

## **Student Health Requirements Checklist**

# Suffolk Student Health Insurance Plan: Automatically enrolled

## Waiver Deadline Is September 30 for the fall semester OR February 10 for the spring semester

All full-time students, part-time students enrolled in at least 75% of a full-time academic program, and all international students are required by Massachusetts law and Suffolk University policy to participate in the university-sponsored health insurance plan or in a health benefit plan with qualifying coverage. All eligible new students will be automatically enrolled and charged the full premium for the Suffolk Student Health Insurance Plan (SSHIP) each academic year unless they submit the waiver form (link below). This charge is assigned to the student bill.

Student health insurance cards will be mailed to the student address that is on record with the university.

Be sure to submit your correct local address through Suffolk's required E-Checkin system the first day of classes in order to receive your card and important coverage information.

Students who do not wish to purchase the Suffolk student health insurance MUST submit an on-line waiver within the first month of the semester at www.universityhealthplans.com/suffolk.

All international students must purchase the Suffolk Student Health Insurance Plan with these exceptions:

- 1) International students whose sponsoring institutions have a signed agreement with Suffolk that complies with the University's health insurance waiver requirements OR
- 2) International students with a plan for which their health insurance company's primary home office is based in the United States AND the policy provides comparable coverage to the University student health insurance plan.

All students enrolled in the INTO Suffolk Program MUST process their health insurance requirement with their INTO Admissions Advisor before they can enroll at Suffolk University. For additional questions, please call +1 617-573-8645.

**All out-of-state students** with insurance plans that do NOT provide emergency <u>and</u> non-emergency coverage for treatment with Massachusetts medical and mental health providers must purchase the Suffolk Student Health Insurance Plan.

## Please note: This waiver must be submitted annually for each year of enrollment.

If you have questions about the SSHIP effective coverage dates, the sponsored plan benefit coverage details or the waiver requirements, please **call University Health Plans at 833-251-1132**.

#### To WAIVE the Suffolk Student Health Insurance Plan:

- 1. Go to https://www.universityhealthplans.com and select Suffolk University.
- 2. Select the **Waiver Form** located in the left column. Fill in the required information; if your alternative coverage qualifies for the waiver then you will immediately receive a confirmation of your waiver by email. Print a copy for your record. Once a waiver form is submitted, the health insurance charge will be removed from the Suffolk student account bill within approx. 5-10 business days.
- 3. Exchange Students ONLY: Contact Tyler Crespi, at tcrespi@suffolk.edu for specific Suffolk Student Health Insurance waiver instruction details for exchange students.

IMPORTANT! If you do not submit your SSHIP waiver within the first month of the semester, then your enrollment in SSHIP and corresponding charge on your student account cannot be reversed.

## ☐. Immunization Compliance



## **Deadline Is Two Weeks After Semester Start**

All full-time students and all international students are required by the Massachusetts Department of Public Health to submit immunization records to Suffolk University upon registration. Additionally, in the interest of preventing the spread of communicable disease on-campus, students must remain in compliance with required vaccines, ie: receive boosters when necessary while they are actively enrolled at Suffolk University.

IMPORTANT! If you do not submit the Required Immunization Form (see below) within the first 2 weeks of the semester, or if you fall out of immunization compliance during the semester, Suffolk University may activate a course registration hold.

### Follow these instructions to complete the immunization requirements:

- 1. Review the Required Immunization Form located <u>here</u> for a list of required immunizations and acceptable alternatives (i.e. titer results).
- 2. Have a licensed health provider complete the Required Immunization Form or obtain documentation (medical records) of each immunization you have received or acceptable alternative through your medical provider's patient portal. Please note: your name and date of birth must be visible on each record.
- 3. Log into CHW's secure Student Health Portal (<a href="https://studenthealthportal.suffolk.edu">https://studenthealthportal.suffolk.edu</a>) using your Suffolk login credentials (same as your Suffolk email login name/password) and follow the instructions to input your immunization history and upload the required documentation. If you have a medical contraindication or a sincere religious objection to receiving any vaccine, documentation of such must be uploaded to the

student health portal as well.

# □ Consent for Treatment of Minor: ✓



Required for all students under 18 at the time they arrive at Suffolk University (see final page). Form must be emailed as an attachment to <a href="mailto:health@suffolk.edu">health@suffolk.edu</a>.



## Immunization Requirements Overview

The Massachusetts Department of Public Health requires all **full-time undergraduate and graduate students under 30 years of age, all health science students, and all international students,** to submit immunization records to their enrolled college or university regarding Tdap, MMR, Hepatitis B, Meningitis, and Varicella vaccines. Note that Suffolk University recommends Meningitis B vaccine and Seasonal Influenza vaccine as well. <u>COVID-19 vaccine is</u> also required by Suffolk University.

- Tdap (Tetanus, Diptheria, & Acellular Pertussis) vaccine: 1 dose is required. If it has been more than 10 years since Tdap was received, a Td vaccination within 10 years meets this requirement.
- MMR (Measles, Mumps, & Rubella) vaccine: 2 doses are required (first dose must be given on or after the 1<sup>st</sup> birthday and 2<sup>nd</sup> dose must be given at least 28 days after dose 1) OR documentation that all three vaccines were received separately. Individual positive titer results for Measles, Mumps and Rubella are accepted.
- **Hepatitis B vaccine:** 3 doses are required (second dose must be given at least 28 days after dose 1 and third dose must be given at least 2 months after dose 2 and at least 4 months after dose 1). Positive titer results for Hepatitis B are accepted.
  - **Note re: Hepatitis B vaccine**: a 2-shot series is available. This vaccine offers the same protection as the 3-shot series and if completed on or after 18 years of age, it will also be accepted.
- Meningitis (MenACWY) vaccine: 1 dose is required for <u>students 21 years of age or younger</u>. The dose of
  MenACWY vaccine must have been received on or after the student's 16<sup>th</sup> birthday OR completion of a signed
  meningitis waiver form will be accepted. A student can decide not to receive the meningitis vaccine but
  there are serious medical risks in waiving this vaccine. It is IMPORTANT that you review all of the
  medical risks of not receiving the meningitis vaccine on the waiver form BEFORE deciding if you want to
  waive receiving this vaccine. The meningitis waiver form is located: here
- Meningitis B vaccine: both a 2-shot series and a 3-shot series are available to protect against Meningitis serogroup B (not included in MenACWY). While this vaccine is not required, it is recommended by the medical staff at Suffolk University.
- Varicella vaccine: 2 doses are required (first dose must be given on or after the 1<sup>st</sup> birthday and 2<sup>nd</sup> dose must be given at least 28 days after dose 1) OR reliable documentation of history of disease (chicken pox) is accepted. Positive titer results for Varicella are accepted.
- **Seasonal Influenza vaccine:** 1 dose of the seasonal flu vaccine is recommended every year by the medical staff at Suffolk University.
- **COVID-19 vaccine:** a completed series of COVID-19 vaccine is required (2 doses if a 2-dose series was initiated or 1 dose if a single dose vaccine was administered).

## CHW Health is here to help you fulfill your immunizations requirements.

Students should make every effort to complete and submit all immunizations prior to the start of classes.

Students who are not compliant at the start of the semester may schedule a telehealth appointment online through the Student Health Portal (<a href="https://studenthealthportal.suffolk.edu">https://studenthealthportal.suffolk.edu</a>) to identify if they can receive these immunizations at the CHW Health Clinic or via another provider.

Immunizations are free for students enrolled in the Suffolk Student Health Insurance Plan (SSHIP). Students not enrolled in the SSHIP may pay by cash or check for the vaccine at the CHW Health Clinic or they may choose to receive the vaccine at any one of several neighboring pharmacies that take their insurance.

For more information, please call (617) 573-8226, email us at health@suffolk.edu, or visit our website: <a href="https://www.suffolk.edu/chw">www.suffolk.edu/chw</a>. Please note that our business hours are 9AM to 5PM Monday - Friday.



## **Required Immunization Form**

Immunization   Date Received   MMR Dose #1   Measles #1   Measles #2   Mumps   Rubella   Mumps   Mumps	Suffolk Student ID#			Date of Birth	
MMR Dose #2   Measles #1   Measles #2   Mumps   Rubella	Immunization	Date Received	OR	Immunization	Date Received
Measles #2   Mumps   Rubella		Dute Received			Bute Received
Rubella					
Rubella		<b>-</b>			
Tetanus/Diphtheria (Td) < 10 Years (ONLY IF more than 10 years since Tdap)					
Immunization   Date Received   Hepatitis B 3-Dose Vaccine   Dose #1   Dose #2   Dose #3   OR Hepatitis B 2-Dose Vaccine   Dose #1   Dose #2   Dose #2   Dose #3   OR Hepatitis B 2-Dose Vaccine   Dose #1   Dose #2   Dose #2   Dose #3   OR Hepatitis B 2-Dose Vaccine   Dose #2   Dose #2   Dose #4   Dose #2   Dose #4   Dose #4	Immunization	Date Received	AND		Date Received
Hepatitis B 3-Dose Vaccine	Tdap			1 \ /	
Dose #1   Dose #2   Dose #3   Dose #3   Dose #4   Dose #5   Date of Disease   Dose #6   Dose #6	Immunization	Date Received			
Dose #2   Dose #3   Dose #3   Dose #4   Dose #4   Dose #4   Dose #4   Dose #4   Dose #2   Date of Disease   Date of Di	Hepatitis B 3-Dose Vaccine				
Dose #3   OR Hepatitis B 2-Dose Vaccine   Dose #1   Dose #2	Dose #1				
Dose #1					
Dose #1   Dose #2   Date Received   OR   History of Disease   Date of Disease   Da					
Immunization					
Immunization					
Varicella #1 Varicella #2    Immunization	Dose #2				
Immunization	Immunization	Date Received	OR	History of Disease	
Immunization	Varicella #1			Date of Disease	
COVID-19 Dose #1 COVID-19 Dose #2 (if applicable)    Immunization	Varicella #2				
COVID-19 Dose #1 COVID-19 Dose #2 (if applicable)    Immunization	Immunization	Date Received	7		
Immunization  Meningitis  A student can decide to waive the meningitis vaccine but there are serious medical risks in not receiving this vaccine. In IMPORTANT that you read all of the medical risks of not receiving the meningitis vaccine on the waiver form BEFOR deciding if you want to waive receiving this vaccine. It is also strongly recommended that you consult with your medical provider before waiving the meningitis vaccine. The meningitis vaccine waiver form is located here  If you do not have immunization documentation of Measles, Mumps and/or Rubella, Hepatitis B, or Varicella (chickenpox), you can submit documentation of a positive titer result for each of these vaccinations for proof of immunity You must provide a copy of the titer result for each disease.  Medical Provider Signature:  Medical Provider Signature:					
Meningitis  Attached meningitis vaccine waiver  A student can decide to waive the meningitis vaccine but there are serious medical risks in not receiving this vaccine. It IMPORTANT that you read all of the medical risks of not receiving the meningitis vaccine on the waiver form BEFOR deciding if you want to waive receiving this vaccine. It is also strongly recommended that you consult with your medical provider before waiving the meningitis vaccine. The meningitis vaccine waiver form is located here  If you do not have immunization documentation of Measles, Mumps and/or Rubella, Hepatitis B, or Varicella (chickenpox), you can submit documentation of a positive titer result for each of these vaccinations for proof of immunity You must provide a copy of the titer result for each disease.  Medical Provider Name (print):  Medical Provider Signature:	COVID-19 Dose #2 (if applicable)				
Meningitis  Attached meningitis vaccine waiver  A student can decide to waive the meningitis vaccine but there are serious medical risks in not receiving this vaccine. It is in the meningitis vaccine on the waiver form BEFOR deciding if you want to waive receiving this vaccine. It is also strongly recommended that you consult with your medical provider before waiving the meningitis vaccine. The meningitis vaccine waiver form is located here  If you do not have immunization documentation of Measles, Mumps and/or Rubella, Hepatitis B, or Varicella (chickenpox), you can submit documentation of a positive titer result for each of these vaccinations for proof of immunity You must provide a copy of the titer result for each disease.  Medical Provider Name (print):  Medical Provider Signature:					
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Provider Address: Telephone:	Medical Provider Name (print):			Medical Provider Signature:	
	<b>Provider Address:</b>			Telephone:	



#### SUFFOLK UNIVERSITY STUDENT HEALTH INSURANCE PLAN OVERVIEW

### Dear New Student:

As you prepare for the upcoming semester, we urge you to consider your health insurance coverage a top priority. It is essential that students have access to comprehensive medical care while enrolled at Suffolk University. Pursuant to Massachusetts law, every institution of higher education shall require all full-time and part-time students enrolled in at least 75% of a full time program, and all International students, to participate in a qualifying student health insurance plan, or in a health benefit plan with comparable, qualifying coverage. All eligible students will be automatically enrolled into the Suffolk University Student Health Insurance Plan (SSHIP). To opt out, students must submit the SSHIP Online Waiver Form before the waiver deadline, each academic year, verifying comparable qualifying health insurance provided by a U.S. based insurance carrier. Your health insurance card will be mailed to the student address that is on record with the university so please be sure to submit a correct local address through Suffolk's required E-Checkin system the first day of classes in order to receive the card and other important coverage information. Note: All eligible students who choose to waive SSHIP in subsequent years must re-submit the SSHIP Online Waiver Form each academic year before the waiver deadline. If the SSHIP waiver is not submitted by the deadline, then enrollment in SSHIP and the corresponding charge on the student account cannot be reversed. Information about the online waiver form and deadlines can be found on the Student Health Requirements checklist (page 1 of these documents).

If you are considering waiving the Suffolk Student Health Insurance Plan, please consider that some insurance plans in the market are restrictive and may leave students essentially uninsured while at school. This could result in the student incurring substantial out-of-pocket costs for medical care. We have provided some information to consider when reviewing comparable coverage that is accessible to in-network providers in the Boston area. Under the Affordable Care Act, student health insurance coverage is defined as a type of individual health insurance coverage that is provided per an agreement between an institution of higher education and a health insurance issuer, and provided to students enrolled in that institution. The Suffolk Student Health Insurance Plan is serviced by University Health Plans and is underwritten by Blue Cross Blue Shield of MA, the Blue Care Elect Preferred (PPO) Student Health Plan. For instance, there is no dollar cap on health benefit coverage, and there are no deductibles when seeing an in- network provider. You can view the full details of the Suffolk student health insurance policy on-line by going to <a href="https://www.universityhealthplans.com">https://www.universityhealthplans.com</a> and selecting Suffolk University and then Benefits Information for the brochure.

The "Essential Health Benefits" categories covered by SSHIP include:

- Ambulatory patient services, including outpatient day surgery and related anesthesia
- Mental health and substance use disorder services, including behavioral health treatment
- Laboratory Services
- Emergency Services
- Prescription Drugs
- Preventive and wellness and chronic disease management
- Hospitalization
- Rehabilitative services and devices
- Pediatric services, including oral and vision care
- Maternity and newborn care

Please be sure to take the time to make an informed decision regarding your health insurance needs while enrolled at Suffolk University. If you have any questions regarding the Suffolk Student Health Insurance Plan benefits, please call University Health Plans at 833-251-1132 or via email info@univhealthplans.com.



If you will be below 18 years of age when you come to Suffolk University, one parent or guardian of a minor age student must sign the attached consent for treatment form in order to avoid any delays in a minor age student receiving medical treatment in CHW.

## **Consent for Treatment of Minor**

Parental and/or legal guardian permission for medical examination and treatment at the Suffolk University

Counseling, Health & Wellness Center. Student's Name: \_\_\_\_\_Last \_\_\_\_\_ (Please print)
Middle First Date of Birth: \_\_\_\_\_ Student Suffolk ID#: \_\_\_\_ List two persons to be notified in case of a medical emergency in which CHW is treating the student. One should be a parent or legal quardian. 1. \_\_\_\_\_ (Please print) Relationship to Student: Business Phone: Home Phone : 2. \_\_\_\_\_ (Please print) Relationship to Student: \_\_\_\_\_ Business Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_ PARENTAL/LEGAL GUARDIAN PERMISSION: The following consent should be signed by the parent or legal guardian of minor students in order that appropriate diagnosis and treatment may be given and so that no unnecessary delays will occur with emergency procedures. I give permission for my son/daughter to receive medical treatment at Suffolk University Counseling, Health & Wellness Center. I understand that any medical care has risks and benefits, but that these cannot be fully described here in anticipation of potential treatment. Signature: \_\_\_\_\_ (Please print & sign name) Relationship to Student: