






Weight Loss Benefit

Your Blue Cross Blue Shield of Massachusetts health plan can save you money annually in qualified Weight Watchers® and hospital-based weight-loss programs.

3 Easy Steps to Getting Reimbursed¹

| | | |
|---|---|---|
| <p>1</p>  <p>Choose</p> <p>Start by picking a qualified weight-loss program.</p> | <p>2</p>  <p>Complete</p> <p>Once you pay for the program, fill out the attached form.</p> | <p>3</p>  <p>Mail</p> <p>Send the completed form and proof of payment to the address listed.</p> |
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What's covered:²

Your benefit will reimburse you for up to three months of participation in a qualified weight-loss program.

A qualified weight-loss program is:

- Weight Watchers meetings
- Weight Watchers At Work
- A hospital-based weight-loss program

What doesn't qualify?

- Weight Watchers Online
- Weight Watchers At Home
- Fees paid for individual nutrition-counseling sessions, food, books, videos, or scales

Important Information

- The reimbursement is for each individual (or family) health plan and can only be submitted once each calendar year.
- Keep copies of all your paperwork and proof of payment in case you are denied reimbursement. Proof of payment includes the following:
 - Paid receipts from qualified program
 - Weight Watchers Membership Book
- Receipts, statements, or Weight Watchers Membership Book should include the name of the family member enrolled in the program, the amount paid per session(s), and date(s) paid.
- The dollar amount you receive may be considered taxable income. Consult your tax advisor about how to treat this reimbursement on your taxes.

Be sure to check with your doctor before starting any weight-loss program.

1. Before starting, check to see if your plan includes the Weight Loss Benefit.
2. Most plans offer a three-month reimbursement, but your employer may have offered a different benefit. Please refer to your benefits information to confirm.

Weight-Loss Reimbursement Form³

To verify this reimbursement is within your plan, log in to Member Central at www.bluecrossma.com/membercentral or call Member Service at the number on your ID card. Submit this form when you have paid receipts from a qualified weight-loss program, once per calendar year, no later than March 31 of the following year.

PLEASE PRINT ALL INFORMATION CLEARLY

| Subscriber Information (Policyholder) | | | |
|---|--|----------------|----------------------------|
| Identification Number (including first 3 letters) | Subscriber's Last Name | First Name | Middle Initial |
| Address—Number and Street | | City | State Zip Code |
| Employer's Name | | | |
| Member and Claim Information | | | |
| Member's Last Name | First Name | Middle Initial | Date of Birth: Mo. Day Yr. |
| Mailing Address—Number and Street (if different from subscriber's) | | City | State Zip Code |
| Gender <input type="checkbox"/> Male <input type="checkbox"/> Female | Claim is for (check one): <input type="checkbox"/> Subscriber (policyholder) <input type="checkbox"/> Ex-Spouse <input type="checkbox"/> Other (specify) _____ <input type="checkbox"/> Spouse (of policyholder) <input type="checkbox"/> Dependent (up to age 26) | | |
| Class or Program Information Required: Attach 8.5" x 11" photocopies of paid receipts from your qualified weight-loss program. Receipts must show Blue Cross Blue Shield of Massachusetts member's name, name or logo of program, amount paid per session(s), and date(s) paid. For qualified Weight Watchers programs, a photocopy of your program Membership Book showing this information is required. | | | |
| Name and Address of Class or Program | | | Health Plan Year |

Total Amount Submitted: \$ _____

Certification and Authorization (This form must be signed and dated below.)

I authorize the release of any information to Blue Cross Blue Shield of Massachusetts about my weight-loss program. I certify that the information provided in support of this submission is complete and correct and that I have not previously submitted for these services.

Subscriber's or
Member's Signature: _____ Date: _____

Questions?

To verify this reimbursement is within your plan or for further information, please log in to the Member Central website at www.bluecrossma.com/membercentral or call Member Service at the number on the front of your ID card.

3. Blue Cross will make a reimbursement decision within 30 calendar days of receiving a completed request for coverage or payment.

Please complete and mail this form (including copies of paid receipts) to:
 Blue Cross Blue Shield of Massachusetts
 Local Claims Department
 PO Box 986030
 Boston, MA 02298