipt of the notification (or oral notice if an Urgent Care request) referenced in Step 1. If the claim involves Urgent Care, Your appeal may be made orally.

You should submit all information referenced in Step 2 with Your appeal. You should gather any additional information that is identified in the notice as necessary to perfect Your claim and any other information that You believe will support Your claim.

Appeals should be sent to: Commercial Casualty Insurance Company Attention: Appeals Unit Wellfleet Group, LLC PO Box 15369

Type of Claim	You must file Your appeal within:	You will be notified of Our determination as soon as possible but no later than:
Pre-Service Claim	180 days of claim denial	30 days of receipt of appeal
Pre-Service Claim involving Urgent Care	180 days of claim denial	72 hours of receipt of appeal
Concurrent:  To end or reduce Treatment prematurely	Notification will specify filing limit. Notification to end or reduce Treatment will allow sufficient time to finalize appeal before end of Treatment	15 days of receipt of appeal
Concurrent:  To deny Your request to extend Treatment	180 days of claim denial for Pre- Service or Post-Service Claim	15 days of receipt of appeal for Pre-Service Claim; or 30 days of receipt of appeal for Post- Service Claim
Concurrent: Involving Urgent Care	180 days of claim denial	72 hours of receipt of appeal
Post-Service Claim	180 days of claim denial	60 days of receipt of appeal

# **Step 3**:

If Your appeal is denied based on medical judgement such as Medical Necessity, appropriateness, health care setting, level of care or effectiveness of the health care service or Treatment and You wish to seek an external review from an Independent Review Organization (IRO), You must file a written request for external review.

You may also seek an external review by an IRO for a denial of an Urgent Care request based on medical judgement provided that (1) You have also filed an internal appeal in accordance with the terms described herein; and (2) the time frames for completion of an Urgent Care appeal will seriously jeopardize Your life or health or would seriously jeopardize Your ability to regain maximum function.

You may also seek an external review for a rescission of coverage.

#### STANDARD EXTERNAL REVIEW

Within 4 months after the date of receipt of a notice of an Adverse Benefit Determination, You may file a request for an external review with Us or the Massachusetts Office of Patient Protection at any time.

The Commonwealth of Massachusetts

Health Policy Commission,

Office of Patient Protection (OPP)

50 Milk Street, St 8th Floor

Boston, MA 02109

or You may contact them by telephone at (800) 436-7757, via facsimile at (617) 624-5046 or via their internet site at www.mass.gov/hpc/opp/

You must file Your written request for an external review with Us at the address below within 4 months of the date You received the applicable denial.

Within 5 business days of receiving Your request for an external review, We will complete a preliminary review of the

request to determine whether You were covered under the Policy at the time the expense was incurred and whether You have exhausted the Internal Appeal process where required.

In most cases, You should complete Our Internal Appeals process before You:

- Contact the Massachusetts Office of Patient Protection to request an investigation of a claim determination or appeal;
- File a complaint or appeal with the Massachusetts Office of Patient Protection;
- File a request for an External Review;
- Pursue arbitration, litigation or other type of administrative proceedings.

However, in some cases, You do not have to exhaust the Internal Appeal process before You move on to an External Review. These situations are:

- We waive the Internal Appeal process;
- You have an Urgent Care situation or a claim that involves ongoing treatment. In these situations, You may have Your claim go through the External Review at the same time as the Internal Appeal process; and
- We did not follow all of the State or Federal claim determination and appeal requirements. However, You will not be able to proceed directly to an External Review if:
  - o The rule violation was minor and not likely to influence a decision or harm You;
  - The violation was for a good cause or a matter beyond Our control;
  - o The violation was part of an ongoing good faith exchange of information between You and Us.

Within 1 business day of making a determination, You will be notified if the external review request is denied and You will be provided with: (1) the reasons why the claim is initially ineligible for external review; or (2) the information or materials needed for a complete request. In the event Your request is denied due to lack of information or materials, You must perfect Your claim by the later of the end of the 4-month period following the final internal Adverse Benefit Determination or 48 hours following notification that Your request for external review was denied.

If initially eligible for an external review, We will assign the request to an IRO. The IRO will make a determination and provide You and Us with notice of its determination within 45 days of receiving the review request.

You will be responsible to pay a fee of \$25.00 to the Office Of Patient Protection which will accompany the external review request for a review. The fee maybe waived by the Office of Patient Protection if it determines it will cause an extreme financial hardship.

#### EXPEDITED EXTERNAL REVIEW

If, due to Your medical condition, the time frame for completion of the standard external review process would seriously jeopardize Your life or health or Your ability to regain maximum function, You may request an expedited external review, the preliminary review will be completed immediately. If determined to be initially eligible, We will assign the request to an IRO and the IRO will complete the review as expeditiously as Your medical condition requires, but in no event more than 72 hours after receiving the request. If the notice is provided to You orally, a written or electronic notification will be sent to You no later than 48 hours after the oral notification.

# **Expedited Process for Insured Persons with Terminal Illness**

- 1. When a grievance is submitted by an Insured Person with a Terminal Illness, or by their authorized representative acting on their behalf a resolution will be provided to the Insured Person or their authorized representative within five (5) business days from receipt of the grievance.
- 2. If an expediated review process affirms the denial of coverage or treatment of the Terminal Illness, We will provide to the Insured Person or their authorized representative, if any, within five (5) business days of the decision:
  - a. The reason for the denial, citing specific medical and scientific reasons for the denial;
  - b. a description of alternative treatment, services or supplies covered or provided by Us, if any.

- **3.** If the expediated review process affirms the denial of coverage or treatment, We will allow You or your authorized representative, if any, to request a conference.
  - a. The conference will be scheduled within ten (10) days of receiving a request from You; provided however, that the conference will be held within five (5) business days of the request if the treating Physician determines, after consultation with Our medical consultant or his designee, and based on standard medical practices, that the effectiveness of either the proposed treatment, services or supplies or any alternative covered by Us, would be materially reduced if not provided at the earliest possible date.
  - b. At the conference, We will permit Your attendance, Your authorized representative, if any, or both.
  - c. At the conference, You and/or Your authorized representative, if any, and Our representative who has authority to determine the disposition of the grievance will review the information provided.
- **4.** If the expedited review process results in a final adverse determination, the written resolution will inform You or Your authorized representative, if any, of the opportunity to request an expedited external review and, if the review involves the termination of ongoing services, the opportunity to request continuation of services.

#### IMPORTANT INFORMATION

- Each level of appeal will be independent from the previous level (i.e., the same person(s) involved in a prior level of appeal will not be involved in the appeal).
- The claims reviewer will review relevant information that You submit even if it is new information. In addition, You have the right to request documents or other records relevant to Your claim.
- If a claim involves medical judgement, then the claims reviewer will consult with an independent health care professional that has expertise in the specific area involving medical judgment.
- You may review the claim file and present evidence and testimony at each state of the appeals process.
- You may request, free of charge, any new or additional evidence considered, relied upon, or generated by Us in connection with Your claim.
- If a decision is made based on new or additional rationale, You will be provided with the rationale and be given a reasonable opportunity to respond before a final decision is made.
- If You wish to submit relevant documentation to be considered in reviewing Your claim for appeal, it must be submitted with Your claim and/or appeal.
- You should exhaust these appeals procedures before filing a complaint or appeal with the Massachusetts Office of Patient Protection .
- You should raise all issues that You wish to appeal during Our Internal Appeal process and during the External Review.
- You may also request a copy of the annual Grievance report from the Office of Patient Protection

#### **CONTACT INFORMATION**

If you have any questions or concerns, You can contact Us at: Commercial Casualty Insurance Company Attention: Appeals Unit Wellfleet Group, LLC PO Box 15369 Springfield, MA 01115-5369

#### IMPORTANT NOTICE

If You continue to remain unsatisfied, You may contact the Massachusetts Department of Insurance with any complaint. To contact the Department of Insurance, You may write or call them at:

Massachusetts Department of Insurance 1000 Washington Street Suite 810

Boston, MA 02118\*6200

Toll free: 877-563-4467 or 617-521-7794 or (TTD/TDD) at 617-521-7490

## **HIPAA Notice of Privacy Practices**

of

# COMMERCIAL CASUALTY INSURANCE COMPANY

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION

#### PLEASE REVIEW IT CAREFULLY

Effective: June 01, 2017

This Notice of Privacy Practices ("Notice") applies to Commercial Casualty Insurance Company's ("we", "us" or "our") insured health benefits plan. We are required to provide you with this Notice.

Personal Information is information that identifies you as an individual, such as your name and Social Security Number, as well as financial, health and other information about you that is nonpublic, and that we obtain so we can provide you with insurance coverage.

Protected Health Information (your "Health Information") is information that identifies you as related to your physical or mental health, your health care, or payment for your healthcare.

#### **Our Responsibilities**

We are required by law to maintain the privacy of the Health Information we hold and to provide you with this Notice and to follow the duties and privacy practices described in this Notice. We are required to abide by the terms of this Notice currently in effect.

We utilize administrative, technical, and physical safeguards to protect your information against unauthorized access and against threats and hazards to its security and integrity. We comply with all applicable state and federal rules pertaining to the security and confidentiality of your information.

We will promptly inform you if a breach has occurred that may have compromised the privacy or security of your Health Information.

# **Overview of this Notice**

This Notice describes how certain information about you may be used and disclosed and how you can get access to this information. This Notice addresses three primary areas:

- An overview of Your Health Information. This section addresses how we collect your information, how we use it to run our business, and the reasons we share it.
- Your Rights. This section gives an overview of the rights you have with respect to your information we have in our records.
- How to Contact Us. In case you have any questions, requests, or even if you feel you need to make a complaint, we want to make sure you are in contact with the right person.

#### YOUR HEALTH INFORMATION

#### **How We Acquire Your Information**

In order to provide you with insurance coverage, we need Personal Information about you. Some of this information is collected from the school during the enrollment period. Other information comes to us from your health care provider, other insurers, third party administrators (TPAs), and your school's health center. This information is necessary to properly administer your health plan benefits.

#### How We use Your Health Information

Below are some examples of how we use and disclose your Health Information. Broadly, we will use and disclose your Health Information for Treatment, Payment and Health Care Operations.

**Treatment** refers to the health care treatment you receive. We do not provide treatment, but we may disclose certain information to doctors, dentists, pharmacies, hospitals, and other health care providers who will take care of you. For example, a doctor may send us information about your diagnosis and treatment so we can develop a health care plan and arrange additional services.

**Payment** refers to activities involving the collection of premiums, payment of claims, and determining covered services. For example, we may review your Health Information to determine if a particular treatment is medically necessary and what that payment for the services should be.

**Health Care Operations** refers to the business functions necessary for us to operate, such as audits, complaints responses and quality assurance activities. For example, we would use your Health Information (but not genetic information) for underwriting and calculating rates, or we may use your Health Information to detect and investigate fraud.

#### Additionally:

- We may **confirm enrollment** in this health plan with your school or to your school's consultant or your school's business partner.
- If you are a **dependent** of someone on the plan, we may disclose certain information to the plan's subscriber, such as an explanation of benefits for a service you may have received.
- Your school's health center may require enrollment information, payment information, or may require your Health Information to coordinate on-campus services you may need.

We may disclose your information when instructed to do so, including:

- Health oversight activities may require that we disclose your information to governmental, licensing, auditing and accrediting agencies;
- **Legal proceedings** may require disclosure of your Health Information in response to a court order or administrative order, or in response to a subpoena, discovery request, warrant, summons, or other valid process;
- Law enforcement activities might require disclosure of certain Health Information to local, state or federal law enforcement, so long as the release is authorized or required by law;
- As required by law or to avert a serious threat to safety or health; and,
- To **certain government agencies**, such as the Department of health and Human Services or the Office of Civil Rights if they are conducting an investigation or audit.

#### **Authorizations**

Occasionally we may receive a request to share your information in a manner outside of how we normally use your Health Information, as described above. In those cases, we will ask you for your authorization before we share your Health Information.

#### **YOUR RIGHTS**

You have the **right to request restrictions** on certain uses and disclosures of your Health Information, including the uses and disclosures listed in this Notice and disclosures permitted by law. You also have the **right to request that we communicate with you in certain ways**.

- We will accommodate reasonable requests;
- We are not required to agree to a request to restrict a disclosure unless you have paid for the
  cost of the health care item or service in full (i.e., the entire sum for the procedure performed)
  and disclosure is not otherwise required by law; and,
- If you are a minor, depending on the state you reside in, you may have the right in certain circumstances to block parental access to your Health Information. For example, a minor would have the rights of an adult with respect to diagnosis and care of conditions such as STDs, drug dependency, and pregnancy.

You have the **right to inspect and copy your Health Information** in our records. Please note that there are exceptions to this, such as:

- Psychotherapy notes;
- Information complied in reasonable anticipation, or for use in, a civil, criminal or administrative action or proceeding;
- Health Information that is subject to a law prohibiting access to that information; or,
- If the Health Information was obtained from someone other than us under a promise of confidentiality and the access request would be reasonably likely to reveal the source of the information.

We may deny your request to inspect and copy your Health Information if:

- A licensed health care professional has determined your requested access is reasonably likely to endanger your life or physical safety of another;
- The Health Information makes reference to another person and a licensed health care professional has determined that access requested is reasonably likely to cause substantial harm to another; or,
- A licensed health care professional has determined that access requested by your personal representative is likely to cause substantial harm to you or another person.

You have the **right to request an amendment** to your Health Information if you believe the information we have on file is incomplete or inaccurate. Your request must be in writing and must include the reason for the request. If we deny your request, you may file a written statement of disagreement.

You have the right to know who we have provided your information to - - this is known as an **accounting of disclosures**. A request for an accounting of disclosures must be submitted in writing to the address below. The accounting will not include disclosures made for treatment, payment, health care operations, for law enforcement purposes, or as otherwise permitted or required by law. If you request an accounting of disclosures more than once in a twelve (12) month period we may charge a reasonable

fee to process, compile and deliver the information to you this second time.

You have a **right to receive a paper copy of this Notice**. Simply call the customer service line indicated on your ID card and request a paper copy be mailed to you. You may also submit a written request to us at the address below.

You will receive a notice of a breach of your Health Information. You have the **right to be notified of a breach** of unsecure Health Information.

Finally, you have the **right to file a complaint** if you feel your privacy rights were violated. You may also file a complaint with the Secretary of Health and Human Services.

#### CONTACT

For all inquiries, requests and complaints, please contact:

Privacy and Security Officer
Commercial Casualty Insurance Company
c/o Wellfleet Group, LLC
PO Box 15369
Springfield, MA
01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

# This Notice is Subject to Change

We may change the terms of this notice and our privacy policies at any time. If we do, the new terms and policies will be effective for all of your Health Information we maintain, as well as any information we may receive or maintain in the future.

Please note that we do not destroy your Health Information when you terminate your coverage with us. It may be necessary to use and disclose this information for the purposes described above even after our coverage terminates, although policies and procedures will remain in place to protect against inappropriate use and disclosure.

# Gramm-Leach-Bliley ("GLB") Privacy Notice

We understand your privacy is important. We value our relationship with you and are committed to protecting the confidentiality of *nonpublic personal information* ("NPI"). This notice explains why we collect NPI, what we do with NPI and how we protect your privacy.

#### **COLLECTING YOUR INFORMATION**

We collect NPI about our customers to provide them with insurance products and services. This may include your name, Social Security number, telephone number, address, date of birth, gender, work/school enrollment history, and health history. We may receive NPI from your completing the following forms:

- Claims forms
- Enrollment forms
- Beneficiary designation/Assignment forms
- Any other forms necessary to effectuate coverage, administer coverage, or administer and pay your claims

We also collect information from others that is necessary for us to properly process a claim, underwrite coverage, or to otherwise complete a transaction requested by a customer, policyholder or contract holder.

#### SHARING YOUR INFORMATION

We share the types of NPI described above primarily with people who perform insurance, business and professional services for us, such as helping us pay claims and detect fraud. We may share NPI with medical providers for insurance and treatment purposes. We may share NPI with an insurance support organization such as a policyholder's or contract holder's broker, a third-party administrator, reinsurer, employer, school, or plan sponsor. We may also share NPI when otherwise required or permitted by law, such as sharing with governmental or other legal authorities. When legally necessary, we ask your permission before sharing NPI about you. Our practices apply to our former, current and future customers.

We do not share your health NPI to market any product or service. We also do not share any NPI to market non-financial products and services.

When other companies help us conduct business, we expect them to follow applicable privacy laws. We do not authorize them to use or share NPI except when necessary to conduct the work they are performing for us or to meet regulatory or other governmental requirements.

#### **HEALTH INFORMATION**

We will not share any of your protected health information ("PHI") unless allowed by law, and/or you have provided us with the appropriate authorization. Additional information on how we protect your PHI can be found in the Notice of Privacy Practices.

#### **SAFEGUARDING YOUR INFORMATION**

We have physical, electronic and procedural safeguards that protect the confidentiality and security of NPI. We give access only to employees or authorized individuals who need to know the NPI to provide insurance products or services to you. Our employees are continually trained on how to keep information safe.

#### **Accessing Your Information**

You may request access to certain NPI we collect to provide you with insurance products and services. You must make your request in writing and send it to the address below. The letter should include your full name, address, telephone number and policy number if we have issued a policy. If you request, we will send copies of the NPI to you. If the NPI includes health information, we may provide the health information to you through a health care provider you designate. We will also send you information related to disclosures. We may charge a reasonable fee to cover our processing costs.

This section applies to NPI we collect to provide you with coverage. It does not apply to NPI we collect in anticipation of a claim or civil or criminal proceeding.

#### **CORRECTING YOUR INFORMATION**

If you believe the NPI we have about you is incorrect, please write to us. Your letter should include your full name, address, telephone number and policy number if we have issued a policy. Your letter should also explain why you believe the NPI is inaccurate. If we agree with you, we will correct the NPI and notify you of the correction. We will also notify any person who may have received the incorrect NPI from us in the past two (2) years if you ask us to contact that person.

If we disagree with you, we will tell you we are not going to make the correction. We will give you the reason(s) for our refusal. We will also tell you that you may submit a statement to us. Your statement should include the NPI you believe is correct. It should also include the reason(s) why you disagree with our decision not to correct the NPI in our files. We will file your statement with the disputed NPI. We will include your statement any time we disclose the disputed NPI. We will also give the statement to any person designated by you if we may have disclosed the disputed NPI to that person in the past two (2) years.

#### **CONTACTING US**

If there are any questions concerning this notice, please feel free to write us at:

Privacy and Security Officer

Commercial Casualty Insurance Company

c/o Wellfleet Group, LLC

PO Box 15369

Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

#### NOTICE OF NON-DISCRIMINATION AND ACCESSIBILLITY REQUIREMENTS

The Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Company does not exclude people or treat them worse because of their race, color, national origin, age, disability, or sex.

The Company provides free aids and services to people with disabilities to communicate effectively with us, such as:

- 1. Qualified sign language interpreters
- 2. Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose first language is not English when needed to communicate effectively with us, such as:

- 1. Interpreters
- 2. information translated into other languages

If you need these services, contact Betsy M. Stevens and John Kelley Civil Rights Coordinators.

If you believe that Commercial Casualty Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Betsy M. Stevens and John Kelley Civil Rights Coordinators,

PO Box 15369

Springfield, MA 01115-5369

(413)-733-4540; (413)-733-4612

Bstevens@wellfleetinsurance.com, or Jkelley@wellfleetinsurance.com.

You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance Betsy M. Stevens and John Kelley of Civil Rights Coordinators are available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building

Washington, DC 20201

800-8681019; 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

The Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

# ADVISORY NOTICE TO POLICYHOLDERS

# U.S. TREASURY DEPARTMENT'S OFFICE OF FOREIGN ASSETS CONTROL ("OFAC")

No coverage is provided by this Policyholder Notice nor can it be construed to replace any provisions of your policy. You should read your policy and review your Declarations page for complete information on the coverages you are provided.

This Policyholder Notice provides information concerning possible impact on your insurance coverage due to the directives issued by OFAC and possibly by the U.S. Department of State. **Please read this Policyholder Notice carefully.** 

OFAC of the U.S. Department of Treasury administers and enforces economic and trade sanctions policy on Presidential declarations of "National Emergency". OFAC has identified and listed numerous:

- Foreign agents;
- Front organizations;
- Terrorists;
- Terrorist organizations; and
- Narcotics traffickers

as *Specially Designated Nationals* and *Blocked Persons*. This list can be found on the U.S. Department of Treasury's website (www.treas.gov/ofac)

In accordance with OFAC regulations, or any applicable regulation promulgated by the U.S. Department of State, if it is determined that you or another insured, or any person or entity claiming the benefits of this insurance has violated U.S. sanctions law or is identified by OFAC as a *Specially Designated National* or *Blocked Person*, this insurance will be considered a blocked or frozen contract and all provisions of this insurance will be immediately subject to OFAC. When an insurance policy is considered to be such a blocked or frozen contract, neither payments nor premium refunds may be made without authorization from OFAC. Other limitations on the premiums and payments also apply.

# Women's Health & Cancer Rights Act

If you have had or are going to have a Mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). If you are receiving Mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and patient for:

- a. Reconstruction of the breast on which the Mastectomy was performed;
- b. Reconstruction of the other breast to produce a symmetrical appearance;
- c. Prosthesis;
- d. Treatment of physical complications from all stages of Mastectomy, including lymphedemas.

Coverage will be subject to the same plan limitations, copays, deductible and coinsurance provisions that currently apply to Mastectomy coverage and will be provided in consultation with you and your attending physician.

# LANGUAGE ASSISTANCE PROGRAM

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call (877) 657-5030.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al (877) 657-5030.

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請致電:(877) 657-5030.

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese**), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi (877) 657-5030.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. (877) 657-5030번으로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog** (**Tagalog**), may makukuha kang mga libreng serbisyo ng tulong sa wika. Mangyaring tumawag sa (877) 657-5030.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по номеру (877) 657-5030.

هينة: اذا تنك شدخت قيرها (Arabic)، نإف تامدخة دعاسما قيو خلا الميناجما قداتم كل. عاجر لا لاصتلاً بـ 5030-657 (877).

ATANSYON: Si w pale **Kreyòl ayisyen** (**Haitian Creole**), ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nan (877) 657-5030.

ATTENTION : Si vous parlez **français** (**French**), des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le (877) 657-5030.

UWAGA: Jeżeli mówisz po **polsku** (**Polish**), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod numer (877) 657-5030.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue para (877) 657-5030.

ATTENZIONE: in caso la lingua parlata sia l'**italiano** (**Italian**), sono disponibili servizi di assistenza linguistica gratuiti. Si prega di chiamare il numero (877) 657-5030.

ACHTUNG: Falls Sie **Deutsch** (**German**) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie (877) 657-5030 an.

注意事項:日本語 (Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。(877) 657-5030 にお電話ください。

**ی سرباف** امشد نابز رگا : محبوته (Farsi) دشابه ی م امشه رایتخا رد ناگیار روط مبه ی نابز دادما تامدخ ،تسا. 657-5030 (877) نمسا بیگرید.

कृपा ध्या द□: य□द आप □**हंद**□ (**Hindi**) भाषी ह□ तो आपके □लए भाषा सहायता सेवाएं□न:शुल् उपलब् ह□। कृपा पर काल कर□ (877) 657-5030

CEEB TOOM: Yog koj hais Lus **Hmoob** (**Hmong**), muaj kev pab txhais lus pub dawb rau koj. Thov hu rau (877) 657-5030.

ប្រយ័ត្ន: ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ(Khmer) សេវាកម្មភាសាជំនួយឥតគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរស័ព្ទមកលេខ (877) 657-5030 ។

PAKDAAR: Nu saritaem ti **Ilocano** (**Ilocano**), ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti (877) 657-5030.

DÍÍ BAA'ÁKONÍNÍZIN: **Diné** (**Navajo**) bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí kohjį' (877) 657-5030 hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali** (**Somali**), adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac (877) 657-5030

**ગુજરાતી** (Gujarati) યુ ના: જો તમે જરાતી બોલતા હો, તો િન:લ્કુ ભાષા સહાય સેવાઓ તમારા માટ ઉપલબ્ધ છ. ફોન કરો (877) 657-5030

**λληνικά (Greek)**ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (877) 657-5030

Українська (Ukrainian) УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером (877) 657-5030

አማርኛ (Amharic) ማስታወሻ: የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርንም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደው(877) 657-5030

ਪੰਜਾਬੀ (Punjabi) ਧਆਨ ਿਦਓ: ਜੇ ਤੁਸ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤ ਭਾਸ਼ਾ ਿਵੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ (877) 657-5030

**ພາສາລາວ** (**Lao**) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ (877) 657-5030