

BENEFITS AT A GLANCE

STUDENT HEALTH INSURANCE PLAN | PLAN YEAR 2025/2026

DESIGNED EXCLUSIVELY FOR THE STUDENTS OF:

UNIVERSITY OF ILLINOIS CHICAGO GLOBAL

Chicago, IL

("the Policyholder")

UNDERWRITTEN BY:

Wellfleet Insurance Company | Fort Wayne, IN ("the Company") Fall Policy Number: WI2526ILSHIP177-00 Fall Effective: 08/06/2025 – 08/05/2026 Spring Policy Number: WI2526ILSHIP177-01 Spring Effective: 01/01/2026 – 12/31/2026 Summer Policy Number: WI2526ILSHIP177-02 Summer Effective: 05/06/2026 – 05/05/2027 Group Number: ST0932SH

ADMINISTERED BY:

Wellfleet Group, LLC



Welcome Students...

We are pleased to provide you with this summary of the 2025 – 2026 Student Health Insurance Plan ("Plan"), which is fully compliant with the Affordable Care Act. This is only a brief description of the coverage(s) available under Certificate form IL GLOBAL SHIP Cert (2025). The Certificate will contain reductions, limitations, exclusions, and termination provisions. Full details of coverage are contained in the Certificate. If there are any conflicts between this document and the Certificate, the Certificate shall govern in all cases.

"Benefits at a Glance" includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at <u>www.wellfleetstudent.com</u>.

This is not an insurance Policy and your receipt of this document does not constitute the insurance or delivery of a policy of insurance. Any provisions of the Policy, as described in this Summary, that may be in conflict with the laws of the state where the school is located will be administered to conform with the requirements of that state's laws, including those relating to mandated benefits.

The information contained in this Summary is accurate at the time of publication, but may change in accordance with state and federal insurance regulations during the course of the Policy year. The most current version of this document will be posted online. In the case of a discrepancy between two versions of the Summary, the most recent will apply.

PENDING STATE APPROVAL

The Plan described in "Benefits at a Glance" is awaiting approval by the IL Department of Insurance. If the Plan is changed during the approval process, a revision of this document will be provided. This is not an insurance policy and your receipt of this document does not constitute the issuance or delivery of a policy of insurance.

Important Contact Information & Resources



Contact Us

Wellfleet Group, LLC PO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711

Plan Administration

Enrollment, Eligibility, & Waivers Servicing Agent

Risk Strategies Education, University Health Plans PO Box 818078 Cleveland, OH 44181 <u>www.universityhealthplans.com/uic</u> (800) 437-6448

Benefits, Claim Status, & ID Cards

Wellfleet Group, LLC PO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711 www.wellfleetstudent.com Monday–Thursday, 8:30 a.m. to 7:00 p.m. Eastern Time Friday, 9:00 a.m. to 5:00 p.m. Eastern Time

Claims

Cigna PO Box 188061 Chattanooga, Tennessee 37422-8061 Electronic Payor ID: 62308



PPO Network



Cigna www.mycigna.com



Pharmacy Benefits Manager

For information about the Wellfleet Rx/ESI Prescription Drug Program, please visit www.wellfleetrx.com/students.

Your plan includes Wellfleet Rx – offering over 40 generics at a \$0 copay. Please ask your health care provider to review our formulary to see if these medications are right for you. Click here http://wellfleetrx.com/students/formularies/ for more information.

Member Pharmacy Help

(877) 640-7940



Telehealth Service

Your plan includes access to virtual healthcare advice by phone, video, or app.

 Scheduled mental health services – 7 days a week

Register at

https://www.teladoc.com/wellfleetstudent/

- In addition, your plan includes virtual physical therapy and other musculoskeletal services from Hinge Health
- Register at <u>https://hinge.health/wellfleet</u>



For further information about your plan please use the QR code below.



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General Information

Am I Eligible?

International Students

All eligible International Students are required to have health insurance coverage and will be automatically enrolled in this Student Health Insurance Plan and billed the plan costs for the Student Health Insurance Plan. Eligible students do not have the option to waive coverage.

Dependents

Insured Students who are enrolled in the Student Health Plan may also enroll their eligible Dependents.

How Do I Enroll My Dependents?

To Purchase coverage and Enroll your dependents:

- Go to www.universityhealthplans.com/uic
- Click the "Enroll" tab and proceed as directed to enroll in and purchase the student health insurance plan.

Refer to the dates in the Effective Date & Costs section for the deadline dates to purchase dependent coverage.

Coverage Period	Coverage Start Date	Coverage End Date	Dependent Enrollment Deadline Date
Fall Annual	08/06/2025	08/05/2026	09/30/2025
Spring Annual	01/01/2026	12/31/2026	02/28/2026
Summer Annual	05/06/2026	05/05/2027	06/30/2026

Effective Dates & Costs

Plan Costs for Students and their Dependents			
	Fall Annual	Spring Annual	Summer Annual
Student	\$2,500	\$2,500	\$2,500
Spouse	\$2,500	\$2,500	\$2,500
Each Child	\$2,500	\$2,500	\$2,500
3 or more Children	\$7,500	\$7,500	\$7,500

*The above plan costs include an administrative service fee. The plan costs for Dependents are in addition to the plan costs for student.

Plan Benefits

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

When You receive Emergency Services, or Out-of-Network air Ambulance Services, or certain non-emergency Treatment by an Out-of-Network Provider at an In-Network Hospital or Ambulatory Surgical Center, You are protected from Surprise Billing. In these situations, Your cost sharing responsibility will be calculated as if the total amount that would be charged for the services by an In-Network Provider or facility were equal to the Recognized Amount for the services, which is generally defined either as an amount set by state law or the lesser of the billed charges and the Qualifying Payment Amount. Refer to the Preferred Provider Organization provision in the How The Plan Works And Description Of Benefits section for additional information.

Pre-Certification Requirement:

What types of Inpatient and Outpatient services or supplies require Pre-Certification? Pre-Certification is required for the following:

- 1. All Inpatient admissions, including length of stay, to a Hospital, Skilled Nursing Facility, a facility established primarily for the Treatment of a Substance Use Disorder, or a residential Treatment facility, surgical procedures;
- 2. All Inpatient maternity care after the initial 48/96 hours;

- 3. Home Health Care;
- 4. Durable Medical Equipment over \$500 per item;
- 5. Outpatient Surgical Procedures;
- 6. Transplant Services;
- 7. Diagnostic Testing and Radiology services listed at <u>www.wellfleetstudent.com/providers/</u>. See Prior Authorization Requirements section;
- 8. Complex Imaging ;
- 9. Biomarker Testing
- 10. Chemotherapy/Radiation;
- 11. Cochlear devices;
- 12. Fertility Preservation;
- 13. Infusions/Injectables;
- 14. Botox Injections;
- 15. Genetic Testing, except for BRCA;
- 16. Orthotics/Prosthetics;
- 17. Non-emergency air Ambulance (fixed wing);
- 18. Outpatient Private Duty Nursing.

Pre-Certification is not required for an Emergency Medical Condition, or Urgent Care, or Hospital Confinement for the initial 48/96 hours of maternity care.

Pre-Certification is not a guarantee that benefits will be paid.

Key Plan Benefits

BENEFIT	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Policy Year Deductible* Individual		
*Medical Deductible is waived if Covered Medical Expenses are incurred at the Student Health Center.	\$100	\$200
to satisfy the In-Network Deduct		Out-of-Network Deductible will not be applied ical Expenses that is applied to the In-Network tible.
Out-of-Pocket Maximum Individual Family	\$2,500 \$5,000	\$5,000 \$10,000
Expense will be paid at 100% fo Copayments paid by You, or pai	r the remainder of the Policy Year. Any appli	You have to incur before Covered Medical icable Coinsurance amounts, Deductibles and ily toward the Out-of-Pocket Maximum. Cost- ers.

Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing You incur for Covered Medical Expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum.

Coinsurance	90% of the Negotiated Charge (NC)	70% of Usual & Customary (U&C) Charge
Preventive Services	100% of the (NC) for Covered Medical Expenses Deductible Waived	80% of (U&C) Charge for Covered Medical Expenses Deductible, Coinsurance, and any Copayment are applicable
Physician's Office Visits including Specialists/Consultants *Check below for additional copayments if applicable	\$10 Copayment per visit then the plan pays 100% of the (NC) for Covered Medical Expenses Deductible Waived	80% of (U&C) Charge after Deductible for Covered Medical Expenses
Emergency Services in an emergency department for Emergency Medical Conditions.	90% of the (NC) after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to (U&C) Charge
Urgent Care Centers for non- life-threatening conditions	\$10 Copayment per visit then the plan pays 100% of the (NC) for Covered Medical Expenses Deductible Waived	\$10 Copayment per visit then the plan pays 100% of (U&C) Charge for Covered Medical Expenses Deductible Waived

Schedule of Benefits

THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

- 1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
- 2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
- 3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
- 4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.
- 5. UNLESS SPECIFIED BELOW, ANY APPLICABLE COPAYMENTS ARE APPLIED AFTER DEDUCTIBLE IS MET.
- 6. UNLESS OTHERWISE SPECIFIED BELOW, ANY DAY OR VISIT LIMITS WILL BE APPLIED TO IN-NETWORK AND OUT-OF-NETWORK COMBINED.

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK	OUT-OF-NETWORK
· · · · · · · · · · · · · · · · · · ·	INPATIENT SERVICES	
Hospital Care	90% of the Negotiated Charge after	70% of Usual and Customary Charge after
Includes Hospital Room and Board	Deductible for Covered Medical	Deductible for Covered Medical Expenses
Expenses and Hospital Miscellaneous	Expenses	
Expenses.		
Subject to Semi-Private room rate unless intensive care unit is required. Room and Board includes intensive care. Pre-Certification Required		
Preadmission Testing	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Physician's Visits while Confined	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Skilled Nursing Facility Benefit Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Inpatient Rehabilitation Facility Expense Benefit Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Registered Nurse Services for private duty nursing while Confined	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Physical Therapy while Confined (inpatient)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
any Pre-Certification requirements that app	oly to a Mental Health Disorder and Substan al benefits for any other Covered Sickness. I	
Inpatient Mental Health Disorder and Substance Use Disorder Benefits Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Outpatient Mental Health Disorder and Substance Use Disorder Benefits		
Physician's Office Visits including, but not limited to, Physician visits; individual and group therapy; medication management	\$10 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
(For Treatment rendered at the Student Health Center/Infirmary, refer to the Student Health Center/Infirmary Expense Benefit section of this Schedule of Benefits for benefit information.)	Deductible Waived	
All Other Outpatient Services (All Other Outpatient Services does not include Emergency Services in an emergency department, Urgent Care Centers, and Emergency Ambulance Service and Prescription Drugs. Refer to the Emergency Services, Ambulance and Non-Emergency Services, and Prescription Drugs sections of this Schedule of Benefits for benefit information.)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Pre-Certification may be required for certain All Other Outpatient Services. To see if Pre-Certification is required, refer to the Pre-Certification Requirement listing and specific benefit listed in this Schedule of Benefits		
	PROFESSIONAL AND OUTPATIENT SERVICE	S
Surgical Expenses		
Inpatient and Outpatient Surgery includes:		
Pre-Certification Required for Surgery only		
Surgeon Services Anesthetist Assistant Surgeon	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Outpatient Surgical Facility and Miscellaneous expenses for services & supplies, such as cost of operating room, therapeutic services, oxygen, oxygen tent, and blood & plasma	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Abortion Expense	Covered the same as Maternity Benefits, except that coverage for abortifacients is not subject to Coinsurance, Deductibles or Copayments, if applicable.	
Bariatric Surgery Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Organ Transplant Surgery travel and lodging expenses a maximum of \$10,000 per Policy Year or \$250 per day, whichever is less while at the transplant facility. Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Reconstructive Surgery Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Other Professional Services		
Other Professional Services Gender Affirming Services Benefit Pre-Certification Required for gender affirming Surgery	*Same as any other Mental Health Disorder *Hormonal therapy medication administered to treat gender dysphoria: 100% of the Negotiated Charge for	*Same as any other Mental Health Disorder *Hormonal therapy medication administered to treat gender dysphoria: 100% of the Usual and Customary Charge for Covered Medical Expenses
	Covered Medical Expenses Deductible Waived	Deductible Waived

Home Health Care Expenses Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
	Expenses	
Hospice Care Coverage	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Office Visits		
Physician's Office Visits including Specialists/Consultants	\$10 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
	Deductible Waived	
Telemedicine or Telehealth Services Benefit	\$10 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
	Deductible Waived	
Telemedicine or Telehealth Services Program		<u> </u>
Behavioral Health	\$0 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	
Musculoskeletal	\$0 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	
Allergy Testing and Treatment, including injections	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Chiropractic Care and Osteopathic Manipulation Benefit	\$10 Copayment per visit after Deductible then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Chiropractic Care and Osteopathic Manipulation Benefit Maximum visits per Policy Year	30	30
Shots and Injections unless considered Preventive Services	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Tuberculosis screening (TB), Titers, QuantiFERON B tests including shots (other than covered under Preventive Services)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses

EMERGENCY	SERVICES, AMBULANCE AND NON-EMERG	ENCY SERVICES
Emergency Services in an emergency	90% of the Negotiated Charge after	Paid the same as In-Network Provider
department for Emergency Medical	Deductible for Covered Medical	subject to Usual and Customary Charge.
Conditions.	Expenses	
Urgent Care Centers for non-life-	\$10 Copayment per visit then the plan	\$10 Copayment per visit then the plan pays
threatening conditions	pays 100% of the Negotiated Charge for	100% of Usual and Customary Charge for
	Covered Medical Expenses	Covered Medical Expenses
	Deductible Waived	Deductible Waived
Emergency Ambulance Service ground	90% of the Negotiated Charge after	Paid the same as In-Network Provider
and/or air, water transportation	Deductible for Covered Medical	subject to Usual and Customary Charge.
	Expenses	
Non-Emergency Ambulance Expenses	90% of the Negotiated Charge after	Ground Ambulance transportation: 70% of
ground and/or air (fixed wing)	Deductible for Covered Medical	Usual and Customary Charge after
transportation	Expenses	Deductible for Covered Medical Expenses
Pre-Certification Required for non-		Air Ambulance transportation: Paid the
emergency air Ambulance (fixed wing)		same as In-Network Provider subject to
		Usual and Customary Charge.
DIAGNOSTIC L	ABORATORY, RADIOLOGY, TESTING AND IN	AGING SERVICES
Diagnostic Complex Imaging Services	90% of the Negotiated Charge after	70% of Usual and Customary Charge after
	Deductible for Covered Medical	Deductible for Covered Medical Expenses
Pre-Certification Required	Expenses	
Diagnostic Laboratory, Radiological	90% of the Negotiated Charge after	70% of Usual and Customary Charge after
Services and Testing (Outpatient)	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Pre-Certification may be required. See	Lapenses	
Prior Authorization Requirements section		
listed at		
www.wellfleetstudent.com/providers/		
www.weinteetstadent.com/providers/		
Biomarker Testing	90% of the Negotiated Charge after	70% of Usual and Customary Charge after
-	Deductible for Covered Medical	Deductible for Covered Medical Expenses
	Expenses	
Chemotherapy and Radiation Therapy	90% of the Negotiated Charge after	70% of Usual and Customary Charge after
Pre-Certification Required	Deductible for Covered Medical	Deductible for Covered Medical Expenses
	Expenses	
Infusion Therapy	90% of the Negotiated Charge after	70% of Usual and Customary Charge after
Pre-Certification Required	Deductible for Covered Medical	Deductible for Covered Medical Expenses
- 1	Expenses	
R	EHABILITATION AND HABILITATION THERA	PIES
Cardiac Rehabilitation	90% of the Negotiated Charge after	70% of Usual and Customary Charge after
	Deductible for Covered Medical	Deductible for Covered Medical Expenses
	Expenses	

Pulmonary Rehabilitation	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Rehabilitation Therapy including, Physical Therapy, and Occupational Therapy and Speech Therapy	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Rehabilitation Therapy Maximum Visits for each therapy per Policy Year for Physical Therapy, Occupational Therapy and Speech Therapy	30	30
Habilitation Services including, Physical Therapy, and Occupational Therapy and Speech Therapy	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Habilitation Services Maximum Visits for each therapy per Policy Year for Physical Therapy, Occupational Therapy and Speech Therapy	30	30
	OTHER SERVICES AND SUPPLIES	
Covered Clinical Cancer Trials	Same as any other Covered Sickness	
Diabetic Services and Supplies (including equipment and training)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.		
Dialysis Treatment	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Durable Medical Equipment Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Enteral Formulas and Nutritional Supplements See the Prescription Drug section of this Schedule when purchased at a pharmacy.	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Hearing Aids Limited to 1 hearing aid per ear per 36 month period	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Cochlear Implants/Bone Anchored	Same as any other Covered Sickness	
Hearing Aids Infertility Treatment Benefit (Includes Infertility and Fertility Preservation Services) Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Maternity Benefit	Same as any other Covered Sickness	
Prosthetic and Customized Orthotic Devices Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Outpatient Private Duty Nursing Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Student Health Center/Infirmary Expense Benefit	100% of the billed charges for Covered N Deductible Waived	l Aedical Expenses
Sports Accident Expense Benefit - incurred as the result of the play or practice of club sports	Same as any other Covered Injury	Same as any other Covered Injury
Non-emergency Care While Traveling Outside of the United States	70% of Actual Charge after Deductible for Covered Medical Expenses Subject to \$10,000 maximum per Policy Year	
Medical Evacuation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived Subject to \$100,000 maximum per Policy Year	
Repatriation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived Subject to \$25,000 maximum per Policy Year	
PE	DIATRIC AND ADULT DENTAL AND VISION	I CARE
Pediatric Dental Care Benefit (to the end of the month in which the Insured Person turns age 19)	See the Pediatric Dental Care Benefit pro information.	ovision in the Certificate for further
Preventive Dental Care Limited to 2 dental exams every 12 months	100% of Usual and Customary Charge for Covered Medical Expenses	
The benefit payable amount for the following services is different from the benefit payable amount for Preventive Dental Care:		
Emergency Dental	80% of Usual and Customary Charge for	Covered Medical Expenses

Endodontic Services	50% of Usual and Customary Charge for Co	overed Medical Expenses	
Prosthodontic Services	50% of Usual and Customary Charge for Covered Medical Expenses		
Periodontic Services	50% of Usual and Customary Charge for Covered Medical Expenses		
Medically Necessary Orthodontic Care	50% of Usual and Customary Charge for Covered Medical Expenses		
Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	Deductible Waived		
Adult Dental Care Benefit (age 19 and older)	See the Adult Dental Care Benefit provision in the Certificate for further information.		
Preventive Dental Care Limited to 2 dental exams every 12 months	100% of Usual and Customary Charge for Covered Medical Expenses		
Routine Dental Care	75% of Usual and Customary Charge for Covered Medical Expenses		
Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	Deductible Waived		
Adult Dental Care	\$1,000		
(age 19 and older) Maximum benefit per Policy Year.			
Pediatric Vision Care Benefit (to the end of the month in which the Insured Person turns age 19)	100% of Usual and Customary Charge after Deductible for Covered Medical Expenses		
Limited to 1 vision examination per Policy Year and 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year.			
Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.			
	MISCELLANEOUS DENTAL SERVICES		
Accidental Injury Dental Treatment	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Sickness Dental Expense Benefit	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	70% of Usual and Customary Charge after Deductible for Covered Medical Expenses	

Treatment for Temporomandibular Joint	90% of the Negotiated Charge after	70% of Usual and Customary Charge after		
(TMJ) Disorders	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses		
Dental Anesthesia Care Benefit	Same as any other Covered Sickness			
	PRESCRIPTION DRUGS			
Prescription Drugs Retail Pharmacy				
No cost sharing applies to ACA Preventive (Care medications filled at a participating network of the second s	vork pharmacy or Student Health Center.		
Your benefit is limited to a 30 day supply. Coverage for more than a 30 day supply only applies if the smallest package size exceeds a				
30 day supply. See "Retail Pharmacy Supply				
TIER 1	\$10 Copayment then the plan pays 100%	\$10 Copayment then the plan pays 100% of		
(Including Enteral Formulas)	of the Negotiated Charge for Covered	Actual Charge for Covered Medical		
	Medical Expenses	Expenses		
For each fill up to a 30 day supply filled at				
a Retail pharmacy	Deductible Waived	Deductible Waived		
Out-of-Network Provider benefits are				
provided on a reimbursement basis. Claim forms must be submitted to Us as				
soon as reasonably possible. Refer to				
Proof of Loss provision contained in the				
General Provisions.				
See the Enteral Formula and Nutritional				
Supplements section of this Schedule for				
supplements not purchased at a				
pharmacy.				
More than a 30 day supply but less than a	\$20 Copayment then the plan pays 100%	\$20 Copayment then the plan pays 100% of		
61 day supply filled at a Retail pharmacy	of the Negotiated Charge for Covered	Actual Charge for Covered Medical		
	Medical Expenses	Expenses		
	Deductible Waived	Deductible Waived		
More than a 60 day supply filled at a	\$30 Copayment then the plan pays 100%	\$30 Copayment then the plan pays 100% of		
Retail pharmacy	of the Negotiated Charge for Covered	Actual Charge for Covered Medical		
	Medical Expenses	Expenses		
	Deductible Waived	Deductible Waived		
TIER 2	\$20 Copayment then the plan pays 100%	\$20 Copayment then the plan pays 100% of		
(Including Enteral Formulas)	of the Negotiated Charge for Covered	Actual Charge for Covered Medical		
	Medical Expenses	Expenses		
For each fill up to a 30 day supply filled at				
a Retail pharmacy	Deductible Waived	Deductible Waived		
Out-of-Network Provider benefits are				
provided on a reimbursement basis. Claim forms must be submitted to Us as				
soon as reasonably possible. Refer to				
Proof of Loss provision contained in the				
General Provisions.				

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See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$40 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	\$40 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses
	Deductible Waived	Deductible Waived
More than a 60 day supply filled at a Retail pharmacy	\$60 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	\$60 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses
	Deductible Waived	Deductible Waived
TIER 3 (Including Enteral Formulas)	\$40 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	\$40 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses
For each fill up to a 30 day supply filled at a Retail Pharmacy	Deductible Waived	Deductible Waived
Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.		
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$80 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	\$80 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses
	Deductible Waived	Deductible Waived
More than a 60 day supply filled at a Retail pharmacy	\$120 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	\$120 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses
	Deductible Waived	Deductible Waived
Specialty Prescription Drugs	· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·
For each fill up to a 30 day supply.	\$40 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	\$40 Copayment then the plan pays 100% of Actual Charge for Covered Medical Expenses
Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to	Deductible Waived	Deductible Waived

Proof of Loss provision contained in the			
General Provisions.			
More than a 30 day supply but less than a	\$80 Copayment then the plan pays 100%	\$80 Copayment then the plan pays 100% of	
61 day supply	of the Negotiated Charge for Covered	Actual Charge for Covered Medical	
	Medical Expenses	Expenses	
	Deductible Waived	Deductible Waived	
More than a 60 day supply	\$120 Copayment then the plan pays	\$120 Copayment then the plan pays 100%	
	100% of the Negotiated Charge for	of Actual Charge for Covered Medical	
	Covered Medical Expenses	Expenses	
	Deductible Waived	Deductible Waived	
Zero Cost Drugs			
Out-of-Network Provider benefits are	100% of the Negotiated Charge for	100% of Actual Charge for Covered Medical	
provided on a reimbursement basis.	Covered Medical Expenses	Expenses	
Claim forms must be submitted to Us as			
soon as reasonably possible. Refer to	Deductible Waived	Deductible Waived	
Proof of Loss provision contained in the General Provisions.			
General Frovisions.			
Orally administered anti-cancer Prescription	on Drugs (including Specialty Drugs)		
Benefit	If the cost share for the Prescription Drug's Tier is greater than the Chemotherapy		
	Benefit or Infusion Therapy Benefit, the cost share will be calculated as follows:		
	Greater of:		
	Chemotherapy Benefit; or		
	Infusion Therapy Benefit		
Diabetic Supplies (for prescription supplies			
Benefit	Paid the same as any other Retail Pharmacy Prescription Drug Fill except, that the Insured Person's Copayment for covered prescription insulin drugs will not exceed \$35		
	per 30-day supply.	rescription insulin drugs will not exceed \$35	
PEP (post-exposure Prophylaxis) Prescripti			
Benefit	100% of the Negotiated Charge for	100% of Actual Charge for Covered Medical	
	Covered Medical Expenses	Expenses	
	Deductible Waived	Deductible Waived	
	MANDATED BENEFITS		
BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK	OUT-OF-NETWORK	
Autism Spectrum Disorders Benefit			
	I Same as any other Covered Sickness		
· · · · · · · · · · · · · · · · · · ·	Same as any other Covered Sickness	100% of Usual and Customary Charge for	
Emergency Medical Care Due to Criminal Assault	100% of the Negotiated Charge for	100% of Usual and Customary Charge for Covered Medical Expenses	
Emergency Medical Care Due to Criminal			
Emergency Medical Care Due to Criminal	100% of the Negotiated Charge for		
Emergency Medical Care Due to Criminal Assault Human Papillomavirus Vaccine Benefit	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived Same as any other Covered Sickness, unless	Covered Medical Expenses Deductible Waived	
Emergency Medical Care Due to Criminal Assault Human Papillomavirus Vaccine Benefit Long-term Antibiotic Therapy for Tick-	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	Covered Medical Expenses Deductible Waived	
Emergency Medical Care Due to Criminal Assault Human Papillomavirus Vaccine Benefit Long-term Antibiotic Therapy for Tick- Borne Diseases Benefit	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived Same as any other Covered Sickness, unles Same as any other Covered Sickness	Covered Medical Expenses Deductible Waived ss considered a Preventive Service	
Emergency Medical Care Due to Criminal Assault Human Papillomavirus Vaccine Benefit Long-term Antibiotic Therapy for Tick- Borne Diseases Benefit Mammography and Clinical Breast	 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived Same as any other Covered Sickness, unless Same as any other Covered Sickness 100% of the Negotiated Charge for 	Covered Medical Expenses Deductible Waived ss considered a Preventive Service 80% of Usual and Customary Charge after	
Emergency Medical Care Due to Criminal Assault Human Papillomavirus Vaccine Benefit Long-term Antibiotic Therapy for Tick- Borne Diseases Benefit	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived Same as any other Covered Sickness, unles Same as any other Covered Sickness	Covered Medical Expenses Deductible Waived ss considered a Preventive Service	
Emergency Medical Care Due to Criminal Assault Human Papillomavirus Vaccine Benefit Long-term Antibiotic Therapy for Tick- Borne Diseases Benefit Mammography and Clinical Breast	 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived Same as any other Covered Sickness, unless Same as any other Covered Sickness 100% of the Negotiated Charge for 	Covered Medical Expenses Deductible Waived ss considered a Preventive Service 80% of Usual and Customary Charge after	

Multiple Sclerosis Preventive Physical	Same as any other Covered Sickness	
Therapy Benefit		
Naprapathy Services	90% of the Negotiated Charge after	70% of Usual and Customary Charge after
Pre-Certification Required	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Pancreatic Screening Expenses	Same as any other Covered Sickness	
Pediatric Autoimmune Neuropsychiatric Disorders Benefit	Same as any other Covered Sickness	
Skin Cancer Screening Benefit	Same as any other Covered Sickness, unless considered a Preventive Service	
Port-Wine Stain Treatment Expense Benefit	Same as any other Covered Sickness	
Cancer Screening Benefits	100% of the Negotiated Charge for Covered Medical Expenses	100% of Usual and Customary Charge for Covered Medical Expenses
	Deductible Waived	Deductible Waived
Cleft Lip and Cleft Palate Expense Benefit	Same as any other Covered Sickness	
Annual Prostate Cancer Screening Benefits	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	100% of Usual and Customary Charge for Covered Medical Expenses Deductible Waived
Mental Health Prevention and Wellness	100% of the Negotiated Charge for	100% of Usual and Customary Charge for
Visit Coverage	Covered Medical Expenses	Covered Medical Expenses
	Deductible Waived	Deductible Waived
Neuromuscular, Neurological, or Cognitive Impairment Coverage	Same as any other Covered Sickness	L
	Accidental Death and Dismemberment	
Principal Sum		\$10,000

Principal Sum

Loss must occur within 365 days of the date of a covered Accident.

Only one benefit will be payable under this provision, that providing the largest benefit, when more than one (1) loss occurs as the result of any one (1) Accident. This benefit is payable in addition to any other benefits payable under this Certificate.

Exclusions and Limitations

Exclusion Disclaimer: Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state-imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover Loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

General Exclusions

- International Students Only Covered Medical Expenses received within Your Home Country or country of origin that are covered under Your governmental or national health plan.
- Treatment, service or supply which is not Medically Necessary for the diagnosis, care or Treatment of the Sickness or • Injury involved. This applies even if they are prescribed, recommended or approved by the Student Health Center or by Your attending Physician or dentist.

- Medical services rendered by a provider employed for or contracted with the Policyholder, including team Physicians or trainers, except as specifically provided in the Schedule of Benefits or as part of the Student Health Center benefits provided by this plan.
- Professional services rendered by an Immediate Family Member or anyone who lives with You.
- Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- Treatment, services, supplies or facilities in a Hospital owned or operated by the Veterans Administration or a national government or any of its agencies, except when a charge is made which You are required to pay.
- Services that are duplicated when provided by both a certified Nurse midwife and a Physician.
- Expenses payable under any prior policy which was in force for the person making the claim.
- Loss resulting from war or any act of war, whether declared or not, or Loss sustained while in the armed forces of any country or international authority.
- Injury sustained as the result of Your operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle Accident takes place.
- Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid.
- Expenses incurred after:
 - The date insurance terminates as to an Insured Person, except as specified in the extension of benefits provision; and
 - The end of the Policy Year specified in the Policy.
- Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- Any loss to which a contributing cause was Your commission of or attempt to commit a felony or to which a contributing cause was Your being engaged in an illegal occupation.
- You are participating in a riot.
- Custodial Care service and supplies.
- Charges for hot or cold packs for personal use.
- Services of private duty Nurse except as provided in the Certificate.
- Expenses that are not recommended and approved by a Physician.
- Experimental or Investigational drugs, devices, Treatments or procedures.
- Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal or artificial organs or tissues.
- Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial
 navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular published
 schedules on a regularly established route anywhere in the world.
- Outpatient non-physical, occupational, speech therapies (art, dance, etc.).
- Modifications made to dwellings.
- General fitness, exercise programs.
- Hypnosis.
- Rolfing.
- Biofeedback.
- Charges incurred for acupuncture, in any form, except to the extent provided in the Schedule of Benefits.
- Sleep Disorders, except for the diagnosis and Treatment of obstructive sleep apnea including testing performed in a home or outpatient setting.
- Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.

Activities Related

• Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.

- Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any professional sport.
- Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association.
- Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultralight aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles).

Weight Management/Reduction

- Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling, or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.
- Treatment for obesity except surgery for morbid obesity (bariatric surgery). Surgery for removal of excess skin or fat.

Family Planning

- Infertility Treatment (male or female)-this includes but is not limited to:
 - Procreative counseling;
 - Premarital examinations;
 - Genetic counseling and genetic testing;
 - Impotence, organic or otherwise;
 - Costs for an ovum donor or donor sperm;
 - Sperm storage costs;
 - Ovulation induction and monitoring;
 - Hysteroscopy;
 - Laparoscopy;
 - Laparotomy;
 - Ovulation predictor kits;
 - Reversal of tubal ligations;
 - Reversal of vasectomies;
 - Costs for and relating to surrogate motherhood, except the cost for procedures to obtain eggs, sperm, or embryos from the Insured Person will be covered if the Insured Person chooses to use a surrogate (maternity services are covered for Insured Persons acting as surrogate mothers);
 - o Cloning; or
 - Medical and surgical procedures that are Experimental or Investigational unless Our denial is overturned by an External Appeal Agent.

Vision

- Expenses for radial keratotomy.
- Adult Vision unless specifically provided in the Certificate.
- Charges for office visit exam for the fitting of prescription contact lenses, duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.

Dental

 Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric and Adult Dental Care Benefit.

Hearing

• Charges for hearing exams, hearing screening, and the fitting or repair or replacement of hearing aids except as specifically provided in the Certificate.

Cosmetic

- Treatment of Acne unless Medically Necessary.
- Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma.

Prescription Drugs

- Any drug or medicine which does not, by federal or state law, require a prescription order, i.e., over-the-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of this Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;
- Drugs with over-the-counter equivalents except as specifically provided under Preventive Services;
- Allergy sera and extracts administered via injection;
- Vitamins, and minerals, except prenatal vitamins when prescribed by a Physician or a licensed advanced practice registered nurse; and as specifically provided under Preventive Services;
- Food supplements, dietary supplements; except as specifically provided in the Certificate;
- Cosmetic drugs or medicines including, but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
- Refills in excess of the number specified or dispensed after 1 year of date of the prescription;
- Drugs labeled, "Caution limited by federal law to Investigational use" or Experimental Drugs;
- Any drug or medicine purchased after coverage under the Certificate terminates;
- Any drug or medicine consumed or administered at the place where it is dispensed;
- If the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
- Prescription digital therapeutics;
- Bulk chemicals;
- Non-insulin syringes, surgical supplies, Durable Medical Equipment/medical devices, except as specifically provided in the Prescription Drug Benefit section of the Certificate;
- Repackaged products;
- Blood components except factors;
- Medical marijuana, cannabis, or other supplies and/or services rendered at a cannabis dispensary. This does not include synthetic pharmaceutical products approved by the FDA and included on the Formulary.
- Any drug or medicine for the purpose of weight control;
- Sexual enhancements drugs;
- Vision correction products.

VALUE ADDED SERVICES

The following are not affiliated with Wellfleet Insurance Company and the services are not part of the Plan Underwritten by Wellfleet Insurance Company. These value-added options are provided by Wellfleet Student.

EMERGENCY MEDICAL AND TRAVEL ASSISTANCE

Wellfleet Student provides access to a comprehensive program that will arrange emergency medical and travel assistance services, repatriation services and other travel assistance services when you are traveling. For general inquiries regarding the travel access assistance services coverage, please call Wellfleet Student at (877) 657-5030, TTY 711.

If you are traveling and need assistance in North America, call the Assistance Center toll-free at: (877) 305-1966 or if you are in a foreign country, call collect at: (715) 295-9311.

When you call, please provide your name, school name, the group number shown on your ID card, and a description of your situation. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.

How to Access Services

If you require medical assistance or you need assistance with a non-medical situation, such as lost luggage, lost documents or other travel issues, follow these steps:

- Inside the U.S. and Canada:Dial toll-free (877) 305-1966
- Outside the U.S. and Canada:
 - a) Request an international operator.
 - b) Request the operator to place a collect call to the U.S. at +1 (715) 295-9311.

Please provide the following information when you call:

- Policy number or school name
- Nature of your call and/or emergency
- Current location
- Contact phone number and email address
- Secondary point of contact
- Date of birth

24/7 Nurseline

Students who enroll and maintain medical coverage in this insurance plan have **free** access to the 24/7 Nurseline by calling (800) 634-7629. This program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include:

- Self-care at home
- an office or telehealth visit with a healthcare provider
- Or a visit to an urgent care center or emergency room.

Calls are answered 24/7/365 by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The Nurseline does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator.

Contracted Providers for Telemedicine/Telehealth

The right care when you need it most

Your Wellfleet health plan gives you access to virtual healthcare by phone, video, or app.

Teladoc gives you access to board-certified physicians for **Mental Health (at no additional cost to you)** services. Whether you are at school, home or traveling, Teladoc can diagnose and treat most minor medical conditions wherever and whenever you need treatment.

Register your account today and request a visit at <u>https://www.teladochealth.com/benefits/wellfleetstudent</u> or call (800)-Teladoc (835-2362).

Hinge Health gives you access to licensed physical therapists and health coaches for personalized musculoskeletal services including **virtual physical therapy** to help alleviate pain concerns.

Whether you are at school, home, or traveling, Hinge Health can assist in providing exercise therapy wherever and whenever you need treatment at **no additional cost to you**.

Register your account today and start your exercise therapy at https://hinge.health/wellfleet.



24/7 Telehealth Counseling for Mental Health

CareConnect is an integrated behavioral health program offering students easy access to licensed mental health clinicians 24/7/365 via telephone (888) 857-5462 and website access to expert mental health and emotional wellbeing resources.

The CareConnect hotline is available at **no additional cost to you**, and you also have free access to courses, articles, and short videos that support mental health and wellbeing by visiting https://careconnect.mysupportportal.com/welcome.