



BENEFITS AT A GLANCE

STUDENT HEALTH PLAN | PLAN YEAR 2019/2020

DESIGNED EXCLUSIVELY FOR THE STUDENTS OF:

SARAH LAWRENCE COLLEGE

Bronxville, NY
("the Policyholder")

Policy Number: AIC1920NYSHIP07

Group Number: ST0778SH

Effective: 8/15/2019 – 8/14/2020

UNDERWRITTEN BY:

Wellfleet New York Insurance Company | Flushing, NY
("the Company")

ADMINISTERED BY:

Wellfleet Group, LLC



WELLFLEET
STUDENT

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School Letter to Students and Parents

Dear Students and Parents:

Sarah Lawrence College is committed to promoting good health and meeting the medical needs of its students. A health insurance plan allows students to know that they can receive the services they need in the event of a sickness or injury.

The College requires all students to carry adequate medical insurance to help cover the extra expenses of medical treatment that are not covered at the Health and Wellness Center. The Student Health Plan (“Plan”) provides coverage to students for a 12-month period, August 15, 2019 to August 14, 2020. The Plan includes a local and national network of Participating Providers and is designed to be an affordable option. Sarah Lawrence College urges you to enroll in the Plan for several reasons.

To assist you in making an informed decision regarding your student’s health insurance needs, here are some general questions to ask your current health plan to ensure that it provides adequate coverage:

- Does your current health plan provide coverage while in the area of the Sarah Lawrence College campus? Some HMO plans provide coverage for Emergency Treatment only, while out of area of the local HMO.
- Does your current health plan cover the student as long as he/she is a registered student at Sarah Lawrence College?
- Does your current health plan cover mental health services?
- Does your current health plan provide coverage anywhere in the world, including medical evacuation and repatriation benefits, while the student is away from campus for academics, research, work, or vacation? Some employer-sponsored plans will only provide coverage while in the United States, and some do not include any medical evacuation or repatriation benefits.
- Does your current health plan include a nationwide network of Participating Providers, guaranteeing acceptance of your insurance plan, and reducing the student’s out-of-pocket expenses? Some employer-sponsored plans are managed-care type plans, with a regionally-based participating provider network.
- Does your current health plan include Prescription Drug coverage, and a nationwide network of member pharmacies? Some employer sponsored plans do not provide prescription drug coverage, or only very limited benefits available at certain local pharmacies.
- Does your current health plan include coverage for Intercollegiate Sports? It is possible that some employer-sponsored health plans exclude coverage for all Intercollegiate Sports related injuries.

While the majority of students' health issues can be met by Health and Wellness Center, there are times when outside specialists or additional consultation is warranted. At such times, the Student Health Plan endorsed by Sarah Lawrence College provides coverage worldwide and allows students to seek care from any licensed provider, once

the referral from Sarah Lawrence College Health Services is made. Students also have access to a nationwide Participating Provider Network, as well as a national network of member pharmacies.

When students use a participating provider, their out-of-pocket expenses can be limited as students' coinsurance expenses are based on negotiated Participating Provider fees. The Plan provides coverage for expenses relating to injury or sickness including diagnostic testing, lab and x-ray services, doctor visits, and prescription drugs.

New and returning students for the 2019 - 2020 Academic Year who determine that they have existing comparable coverage will need to complete and submit the online Waiver Form by July 15, 2019. It is your responsibility to carefully compare your current insurance plan with that offered by SLC to ensure that the coverage is truly comparable. By signing the waiver, you are attesting to the fact that you are familiar with both plans and will be responsible for providing for your student's medical and/or mental health needs should your own insurance prove insufficient. **If you do not have comparable health insurance, or do not submit the online Waiver Form by July 15, 2019, you will be required to purchase the Student Health Plan and will automatically be enrolled.**

We encourage you to read "Benefits at a Glance" and take the time to make an informed decision regarding your health coverage. If you have questions regarding the Student Health Plan, please contact Wellfleet Student at (877) 657-5030 or www.wellfleetstudent.com.

Yours truly,
Mary Hartnett R.N.
Director of Medical Services

Sarah Lawrence College Health and Wellness Center

Lyles House
(914) 395-2350

Monday through Friday
9:00 a.m. to 5:00 p.m.

Sarah Lawrence College Health and Wellness Center provides compassionate, informative and confidential care for their students' medical and mental health concerns. Regular services on campus for routine care, particular health problems and for short-term, outpatient treatment are provided at no cost.

Services Include:

- Medical and mental health coverage during the school year for routine, preventive and urgent care for the Sarah Lawrence College undergraduate and graduate student population.
- Educational programs on a variety of medical and mental health issues relevant to college students.
- Referrals for long-term medical and psychological treatment with off-campus specialists, whenever warranted.

Physical Health

The Sarah Lawrence College Health and Wellness Center staff is specially trained to understand and treat problems that relate to college-age students and their lifestyles. Health Services is staffed primarily by Family Nurse Practitioners (FNPs) and Nurses while the College is in session. A local physician who is affiliated with New York Presbyterian Lawrence Hospital provides consultation to the Nurses and Nurse Practitioners and is available to see students by appointment.

The Nurse Practitioners can:

- Diagnose and treat short-term physical illnesses and minor injuries.
- Prescribe common medications for acute illness.
- Give vaccinations and perform routine lab work.
- Test and treat sexually transmitted diseases including HIV testing.
- Perform annual gynecological exams and PAP tests and address routine gynecological problems and concerns.
- Provide birth control and sexual protection to both men and women, including emergency contraception (morning-after pill) for women, depot (DMPA) contraceptive injections and prescriptions for oral contraceptives.

Psychological Services

The staff includes licensed psychiatrists, psychologists, and clinical social workers. Individual and group therapy is available to all students at the College. Common student concerns treated by the Sarah Lawrence College Health and Wellness Center staff include depression, anxiety, relationship and family issues. The psychiatrist is available for psychiatric medication evaluation, prescriptions, and medication management. Health & Wellness staff is able to facilitate referrals for students seeking care off-campus.

Health Education

One of the primary missions of Health and Wellness Center is health education and outreach. By being well informed, students can make more educated and responsible choices for healthy living. A variety of educational programs and workshops are held throughout the year. Topics include mind-body health, self-care, sleep, nutrition, managing stress and adjusting to college, as well as topics relevant to current issues on campus.

Appointments

The Health and Wellness Center is located in Lyles House, near the Westlands Gate, at Mead Way and Boulder Trail. The Sarah Lawrence College Health and Wellness Center Offices are open for appointments Monday through Friday from 9 a.m. to 5 p.m. when the College is in session. Appointments for medical and mental health services can be made online at <https://my.sl.c.edu/health>. For questions about appointments or services offered please call the Health and Wellness Center receptionist at (914) 395-2350. Same-Day Appointments for Medical and Mental Health Services are available weekdays when the College is in session.

After Hours

When the Health and Wellness Center is closed, students can call Westlands desk at (914) 395-2222 for urgent medical and mental health needs. The desk will contact the on-call doctor as well as the College's on-call staff. If hospitalization is required, students will be transported to New York Presbyterian Lawrence Hospital in Bronxville, NY, or St. Joseph's Hospital in Yonkers, NY.

Confidentiality

The Health and Wellness Center professional staff conforms to standard professional, ethical and state-mandated procedures of confidentiality. Maintenance of records is in accordance with professional and legal guidelines. The student may authorize the release of confidential information to others by signing a standard release form available at the Health and Wellness Center.

Exceptions to the standard procedures of confidentiality occur when a student is assessed to be a danger to him/herself or others, when records are subpoenaed, or in reporting abuse (e.g., abuse or neglect of a minor) as required by law. In such cases, the student would be informed, if possible, and only the necessary information would be released.

Fees for Service

There are no fees for any of the regular services provided by the Health and Wellness Center staff. In-clinic lab tests, vaccinations and some medications are provided for a fee to cover costs. Any medications not available at the Health and Wellness Center may be purchased at a local pharmacy and might be covered by insurance, depending on students' insurance plans. Special diagnostic services such as laboratory tests, X-rays and diagnostic procedures are provided off campus.

Consultations with specialists in the community, as well as off-campus diagnostic procedures, are covered according to the Sarah Lawrence College Student Health Plan only after a referral is made by Sarah Lawrence College Health and Wellness Center staff.

(Please refer to the Certificate for any details regarding referral requirements.) Students who waive participation in the Sarah Lawrence College Student Health Plan should check with their own insurance companies regarding coverage.

Where to Find Help

For Questions About:	Please Contact:
Servicing Agent Enrollment Waiver	University Health Plans, a Risk Strategies Company 15 Pacella Park Drive Randolph, MA 02368 Phone: (800) 437-6448 Fax: (617) 472-6419 www.universityhealthplans.com or email us at info@univhealthplans.com University Health Plans, Inc. <small>A RISK STRATEGIES COMPANY</small>
Insurance Benefits Claims Processing ID Cards Preferred Provider Listings ID card Requests	Wellfleet Group, LLC 2077 Roosevelt Avenue Springfield, Massachusetts 01104 (877) 657-5030 www.wellfleetstudent.com
Preferred PPO Provider Listings Cigna Claims:	Wellfleet Student www.wellfleetstudent.com or www.cigna.com Send Cigna claim forms to: CIGNA PO Box 188061 Chattanooga, TN 37422 – 8061 Electronic Payor ID: 62308
Prescription Drug Provider	Cigna PBM For information about the Cigna Prescription Drug Program, please visit www.wellfleetstudent.com

Am I Eligible?

Sarah Lawrence College is making available a Student Health Plan, underwritten by Wellfleet New York Insurance Company of Flushing, NY and administered by Wellfleet Group, LLC, to all registered students of Sarah Lawrence College (SLC). If You are a registered student, You are eligible for coverage and will be automatically enrolled in and charged for coverage under the Plan unless You provide proof of comparable coverage and complete an online waiver form at https://www.universityhealthplans.com/secure/waiver.cgi?group_id=104 by the applicable waiver deadline date listed below.

How Do I Waive/Enroll?

New and returning students for the 2019 - 2020 Academic Year who determine that they have existing comparable coverage will need to complete and submit the online Waiver Form by July 15, 2019. It is your responsibility to carefully compare your current insurance plan with that offered by SLC to ensure that the coverage is truly comparable. By signing the waiver, you are attesting to the fact that you are familiar with both plans and will be responsible for providing for your student's medical and/or mental health needs should your own insurance prove insufficient. **If you do not have comparable health insurance, or do not submit the online Waiver Form by July 15, 2019, you will be automatically enrolled in the Student Health Plan and charged for the coverage.**

Effective Dates & Costs

All time periods begin at 12:00 A.M. local time and end at 11:59 P.M. local time at the Policyholder's address.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
Annual	8/15/2019	8/14/2020	7/15/2019
Fall (available to December Graduating students only)	8/15/2019	12/31/2019	7/15/2019
Spring (available to new students to the College in the Spring only)	1/1/2020	8/14/2020	1/6/2020

Insurance Premiums

	Annual	Fall	Spring
Student	\$2,571	\$976	\$1,595

Broker Fees

	Annual	Fall	Spring
Student*	\$80	\$30	\$50

Total Plan Costs (Premiums + Fees) for all registered Students

	Annual	Fall (available to December Graduating students only)	Spring (available to new students to the College in the Spring only)
Student*	\$2,651	\$1,006	\$1,645

*The above plan costs include an administrative service fee.

Preferred Provider Organization (PPO) Network

...providing access to quality health care at discounted costs!

By enrolling in this Student Health Plan, you have the Cigna PPO Network of participating Providers. To find a complete listing of the Network's participating Providers, go to www.cigna.com, or contact Wellfleet Student toll-free at (877) 657-5030, or www.wellfleetstudent.com for assistance.

Schedule of Benefits

This is only a brief description of coverage available under Certificate form NY SHIP CERT (2019). The Certificate will contain full details of coverage, coinsurance, limitations, exclusions, and termination provisions. If there are any conflicts between this document and the Certificate, the Certificate governs in all cases.

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

Sarah Lawrence College SCHEDULE OF BENEFITS
Gold
Sarah Lawrence College

Policy Number: AIIC1920NYSHIP07
Group/Plan Number: ST0778SH
Policyholder Effective Date: August 15, 2019
Policyholder Termination Date: August 14, 2020

COST-SHARING	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	
Medical Deductible <ul style="list-style-type: none"> Individual 	\$150	\$150	
Out-of-Pocket Limit <ul style="list-style-type: none"> Individual 	\$6,350	None	
Accidental Death and Dismemberment Benefits \$10,000 Annual Maximum.		See the Cost-Sharing Expenses and Allowed Amount section of this Certificate for a description of how We calculate the Allowed Amount. Any charges of a Non-Participating Provider that are in excess of the Allowed Amount do not apply towards the Deductible or Out-of-Pocket Limit. You must pay the amount of the Non-Participating Provider's charge that exceeds Our Allowed Amount.	
OFFICE VISITS	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Primary Care Office Visits (or Home Visits)	\$15 Copayment 20% Coinsurance after Deductible	\$15 Copayment 40% Coinsurance after deductible	See benefit for description
Specialist Office Visits (or Home Visits)	\$15 Copayment 20% Coinsurance with the Student Health Center Referral after Deductible \$15 Copayment 30% Coinsurance without the Student Health Center Referral after Deductible	\$15 Copayment 40% Coinsurance after deductible	See benefit for description

PREVENTIVE CARE	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
<ul style="list-style-type: none"> • Well Child Visits and Immunizations* • Adult Annual Physical Examinations* • Adult Immunizations* • Routine Gynecological Services/Well Woman Exams* • Mammograms, Screening and Diagnostic Imaging for the Detection of Breast Cancer • Sterilization Procedures for Women* • Vasectomy • Bone Density Testing* • Screening for Prostate Cancer <ul style="list-style-type: none"> • Performed in PCP Office • Performed in Specialist Office • All other preventive services required by USPSTF and HRSA. <p>*When preventive services are not provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA.</p>	<p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in Full</p> <p>Covered in Full</p> <p>Use Cost-Sharing for appropriate service (Primary Care Office Visit Specialist Office Visit Diagnostic Radiology Services Laboratory Procedures and Diagnostic Testing)</p>	<p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>Use Cost-Sharing for appropriate service (Primary Care Office Visit Specialist Office Visit Diagnostic Radiology Services Laboratory Procedures and Diagnostic Testing)</p>	<p>See benefit for description</p>

EMERGENCY CARE	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Pre-Hospital Emergency Medical Services (Ambulance Services)	0% Coinsurance Not subject to Deductible	0% Coinsurance Not subject to Deductible	See benefit for description
Non-Emergency Ambulance Services	0% Coinsurance Not subject to Deductible	0% Coinsurance Not subject to Deductible	See benefit for description
Emergency Department Copayment waived if Hospital admission	\$100 Copayment 20% Coinsurance not subject to Deductible Health care forensic examinations performed under Public Health Law § 2805-I are not subject to Cost-Sharing	\$100 Copayment 20% Coinsurance not subject to Deductible	See benefit for description
Urgent Care Center	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
PROFESSIONAL SERVICES and OUTPATIENT CARE	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Advanced Imaging Services <ul style="list-style-type: none"> Performed in a Specialist Office Performed in a Freestanding Radiology Facility Performed as Outpatient Hospital Services 	20% Coinsurance after Deductible 20% Coinsurance after Deductible 20% Coinsurance after Deductible	40% Coinsurance after Deductible 40% Coinsurance after Deductible 40% Coinsurance after Deductible	See benefit for description
Allergy Testing and Treatment <ul style="list-style-type: none"> Performed in a PCP Office Performed in a Specialist Office 	20% Coinsurance after Deductible 20% Coinsurance after Deductible	40% Coinsurance after Deductible 40% Coinsurance after Deductible	See benefit for description
Ambulatory Surgical Center Facility Fee	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
Anesthesia Services (all settings)	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
Autologous Blood Banking	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefits for description

<p>Cardiac and Pulmonary Rehabilitation</p> <ul style="list-style-type: none"> Performed in a Specialist Office Performed as Outpatient Hospital Services Performed as Inpatient Hospital Services 	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>Included as part of inpatient Hospital service Cost-Sharing</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>Included as part of inpatient Hospital service Cost-Sharing</p>	<p>See benefits for description</p>
<p>Chemotherapy</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in a Specialist Office Performed as Outpatient Hospital Services 	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>Chiropractic Services</p> <p>Preauthorization Required</p>	<p>\$15 Copayment</p> <p>20% Coinsurance after Deductible</p>	<p>\$15 Copayment</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>Clinical Trials</p>	<p>Use Cost-Sharing for appropriate service</p>	<p>Use Cost-Sharing for appropriate service</p>	<p>See benefit for description</p>
<p>Diagnostic Testing</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in a Specialist Office Performed as Outpatient Hospital Services 	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>Dialysis</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in a Specialist Office Performed in a Freestanding Center Performed as Outpatient Hospital Services 	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>

Habilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy) Preauthorization Required	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Unlimited visits
Home Health Care	20% Coinsurance after Deductible	40% Coinsurance after Deductible	40 visits per Plan Year
Infertility Services Preauthorization Required	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	See benefit for description
Infusion Therapy <ul style="list-style-type: none"> • Performed in a PCP Office • Performed in Specialist Office • Performed as Outpatient Hospital Services • Home Infusion Therapy Preauthorization Required	20% Coinsurance after Deductible 20% Coinsurance after Deductible 20% Coinsurance after Deductible 20% Coinsurance after Deductible	40% Coinsurance after Deductible 40% Coinsurance after Deductible 40% Coinsurance after Deductible 40% Coinsurance after Deductible	See benefit for description Home infusion counts toward home health care visit limits
Inpatient Medical Visits	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
Interruption of Pregnancy <ul style="list-style-type: none"> • Medically Necessary Abortions • Elective Abortions 	Covered in full 20% Coinsurance after Deductible	30% Coinsurance not subject to Deductible 40% Coinsurance after Deductible	Unlimited One (1) procedure per Plan Year

<p>Laboratory Procedures</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in a Specialist Office Performed in a Freestanding Laboratory Facility Performed as Outpatient Hospital Services 	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>Maternity and Newborn Care</p> <ul style="list-style-type: none"> Prenatal Care provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA Prenatal Care that is not provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA Inpatient Hospital Services and Birthing Center Physician and Midwife Services for Delivery Breastfeeding Support, Counseling and Supplies, Including Breast Pumps Postnatal Care 	<p>Covered in full</p> <p>Use Cost-Sharing for appropriate service (Primary Care Office Visit, Specialist Office Visit, Diagnostic Radiology Services, Laboratory Procedures and Diagnostic Testing)</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>Covered in full</p> <p>20% Coinsurance after Deductible</p>	<p>20% Coinsurance not subject to Deductible</p> <p>Use Cost-Sharing for appropriate service (Primary Care Office Visit, Specialist Office Visit, Diagnostic Radiology Services, Laboratory Procedures and Diagnostic Testing)</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p> <p>One (1) home care visit is covered at no Cost-Sharing if mother is discharged from Hospital early</p> <p>Covered for duration of breast feeding</p>
<p>Outpatient Hospital Surgery Facility Charge</p>	<p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>Preadmission Testing</p>	<p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>

<p>Prescription Drugs Administered in Office or Outpatient Facilities</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in Specialist Office Performed in Outpatient Facilities 	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>Diagnostic Radiology Services</p> <ul style="list-style-type: none"> Performed in a PCP Office Performed in a Specialist Office Performed in a Freestanding Radiology Facility Performed as Outpatient Hospital Services 	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>Therapeutic Radiology Services</p> <ul style="list-style-type: none"> Performed in a Specialist Office Performed in a Freestanding Radiology Facility Performed as Outpatient Hospital Services 	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<p>Rehabilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy)</p> <p>Preauthorization Required</p>	<p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p>	<p>Unlimited visits</p>
<p>Second Opinions on the Diagnosis of Cancer, Surgery and Other</p>	<p>0% Coinsurance not subject to Deductible</p>	<p>30% Coinsurance not subject to Deductible</p> <p>Second opinions on diagnosis of cancer are Covered at participating Cost-Sharing for non-participating Specialist when a Referral is obtained.</p>	<p>See benefit for description</p>

<p>Surgical Services (including Oral Surgery Reconstructive Breast Surgery Other Reconstructive and Corrective Surgery; and Transplants</p> <ul style="list-style-type: none"> • Inpatient Hospital Surgery • Outpatient Hospital Surgery • Surgery Performed at an Ambulatory Surgical Center • Office Surgery <p>Preauthorization Required</p>	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p>
ADDITIONAL SERVICES, EQUIPMENT and DEVICES	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
ABA Treatment for Autism Spectrum Disorder	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit description
Assistive Communication Devices for Autism Spectrum Disorder	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
Diabetic Equipment, Supplies and Self-Management Education			See benefit for description
Diabetic Equipment, Supplies and Insulin (up to a 90-day supply)	See the Prescription Drug Cost-Sharing	See the Prescription Drug Cost-Sharing	
<ul style="list-style-type: none"> • Diabetic Education 	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See Prescription Drug benefit
Durable Medical Equipment and Braces Preauthorization Required	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
External Hearing Aids	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Single purchase once every 3 years
Cochlear Implants	20% Coinsurance after Deductible	40% Coinsurance after Deductible	One per ear per time Covered

Hospice Care <ul style="list-style-type: none"> Inpatient Outpatient 	0% Coinsurance after Deductible 0% Coinsurance after Deductible	0% Coinsurance after Deductible 0% Coinsurance after Deductible	210 days per Plan Year Five (5) visits for family bereavement counseling
Medical Supplies	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
Prosthetic Devices <ul style="list-style-type: none"> External Internal Preauthorization Required	20% Coinsurance after Deductible 20% Coinsurance after Deductible	40% Coinsurance after Deductible 40% Coinsurance after Deductible	One (1) prosthetic device, per limb, per lifetime Unlimited See benefit for description
Shoe Inserts	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
INPATIENT SERVICES and FACILITIES	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Inpatient Hospital for a Continuous Confinement (including an Inpatient Stay for Mastectomy Care, Cardiac and Pulmonary Rehabilitation, and End of Life Care) Preauthorization Required. However, Preauthorization is not required for emergency admissions or services provided in a neonatal intensive care unit of a Hospital certified pursuant to Article 28 of the Public Health Law.	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
Observation Stay	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
Skilled Nursing Facility (including Cardiac and Pulmonary Rehabilitation) Preauthorization Required	20% Coinsurance after Deductible	40% Coinsurance after Deductible	200 days per Plan Year See benefit for description

Inpatient Habilitation Services (Physical Speech and Occupational Therapy) Preauthorization Required	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Unlimited days See benefit for description
Inpatient Rehabilitation Services (Physical Speech and Occupational Therapy) Preauthorization Required	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Unlimited days See benefit for description
MENTAL HEALTH and SUBSTANCE USE DISORDER SERVICES	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Inpatient Mental Health Care including Residential Treatment (for a continuous confinement when in a Hospital) Preauthorization Required. However, Preauthorization is Not Required for emergency admissions.	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
Outpatient Mental Health Care (including Partial Hospitalization and Intensive Outpatient Program Services)	20% Coinsurance after Deductible	20% Coinsurance after Deductible	See benefit for description
Inpatient Substance Use Services including Residential Treatment (for a continuous confinement when in a Hospital) Preauthorization Required. However, Preauthorization is Not Required for Emergency Admissions or for Participating OASAS-certified Facilities.	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description

Outpatient Substance Use Services (including Partial Hospitalization, Intensive Outpatient Program Services, and Medication Assisted Treatment)	20% Coinsurance after Deductible	20% Coinsurance after Deductible	Up to 20 visits per Plan Year may be used for family counseling See benefit for description
PRESCRIPTION DRUGS *Certain Prescription Drugs are not subject to Cost-Sharing when provided in accordance with the comprehensive guidelines supported by HRSA or if the item or service has an "A" or "B" rating from the USPSTF and obtained at a participating pharmacy	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Retail Pharmacy			
30-day supply Tier 1 Tier 2 If You have an Emergency Condition, Preauthorization is not required for a five (5) day emergency supply of a Covered Prescription Drug used to treat a substance use disorder, including a Prescription Drug to manage opioid withdrawal and/or stabilization and for opioid overdose reversal.	\$20 Copayment 20% Coinsurance not subject to Deductible \$30 Copayment 20% Coinsurance not subject to Deductible	\$20 Copayment 20% Coinsurance not subject to Deductible \$30 Copayment 20% Coinsurance not subject to Deductible	See benefit for description

Up to a 90-day supply for Maintenance Drugs			See benefit for description
Tier 1	\$50 Copayment 20% Coinsurance not subject to Deductible	\$50 Copayment 20% Coinsurance not subject to Deductible	
Tier 2	\$75 Copayment 20% Coinsurance not subject to Deductible	\$75 Copayment 20% Coinsurance not subject to Deductible	
Enteral Formulas			See benefit for description
Tier 1	20% Coinsurance after Deductible	20% Coinsurance after Deductible	
Tier 2	20% Coinsurance after Deductible	20% Coinsurance after Deductible	
WELLNESS BENEFITS	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	
Gym Reimbursement	Up to \$200 per six (6) month period	Up to \$200 per six (6) month period	See Benefit description
PEDIATRIC DENTAL and VISION CARE	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Pediatric Dental Care			One (1) dental exam and cleaning per six (6)-month period
<ul style="list-style-type: none"> Preventive Dental Care 	0% Coinsurance after Deductible	0% Coinsurance after Deductible	
<ul style="list-style-type: none"> Routine Dental Care 	30% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul style="list-style-type: none"> Major Dental (Endodontics, Periodontics, Oral Surgery and Prosthodontics) 	50% Coinsurance after Deductible	50% Coinsurance after Deductible	Full mouth x-rays or panoramic x-rays at 36 month intervals and bitewing x-rays at six (6) month intervals
<ul style="list-style-type: none"> Orthodontics 	50% Coinsurance after Deductible	50% Coinsurance after Deductible	
Orthodontics and Major Dental Require Preauthorization			

Pediatric Vision Care			
• Exams	20% Coinsurance after Deductible	20% Coinsurance after Deductible	One (1) exam per Plan Year
• Lenses and Frames	20% Coinsurance after Deductible	20% Coinsurance after Deductible	One (1) prescribed lenses and frames per Plan Year
• Contact Lenses	20% Coinsurance after Deductible	20% Coinsurance after Deductible	
Non-emergency Care While Traveling Outside of the United States	40% coinsurance of - Actual Cost after Deductible		Unlimited
Emergency Medical Evacuation	0% coinsurance of - Actual Cost not subject to Deductible		Unlimited Combined with Repatriation Benefit.
Repatriation of Remains	0% coinsurance of - Actual Cost not subject to Deductible		Unlimited Combined with Medical Evacuation Benefit.
Accidental Death and Dismemberment Benefits	N/A	N/A	\$10,000 Annual Maximum

ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT

If, as the result of a covered Accident, You sustain any of the following losses, We will pay the benefit shown. The loss must occur within 90 days of the Accident.

	Percentage of Maximum Amount
Loss of Life100%
Loss of Hand.....	.50%
Loss of Foot.....	.50%
Loss of either one hand, one foot or sight of one eye50%
Loss of more than one of the above losses due to one Accident100%

Accident means a sudden, unforeseeable external event which directly and from no other cause, results in loss of life, hand, foot or sight.

Loss of hand or foot means the complete severance through or above the wrist or ankle joint. Loss of eye means the total permanent loss of sight in the eye. The maximum amount is the largest amount payable under this benefit for all losses resulting from any one Accident.

Preauthorization

Preauthorization is required for inpatient hospital, surgery and selected outpatient services. For inpatient hospital, preauthorization is not required for emergency admissions or services provided in a neonatal intensive care unit of a hospital certified pursuant to Article 28 of the Public Health Law.

Exclusions and Limitations

No coverage is available under this Certificate for the following:

A. Aviation.

We do not Cover services arising out of aviation, other than as a fare-paying passenger on a scheduled or charter flight operated by a scheduled airline.

B. Convalescent and Custodial Care.

We do not Cover services related to rest cures, custodial care or transportation. "Custodial care" means help in transferring, eating, dressing, bathing, toileting and other such related activities. Custodial care does not include Covered Services determined to be Medically Necessary.

C. Conversion Therapy.

We do not Cover conversion therapy. Conversion therapy is any practice by a mental health professional that seeks to change the sexual orientation or gender identity of a Member under 18 years of age, including efforts to change behaviors, gender expressions, or to eliminate or reduce sexual or romantic attractions or feelings toward individuals of the same sex. Conversion therapy does not include counseling or therapy for any individual who is seeking to undergo a gender transition or who is in the process of undergoing a gender transition, that provides acceptance, support and understanding of an individual or the facilitation of an individual's coping, social support, and identity exploration and development, including sexual orientation-neutral interventions to prevent or address unlawful conduct or unsafe sexual practices, provided that the counseling or therapy does not seek to change sexual orientation or gender identity.

D. Cosmetic Services.

We do not Cover cosmetic services, Prescription Drugs, or surgery, unless otherwise specified, except that cosmetic surgery shall not include reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or diseases of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered Child which has resulted in a functional defect. We also Cover services in connection with reconstructive surgery following a mastectomy, as provided elsewhere in this Certificate. Cosmetic surgery does not include surgery determined to be Medically Necessary. If a claim for a procedure listed in 11 NYCRR 56 (e.g., certain plastic surgery and dermatology procedures) is submitted retrospectively and without medical information, any denial will not be subject to the Utilization Review process in the Utilization Review and External Appeal sections of this Certificate unless medical information is submitted.

E. Dental Services.

We do not Cover dental services except for: care or treatment due to accidental injury to sound natural teeth within 12 months of the accident; dental care or treatment necessary due to congenital disease or anomaly; or dental care or treatment specifically stated in the Outpatient and Professional Services and Pediatric Dental Care sections of this Certificate.

F. Experimental or Investigational Treatment.

We do not Cover any health care service, procedure, treatment, device, or Prescription Drug that is experimental or investigational. However, We will Cover experimental or investigational treatments, including treatment for Your rare disease or patient costs for Your participation in a clinical trial as described in the Outpatient and Professional Services section of this Certificate, when Our denial of services is overturned by an External Appeal Agent certified by the State. However, for clinical trials, We will not Cover the costs of any investigational drugs or devices, non-health services required for You to receive the treatment, the costs of managing the research, or costs that would not be Covered under this Certificate for non-investigational treatments. See the Utilization Review and External Appeal sections of this Certificate for a further explanation of Your Appeal rights.

G. Felony Participation.

We do not Cover any illness, treatment or medical condition due Your participation in a felony, riot or insurrection. This exclusion does not apply to coverage for services involving injuries suffered by a victim of an act of domestic violence or for services as a result of Your medical condition (including both physical and mental health conditions).

H. Foot Care.

We do not Cover routine foot care in connection with corns, calluses, flat feet, fallen arches, weak feet, chronic foot strain or symptomatic complaints of the feet. However, we will Cover foot care when You have a specific medical condition or disease resulting in circulatory deficits or areas of decreased sensation Your legs or feet.

I. Government Facility.

We do not Cover care or treatment provided in a Hospital that is owned or operated by any federal, state or other governmental entity, except as otherwise required by law.

J. Medically Necessary.

In general, We will not Cover any health care service, procedure, treatment, test, device or Prescription Drug that We determine is not Medically Necessary. If an External Appeal Agent certified by the State overturns Our denial, however, We will Cover the service, procedure, treatment, test, device or Prescription Drug for which coverage has been denied, to the extent that such service, procedure, treatment, test, device or Prescription Drug is otherwise Covered under the terms of this Certificate.

K. Medicare or Other Governmental Program.

We do not Cover services if benefits are provided for such services under the federal Medicare program or other governmental program (except Medicaid).

L. Military Service.

We do not Cover an illness, treatment or medical condition due to service in the Armed Forces or auxiliary units.

M. No-Fault Automobile Insurance.

We do not Cover any benefits to the extent provided for any loss or portion thereof for which mandatory automobile no-fault benefits are recovered or recoverable. This exclusion applies even if You do not make a proper or timely claim for the benefits available to You under a mandatory no-fault policy.

N. Services Not Listed.

We do not Cover services that are not listed in this Certificate as being Covered.

O. Services Provided by a Family Member.

We do not Cover services performed by You or a member of Your immediate family. "Immediate family" shall mean a child, spouse, mother, father, sister or brother of You or Your Spouse.

P. Services Separately Billed by Hospital Employees.

We do not Cover services rendered and separately billed by employees of Hospitals, laboratories or other institutions.

Q. Services with No Charge.

We do not Cover services for which no charge is normally made.

R. Vision Services.

We do not Cover the examination or fitting of eyeglasses or contact lenses, except as specifically stated in the Pediatric Vision Care section of this Certificate.

S. War.

We do not Cover an illness, treatment or medical condition due to war, declared or undeclared.

T. Workers' Compensation.

We do not Cover services if benefits for such services are provided under any state or federal Workers' Compensation, employers' liability or occupational disease law.

Value Added Services

The following are not affiliated with Wellfleet New York Insurance Company and the services are not part of the Plan Underwritten by Wellfleet New York Insurance Company. These value-added options are provided by Wellfleet Student.

VISION DISCOUNT PROGRAM

For Vision Discount Benefits please go to:

www.wellfleetstudent.com

EMERGENCY MEDICAL AND TRAVEL ASSISTANCE

Wellfleet Student provides access to a comprehensive program that will arrange emergency medical and travel assistance services, repatriation services and other travel assistance services when you are traveling. For general inquiries regarding the travel access assistance services coverage, please call Wellfleet Student at (877) 657-5030. **If you are traveling and need assistance in North America, call the Assistance Center toll-free at: (877) 305-1966 or if you are in a foreign country, call collect at: (715) 295-9311.** When you call, please provide your name, school name, the group number shown on your ID card, and a description of your situation. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.

24 HOUR NURSELINE

Students who enroll and maintain medical coverage in this insurance plan have access to the *24 Hour Nurseline*. This *24-Hour Nurseline* program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include self-care at home, a call to a physician, or a visit to the emergency room.

Calls are answered 24 hours a day, 365 days a year by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The *Nurseline* does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator. The *24 Hour Nurseline* toll free number will be on the ID card.

(800) 634-7629



Your out-of-pocket costs may be lower when you utilize Cigna PPO Providers. For a listing of Cigna PPO Providers, go to www.cigna.com or contact Wellfleet Student toll-free at (877) 657-5030, or www.wellfleetstudent.com for assistance.



With CareConnect from Wellfleet Student, students have 24/7 access to professional assistance to help manage personal concerns, emotional issues, transition and adjustment concerns, academic stress, career development, and the demands of daily and family obligations.

Members in need of assistance simply call the behavioral health hotline on their ID card, **(888) 857-5462**, or via the Wellfleet Student mobile app for immediate access to a masters-level mental health professional. Students are run through a clinical assessment to determine if CareConnect counseling, health center referral, or other treatment is necessary. To access mobile features, students simply download their school's app in their device's app store.